# Quotes From the News

By United Press International

Washington—President Eisenhower, in marking the beginning today of National Newspaper Week:

"A strong society of free men must be kept fully informed. Liberty can flourish only in the climate of truth."

Aurora, Ill. — Mayor Paul Egan, on his unsuccessful attempts to climax a feud with his police department and city council by calling President Eisenhower and asking for federal troops:

"I was shuffled from secretary to secretary in my telephone attempts to reach the President."

Milwaukee—Yankee pitcher Whitey Ford, on the eve of the opening game of the World Series:

"I wish that wind was blowing toward the plate—because right now this is a hitters' ball park."

Milwaukee—Warren Spahn, Braves' opening pitcher, on the same topic:

"We're all a little numb until this thing gets going."

## RADIO PROGRAMS — WEDNESDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make changes as are supplied.

| KYJC 1230 kc | KMED 1440 kc | KWIN 1400 kc |
|---|---|---|
| 4:00—Traffic Jam | News* | Fulton Lewis Jr |
| 4:15—Traffic Jam | Robbie Robbins | Hemingway News* |
| 4:30—Traffic Jam | Robbie Robbins | News* One for Road |
| 4:45—Traffic Jam | Robbie Robbins | One for the Road |
| 5:00—Edw. R. Murrow** | News* | News* One for Road |
| 5:15—Asr. Pise-Page** | Robbie Robbins | One for the Road |
| 5:30—Tom Harmon** | Weather-News | News* One for Road |
| 5:45—Frank Goss** | Orval Anderson* | One for Road—Sports |
| 6:00—Morgan** | NBC News* Music | World News Roundup |
| 6:15—Lowell Thomas** | Hi Fi Hour | Candlelight and Wine |
| 6:30—Sports—A&A** | Hi Fi Hour | News* Candlelight |
| 6:45—Amos-Andy** | Hi Fi Hour | Candlelight and Wine |
| 7:00—News** | News* | KWIN Karavan |
| 7:15—Eventide | Hi Fi Hour | Karavan—News* |
| 7:30—Lewis** | News ot the World | News* Karavan |
| 7:45—Lewis** | One Man's Family* | KWIN Karavan |
| 8:00—News**-Stereo | NBC News* | News* Comet Capers |
| 8:15—Stereophonic | Stereophonic Hour | Crater Comet Capers |
| 8:30—Stereophonic | Stereophonic Hour | News* Comet Capers |
| 8:45—Stereophonic | Stereophonic Hour | Crater Comet Capers |
| 9:00—News** | NBC News* | News* Green Room |
| 9:15—Turntable Terrace | People are Funny* | Green Room |
| 9:30—Turntable Terrace | Nightbeat | Green Room |
| 9:45—Turntable Terrace | Nightbeat | Green Room |
| 10:00—Richfield Reporter** | News* | Sign Off |
| 10:15—Turntable Terrace | Nightbeat | |
| 10:30—Turntable Terrace | Nightbeat | |
| 10:45—Terrace—News | Nightbeat | |
| 11:00—Sign Off | News | |
| | Nightbeat | |
| | Sign Off | |

