

Assembly President Visits Amethyst Rebekah Lodge

Gold Hill-Amethyst Rebekah lodge held a special meeting in the Odd Fellow's hall Wednesday evening to honor Mrs. Alfred Oster, Molalla, Ore., president of the Rebekah Assembly of Oregon, when she made her official visit to the Gold Hill lodge. Mrs. Paul Thompson, noble grand, presided.

Mrs. Lester Parker, chairman of the courtesy committee, introduced Mrs. Oster and presented Mrs. Roy Bornoman, district deputy president of Amethyst lodge.

The decorations and program arranged by Mrs. Walter McLean, degree captain, were themed to Mrs. Oster's slogan, emblem, song and colors.

The officers seating drill was directed by Mrs. McLean. Mrs. George Dorman and Mrs. Joe Lewis were in charge of flower arrangements.

Amethyst Rebekah lodge was the 48th lodge visited by the Assembly president.

Mrs. Oster reported on a recent meeting she attended when Oregon Rebekahs and Odd Fellows were hosts to the International Assembly president of the Rebekah association. The international officer had recently returned from a meeting in Denmark, attended by Rebekahs from all over the world.

President Speaks

Mrs. Oster spoke of the customs in the foreign Rebekah lodges, which are so different from those in our country. She said sometimes a candidate must wait three years before being permitted to become a Rebekah in one of the foreign fraternal organizations.

A portion of the program consisted of the presentation of three tableau scenes of women of the Bible. Characters were Mrs. Norman Gail, Mrs. Wilmer Bailey, Mrs. John Novak, and Mrs. Clarence Parsley.

"Blue bird on my window sill," which is Mrs. Oster's song, was sung by Mrs. Gail as a tribute to the Assembly officer. Mrs. Thomas Z. Smith accompanied.

A blue-bird figurine, painted for this occasion by Mrs. Earl Moore, centered the noble grand's station. Gold and green tapers and three golden links representing sunshine and the golden promise of Odd Fellowship decorated each officer's station. Mrs. Oster chose the golden links for her emblem of the year to encourage closer cooperation and better understanding among all branches of the order.

Slogan Stressed

The president's joint slogan "take time" was arranged in large letters on the wall behind the noble grand's station. The appropriate wall decoration was created by Jerry Herrington, husband of the vice-grand. Mrs. Oster has stressed that each Rebekah should stop and take time to do the important things and to help others more often.

Baskets of pastel gladioli completed the decorations.

Mrs. Oster expressed her appreciation for the unusual gift presented to her by Mrs. George Dorman on behalf of Amethyst lodge. The unique hand-made guest towels were woven by Roy Bornoman. He used the president's colors, green and gold, to create a Greek design on a white background.

A social hour followed in the dining room.

Mrs. Melford Hood presided at the punch bowl, assisted by Mrs. Gail. The antique cut glass punch bowl was loaned for the occasion by Mrs. Gail.

Lighted gold and green tapers in crystal holders and arrangements of pastel gladioli and asters encircled the punch bowl on a white covered table.

Attend Meeting

Several members of Amethyst Rebekah lodge attended the recent district convention held in Central Point.

Mrs. Walter McLean was in charge of seating the district convention officers. Preceding the seating drill, Mrs. Norman Gail sang and whistled the president's song. Others who participated in the drill included Mrs. J. Les Graffis, Mrs. Roy Bornoman, Mrs. John Novak, Mrs. Ferd Jones, Mrs. Clarence Parsley and Mrs. Jerry Herrington.

Mrs. McLean served as inside guardian at the convention.

Mrs. Dorothy Spreck of Ashland was named new district chairman. The convention next year with Hope Rebekah lodge as hostess. Mrs. Spreck appointed Mrs. Jerry Herrington to serve as chaplain and Mrs. Clarence Parsley as outside guardian. Both are

Mrs. Fred Rankin Describes Journey For Travel Club

Mrs. Fred Rankin was guest speaker for the Travel Study club of the Oregon Federation of Women's Clubs last Tuesday morning.

