

Planning Before Shopping Will Save Food Dollars

Corvallis — You can save your family food budget dollars every week by planning before you shop, advise extension specialists at Oregon State College.

Saving a few cents on an item may seem insignificant, but in time it adds into dollars. According to Zelma Reigle, OSC consumer marketing specialist, on the average one-fourth of the family income, after taxes, is spent for food. Many families, she believes, could whittle the food budget with some of these money saving practices.

Learn to spot a real bargain. Mark-ups vary on food within a store. Some items are known as "footballs" because they are sold at cost or less to lure customers into the store. Most common "footballs" are canned peaches, applesauce, tomato juice, frozen orange juice, shortening, smoked hams, baby food, sugar, evaporated milk and tomato soup.

Buy foods in-season and plan meals around them. It pays if families with freezers stock up on food "specials" such as meat or frozen foods. Price differences between egg sizes also vary at certain times during the year. Sometimes small eggs are better buys than large. Shoppers may obtain free egg buying guides at local county extension offices.

Save on meat purchases: buy less popular cuts. Short ribs, shank end of ham, shoulder cuts, beef chuck and variety meats, are often lower priced than more popular

Group Here For Festival

A group of eight women from Portland are in the valley this week to attend the plays of the Oregon Shakespearean festival in Ashland. The trip here for the plays is an annual event for most of the women.

Here are Mrs. Dorothy Reed, Mrs. Ruth Kennedy, Mrs. Freida Cowling, Miss Geraldine Sargent, Miss Alma H. Peterson, Mrs. O. R. Maris, Miss Marguerite Butler and Mrs. Anne Robinson.

Mrs. Reed works in the public relations field. Mrs. Kennedy is the arts and skills director for the Portland Red Cross and Miss Sargent, who recently retired from a position as an adjudicator with the Veterans Administration will now work as an extension officer of Altrusa International.

Mrs. Cowling is women's editor of the Oregonian, and Miss Butler recently retired from her work with the Portland Gas and Electric company. Mrs. Robinson was formerly executive director for the American Cancer society in Portland.

Miss Peterson, who has been with the Oregon Department of Public Health, will leave next week for Minnesota where she will work as a public health nurse consultant for St. Olaf's college. Miss Peterson was in Jackson county for six weeks last winter carrying on a program of hearing conservation in the county schools.

Hungarian Teen Ager Now Star of American Movie

United Press International Vienna — (UPI) — After the Hungarian revolution of 1956, teenager Barbara Von Rady was selling home-made cakes on the streets of Budapest to stay alive.

Here is a fairly typical story of Hungary under Communism — a keen, pretty daughter of aristocracy who was tossed out of school at 14, sent to work as a maid, and left jobless and hopeless after the October revolt.

Like thousands of others she fled to the west.

Now she is on the road to fortune. And she is winning her way to fame by portraying the plight of the homeland she left behind—in movies.

Barbara, 19, now plays a leading role in "The Journey," a story set against the background of the 1956 uprising she herself lived through.

Yen For Acting

The movie tells the harrowing story of a group of western air passengers stranded in Budapest during the revolution who finally make their way in a bus across Soviet-controlled territory to the freedom of the Austrian border.

Bori (as she is known to her friends) plays the role of

Calendar

Calendar notices and news for the society section of The Mail Tribune must be submitted in writing and deadline for the Sunday edition is 1 p.m. Friday. Deadline for the weekly calendar is 9 a.m. of the day of publication and for week day news is 5 p.m. the day before publication.

Wednesday

6 p.m.—Roxy Ann Gem and Mineral club, George Renner home.

6:30 p.m.— Toastmistress club, in home of Mrs. Clarence Wilson, Walden lane, Talent.

8 p.m.—Roxy Ann Home Economics club, home of Mrs. George M. Walters, 2250 Spring st.

Thursday

12:30 p.m.— Medford Sojourners, in home of Mrs. O. A. Eden, 211 Genesee st.

12:30 p.m.— Crater Lake auxiliary, Veterans of Foreign Wars, in home of Mrs. Kenneth Randle, 1116 Niantic ave.

