



Are you a homemaker who would like to learn more about family nutrition, how to make a shirt or inexpensive toys for the children, how to give a party with ease or how to make pretty ornaments from tin cans? Then join a home extension unit. More than 800 women already belong to the 29 units in all parts of the county, and more are being organized each year. The program, a part of the Jackson County Extension service, gets underway in September each fall and is organized to give women a voice in choosing each year's topics and an opportunity to learn by doing. Miss Mary Pat Lucy, extension home economics agent, and other qualified women train unit members who in turn give the lessons. During a training session at the courthouse auditorium Wednesday and Thursday, Mrs. Rollin Jones (right), Medford, gave instruction in shirt making. Watching closely are (left to right) Mrs. Herman Priem, Sams Valley; Mrs. Virgil Cool, Agate unit; Mrs. Curtis Stockstill, Phoenix; Mrs. Carl A. Henry, Ashland; Mrs. Fred Sears, Winchester unit, Medford, and Mrs. Hester Culbertson, Central Point (obscured by Mrs. Jones).

Projects for Homemakers



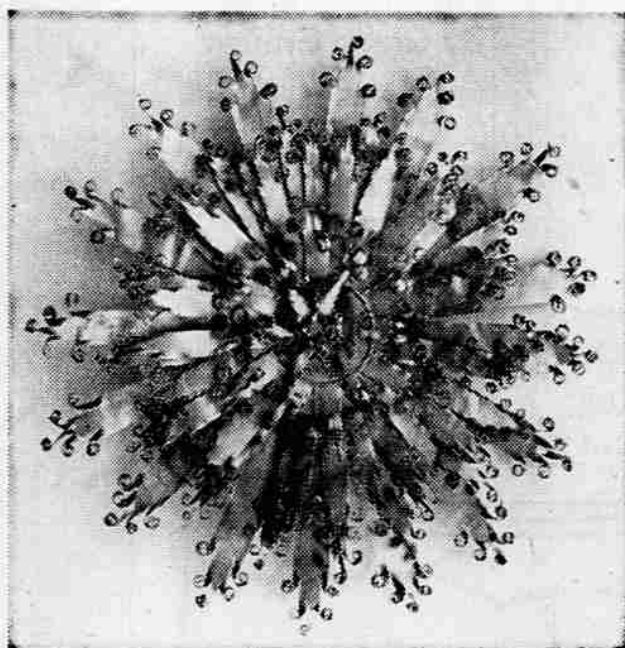
Miss Mary Pat Lucy, Jackson county extension agent for home economics, helps to plan the yearly projects, trains leaders, writes bulletins, gives radio and television programs, speaks for groups and participates in community activities. Units are open to all women.



New methods and techniques are taught home extension members, one of last year's lessons was on the last word in pie making. Mrs. Virgil Bewley (at left) and Mrs. Hal Edwards made up the demonstration team for this lesson for the West Side unit. Members not only gain valuable information from the lessons, but have great fun doing it and enjoy the friends they make and the social contacts.



Christmas crafts is one of the project topics for this year, and at last week's session Mrs. C. C. Hoover demonstrated how to make ornaments and artificial trees from tin cans. Here Mrs. Frank Ross (at left), West Side unit, and Mrs. Glenn Wiltse, Ashland, use pliers and scissors on one-pound coffee cans which they converted into glittering medallions (page center). The articles made from the tins are sprayed with paint, often gold or silver, so that their humble origin could scarcely be guessed.



A lesson on nutrition and food values is on the program for extension units of the county this season. Members will learn about diet, vitamins, the necessity for adequate proteins and how to plan menus which will include the four basic elements needed for growth, strength and health. Mrs. Thomas R. Antley (at left) is chairman of one of the new units, Winchester, formed in the southwest section of the city, and Mrs. Fred F. Sears organized the group.



Groups of unit leaders were taught how to make papier mache at the session last week, and this in turn can be converted into toys or used for other purposes. When the papier mache object has dried and hardened, colorful paint finishes the toy. Working with the paper—an unpleasant mess at this stage, are (left to right) Mrs. Melton Cotton, Central Point unit; Mrs. James Wilson, Eagle Point, a member of the Agate unit, and Mrs. Mark McKenzie, Winchester unit.



Making of such inexpensive toys as these will be demonstrated to extension unit members at one meeting this fall. A muffin tin and sink stoppers painted to match the cups of the tin makes a fascinating toy for a small child learning colors. A sock, some scraps of material and four buttons were turned into an amusing foot puppet.



Consumer buying was one of the topics on last year's home extension program. Mrs. Glenn Stewart (at left) and Mrs. Herbert Gifford, pictured here in the Piggly Wiggly store, are members of the Medford Parents' Extension unit and demonstrated this topic for their unit. Mrs. Gifford's small son, Glenn, is profiting from the knowledge his mother gained of how to spend her household money wisely. Mrs. Stewart is serving as chairman of the Parents' unit this season.