Mrs. Rankin reviewed for the club members the trip she took around the world on a freighter. She started from San Francisco March 17, 1934, and returned to Medford in August. She had on display jewelry from Thailand, a wrap-around skirt of Batik from Djakarta, Indonesia; a camel hide hassock and a camel carved from olive wood from Egypt, a lamp shade made from elephant hide from Java, a carved head of a dancer, and a complete miniature orchestra of carved mahogany which played for the dancers.

Mrs. Clay M. Lee, president of the club, presided at a short business session and appointed Mrs. Willis T. Fasel as chairman of international affairs for District One.

Mrs. John L. Mansfield, 1615 Crater Lake avenue, was hostess to the group. The club was served brunch in her patio.

The next meeting will be September 30, and Mrs. William E. Boone, 1509 East Main street will be hostess.

Candidates' Fair Invitations Sent

Invitations are being sent this week for the fall Candidates' Fair of Medford League of Women Voters, according to Mrs. Thomas Rutter, League voter service chairman.

All Candidates for state, county, and city offices are being invited to meet Jackson county voters on a person to person, no speeches basis at 8 p.m., October 17, in the gymnasium of Hedrick Junior High school.

Booths for candidates, ballot measures, and exhibits illustrating problems or projects of local interest are being planned by the city, county, and party officials.

League members working on Fair arrangements include Mrs. Thomas Rutter, Mrs. Irving Thomas, Mrs. Ron James, Mrs. John Williams, Mrs. Ben Day and Mrs. John McGregar.

Camp White Club To Play Tonight; Winners Named

Camp White-Camp White Veterans' Bridge club will meet tonight for the usual weekly session. Play begins at 7:30 p.m.

Two sets of ties marked last week's scoring. North-south winners were Mrs. W. C. Knope and Jack Mitchell, first, 93½ points; Mrs. Alto Pruitt and Roy Pruitt, second, 91½; tied for third and fourth were E. K. Ricker and Thomas Munds, Mrs. Fred N. Hesdorfer and Mrs. Mamie Hendrix, Portland, each pair scoring 84 points.

Winning east-west were Mrs. Paul Hatton and Mrs. Jack Mitchell, first, 92; Mrs. Sam Richardson and Mrs. J. J. Dougherty, second, 89½; tied for third and fourth were Mrs. Ricker and Mrs. Yvonne Dalen, Mr. Sam Van Dyke and Mrs. Berg Marten, each scoring 86½ points.

Group Completes Red Cross Class

Jackson County Chapter, American Red Cross, announces completion of a home nursing class instructed by the Mesdames Jeanne Hutchings, Paula Stephense, Martha Donahue and Vera Elgrem.