Roman Miscellany

By MARGARET SCHULER

Rome—Even after months of living here the habits, customs and conventions of the Romans, which differ from ours, never cease to intrigue me. Here are a few unrelated irrelevant instances.

In the big central railway station there are no seats or benches for the waiting traveler. On the other hand, in the main post office there are chairs and tables where you may write letters, and there are public stenographers who will write letters for you. The post office is open 24 hours a day. You may send telegrams at night or make long distance calls. It is not necessary to go to the central office for stamps, however. All over the city are little tobacco shops which sell them. There are four mail deliveries a day. (Mail from Oregon often comes in three days and is delivered.) Besides cigarettes, in the "tobacchi" shops, you may buy salt. The reason being that all three items, stamps, tobacco and salt, are government monopolies. This makes them expensive and you wonder how Italians with their small salaries can afford to smoke at all. This explains their buying two or three cigarettes at a time. The cheap cigarettes sell for about 50 cents.

Policemen are more colorful than in the States, they are also more numerous. The traffic policeman is my favorite. He wears white—helmet, suit and gloves, and helps me cross streets. A delightful moment in my day is to have him blow his whistle, and to hear a dozen little cars come screeching to a fast halt when they see him—and for me to saunter across. It makes up for the many times I scurry to avoid their hitting target. American drivers are so slow and careful and have a certain regard for human life, not evidenced here. Although I have not been told this, I think Italians make a game of seeing how fast they can come and how close to the pedestrian without actually moving him down.

Then there is the elegant carabinieri, to be seen strolling in pairs, looking handsome in their uniforms of black with tail coats, red striped trousers, three cornered hats and swords. I am inclined to believe that looks enter into the selection of this group as they are always tall, dark, young and attractive and make a pretty picture as they stroll up and down the Via Veneto, in step. The green suited policeman is the state police. Then there is another kind of uniform for those who attend the operas and concerts. These march in on a given moment all neat

Fredericks Home After Vacation

Mr. and Mrs. W. H. Frederick and daughter, Linda, 506 North Barneburg road, spent a recent vacation at South Twin lakes, near Bend, Ore. There they were joined by Mrs. Frederick's sister and brother-in-law, Mr. and Mrs. R. B. Isaac and two children, Richard and Susan, formerly of Medford and now of Lewiston, Ida.

The remainder of the Frederick's vacation time was spent in Portland.

New Silhouettes Have Counterpart For Little Miss

New York — Pint-size fashions could well take some awards in the best-dressed class this Fall . . . there are chemises and trapezes, sophisticated harem skirts, cocoon backs, pleats of every description, overblouses, long-line tunic tops and casual unfitted fashions galore. Every one of the many shapes that are making fashion news this Fall has its counterpart in clothes for the "little miss."

Lady Lions Plan

Shady Cove—Shady Cove Lady Lions will sponsor an ice cream social Sunday, August 17, on the lawn of Shady Cove clinic. The event is set for 6 p.m. and everyone is invited to attend.

Take Vacation

Mr. and Mrs. W. E. Hercher, 1608 Stratford way, spent a recent vacation with relatives in Roseburg. Later the Herchers and their small son, David, also spent some time on the Oregon coast.

Middletons Here To Visit Family

Mr. and Mrs. Randy Middleton and two children, Allison Arlette and Timothy David, have arrived in Oregon from Cresswell, Iowa, to spend August in Medford and Eugene. In Medford the Middletons are guests of her parents, Mr. and Mrs. J. W. Rice, 707 South Holly avenue.

Mr. Middleton is serving as pastor for the Congregational church in Cresswell and this fall will continue his studies at Drake university, Des Moines, Ia., in preparation for his ordination.

Here for the week end will be the Rice's younger daughter, Mrs. Garon Potter, Sacramento, Calif., Mr. Potter and the couple's two daughters, Deborah Allyn and Cheryl Marie.

Doll and Wardrobe



by Alice Brooks

Doll play wardrobe—thrifty, easy to make of remnants. Fun to sew—let daughter help you.