## RADIO PROGRAMS — THURSDAY

| | | |
|---|---|---|
| 6:00—News of America** | Wake Up to Music | Chuckwagon |
| 6:15—Yawn Patrol | Wake Up to Music | Chuckwagon |
| 6:30—Yawn Patrol | Wake Up to Music | News* Chuckwagon |
| 6:45—YP-News** | First News | News, Chuckwagon |
| 7:00—Breakfast Tunes | Wake Up to Music | Hemingway News* |
| 7:15—News Arnd World* | Weather News* | Sunrise Serenade |
| 7:30—MacLeod Sports | Valley Beepers* | News* Swap & Sell |
| 7:45—Harry Babbitt** | Weather—News | Sunrise Serenade |
| 8:00—Variety-Weather | NBC News* Hear! | Cliff Ingle News* |
| 8:15—Frank Goss** | Hear! | Koffee Klatch |
| 8:30—Coffee Concert | Hear! | News* Koffee Klatch |
| 8:45—Howard Miller** | Hear! | KWIN Kwiz |
| 9:00—News-Peter-Mary** | News* Swap & Sell | News* Lively Time |
| 9:15—Breakfast Club* | Hear! | Lively Time |
| 9:30—Breakfast Club* | Hear! | News* Lively Time |
| 9:45—Breakfast Club* | Hear! | Lively Time |
| 10:00—Nora Drake** | News* | News |
| 10:15—Harvey-Trade Post | Hear! | Telo-Test* |
| 10:30—Name - Neighbor | Hear | News* Lively Time |
| 10:45—Lost & Found Pets | World Series* | Lively Time |
| 11:00—News-Rt. Hppnss** | World Series* | News* |
| 11:15—Mrs. Burton** | World Series* | Woman's World |
| 11:30—Couple Next Door** | World Series* | News*Queen for Day* |
| 11:45—Pat Buttram** | World Series* | Queen for a Day* |
| 12:00—Paul Harvey* | World Series* | News* |
| 12:15—News-B. Corn.-Wthr | World Series* | Roundup Time |
| 12:30—Houseparty** | World Series* | News* Roundup Time |
| 12:45—Houseparty** | World Series* | Roundup Time |
| 1:00—News-Godfrey** | Regional News | News* Roundup Time |
| 1:15—Godfrey** | Weather | Roundup Time |
| 1:30—Godfrey** | Local News | News* Roundup Time |
| 1:45—Godfrey** | His Majesty | Roundup Time |
| 2:00—News-Whisp. Sts** | News* | News* Records Spin |
| 2:15—Whispering Sts** | Robbie Robbins | Records Spin |
| 2:30—Backstage Wife** | Robbie Robbins | News* Records Spin |
| 2:45—Helen Trent** | Robbie Robbins | Records Spin |
| 3:00—Gal Sunday** | News* | News* Records Spin |
| 3:15—Story Hour | Robbie Robbins | Records Spin |
| 3:30—Bulletins | Robbie Robbins | News* Records Spin |
| 3:45—Traffic Jam | Robbie Robbins | KWIN Kwiz |
| 4:00—Traffic Jam | News* | Fulton Lewis Jr.* |
| 4:15—Traffic Jam | Robbie Robbins | Hemingway News* |
| 4:30—Traffic Jam | Robbie Robbins | News* One for Road |
| 4:45—Traffic Jam | Robbie Robbins | One for the Road |
| 5:00—Edw. R. Murrow** | News* | News* One for Road |
| 5:15—Ans. Pise-Page** | Robbie Robbins | One for the Road |
| 5:30—Tom Harmon** | Weather-News | News* One for Road |
| 5:45—Frank Goss** | Orval Anderson* | One for Road—Spts* |
| 6:00—Morgan* | NBC News* | World News Roundup |
| 6:15—Lowell Thomas** | Hi-Fi Hour* | Candlelight and Wine |
| 6:30—Sports-A&A** | Hi-Fi Hour* | News* Candlelight |
| 6:45—Amos-Andy** | Hi-Fi Hour | Candlelight and Wine |
| 7:00—News** | News* | KWIN Karavan |
| 7:15—Eventide | Hi-Fi Hour | Karavan—News* |
| 7:30—Lewis** | News of the World* | News* Karavan |
| 7:45—Lewis** | One Man's Family* | KWIN Karavan |
| 8:00—News** | NBC News | News* Ash Platter |
| 8:15—TBA | Nightline* | Ash. Platter Party |
| 8:30—TBA | Nightline* | News* Ash. Platter |
| 8:45—TBA | Nightline* | Ash. Platter Party |
| 9:00—News** | NBC News* | News* Green Room |
| 9:15—Turntable Terrace | Nightbeat | Green Room |
| 9:30—Turntable Terrace | Nightbeat | Green Room |
| 9:45—Turntable Terrace | Nightbeat | Green Room |
| 10:00—Richfield Rptr** | News* | Sign Off |
| 10:15—Turntable Terrace | Nightbeat | |
| 10:30—Turntable Terrace | Nightbeat | |
| 10:45—Terrace—News | Nightbeat | |
| 11:00—Sign Off | News | |
| | Nightbeat | |
| | Sign Off | |