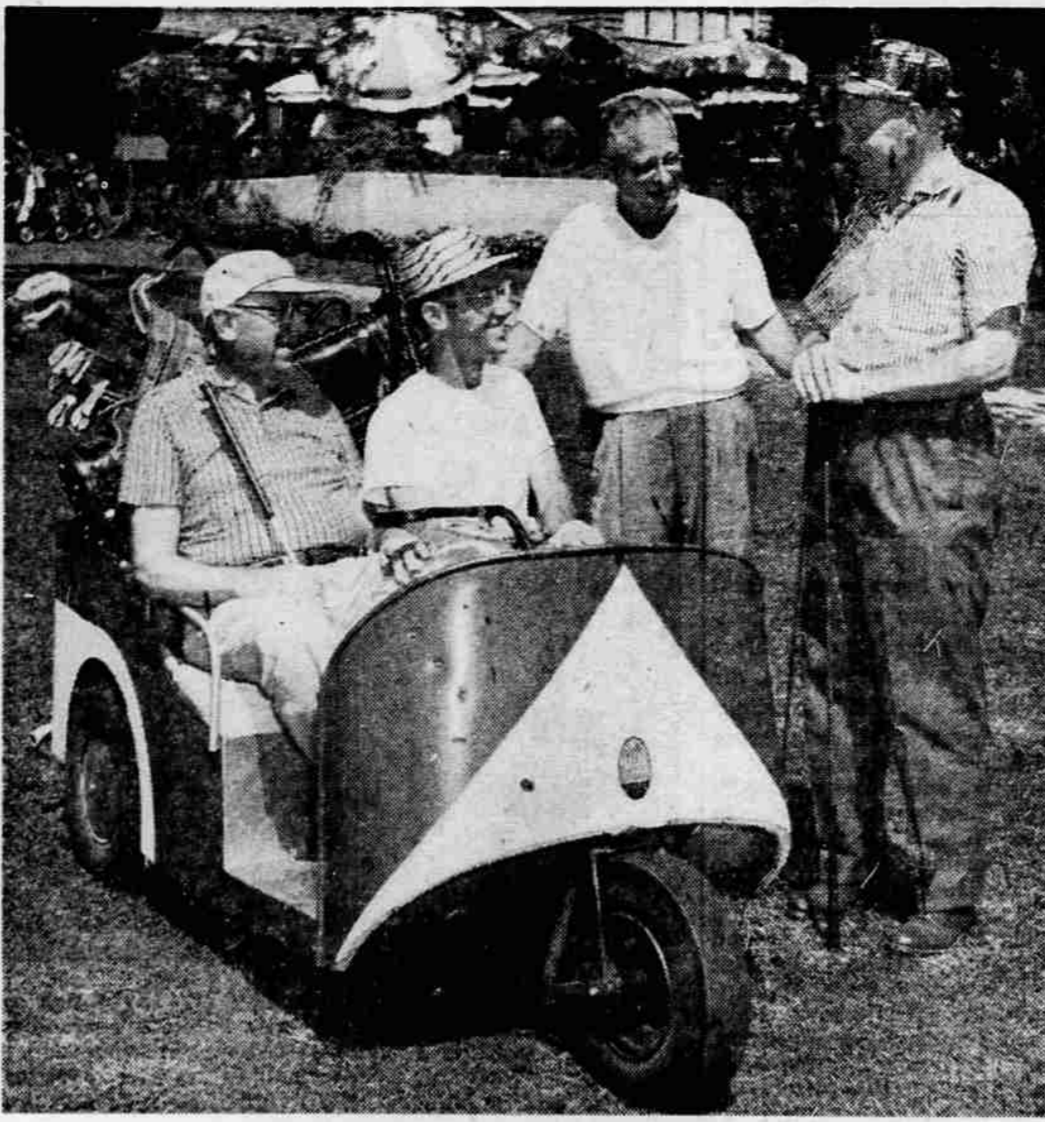
Certified were Mrs. V. Swinney, Mrs. F. A. Thompson, Mrs. Edward M. Babcock, Mrs. W. C. Schmidt, Mrs. O. A. Eden, Mrs. Fred E. Jones, Mrs. Robert O. Kimpton, Mrs. Kathy Cody, Mrs. Anna A. Markoff, Mrs. Clarence J. Hayward, Mrs. Minnie Peterson, Mrs. Roy Underbakke, Mrs. Richard F. Ditsworth, Mrs. Herbert Morris and Mrs. W. E. Sawyer.

HEADED FOR SUCCESS

This teen-age biologist is set for a great future as a smartly-dressed young man. He shows his good taste with this handsome rust and gray stripe wool sports coat and gray wool flannel slacks.

CALENDAR

Friday: 6:30 p.m.—Pocahontas lodge, Redman hall.



Dr. O. Meredith Wilson, president of the University of Oregon, and two Portland golfers were among visitors at Rogue Valley Country Club earlier this week. Pictured here during their day at the club are (left to right) William Haseltine, Portland; Phil Getchell, Medford. Southern Oregon golf champion; William Kalibak, also Portland and Dr. Wilson. The clubhouse and course are thronged with both members and visitors this week, since the 30th annual Southern Oregon Golf tournament, traditional event at Rogue Valley Country club, opened this week and continues through Labor day. (Knackstedt photo)

Year's Battiest Beauty Fad - Plastic Eyelashes

By GAY PAULEY (UPI) Women's Editor

New York —(UPI)—A young New York couple has started the battiest beauty fad of the year — plastic eyelashes.

