

4-H Members Compete in Home Economics Contests

Patsy Charley and Sharon Coffman, both of Central Point, will represent Jackson county in the dairy foods team demonstration contest at the Oregon State Fair. They were judged blue ribbon winners with their Catch-

All Casserole demonstration during last week's home economics contests.

White ribbon winners in the same category were Susan Carroll and Francis Huffman, both of Eagle Point. They demonstrated Honey Cornbread.

A total of 235 persons competed during the week's activity, according to Miss Marjorie Garner, 4-H agent.

Champion muffin baker in the Easy Meals food project was Carol Roach, Central Point. Other winners in the same contest were:

Blue ribbons—Mike Anhorn, Central Point; Judy Frink, Central Point; Carol Foote, Central Point; Linda Paulson, Shady Cove; Cecilia Kee, Shady Cove; Kathy Thompson, Central Point; Sarah Robinson, SW Medford; Judy Bagley, Talent; Mary Ann Carnegie, SW Medford; and Shirley Roach, Central Point.

Red ribbons—Paulette Anderson, Antelope; Elaine Young, Central Point; Karen Hunter, Central Point; Rose Marie Troutman, Central Point; Donna Geren, Eagle Point; Sue Lowery, Shady Cove; Mary Kay Hochstatter, Medford; Martha Merriman, SW Medford; July Scott, SW Medford; Kathy Newcomb, SW Medford.

White ribbons—Mike Charley, Central Point; Errol Coffman, Central Point; Florence Woolfolk, Antelope; Patricia Jones, Lone Pine; Sheri Watson, Shady Cove; Sharon Hawks, Shady Cove; Carol Hale, Shady Cove; Mary Carol Levens, SW Medford; Suzanne Monsey, Central Point; Suzanne Flynn, Central Point; Judy Guss, Central Point.

Exhibitor—Beverly Jones, Lone Pine; Linda Snyder, Central Point; Joyce Gunther, Sis-Q.

Senior dollar dinner—Red ribbon—Nelda Chapman, Talent; Blue ribbon—Joan Dobrot (state fair) Central Point.

Junior dollar dinner—Blue ribbon—Linda Cornutt, Gold Hill, (state fair).

CP Garden Club Sets Dinner Date

The Central Point Garden club will hold its annual potluck dinner at the home of Dr. and Mrs. Bert Elliott, Jacksonville-Central Point rd., Wednesday, Aug. 6, at 7 p.m.

Husbands are invited to the dinner. Persons whose last names begin with A-H are to take salads; J-K take relishes and hot rolls; M-S take hot dishes; and W-Z take desserts.

The club will hold its regular business meeting on Aug. 13, at 1:30 p.m. at the home of Mrs. John Holmer, Old Stage rd. The meeting will include a dessert luncheon. Mrs. Wallace West and Mrs. R. D. Kay will assist the hostess.



Miss Patsy Charley (left) and Miss Sandra Coffman, members of the Central Point Kandy Kids 4-H club, demonstrated a Catch All Casserole last week during the 4-H food and clothing contests held in the county courthouse auditorium. The girls participated as a team in the dairy foods section of the contests. 4-H club members from throughout the county participated in the annual event.



Mike Charley 11, (left) and Errol Coffman, 12, both of the 4-H Dough-Nuts club of Central Point, show their wares in the form of whole wheat muffins. The boys baked them in the home economics kitchen at the county home extension office in the courthouse. Their baking was part of the 4-H food and clothing contests held in the auditorium and home economics rooms last week. Both of the boys were in the brownie baking contest last year.

University Women Attend Council At Vassar College

Washington, D.C.—Nearly 100 women from 38 countries are attending the 40th council meeting of the International Federation of University Women being held at Vassar college, Poughkeepsie, N.Y. through Friday, August 8.

This is the first council meeting to be held in the United States according to the American Association of University Women which is affiliated with IFUW.

The group was welcomed Monday at the opening session by Dr. Anna L. Rose Hawks of Orleans, Vt., AAUW president, and Dr. Sarah G. Blanding, president of Vassar college. Miss Jeanne H. Chaston of Paris, IFUW president, will preside at the meetings.

The IFUW, which has a membership of about 185,000 in 43 countries, was founded in 1919 by a group of university women from Britain, Canada, and the United States. Its purpose is to promote understanding and friendship between university women of the nations of the world.

Relatives Visit Medford Family

Houseguests of Mr. and Mrs. C. D. Vroman, route 4, box 438, Medford, are Mrs. Vroman's sister and brother-in-law, Mr. and Mrs. R. G. Pratt, Waterloo, Iowa, and brother and sister-in-law, Mr. and Mrs. R. L. Colthurst, Ainsworth, Iowa.

The Colthursts visited in the valley for several days, then traveled south to visit other relatives in California.