*ABC **CBS *NBC *MBS

**KBOY—730 KC**

WEDNESDAY
4:30—Cousin Pat
6:30—Sign Off
THURSDAY
5:45—Sign On. Music for Birds. Weather on hour, news on half hour, all day.
7:15—Farm News
8:00—Chuck Fields
10:00—Bargain Roundup
11:00—Ringo Rick
12:15—Farm Market
12:30—Stock Market Closing
1:30—Ringo
2:35—Bargain Roundup
3:30—Request Time
4:30—Cousin Pat
6:30—Sign Off

**KDOV 1300 KC**

WEDNESDAY
4:00—Music, news, weather
6:30—Sign off
THURSDAY
6:00—Sign on. Music, news, wthr.
8:15—Trader Horn
8:30—Music, news, weather
12:00—Market report
12:05—Music, news, weather
2:15—Trader Horn
2:30—Music, news, weather
6:30—Sign off

## TELEVISION PROGRAMS

The following TV broadcast log is printed as a free public service for the Mail Tribune's readers and TV viewers. Schedule changes are printed as provided by the TV stations and the Mail Tribune cannot accept responsibility for errors or omissions.

### KBES-TV (Channel 5)

WEDNESDAY
5:00—Devotions
5:05—Uncle Bill's Cartoons
5:30—Superman
6:00—TV Weatherman
6:05—News
6:15—Doug Edwards
6:30—Janet Dean
7:00—TBA
7:30—Big Story
8:00—The Millionaire
8:30—I've Got A Secret
9:00—Circle Theater
10:00—Mickey Spillane
10:30—News
10:35—"Lazy River"
12:00—Sign Off

THURSDAY
10:45—World Series
1:30—House Party
2:00—Big Payoff
2:30—Verdict Is Yours
3:00—Brighter Day
3:15—Secret Storm
3:30—Edge of Night
4:00—Top Dollar
4:30—It's Fun to Reduce
4:45—Search for Tomorrow
5:00—Devotions
5:05—Uncle Bill's Cartoons
5:30—Rin Tin Tin
6:00—TV Weatherman
6:05—News
6:15—Doug Edwards
6:30—Political—Paul Geddes
6:45—Pappy Coleman
7:00—December Bride
7:30—Science Fiction
8:00—State Trooper
8:30—Harbor Cammand
9:00—TBA
9:30—Sheriff of Cochise
10:00—Gateway
10:30—News
10:35—World Passport
11:05—Sign Off

### KOTI-TV (Channel 2)

WEDNESDAY
5:00—TBA
5:30—Superman
6:00—Weather
6:05—News
6:15—Doug Edwards
6:30—TBA
7:30—Big Story
8:00—Millionaire
8:30—I've Got A Secret
9:00—Circle Theater
10:00—Mickey Spillane
10:30—News
10:35—"Lazy River"
11:35—Sign Off

THURSDAY
10:45—World Series
1:30—House Party
2:00—Big Payoff
2:30—Verdict is Yours
3:00—Brighter Day
3:15—Secret Storm
3:30—Edge of Night
4:00—Top Dollar
4:30—It's Fun To Reduce
4:45—Search for Tomorrow
5:00—TBA
5:30—Rin Tin Tin
6:00—Weather
6:05—News
6:15—Doug Edwards
6:30—TBA
7:00—December Bride
7:30—Science Fiction
8:00—State Trooper
8:30—Harbor Command
9:00—TBA
9:30—Sheriff of Cochise
10:00—Passport
10:30—News
10:35—World Passport
11:05—Sign Off

The British captured Gibraltar from Spain in 1704.

