

Feeding the Family

By ZOLA VINCENT
Food Editor

Mexican Anise Seed Cookies

Here is a recipe for Mexican sesame-anise seed cookies which were served foods editors recently at the United Nations spice dinner in New York. The topping of toasted sesame seed gives a distinctive flavor and texture contrast.

- 1 tablespoon whole anise seed
- 2 tablespoons boiling water
- 2/3 cup sugar
- 3/4 cup butter or margarine
- 1/4 teaspoon soda
- 1 egg
- 2 cups sifted all-purpose flour
- 1 egg, slightly beaten
- Toasted sesame seed

Combine anise seed and boiling water and steep while mixing cookies. Gradually blend sugar with butter or margarine and soda. Beat in egg. Drain anise seed and add. Stir in flour, a little at a time. Mix well. Chill dough overnight or until stiff enough to handle. Roll to 1/16-inch thickness. Shape with cookie cutter; place on ungreased cookie sheet. Brush tops with lightly beaten egg. Sprinkle each with toasted sesame seed. Bake in preheated hot oven, 400 degrees, for seven to eight minutes or until lightly browned.

To Toast Sesame Seed. Sprinkle sesame seed in a large shallow pan. Place in a preheated moderate oven, 350 degrees, 22 to 25 minutes or until a golden brown.

Cereals and Milk

Packed with fine nutritional values, economical in price, infinite in variety, cereals make any breakfast a better breakfast. Beloved of growing boys and girls, men never outgrow the idea that cereal is filling and satisfying. A choice of cereals at hand is excellent health insurance. . . . And Emily Post's book says that it is quite alright to offer the family a choice of ready-to-serve cereals on a tray right at the table. Good idea, too, to offer both white and brown sugar, along with a generous pitcher of milk or half and half.

Cranberries Are Coming

Dramatic, colorful, tart and zesty cranberries are arriving from the east and also from the bogs of our Pacific Northwest which produces about a tenth of the crop and this year that means around 835,000 pounds. They're coming in window boxes and see-through cellophane bags for the making of zesty relishes, sauces, desserts . . . and salads like this one.

Cranberry Salad Medley

- 2 cups fresh cranberries, ground
- 1/3 cup sugar
- 1 envelope unflavored gelatin
- 2 tablespoons sugar

- 1/4 teaspoon salt
- 1 cup very hot water
- 1/2 cup real mayonnaise
- 13-ounce package cream cheese with chives
- Grated rind and juice of 1 lemon
- 1/4 teaspoon ginger
- 1/4 teaspoon cinnamon
- 1 cup thinly sliced celery

Combine ground cranberries and 1/3 cup sugar. Place to one side. Mix together gelatin, sugar and salt; add very hot water and stir until gelatin is dissolved. Add mayonnaise, cheese cut in small chunks, lemon rind and juice, and the spices. Beat well with rotary beater. Pour into refrigerator tray. Quick chill in freezing unit (without changing control) 10 to 15 minutes, or until firm about one inch from edge but soft in center. Pour back into bowl and beat until fluffy. Fold in cranberries and celery. Pour into individual molds or a one-quart mold. Chill until firm. Unmold on salad greens. Serve with or without dressing. Makes six servings.

Wedding Sandwiches

Chicken and almond sandwiches are traditional wedding reception fare. For the filling combine finely chopped roasted almonds with minced chicken, and mayonnaise spiked with lemon juice. Make small closed finger sandwiches and dip edges first in mayonnaise and then in finely chopped parsley.

Rice, Featured Food

Rice is a featured food this month. It is a good source of food energy at any price and can be used in all family meals. Versatility is its keynote. Ideal for combining with eggs, meat, fish, poultry, milk and cheese . . . with vegetables especially green and yellow kinds as exemplified by rice stuffed green peppers. Even fruits, fresh, frozen, dried, raw or cooked, lend themselves well for fruit-riced puddings and other delectable concoctions.

Root vegetables, particularly turnips, rutabagas, and parsnips, are an integral part of the fall scene. Supplies are up and prices right. All three are simply delicious just boiled, mashed and seasoned well with lots of butter, salt and pepper.

