

Missionary Circles Of Baptist Church Announce Meetings

White Cross Missionary circle of the Women's Fellowship of First Baptist church will meet Tuesday, September 23, for a day of sewing and bandage making. The day circles will meet starting at 10:30 a.m. and the evening circles at 7:30 p.m. Those attending the day meetings are to bring a sack lunch; coffee will be furnished by the hostess. All members should bring scissors; also needed are cotton and wool scraps for quilts, and old sheets of bandages.

Meeting at 10:30 a.m. will be Martha circle, at the home of Mrs. Lillian Brown, No. 2 Catherine court, West Eleventh street; Mrs. Donn Platt is chairman. Ruth Circle will meet with the chairman, Mrs. Dora Brantley, 339 Mae street; Esther Circle, with Mrs. N. A. Mead as chairman, will meet in the church annex.

Nell Grubbs circle will meet with Mrs. Larry Adams, 1245 Casino road; Mrs. Clarence Wilson is chairman. Mrs. Maud Chapman, 19 Mistletoe street, will be hostess for Mary circle, with Mrs. Douglas Lamb as chairman. Elizabeth circle will meet at the Helmer Tinselt home, 1300 Queen Anne avenue; Mrs. Don Lindstrom as chairman.

Mrs. Doyle Franklin will be hostess for Lydia circle, meeting at 7:30 p.m. at her home, 401 King street; Mrs. Maynard Putney is chairman. Hannah circle will meet with

Masonic Bodies Plan Degree Work

Degree work for the fall and winter season of Medford Scottish Rite bodies will start at 8 p.m. Monday, September 22, in the Masonic temple. Roy W. McNeal and cast, under the direction of Clay M. Lee, will confer the fourth degree, and Frank C. Clark and cast, directed by William G. Meyers, will confer the fifth degree of Scottish Rite Freemasonry on a class of candidate.

A stated meeting of Medford Council of Kadosh, with Commander Lloyd E. Hamlin presiding, and a stated meeting of Medford Consistory, with Venerable Master Carl H. W. Oestreich officiating, will precede the degree work.

Lawn Care Topic Of Garden Club

First fall meeting of Howard Garden club will be held Tuesday, September 23, at 1 p.m. at the home of Mrs. Jesse Stagg, 611 Berrydale avenue. H. Sommer will be guest speaker. His topic will be "Lawn Care."

Labeled specimens of fall foliage presented by members will be exhibited.

You can keep sweet potatoes from discoloring by adding a slice of lemon to the boiling water.

Miss Flora Chavis, 509 Oak street, with Mrs. R. J. Nordquist as chairman; and Lois circle will meet with the chairman, Mrs. Elvia Wood, 27 North Columbus street.

Proper Family Feeding Said Great Responsibility

By HORTENSE MYERS
United Press International
Indianapolis—Few male executives face the responsibilities a modern mother does in order to feed her family properly, in the opinion of a man—Dr. Harold D. Lynch of Evansville, Ind.

Dr. Lynch, a pediatrician, is the author of a new book, "Your Child Is What He Eats." Earlier articles by this child specialist have aroused both ire and admiration.

In his birth-to-adolescence food guide, Dr. Lynch is critical of many widely accepted ideas about diet and also attacks many prevalent family practices.

He says that even when a homemaker faces the essentials of good nutrition, her job of feeding the family is complicated by everything from the television set to dotting relatives.

Summing up all these problems, Dr. Lynch asks: "Can any executive match the depth of this responsibility and the size of this problem in human relations?"

No TV at Meals
On the subject of TV, he says: "If parents expect to have some control of the child's nutritional status and if they wish to preserve the interpersonal life of the family, they should make an ironclad rule that the television set cannot be turned on during the scheduled meal hour."

A protein diet which offers plenty of meat, fish, fowl, eggs and cheese is the key-stone of Dr. Lynch's food plan. He agrees that milk has an important place in the diet, but maintains:

"When it is the central object of the child's diet and is given in large volumes to the exclusion of other foods, it causes serious feeding problems which result in poor nutrition. . . . Milk is a source of good nutrients—but it is almost 90 per cent water. The infant over a year no longer requires his food diluted to such an extent."

Dr. Lynch's basic rules for parents include some proposals that will horrify grandparents brought up to believe a child must eat what is placed on his plate and must be in his chair for all meals. Has New Ideas
"If the child is not hungry," he says, "he should have the privilege of leaving the table immediately. . . . One of the basic pleasures in life is to get hungry enough to enjoy a good meal."

Dr. Lynch, who has spent 27 years solving children's nutritional problems, advises mothers of toddlers and preschool children to stop trying

to force three full meals a day on them.

"He goes 12 hours at night without food. Why shouldn't he do it, if he chooses, in the daytime?"

Gardeners Plan Annual Guest Day

Cave Junction—The Illinois Valley Garden club will hold the first meeting of the year at the home of Mrs. Arthur Whitesell, Selma Friday, September 26. It will be the club's guest day and the meeting is open to anyone interested in becoming a member of the garden club. Members are asked to bring a guest.