From their small laboratory-factory in this city's warehouse district near the Hudson river, Sol and Marguerite Goodman, both graduate chemists, are turning out the phony flutterers at the rate of five ounces a day.

Doesn't sound like a lot of eyelash, until the couple explains there are about two thousand pairs to the ounce. In other words production is about 10,000 pairs daily.

Fake eyelashes have been around many years, Goodman said, but were "pretty much of a do-it-yourself project until the 1920's. The United States has issued only half a dozen patents on artificial lashes since 1911."

One Piece

He said most of the fake lashes worn by models and actresses were of real hair, attached to an adhesive base which joined the lid. The Goodmans, who hold a 1938 patent on their product, said theirs is the only one in which both lash and base are of the same material and in one piece.

Basically the lashes, which are sold through drug and department stores, are made from strips of a plastic film of the polyester type. They are permanently curled, just as some synthetic fibers are permanently pleated, and are tinted brown or black with a cosmetic pigment.

The narrow strip to which the lash joins serves as a built-in eye shadow and comes in turquoise, agate, natural, jade, amethyst, and azure blue. All a girl does is attach the strip to the upper lid with a lanolin-based adhesive.



EASY RELAXED SHIRT

right for campus and casual hour wear. It features a striped edge collar and two rib-knit front panels. It's "Ban-Lon" yarns won't stretch or shrink; will stay good-looking through countless launderings.

Swingin' Pairs Plan 'Hoedown'

Swingin' Pairs Square Dance club announces a "hoedown" for Saturday, August 30, at the Square Corral near Camp White. Dancing will be from 8:30 p.m. until midnight.

Douglas Fosbury and guest callers will call the squares, and potluck refreshments will be served.

All square dancers are invited to attend.

When buying peas, remember that the "early June" and "Alaska" varieties are sweeter than the type called "sweet peas." This variety has a richer flavor.

San Franciscan Visits Festival, Medford Library

An enthusiastic and interesting visitor to Medford and Ashland this week was Miss Anne Rand, librarian of the Longshoreman's and Warehouseman's Union, San Francisco. Miss Rand came to this vicinity especially to attend the Shakespearean Festival but also found opportunity to visit Jacksonville and Crater lake while she was here and to spend much of a day in the Medford Public library, headquarters of the Jackson County library.

Miss Rand was born in Austria. Although her father was both rabbi and cantor of the small village in which the family lived, and the men of the family were all educated to be scholars, the women, she says, were given no education whatsoever. After her father moved to Palestine in his old age so that he could be buried in a holy place, some members of the family came to the United States. Here in this country Ann Rand managed to learn a little English and to read and write, but at the age of 14 she had to leave school to go to work in factories.

When she was 33, she realized that she wanted a college education more than anything else in the world; and still working in factories, she attended high school for only six months. Her extensive reading had given her such an educational background that she was then able to pass the regents' examination and enter Hunter college. Without giving up her factory work, she obtained her bachelor's degree and then a graduate degree in librarianship at Columbia university, which she followed by obtaining another degree at the University of California School of Librarianship. During the later years of her studies she exchanged factory work for work in college and university libraries.

Miss Rand, who has visited Shakespearean theaters in Connecticut and in San Diego, expressed special delight in the performances she witnessed at Ashland. She also took great pleasure in the greenness of the valley's countryside and in the friendliness of the people she encountered here. She expressed a determination to make repeated visits to the festival, and plans to present a book to the Jackson County library as a memento of her visit.

Daughters Plan Coming Activities

Elta Deuel Hubbs tent, Daughters of Union Veterans, held the first meeting since the summer vacation August 26 in the county courthouse auditorium. Plans were made for coming activities.

Tent members will sew for veterans at Camp White one day a month, and this session will be the first Thursday. The first meeting will be September 4, with the place to be announced later. Letters of thanks from the camp managers for the sewing done last year were read.

Miss Joan Guyer and Mrs. Elmer Gott were appointed department aides.

Tent members attended two funerals at Camp White during July.