Cranberries are on the market in volume with about a fourth of the annual total available. It is predicted that this year the largest crop of cranberries will be produced since 1953. Look for bargains in canned whole or jellied cranberry sauce as grocers clear their shelves in preparation for this year's pack.

Protein Buys. According to U.S. Department of Agriculture you'll be seeing more beef at meat counters in October than you've seen for



AFTER THE BATTLE—Movie tough guy Lawrence Tierney, 39, leaves New York precinct station with patrolman Louis Romano (right), whom he is charged with kicking. Romano and another cop responded to a telephone complaint that two men were attacking passersby outside a bar. It turned out to be Tierney and a friend, and the two policemen were able to get them into a patrol car only after a battle. Police stated that Tierney looked just about this bad even before the arrest.

Air Force Troop Plane Crashes on Road

Babylon, N. Y. —UPI— A lumbering Air Force troop carrier plane crash-landed Wednesday night on a busy Long Island superhighway, hitting three automobiles and killing one motorist. Six persons were hurt.

Drivers frantically wrenched their cars off the road and sped into ditches to avoid the two-engined C123 as it scraped and skidded several hundred feet down the four-lane southern state parkway.

Ontario—UPI—Thieves Wednesday night entered Taylor's drugstore here, cracked the safe and escaped with some \$1,700 in cash, \$300 in checks, an unknown quantity of narcotics.

some time. Lamb prices are down a bit with many good buys including shoulder cuts and breast for broiling, baking or stewing. Don't forget lamb kidneys and liver for a special treat. Poultry continues an excellent buy. A wide variety of cheese available for menu variety.

Fruit Department. Pippins and crisp, tart, small "school boy" sized Jonathan apples are at peak quality. A good time to make and freeze pies. Cantaloupes are almost gone, however, there are good supplies of casabas, cranshaws, honeydeys and persians. Many varieties of grapes offered for your selection. Oranges and grapefruit are in fair supply.

Vegetable buys besides root vegetables include cauliflower, celery, cucumbers, eggplant, onions, potatoes, green peppers and both winter and summer squash. Sweet potatoes are on the increase. Corn supplies decreasing.

Grange News

The Eagle Point Grange is holding their "Boosters Night" Saturday, Oct. 18, at the hall in Eagle Point. It will be a community affair and members of the community are urged to come as well as members of the Grange. It will start with a potluck dinner at 6:30 p.m. and program will follow.

The program will feature several numbers by Caesar Muzzioli's band, the main speaker of the evening will be C. F. Davies. Dancing will follow the program for those who care to dance.

Upper Applegate Grange

Cooperation between Grange and community formed the theme for the Booster Night program presented to more than 100 members and guests by Upper Applegate Grange Friday, Oct. 10.

Keynote speaker was Roscoe Roberts, county Grange deputy, who gave a brief resume of the early history and purpose of the Grange and outlined its form of organization from the subordinate to the state level.

It was originally formed as an agricultural organization," he said, "and it still fulfills this function, but with the passing of the years since its founding, more and more emphasis has been placed on service to the community." The speaker also summarized the benefits of Grange membership.

Worthy Master George Redhead, who presided during the evening, spoke on ways in which the Grange benefits both the farmer and the community, using as an illustration the service project of the Grange in Vale in which extensive improvements were made in physical aspects of the labor camp and various programs of neighborly helpfulness were carried out with and for workers housed there.

The Rev. Earl Best, representing the Ruch Community church, voiced appreciation for the manner in which the Grange has cooperated with the church.

Principal Boyd Gibson of Ruch school introduced members of his staff who were present, and commented on the spirit of cooperation which exists between the Grange and the school. He invited everyone to visit the school at any time and inspect the improvements completed during the summer months including new roofs over the walk-ways between buildings, and the remodeling of several of the classrooms. Support was solicited for the school Halloween Carnival Oct. 31, which is being given to raise funds for the PTA program including payment of a loan from the student body to finance new roofs.

In observance of National Fire Prevention Week, V. E. Taylor, Applegate district ranger, forest service, summarized some of the common

fire hazards and emphasized that it does not require expert training or knowledge to recognize them.