The program for the afternoon will be in charge of Mrs. A. F. Van Deventer of Ft. Dick, who will conduct the first of two lessons pertaining to the club's project for the year. She will instruct the club in how to collect and mount plant species for a herbarium of the flora of Rough and Ready park. The herbarium is the project of the year and the garden club plans to present it to the Illinois Valley branch library.

Mrs. Van Deventer, a retired botany teacher of the Del Norte County High school, is at present, in collaboration with her husband, writing a book on botany.

She will return in the spring after the herbarium is completed and in the second lesson, assist in identifying and marking the mounted specimens.

Designers Show Muu-Muu Styles

By United Press International
Hawaiian designers show the traditional Muu-Muu in leisure styles for day and night. Tori Richard's version of the old Mother Hubbard is called the "Peter Pan Muu-Muu" and comes in Arnel and cotton checks, with wide white collar and bow. The above-elbow sleeves have giant cuffs.

Look for a romantic touch in French gloves for fall. Inspired by museum pieces, the gloves come in white or old ivory glaze kid, finely embroidered in silk or wool. The embroidery is real tapestry with flowers in rose, green and white, accented by black. Pastel posies trim waist bands or gussets that flute edges. Some models have chain-stitch arabesques.

Designer Sylvia Kaplan starts a gold rush in evening wear. She has created a 22-carat gold fabric draped in a siren's dress. The gown is in ribbed satin and silk in ormulu gold, topped by a flowing coat of matching ribbed silk.

It's best to be shaggy on campus this fall. In addition to shaggy sweaters and bulky mohair coats, there are "poodle" jackets, worn with matching flannel pleated skirts.

Little boys look like "gentlemen sportsmen." New styles for the small fry include rugged tweed jackets, classic flannels, sports shorts and sleeveless "vest" sweaters.

Fringe is a favorite trim among California designers. They show it at the hems of overblouses, on empire bows, and from neck-to-hemline openings on coat dresses.

Illinois Valley Women to Hear Chairman Talk

Cave Junction—Mrs. Franklin Smith, chairman of the Josephine County Republican central committee, is expected to address the Illinois Valley Republican Women's club at the home of Mrs. Robert Bottel in O'Brien September 30. Mrs. Pierson, chairman of the Grants Pass Republican Women's club, also has been invited to attend the meeting.

Mrs. Harry O. Smith, chairman of the local organization, states the meeting is not open to members only, but urges anyone who is interested to attend the meeting. A coffee hour will follow the business meeting.

Yesterday's potatoes can be delicious if whipped up with milk, butter and seasonings, fashioned into patties and fried.

Girls!

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Auxiliary Names Committee Heads

Phoenix Committee chairmen were named at the last meeting of Phoenix Lions' auxiliary at the home of Mrs. C. A. Stothers, in Ashland. Mesdames D. P. Foxworthy and E. Stevens were co-hostesses.

The meeting was conducted by the president, Mrs. A. A. Construk. New committee chairmen are parliamentary, Mrs. Tom Caster; membership, Mrs. E. R. James; ways and means, Mrs. E. Stevens; publicity and scrapbook, Mrs. E. R. Claffin; sunshine, Mrs. Donald Korh; entertainment, Mrs. H. R. Glascock; community club, Mrs. Otto Castler; alternate, Mrs. D. P. Foxworthy; historian, Mrs. A. A. Campbell; baby sitting, Mrs. Warren Haggard; chaplain, Mrs. C. A. Stothers; PTA and welfare, Mrs. Vincent Claffin; calling committee, Mrs. Andrew Monro and Mrs. Ray Harndon.

Officers elected last June are president, Mrs. Construk; first vice-president, Mrs. Foxworthy; second vice-president, Mrs. Ray Harrison; secretary, Mrs. A. A. Campbell; treasurer, Mrs. D. Haggard; lion trainer, Mrs. Earl Hobbs. These officers, with the immediate past president, Mrs. Ernest James, make up the board of directors.

Four Members Speak For Recent Meeting Of Rogue River Club

Rogue River—Members gave the program for the meeting of Rogue River Garden club held September 16. Two new members, Mrs. John Whitepan, S. V. A. C. Creek road, and Mrs. Harry Andrews, Route 1, Gold Hill, were present.

Mrs. Guy Hanley, program chairman, gave a talk on "Asters" the flower of the month. Mrs. Lawrence Burkhardt spoke on "The Pine Tree" with illustrations, and Mrs. Alma Shontz' subject was "Bulbs." October planting for spring blossoms.

Plans were completed for a rummage sale to be held October 4 in the Live Oak Grange hall in Rogue River from 9 a.m. till 5 p.m.

The Siskiyou district meeting is to be held October 14 at the Redwood Grange hall on Highway 199, Grants Pass. Two members of the club, Mrs. Roy Larson and Mrs. Shontz, solicited for the Rogue River Community Chest.

