

Man Arraigned for Livestock Theft

Lester Howard Fields, 27, of 1850 Myers lane, Medford, was arraigned in district court Friday on charges of larceny of livestock.

The trial was continued until Tuesday, Aug. 12, at 10 a. m. to determine whether Fields desires a preliminary hearing on the charges, according to a district court clerk.

Fields was arrested Thursday afternoon by state police and sheriff's officers on charges of taking a steer owned by Oran Hukill, Little Applegate rd., and butcher it on the spot. The 300 pound steer was valued at an estimated \$100, according to Chief Criminal Sheriff's Deputy Joe Walsh.

Record Established For Library Usage

The Jackson County library established a new all-time record for library use during the fiscal year ending June 30.

The library's circulation of books during the period from July 1, 1957, through June 30, 1958, was 200,730, a figure 14,096 above that of the previous fiscal year. This is a gain of almost 8 per cent, according to Librarian Helen Webster.

Approximately 11 books were circulated to each registered borrower. The greatest gain, the librarian reported, was in adult use of the library, which has increased a

total of 106 per cent during the last three years. Of the books borrowed by both adults and children about one-third were non-fiction.

Use Library More
"Jackson county residents are using the library more and more to help solve their problems of everyday living," Miss Webster explained, "and following a nation-wide trend towards more reading of factual books."

In addition to the upward trend in the number of books taken out for home use, the librarian pointed out, there has also been an increase in the use of other services of the library. More people come in to browse, to study, and to read either for pleasure or with a purpose. Many visit the library regularly without ever borrowing a book, so that the circulation figure is only a partial indication of total library use. Reference work done by library assistants showed a substantial increase.

The number of borrowers was at an all-time high, with 18,825 registered, an increase of 3,603 over last year. Assembly of a good collection of books for all ages and interests, and then getting these books to the people in the community is the main function of the library.

During the year, a total of 5,817 books were added to the library, while 4,247 were necessarily withdrawn because they were lost or badly damaged, worn-out or out-of-date, bringing the total book collection to 43,266. Additional volumes were made available to readers through a rental service to which the library has subscribed to expand the number of popular volumes available.

Twice a day the world's highest tides funnel into Nova Scotia's Minas Basin, the eastern branch of the Bay of Fundy. The waters may rise 53 feet. Neighboring creeks are swollen by the flow into broad rivers.

Tonnage of foreign shipping using ports in Sweden increased by 6 per cent in 1957 over 1956.

The Medical Roundup

by *Walter Alvarez*
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Climate Might Help

Scores of people write to ask if they could help their arthritis, asthma, bronchitis,

or heart disease by going to the Southwest, where the air is warm and dry, and there are fewer storms than there are in the northern tier of states.

In a recent meeting in the Southwest, the effects of the local weather were discussed, and some of the physicians stated that they thought that children could be healthier in the southwestern states—they are less likely there to get flare-ups in chronic respiratory diseases, and less likely to have trouble with their sinuses.

Interesting to me were the statements of Dr. Paul Holbrook, who for years has been doing splendid work in Tucson, Ariz. As an expert on arthritis and rheumatic diseases, he said that a warm climate doesn't cure, but it sometimes helps. From 10 to 15 per cent of the arthritides who go south are much helped by the warmth and dryness of the air, and the fairly stable barometric pressure.

Dr. Holbrook said that children who come to Arizona after their first attack of rheumatic fever, if well treated, rarely suffer a second attack, and this is very important. Patients with a number of respiratory disorders can be more comfortable in the Southwest, but not necessarily cured. Similarly, men who have had a severe coronary attack are likely to be better off in a climate which permits them to be out of doors almost every day of the year.

Try It Out
Often I say to persons who ask if they should move to the Southwest, "If you can afford it, go on down and try things out for a few months; make sure you like the dry and

often warm climate, and make sure that you like the desert. If you find you do not like the country, and perhaps feel no more comfortable there, you can come on home; but if you are happy and much more comfortable, and if you fall in love with the desert-like country, and can afford to move, or can get a new job in the Southland, then you should move."

It is bad when, as often happens today, the man throws up his job and moves all his belongings to the Southwest, only to find that he doesn't like it, or that the dry air, or heat and dust-storms, make him uncomfortable. Then he has to go to the great expense of moving back North again.

A New Type of Research

At the recent meeting of the new society for Biological Psychiatry, in San Francisco, it was reported by a physician from Stockholm that a new substance in blood, called ceruloplasmin, has decidedly helped 10 out of 22 patients suffering from schizophrenia. Every year more and more of such substances are being found.

Incidentally, at this meeting, I was made a member of the Society of Biological Psychiatry. I am proud to be connected now with this group, consisting mainly of wonderful men who are rapidly going ahead to do research on mental disease. Many do their work not only in offices and clinics and hospitals but in research laboratories. We have had enough of the fashionable type of psychiatry in which a man sits down and rewrites some of the weird sexual theories of Freud. As Freud himself admitted, this sort of psychiatry is of little use in a mental hospital because it does not fit the problems of the patients there, and does not help them.

Studying Chemistry
Now, a new type of scientific psychiatrist has appeared. He is studying the chemistry of the blood, of the brain, and of the spinal fluid in cases of mental disease. He is studying the electric currents in the brain, and the reactions of the normal and diseased brain to scores of new drugs that are now being found. Such drugs can produce a brief psychosis, or they can cheer up a depressed patient, or calm down an excited one.

We should all be rejoicing over the fact that, in the last few years, a wonderful new day has dawned in the field of psychiatry. At last hopeful things are happening rapidly, and psychiatry is again becoming a science and not a sort of religion. One happy feature of the recent change-over is that now men of wealth can give money for psychiatric research with a certainty that it will be used with wisdom. I know of no field in medicine in which the need for help is so great as it is in the field of psychiatry. Psychosis is by far the commonest disease there is, and so far we have spent almost nothing for research designed to help the insane.

Dr. Alvarez hopes his readers will understand that it would be impossible for him to answer requests for information or to attempt to diagnose by mail.
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HISTORIAN VISITS

Ashland — Donald Biggs, secretary of the California Historical society, visited Dr. Arthur S. Taylor, Southern Oregon college faculty member, last week to see the Oregon Shakespearean Festival and to check on points of historical interest in the area. While in Ashland, Biggs contributed valuable documents to the Southern Oregon museum including a rare copy of an early issue of the newspaper, the Oregon Sentinel.

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