Robert Sorber, another staff member from Star ranger station, who has been named Oregon Centennial chairman for the Applegate valley, requested full support in the area in developing a program for celebrating Oregon's 100th birthday anniversary locally. Ideas are needed for projects suited to the Applegate, which can be developed in 1959. All are welcome to attend the meetings of his committee, he stated, or to submit ideas through other committee members whom he presented to the group.

Upper Applegate Grange is one of the few in Jackson county to award two annual scholarships to the 4-H summer school in Corvallis. Marianne Cantrall, daughter of Mr. and Mrs. Harlan Cantrall, expressed appreciation on behalf of the Ruch and Applegate 4-H clubs for the continued support which Upper Applegate Grange has given the 4-H program and invited everyone to attend 4-H Achievement Awards night in Applegate school Saturday evening, Nov. 15, commencing with a potluck supper. Donna Brown, who has been an active member of the Applegate 4-H club for the past 8 years, gave a brief review of the 1958 summer school program and activities on the Corvallis campus where she served as one of the counselors.

Upper Applegate HEC members appeared in a fashion revue in which Stella Offensbacher modeled the original sack dress created from a gunny sack trimmed with a pink flounce and huge pink ribbon bows in the appropriate locations, and Grace Buck modeled the attractive blue cotton dress and cape made by Evelyn Williams, which won first place in Jackson county in the National Sewing contest sponsored by the Grange and a nationally known manufacturer of sewing machines. HEC Chairman Edna Sawyer was commentator.

Musical numbers were presented during the evening by Mrs. Earl Best, Joyce Hawkins and Linda Best with Mrs. Best providing the accompaniment on her electric guitar; and by Rodney Snider who gave two novelty numbers, also with guitar accompaniment.

The Jackson County Pomona Grange exhibit which won awards and much favorable comment at Oregon's State Fair, was described by Delmar Smith of Central Point Grange, who directed its planning and arrangement. Herman Kamping of Griffin Creek Grange, whose entry of potatoes won the silver cup for the best potato exhibit in

the fair, was introduced. The cup, which is to be awarded annually by the Potato Commission, was on display during the evening together with some of Kamping's prize-winning potatoes.

A hula-hoop demonstration was given by Jackie and Kathie Reavis, grandchildren of Mr. and Mrs. Otis Buck; and a humorous monologue was presented in costume by Veva Saltmarsh impersonating a little Chinese boy who misguidedly believed a bumble-bee was the American version of a butterfly.

Charter members of Upper Applegate Grange present included Val Haskins, who served as its first Master, Helen Haskins, John and Pearl Byrne, Metta Buck, Grace Buck, Gladys Williams, James Winningham, and Verna Culy, who were escorted to the Chaplain's station where the ladies were presented with corsages and the men with boutonniers by Chaplain Mildred Redhead. One of the group, Metta Buck, was observing her 85th birthday anniversary on the occasion.

Jackson County Master Bob Bitterling of Eagle Point Grange brought greetings, as did Lyle Van Gordon, Josephine County Pomona Master. Other special guests who were introduced included County Commissioners Ralph James and Chester Wendt, dis-

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strict supervisor of soil conservation and water resources, Harlan Cantrall, Grange Masters Farnsworth of Griffin Creek Grange and Christian of Live Oak Grange, Dr. and Mrs. Edwin Durno, Mr. and Mrs. Melvin Lattie, Marvin Madden of Phoenix Grange, Mr. and Mrs. Scott Hamilton, Chester Wendt of Central Point Grange, and Mr. and Mrs. Larry Sheehan of Live Oak Grange.

Five door prizes of groceries and produce from the county store were awarded to lucky ticket holders, and

the program concluded with community singing. During the refreshment hour which followed, Metta Buck was presented with a birthday cake, and the charter members and all others present who had October birthdays were seated with her at a specially decorated table. Grange Lecturer Anna Scott assisted by Ways and Means Chairman Ethel West and HEC Chairman Edna Sawyer arranged the Booster Night program.

Grace N. Pearson,
Publicity Chairman

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