Saturday evening the Pratts and Vromans were guests at a barbecue dinner at the home of Mr. and Mrs. John J. Casad, 2670 Elliott avenue.

The Vromans entertained several relatives at their home Sunday evening. Attending were their daughter and her family, Mr. and Mrs. Casad and Jerry and Daniel, and Mrs. Virgil Strong and daughter, Sally.

While in the valley the Pratts plan to attend the Ashland Shakespearean festival.

Use Cottons in Redecorating

To integrate the room, use a single color or pattern, advises Margot Herzog, fashion director of the National Cotton council.

In selecting the fabric, choose one suited to your own personality, she adds. Not all cottons suit every personality, nor every kind of family life.

In a busy household, where the homemaker just hasn't the time to fuss over fabrics, then sturdy cottons like denim and corduroy are advisable. Elegant fabrics like organdy and cotton lace are fine for the family which requires elegant surroundings and which is willing to make the slight extra effort to give these materials the proper care.

Most homemakers come to a compromise between their desire for elegance and their need for practical serviceability. They use the lighter fabrics in "company rooms" like the living room, and heavier cottons in rooms which undergo heavy traffic.

Cotton provides a wide range of fine and sturdy materials, covering the whole field of decorative possibilities with hundreds of different weaves and textures. Yet each fabric retains cotton's special advantages—unusual strength, washability and modern styling.

Transform Rooms A few yards of cotton can do wonders for an "awkward" room.

Wall-to-wall drapery can be used to camouflage unsightly walls or block off views of unsightly fixtures.

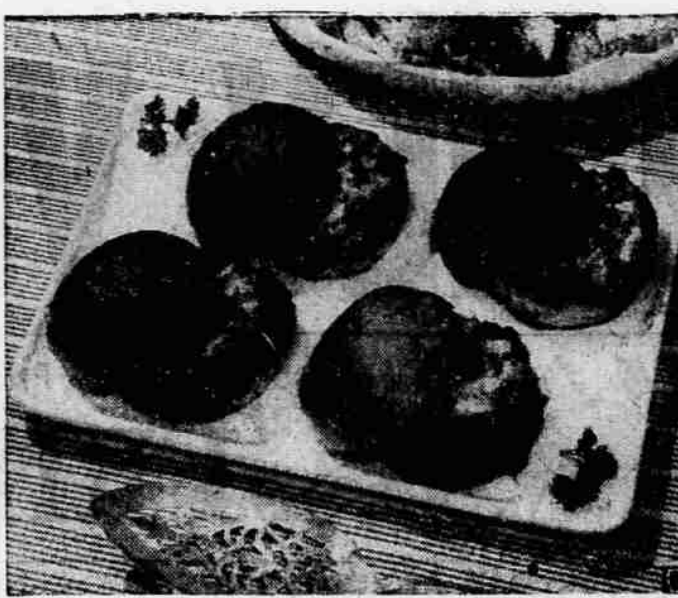
Cotton panels and screens can mask radio and television sets when not in use. Sliding panels of material like cotton canvas make decorative room dividers, separating—for instance—a large living room into sitting and study sections.

Fabrics also absorb unwanted noise in music rooms. Heavy wall draperies deaden sounds from hi-fi set, piano or television set. Wall-to-wall cotton carpeting soaks up noise in the playroom.

Cotton's functional use is also employed by decorators for controlling indoor temperatures by stopping drafts in winter and sunlight in summer.

In 1957 the United States produced 13 million bales of cotton in the crop year that ended July 31. The rest of the free world produced 16 million bales and Iron Curtain countries produced nine million bales.

Slipcovers will dry smooth and tight if they are put on furniture while still damp. Be sure the furniture is upholstered in colorfast material.



August picnics please hosts and guests when Blue Cheese Beefburgers head the menu. Anchovy paste, chopped onion and blue cheese flavor this version of the ever-popular hamburger on a bun.

Hamburgers for a crowd are wonderful—so wonderful that they disappear as fast as they're cooked. So, to free yourself from last-minute hamburger grilling, try savory Blue Cheese Beefburgers, the hamburger that can be done ahead.

Anytime during August's National Sandwich Time celebration, you'll find this blue cheese special just right for serving a crowd or a small family. These sandwiches can be made ahead, refrigerated briefly if needed, and baked a few at a time or in large quantities.

Anchovy paste, chopped onion and blue cheese all do their part in making the ground beef memorable. First, mix the hamburger filling, then split and butter the enriched buns. Next spread the uncooked beef mixture on the bottom halves of the buns. Put the tops in place and then wrap the whole sandwich in aluminum foil. Baking for 25 minutes in a moderate oven crisps the buns, melts the blue cheese and cooks the hamburger to a juicy well-done stage.