## STAR GAZER

By CLAY R. POLLAN

*Your Daily Activity Guide According to the Stars.*

To develop message for Thursday, read words corresponding to numbers of your Zodiac birth sign.

ARIES MAR. 22 – APR. 20: 19-21-38-50 / 64-72-85-88
TAURUS APR. 21 – MAY 21: 14-18-24-29 / 54-55-66
GEMINI MAY 22 – JUNE 22: 4- 6-34-37 / 44-46-57
CANCER JUNE 23 – JULY 23: 16-22-28-45 / 51-67-70
LEO JULY 24 – AUG. 23: 20-25-33-36 / 41-56-61
VIRGO AUG. 24 – SEPT. 22: 3- 5- 8-23 / 27-62-68
LIBRA SEPT. 23 – OCT. 23: 2- 9-11-13 / 63-73-80-82
SCORPIO OCT. 24 – NOV. 22: 31-48-59-65 / 76-77-84-89
SAGITTARIUS NOV. 23 – DEC. 22: 1- 7-10-43 / 69-71-83-90
CAPRICORN DEC. 23 – JAN. 20: 26-32-35-47 / 53-58-74
AQUARIUS JAN. 21 – FEB. 19: 12-15-17-40 / 52-75-79-87
PISCES FEB. 20 – MAR. 21: 30-39-42-49 / 60-78-81-86

| | | |
|---|---|---|
| 1 Don't | 31 Your | 61 Results |
| 2 You | 32 Your | 62 New |
| 3 Make | 33 Speculative | 63 For |
| 4 A | 34 Attitude | 64 Your |
| 5 Partnership | 35 Ideas | 65 In |
| 6 Demanding | 36 Matters | 66 Adjusting |
| 7 Count | 37 Can | 67 Up |
| 8 Agreements | 38 To | 68 Ventures |
| 9 Seem | 39 Easy | 69 On |
| 10 Too | 40 Some | 70 Today |
| 11 In | 41 Bring | 71 Cooperation |
| 12 There | 42 To | 72 Thoughts |
| 13 Mood | 43 Much | 73 Pleasure |
| 14 Keep | 44 Ruin | 74 Confidential |
| 15 Will | 45 Clean | 75 At |
| 16 Get | 46 Romance | 76 Top |
| 17 Be | 47 Practical | 77 Form |
| 18 Busy | 48 Intuition | 78 Pattern |
| 19 People | 49 Change | 79 Top |
| 20 Judgment | 50 Know | 80 And |
| 21 Want | 51 Things | 81 Of |
| 22 Busy | 52 Changes | 82 Recreation |
| 23 Or | 53 And | 83 Or |
| 24 With | 54 That | 84 Make |
| 25 Excellent | 55 Need | 85 And |
| 26 Keep | 56 Good | 86 Things |
| 27 Start | 57 Friendships | 87 Levels |
| 28 And | 58 Strictly | 88 Ideas |
| 29 Affairs | 59 Is | 89 Decisions |
| 30 Not | 60 The | 90 Support |

Good — Adverse — 10/2 Neutral

# The Medical Roundup

by Walter Alvarez

Emeritus Consultant in Medicine, Mayo Foundation
Emeritus Professor of Medicine, Mayo Foundation

### Inborn Tendency To Psychosis Doesn't Mean Hopelessness

A fine woman recently wrote me one of the most interesting of the hundreds of interesting letters I have received. She says I have been right when I have preached in this column that the person who inherits a tendency to psychosis or insanity doesn't necessarily have to go ahead and succumb to it, or give in to it, or accept it as inevitable.

Dr. Alvarez

Many a person can fight it and hold it down. As she says, "Certainly, a tendency to a psychotic pattern is inherited, but this factor of inheritance need not produce a mental breakdown." Wisely, she says that even great stress in a poor environment need not conquer the person. She thinks many people with a tendency to psychosis get into serious trouble only because they allow many unfortunate tendencies to take control of their lives: tendencies, for instance, to associate with bad company and to drink heavily.

