

Feeding the Family

By ZOLA VINCENT
Food Editor

1958 World's Fair Cookie Is Perfect Party Cookie

This 1958 World's Fair Cookie was presented to food editors in New York by Mrs. Margaret Rudkin of Pepperidge Farm as one of seven cookies made from heretofore secret Belgian recipes. Mrs. Rudkin, incidentally, describes Belgium as an Epicurean paradise where "there is no skipping on cream and butter". She says she would like to share this perfect party cookie recipe with "all good cooks who would like to try it".

Cookie Base

- 2 1/2 cups butter
- 1 1/2 cups extra fine granulated sugar
- 1 teaspoon salt
- 1 teaspoon vanilla extract
- 1/4 to 1/2 teaspoon grated lemon peel
- 2 1/2 tablespoons condensed milk
- 2 eggs
- 5/4 cups flour, sifted
- 1 pinch baking powder

Nut Cream Topping

- 1/2 cup butter
- 1/2 cup extra fine granulated sugar
- 2 eggs
- 1 cup roasted chestnut or hazelnut (or other) meats ground into a thin powder
- 4 teaspoons cocoa
- 1/4 cup flour

South African Rock

Delegates to the Newspaper Food Editors Conference in New York, lurching on a variety of distinctive dishes featuring South African rock lobster tails, were reminded that these are no longer an exotic import for special occasions. They're a staple item in frozen food cabinets along with fillets of sole and fishsticks. Available in recent years in 10 1/2 ounce packages, this frozen foods specialty from South Africa soon will be marketed in a new 1 1/2 pound family package for greater consumer convenience at a surprisingly economical price. In the meantime, we continue to use the two-tails-to-a-package for all manner of good things including newburgs, casseroles, creamed dishes, cocktails, but mostly we just broil them quickly exactly like it tells us to on the package.

Broiled Lobster Tails

- 6 South African rock lobster tails (3 10 1/2-ounce packages)
- 1 cup butter

WILL HEAD INSTITUTE

Goettingen, Germany - (UPI) - American physicist Rudolf Brill of Brooklyn has accepted an offer to head the Max Planck Foundation's Berlin Fritz-Haber Institute, which sponsors physics research, it was announced today.

ACCIDENT FATAL

Rome - (UPI) - Dr. Enrique Gil, 68, of Buenos Aires, died Tuesday of injuries received in a traffic accident.

- 1/4 cup lemon juice
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 1/4 teaspoon paprika
- 2 teaspoons finely chopped parsley
- 2 teaspoons finely chopped chives
- 2 teaspoons finely chopped pimiento

Thaw lobster tails. Melt butter, add remaining ingredients and heat together.

With kitchen shears, cut down each edge of thin underside membrane on lobster tails and remove. Grasp tail in both hands and bend backwards toward shell side to crack in several places. Or insert skewers to keep tail flat and prevent curling.

Cheese Festival Shows Protein Foods as Leading Buys

The month of October has been designated as Cheese Festival Month as the United States Department of Agriculture lends its support to this vast industry. High in protein and other good nutrients and actually a good buy all year long, cheeses of all kinds will come in for "special" attention. Try new kinds and new ways of serving old favorites.

Choice grade beef will be more in evidence during October than for some time past with prices sliding slowly but steadily downward. USDA Choice is the grade most preferred by consumers and as a result more of it is produced than any other grade. It comes from young animals and the lean part is nicely "marbled" with fat so that it is tender, juicy and flavorful. Particularly good buys in forequarter cuts.

Lamb prices are generally steady, but watch the ads for some exceptional buys in stew meat and breast of lamb. There's a little more pork in evidence with top quality bacon and ready-cooked hams featured in many markets. Veal is scarce and high priced and likely to continue so.

Poultry and eggs. We've been going on and on about chickens and turkeys as budget buys. Fryers are cheaper now than they were 10 years ago. Nowadays we really get our money's worth of food value when we buy poultry because the birds have been developed especially for meatiness, tenderness and flavor. Eggs just seem to go with chickens and they, too, continue to be an excellent protein buy.

Fall vegetables are taking over the vegetable stands with special attention on those good vegetables that go so well in stews and meat pies or surround a tender, long-simmered pot roast: carrots, potatoes, onions, turnips, rutabagas, celery and green peppers. Lots of menu variety with choice of cabbage, corn, cucumbers, squash, lettuce, snap beans and tomatoes. Fresh sweet potatoes and Brussels sprouts are moving in.

Fruit Department. Colorful Fall apples and grapes fill the markets. Near the end of the Thompson seedless season. Beautiful Bartlett pears are a seasonal joy. Oranges and grapefruit are buys in good health. A variety of melons to choose from.

Important Lesson Learned in Year Since First Sputnik Fired

Editor's note: What is the most important lesson the United States has learned in the year "since Sputnik"? An answer is provided in this dispatch by one of the nation's most distinguished scientists.

By DR. WILLIAM H. PICKERING
Director, Jet Propulsion Laboratory
California Institute of Technology
(Written for UPI)

Twelve months ago, on Oct. 4, 1957, Russia surprised the world by successfully placing the first satellite in orbit around the earth.

When this event was followed in less than a month by a second successful Russian satellite, the United States began a hysterical examination of its missile programs, its political system, its educational policies and anything else

that might have had an effect in overthrowing us from our proud position as technological leader of the world.