It was announced that the department press correspondent will visit the next meeting, and that the charter will be draped in memory of a recently deceased member. The session will be held September 9.

AMA President Sounds Warning on Fad Diets

By PATRICIA GRAY (UPI) Correspondent

Washington —(UPI)—Americans have their greatest chance in this "age of the frozen pot pie" to achieve a balanced diet, says a noted physician.

In a speech before a national food conference here, Dr. David B. Allman, president of the American Medical association, warned of the tendency of Americans, the best-fed people on earth, to ward food faddism and quackery.

Proper nutrition — along with immunization and the discovery of cures for cancer and heart disease — will be the goal of medical science for the remainder of this century, he said.

"I personally believe that there is no better therapy today," said Dr. Allman, "than a well-balanced diet." While recognizing that "good nutrition is not the panacea for all of man's bodily ills," he added, "man is what he eats."

Greatest Chance

He noted that dietary deficiencies which caused rickets and pellagra as late as the early 1900s, are things of the past, because of discoveries about vitamin D and niacin.

Today Americans have the "greatest chance in history to have a satisfactory diet," said Dr. Allman, because: (1) experience has shown us what foods we must eat for a well-balanced diet; (2) unprecedented abundance of all the foods we need in many forms facilitates procurement of the right nutrients; (3) most Americans have enough money to buy ordinary foods necessary for balanced nutrition.

In spite of all this plenty, however — or perhaps because of it — there are an estimated 10 million Americans "currently influenced by nutrition quacks," Dr. Allman said.

"Unfortunately," he added, "many persons seeking nutritional facts often listen to the fellow who makes the greatest noise. And the pseudo-scientific faddist has never been known to be a quiet salesman."

He added, however, that the federal food and drug administration in cooperation with the AMA is conducting a public education campaign on the dangers of fraud in food.

Waistlines

False or misleading food advertising was another problem Allman called to the attention of the conference. He

said in general food advertising is good, particularly in the baby food and canned food industries. However, producers of certain other types tend to "exaggerate a little, imply a little more, use ambiguous phrases, and hope that the reader will not look closely enough to see the loopholes," he said.

Touching on the subject of our waistlines, he said that an estimated 20 per cent of the American population is overweight.

The physician stressed that obesity is not a laughing matter, because: (1) obese persons have a higher susceptibility to certain diseases than other people; (2) surgery, particularly of the abdominal variety, is more complicated; (3) the obese persons takes anesthetic very poorly; (4) post-operative complications such as hernia and wound infection are far more frequent in the case of an over-weight person; (5) convalescence is often not as satisfactory as it should be.

More than 100 of the kits are being used in schools for the blind in France, Poland, Algeria and this country.

Mr. and Mrs. Maria Boniecki began the project seven years ago. They are both artists and they manufacture the kit and braille forms in the basement of their Denver apartment.

The kit includes a plastic slate, a ruler and 154 pieces of soft, flexible plastic in 26 different shapes. A blind person can create the illusion of any object by placing the different pieces on the slate.

Also included in the kit are 25 sheets of braille paper with 170 different designs stamped onto them.

The designs begin with simple patterns and develop into architectural studies, furniture, flowers and a great number of other objects.

A blind student can duplicate the patterns on braille sheets with the plastic sheets.



SUBURBAN COAT—Favored for warmth and easy care in this wash-and-wear 35-1 n ch suburban coat in "Dacron" and cotton, with nylon quilted lining. "Zelanized" for water repellency.

Portable Rotisserie Marketed by Firm

Bridgport, Conn. —(UPI)—A new light-weight portable rotisserie is on the market.

The appliance has an oven, broiler and rotisserie, will hold an 18-pound turkey, and weighs only 22 pounds. It also includes a thermostatic oven control for baking or roasting, an electric timer which shuts off heat and buzzes automatically, a three-way push-button selector for cooking methods, a removable drip tray, steak rack, spit rod and two skewers.

Kits Designed To Aid Blind

Denver —(UPI)—Plastic kits designed to help blind persons "see" are being manufactured by a Polish couple who have been in the U. S. a little more than a year.

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