What she regrets is that many persons with a poor nervous inheritance won't make a big enough effort to live sanely and to hang onto their sanity. She, who is now 43, says that every three years since she was 16, she has had "cycles of a year-long, inky depression. In between I have had sky-rocketing highly delusioned manic periods."

**Obvious When Small**

She says, as many other such people say, that her poor mental inheritance was obvious when she was small. She says, "I was the unhappiest, most sensitive, worried little girl that ever drew breath." None of her brothers and sisters got what she got out of the family inheritance. She goes on to say, "In my youth I never drew comfort from friends or their companionship, and I never really lost myself in play. I passed on into a turbulent, delinquent teen-ager. I was as cold as a chisel. Like so many mildly psychotic persons, I never had one good friend. Later, I had a fling with alcoholism.

"But I'll say this much for myself, I kept working even in my deepest depressions. I read avidly — the old philosophies, the classics, the Bible, and in fact anything that I thought might inspire me.

"Gradually over the years I've changed to the point where warm human relationships feed my soul. At last I can feel at one with my people, and not always set apart from society. I have learned how to handle both my depressions and my manic periods. Amazingly enough, I went through my last manic period without falling apart at the seams. I was able to keep at work. When the mania started, I felt the old elation seeping into my blood, and I suspected what was coming.

**Mind Came To Grips**

"My mind battled to keep control, and the sane part of my mind came to grips with the insane part. Although I went through my old pattern of developing a religious mania, I was able to hold my tongue, and not to start preparing everyone about me for the coming of the end of the world. I thought that when that came I was to be the Lamb of God and to judge the world. I managed to keep acting rationally both at the office and in my home, and actually I doubt if I roused the suspicions of anyone that anything was wrong with me. I am sure that no one in the office knew anything of the mental storm through which I was passing.

"Just now the scale is out of balance again, and I have recently had to come to grips with my old devil, the depression. But now no one but my husband and my psychiatrist know what is going on in me. Fortunately, I can face the depression without any self-pity, and outwardly I seem to be cheerful. I can conceal my torture."

Fortunately, this fine woman succeeded so well in building a good life that she was able to get and hold a wonderful husband. She says her marriage has been beautiful. Now she has given up her job at the office so as to be a better wife; also, she is studying hard to take university entrance examination. She keeps going sensibly even when, at times, "nothing seems to have a purpose or fulfillment." She looks on her trouble as an illness that will pass. "My aim is to prove that in my case at least, severe mental illness has not been allowed to gain the upper hand and to shatter my purpose in life."

**Wasted Several Years**

She is very bitter at the Freudian brand of psychiatry on which she says she wasted several years; but she is very grateful to the fine, old-type psychiatrist who, for the last 20 years has stood by her, and has helped her greatly. This man is now encouraging her to write an autobiography which, he thinks, as I do, could be of great help to the millions of people who are now suffering as she has suffered.

I may have mentioned in this column before that I have probably the largest collection in the world of autobiographies written by people who once were psychotic, insane, alcoholic, addicted to drugs, epileptic, or mentally or physically handicapped in any way. I have learned much from these autobiographies, many of which are so well written that, like Pepy's Diary, they ought to be read by thousands of educated people.

Dr. Alvarez hopes his readers will understand that it would be impossible for him to answer requests for information or to attempt to diagnose by mail.

(Released by The Register and Tribune Syndicate, 1958)

The new Swedish submarine, Illern (which means the Polecat) has been raised from where it sank off Southern Sweden shortly after it was launched. Reason for the sinking was that somebody left a torpedo port open.