Since then, the U.S. has placed four satellites in orbit around the earth, starting with Explorer I, launched Jan. 31, 1957, at Cape Canaveral, Fla. This was followed by two other Explorers and one Vanguard test satellite. And on May 15, Russia launched and placed in orbit Sputnik III.

RED POLICE ARREST BOY

Berlin - (UPI) - Communist East German police have arrested a 13-year-old West Berlin boy because he carried some American Wild West stories and comic books with him on a visit to East Berlin. West Berlin police reported today.

Of course, it can be said with some justification that in the past 12 months the U.S. program has made more relative progress than the Russian program in terms of getting started and adjusting the scientific missions of new satellites to exploit the lessons learned from earlier vehicles.

Explorers I and III, for example, discovered the intense band of radiation in space that was previously unsuspected, so it was necessary to quickly revise the program and launch specially devised instruments in Explorer IV to further in-

vestigate this phenomenon. The fact that this revision of the program was achieved in less than four months between Explorers III and IV is a tribute to the U.S. satellite program and its flexibility.

But the question one must ask oneself, it seems to me, is: What have we learned in these critical 12 months?

Essentially, the most important lesson remains the one we started to learn in the hysteria that followed Sputnik I: that no nation can maintain a monopoly of technological skills, and that Russia has advanced its program in this field with a great rush in the last decade.

Consider what this means to the Russians in terms of morale, in satisfaction and in

Tribute To Program

pride of country? Several generations ago, Russia was a backward, illiterate country, distinguished only for the melancholy quality of its literature and music. The Russian armies fought World War I with the weapons of the 19th century.

Morale Thought Excellent

The Sputniks then are the outward and dramatic manifestation of a long-range Russian scientific program. It is disturbing to realize that the U.S. no longer sits alone on its technological mountain top, surveying the world of lesser nations below.

It should be disturbing, but it should not be a cause for panic that leads us to strike out blindly at every source but the correct one. It is necessary only for us to act with some resolution

and intelligence and the affair will right itself. We have demonstrated that we possess those qualities; it remains for us to exercise them.

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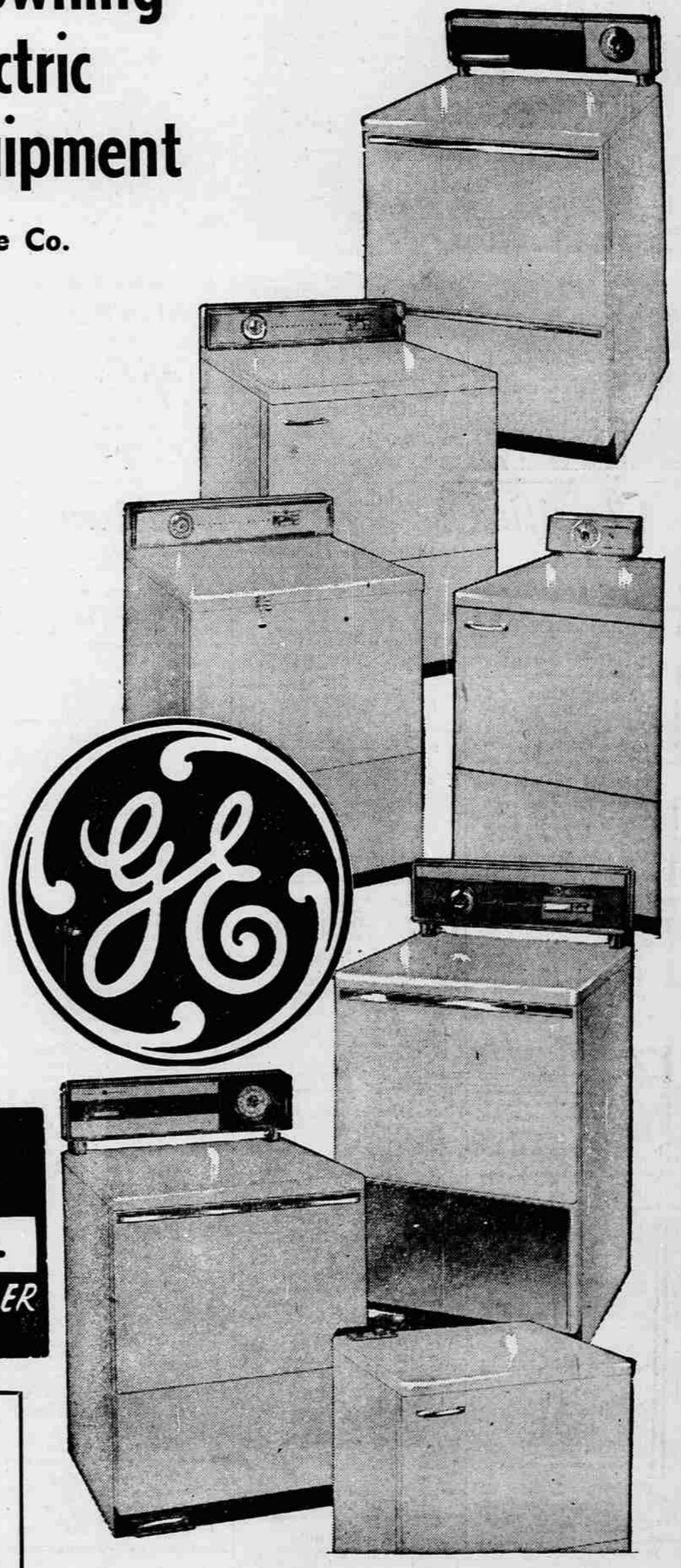
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