



WEARING LATEST STYLE Russian "sack" suit, Soviet Premier Nikita Khrushchev listens to A. Alexandrov report on progress of new hydropower station at Stalingrad.

Doctors Challenge Theories Held in Sobering Alcoholics

By DELOS SMITH
UPI Science Editor

New York—UPI—Two experts in the extremely difficult business of permanently sobering alcoholics have challenged two ideas which are held by some of the leading authorities.



These ideas are: (1) you can't force an alcoholic to give up drinking; and (2) Such a drunk has to "hit bottom" before anything can be done toward making him a sober citizen.

The challengers of these ideas are Dr. Frederick Lemer and Paul O'Hollaren of the well-known Shadel Hospital for Alcoholics in Seattle, Wash.

With the help of Dr. Milton A. Maxwell of the State College of Washington, they analyzed the reasons why the 1,038 alcoholics treated at the hospital over a 10 year period, accepted treatment aimed at sobering them for good.

The hospital accepts no patient who isn't volunteering, but the study showed that "considerable duress, both direct and indirect, was involved in leading the patients to accept therapy."

Outside Pressure

"Few of these patients would have sought abstinence had not some sort of pressure been put on them to give up their habit," they said. "The decision to stop drinking is usually prompted by the threatened loss of a job, family, security, physical or mental health, or the respect of associates."

"Many patients, for example, agree to treatment only after a wife has filed suit for divorce or an employer has made it clear that continued employment is contingent on elimination of the drinking problem."

Their views were of particular interest because the Shadel treatment method has a psychological basis; it is aimed at establishing a "conditioned reflex" in the alcoholic which serves to make alcoholic drink unattractive. Of the 1,038 patients studied, many at first did not want to stop drinking or did not believe they were alcoholics.

Change Minds

The method of treatment will not prevent relapses unless the alcoholic wishes to stay sober. Therefore, the doctors continued, "it can only be assumed that once brought to treatment by either direct or indirect duress many patients who at first want to continue drinking and do not believe they are alcoholics, eventually change their minds and choose abstinence as a way of life."

As for "hitting bottom" theory; it is defeating because "by the time the patient reaches this phase, physical, psychological, and social deterioration may have progressed beyond the point where recovery is possible."

But how and when to put the heat on alcoholics is "a delicate problem," they granted. "If applied too early or too forcibly, the patient may react with increased rationalizations and defenses that further delay his facing the realities of his drinking problem. If applied too late or too mildly, there may be little left to salvage."

They made their report to the Center for Studies on Alcohol at Yale University.

Toastmasters Set Dinner Meeting For October 6

First session of the "speech craft" course was presented by the Jackson Toastmasters to 28 members and guests at 6:30 a. m., Monday during a breakfast meeting at Dad's Hideaway.

Harry Marshall instructed on "Talk About What You Know." Sam Poirier presented a lesson on "Gathering Speech Material." Dwight Patton reviewed "Speech Material in Current Events."

Topicmaster Art Lusk, arranged for short talks from the members on the importance of good speech. Critic Calvin Smith presented the beret to Morris Boughner for his topic on Winston Churchill. Bill Fish was presented the brush for his speech errors.

The second week of the course will be a dinner meeting at 7:30 p. m. at the Medford hotel on Monday, Oct. 6. Speakers will be Bill Fish, Howard Hopkins, and Curt Butterfield who will talk on the opening, closing, and the body of the speech. Topics under direction of Bruce Nelson will concern confidence and its power. Ross Gilkison will be toastmaster.

New officers of the Jackson club will be installed by Wayne Latourette, area governor from Ashland. Reservations for members and wives should be made by phoning SPing 2-9128.

Third session of the course will return to Dad's Hideaway at 6:30 a. m., Oct. 13, it was announced.

Court Records

DISTRICT COURT
William L. Oden Jr., overload, \$165.
Ralph E. Martin, insufficient binders, \$10.
Cernal Cooke, overwidth, \$15.
James F. King, violation of basic rule, \$15.
George M. Monroe, failure to yield right of way, \$15.
John F. Zimmerlee, overload (twice), \$97; \$128.
Kenneth B. Fitzgerald, truck speeding, \$10.
H. G. Randale, failure to stop at stop sign, \$10.
Bert J. Marshall, failure to stop, \$10.
Glyndora M. Lewis, no operator's license, \$10.
John H. Carlton, truck speeding, \$15.
MARRIAGE LICENSE APPLICATION
Robert Lee Parnell, route 2, box 190A, Central Point, and Pauline Opal Barker, 3075 Crater Lake highway, Medford.

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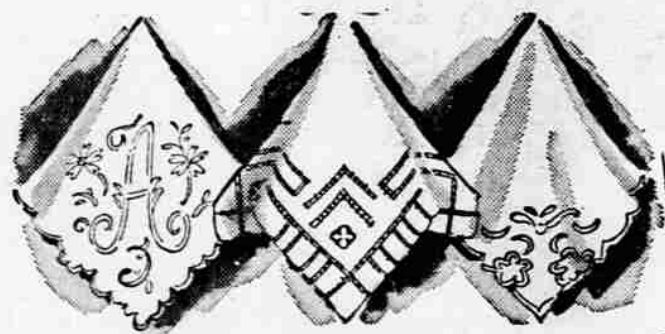
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