Pattern 7260: pattern pieces, directions for 9½-inch doll, party and 2 school dresses, coat, robe, jama, panties, crinoline, jacket, slacks, nightie.

Send Thirty-five cents (coins) for this pattern—add 5 cents for each pattern for 1st-class mailing. Send to Medford Mail Tribune, Household Arts Dept., P.O. Box 168, Old Chelsea Station, New

The young crowd has taken enthusiastically to the chemise in its many variations, removed belts from slim line unfitted dresses—or dropped them to hip level. Washable flannels of Acrilan and wool are perfect for new school jumpers with hipline banding and low flung pleats.

Trapeze — once a playground word is now an important fashion term. There are trapeze tops in colorfully flared Acrylic crepes that flare out in new overblouse style or stand-away-from-the-figure-shaping . . . skirts are gored for a triangular spread at the hemline or shaped in crisp Acrilan worsteds. Dresses are narrow at the top with slanting sides, wider bottom, actually a new version of the princess cut.

Knits are everywhere and all-important. They are nubby, plaided, checked, patterned and textured in every way, and come in one-two or three-piece styles.

Pleats and plaids — no young fashion season would be complete without them. New-looking are ombred plaids with a portion of the plaid almost tweedy, or gigantic plaids with colors as bold and as varied as autumn landscape. Pleated skirts are in profusion, mostly washable in blends such as Acrilan and wool, many reversible. These

are particularly exciting when worn with the newest fun fashion—leoties, long dark or brightly colored stockings stockings made of textured Chemstrand nylon that match the whole color spectrum of Fall and give the school skirt or jumper a brand-new 1958 look.

York 11, N.Y. Print plainly NAME, ADDRESS, PATTERN NUMBER.

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Princess Dress



9148 by Marjorie Martin

Step into this lovely princess dress—see how it flatters the larger figure! Side-button lines are as slimming as a diet; ideal for season-spanning plaid and checked cottons. A Printed Pattern—easy sewing!

Printed Pattern 9148: Women's Sizes 36, 38, 40, 42, 44, 46, 48. Size 36 takes 5¼ yards 39-inch.

Printed directions on each pattern part. Easier, accurate. Send Thirty-five cents (coins) for this pattern—add 10 cents for each pattern if you wish 1st-class mailing. Send to Marjorie Martin, Medford Mail Tribune, Pattern Dept., 232 West 18th St., New York 11, N.Y. Print plainly NAME, ADDRESS WITH SIZE and STYLE NUMBER.

Funerals are quite different here from at home. The hearses are black, gold trimmed, with big plate glass windows. They are horse drawn, and the horses are black plumed as are the three grooms, who sit, two in front, and one behind. Flowers are in the form of high wreaths, sometimes several feet in diameter, and built on an easel like frame. These are carried, in the parade, on the tops of the little cars. Women in mourning wear black from head to foot, including stockings.

Heavy iron shutters are pulled down over shop windows during the closing hours, so that there is only a bare front to window shoppers.

Operas and concerts begin at 9:30 p. m. Dinner is from 8 to 9 p. m., lunch from 1 to 2 in the afternoon. Europeans drink coffee after their meals, not with them. They think the American custom is very amusing. Europeans eat fruit for dessert. They seldom eat anything in the form of cakes or pies with meals. "Dulce" or sweets, they eat at bars and cafes. They eat quantities of ice cream but never at home, always at bars and cafes.

And so on — I could go on indefinitely telling things in which we differ from Europeans.

Carter Family Attends Reunion

Central Point — Mr. and Mrs. M. B. Carter and sons, John and Todd, of Upton road, Central Point, flew last Tuesday to White Cloud, Mich., for a reunion of Army families at the home of Mr. and Mrs. Byron Fowler.

The Castors will also visit other Army friends, Mr. and Mrs. John Bullington in Hillsboro, Ill. The Fowlers and the Bullingtons have both been visitors of the Castors in Central Point. The Castors will return home August 14.

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