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## Strange As It Seems

By ELSIE HIX

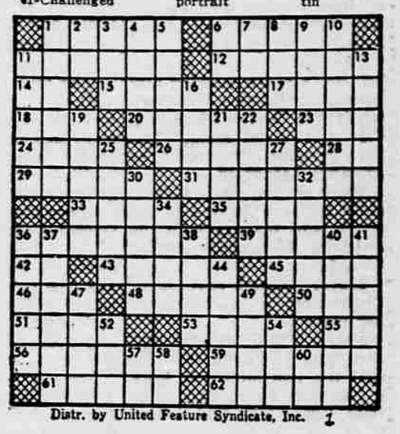
## CROSSWORD PUZZLE

Answer to Yesterday's Puzzle

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| EFT | | AGATE | | | | BEN | | | | | | |
| ROA | | RABID | | | | AGO | | | | | | |
| SPRIGS | | PARROT | | | | | | | | | | |
| | | LOTS | | MA | | | | | | | | |
| MILK | | ROB | | BOLT | | | | | | | | |
| ONE | | TOLERABLE | | | | | | | | | | |
| IT | | TOP | | VAT | | AS | | | | | | |
| SEMINOLES | | | | AMT | | | | | | | | |
| TROT | | DOR | | CLAY | | | | | | | | |
| | | AT | | PACA | | | | | | | | |
| FANNED | | GAMBLE | | | | | | | | | | |
| EWE | | LYRES | | AIL | | | | | | | | |
| WET | | LEAST | | TEA | | | | | | | | |

ACROSS
1-Centers
6-Ascend
11-Father or mother
12-Eagles' nests
14-Chaldean city
15-Weary
17-Reverberation
18-Corded cloth
20-Fops
23-Organ of hearing
24-Close securely
26-Power
28-A state (abbr.)
29-Mistake
31-Duties
32-Sound a horn
35-Fight between two
36-Re-establish
39-Wide
42-Man's nickname
43-Retail establishment
45-Epicline narrative
46-Small dog
48-Barrel slat
50-Sailor (colloq.)
51-Roman date
53-Fewer
55-Symbol for tellurium
56-Mock
59-Lifted
61-Hinder
62-Twists

DOWN
1-Calling
2-Conjunction
3-Soak
4-Wife of Geraint
5-Play on banjo
6-Symbol for calcium
7-French article
8-Anger
9-Rodents
10-Benefit
11-Pocketbook
13-Rail birds
16-Prepare for print
19-Separates
21-Mild expletive
22-Bush
25-Plunders
27-Rows
30-Underground parts of plants
32-Rest on surface
34-Jog
36-Swift
37-Escaped
38-Pertaining to an era
40-Semi-precious stones
41-Challenged
44-Turn inside out
47-French for "father"
49-Brother of Jacob
52-Pose for portrait
54-Title of respect
57-Prefix: down
58-Teutonic deity
60-Symbol for tin



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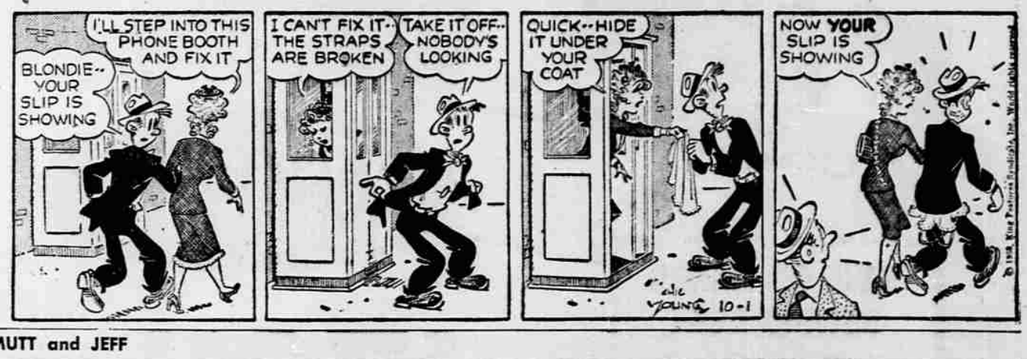


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