Daughter Honored At Birthday Party

Jeanne West, daughter of Mr. and Mrs. J. D. West, Midway road, Medford, celebrated her ninth birthday Wednesday, September 10, with a party.

Balloons and colored streamers decorated the rooms where the games were played and birthday cake and ice cream were served. Attending the party were Tyline Evans, Elaine Wright, Pamela Squire, Michel Kenny, Debbie Reed, Susan and Jerry Fitzgerald, and Pamela and Tommy West.

Student Arrives From California

Sidney Joe Smith, a son of Mr. and Mrs. Stanley Smith, formerly of Medford and now of Laguna Beach, Calif., will attend Southern Oregon college this fall. The young man and his father arrived in Medford last week, with Mr. Smith returning south Thursday.

The student will live with his grandparents, Mr. and Mrs. Joe E. Rinard, 1708 Thomas road, while attending college. While in Medford Mr. Smith was a guest of the Rinards and of his mother, Mrs. Ola Smith, 826 East Jackson boulevard.

Potato Chip Bread
New York—Poatato chip bread gives a new flavor treat to any soup or salad course. Cut crusts from white bread slices, butter lightly and press finely crushed potato chips firmly into each slice. Heat in 300 degree oven 10 minutes and serve while warm.

The three largest cities in Germany are Berlin, Hamburg and Munich.

Young Woman Qualifies As Top Missile Expert

BY R. N. DU BROW
United Press International
Van Nuys, Calif.—Mrs. Florence Cain, a chic, green-eyed young woman from the Midwest, looks more like an actress than an aeronautical engineer.

But at the age of 30, she has successfully invaded the man's world of space-age research and established herself as one of the nation's top missile development experts.

A native of Joliet, Ill., she got the aviation bug as a high school student.

"You remember during World War II," she said, "when they used to roll out airplane engines on flat cars for War Bond rallies? Well, I used to go and listen to hear what made them tick until I was almost deaf."

"My parents thought I was mildly insane, but they didn't discourage me."

From this early start, Mrs. Cain progressed to where she recently was the only woman engineer on a staff of 50 persons which developed Lockheed Aircraft Corp.'s sleek new missile, the X-7. Mrs. Cain, who is slender and has what she calls "dark sterling silver" hair, said she followed the "engineering line" all through Joliet High school and even took flying lessons. Studied Engines

From high school, Mrs. Cain went to Joliet Junior College, where she majored in engineering for two years. Then she went to Purdue University and specialized in the study of aircraft engines.

At Purdue, she met the man who was to become her husband, A. Chaney Bender.

But tragedy overtook the couple in 1954 when Bender and his father were killed in the crash of their private plane.

When Mrs. Cain graduated from Purdue, she worked first for the Pullman Standard Car Manufacturing company in Hammond, Ind., and then for the Armour Research Foundation at the Illinois Institute of Technology in Chicago, where she helped develop "large caliber, liquid propellant guns."

She came to California on business and met Richard Alton Cain, a Navy contract administrator at Lockheed.

Cain had known her and her late husband as fellow students at Purdue. He fell in

love with her, they were married and settled in Beverly Hills.

She got an engineering job at Lockheed, "starting out on design work."

Worked On Fuel
When the X-7 came along, Mrs. Cain worked on its fuel system, structure and electrical development.

"Recently," she said, "I was assigned to do liaison work with the machine shop, and at meetings with manufacturing groups about the X-7 contract, I represent the engineers about changes in design and structure."

Mrs. Cain doesn't want to quit, be a housewife and have children yet.

West Side Club Plans New Year

Mothers and teachers became acquainted at the first West Side Mothers' club meeting of this school year. The meeting was held Wednesday night at the home of Mrs. E. B. Hogan, Niedermeyer lane. Corsages were presented to the teachers by the mothers.

Mrs. E. D. Davis presided at the business meeting which included plans for future activities.

Officers for this year are president, Mrs. E. D. Davis; vice-president, Mrs. Ralph Brindley; secretary, Mrs. Ervin Hogan; treasurer, Mrs. Oliver Gustafson.

Committee chairmen are telephone, Mrs. Eugene Ray; hobby show, Mrs. Emmett Bullard and Mrs. Jeffrey

Program Planned For Association

Phoenix—Women's association of First Presbyterian church, Phoenix, will meet Thursday, September 25, at 10:30 a.m. for an business meeting to be followed by a sack lunch at noon.

Mrs. Horace Root will be in charge of the program on Alaska. A resume of work in Korea will also be given.

The finance chairman reminds members to bring the coin envelopes for "least coin" and "foodless food sale" to the meeting.

Shute; rummage sale, Mrs. Donald Niedermeyer; hospitality, Mrs. Ralph Wilson; Christmas stockings, Mrs. Ellis Chartier; publicity, Mrs. Henry Meyer.

The next meeting will be held October 8.