To complete the meal, serve buttered corn-on-the-cob, green salad or garden relishes, your favorite beverage and fresh fruit or ice cream. Blue Cheese Beefburgers have both appetite appeal and nutritional value. When buying hamburger buns, be sure you choose enriched buns. They will supply three needed B-vitamins and food iron.

BLUE CHEESE BEEFBURGERS
 1/2 pound ground beef
 1 tablespoon anchovy paste
 1 egg
 2 tablespoons chopped onion
 2 tablespoons enriched flour
 1/4 teaspoon salt
 1/4 cup milk
 4 enriched hamburger buns
 Butter or margarine
 1/4 cup crumbled blue cheese
 Mix well the ground beef, anchovy paste, egg, onion, flour and salt. Blend in milk. Split buns. Spread with butter or margarine. Place meat mixture on bottom halves of buns. Scatter blue cheese over meat mixture. Cover with bun tops. Wrap in aluminum foil. Bake in moderate oven (350°F.) 25 minutes. Unwrap. Serve hot. Makes 4 sandwiches.

Melon Time Is Here With Quality Reported Excellent

Head your weekly shopping list with melons. They're plentiful, high in quality and low-priced, advise Oregon State college home economics extension agents.

Succulent cantaloupe, cran-shaws, casabas and honeydews have been on many food markets, and honeydews, persians and spears are on the way, they say. Combined harvest from several supply areas make a shopper's paradise in building menu variety and low prices. Hints on selection, care and use are provided.

Fresh, crisp Oregon water-melons have arrived on the markets and should continue into September. High quality melons are firm, symmetrical, have a velvety "bloom" on rind, yellowish underside and have a green outer skin that peels easily. Store in a cool place.

Coarse, corky, netted rind, and light green background, casted with grey or yellow are color guides to good cantaloupe. A slightly sunken caliculus scar at the stem end indicates the melon was mature when picked. For home storage, rinse melon, dry, and store in airtight container in refrigerator.

Cran-shaws, casabas, honeydews and persians appearing on markets will continue through September. Spears, a fairly new melon variety, have a shorter season—usually late August to late September.

Combine aromatic and subtle colors of melon varieties, suggest home economists. Cut

melon balls or chunks, sprinkle with sugar and marachino cherry juice, chill and serve in sherbet glasses.

Make melons a part of outdoor meals. Chill slices and serve as salad or dessert.

Combine other seasonal fruit with melon. Seedless grapes and melon balls, seasoned with fresh lemon juice and sugar and garnished with orange slices make cool treats.

Fill a melon boat with fresh berries, cherries or peach slices, garnish ends with mint sprigs, and serve with fruit salad dressing or a scoop of lemon or lime sherbet or cottage cheese.

The annual picnic of the Gettogether club was held Friday at the home of Mrs. Ray Oford, Roberts road, with 33 members attending. Three new members also joined the group for the event.

A few drops of ammonia, spirits of camphor or essence of peppermint will restore the finish tone to spots on wood discolored by cologne.

Cut off tops of old socks straight across from the heel, sew one end, and use to cover the bottoms of bottles containing solutions that drip.

Wall to wall carpeting, especially in light colors, gives new dimension to a small room. The sweep of rug gives an illusion of space.

Have a bare wall to decorate, but little money? Maps, even of the giveaway variety, can make exciting accessories if imaginatively placed and framed.

Visit Relatives In California

Dr. and Mrs. J. P. Bray, 317 Lozier lane, returned to Medford Saturday after spending four weeks in California.

The couple traveled to Tarzana, Calif., where they visited Dr. Bray's daughter and son-in-law, Mr. and Mrs. Dean Lundy, and their family. In Los Angeles they visited Dr. Bray's son and daughter-in-law, Mr. and Mrs. Max Bray, and son, later toured Disneyland and spent some time deep sea fishing.

In San Diego they visited Mrs. Bray's daughter and son-in-law, Mr. and Mrs. Joe Tice and Dr. Bray's brother, Dr. U. B. Bray in Pasadena. Prior to returning here, they visited in San Francisco and the Bay area.

Return Home Valley Couple

Mr. and Mrs. William Davenport, 405 North Central avenue, and daughters, Joann and Elaine, returned Sunday from a three week trip to Creston, Iowa. While there they visited Mrs. Davenport's mother, Mrs. Mattie Vanscoy, who is 87 years old.

Wenonah Club Sets Thursday Meeting

Wenonah club will meet Thursday, Aug. 7, at 10 a.m. at the home of Mrs. Carl Ludwig. Members planning to attend should take scissors, needle and thread to sew doll clothes for Christmas.

A potluck luncheon will be served at noon and cards will be played following the meal.

Calendar

Tuesday: 8 p.m.—Zion Lutheran Women's Guild, Lutheran church.
 Wednesday: 10:45 a.m.—Christian Women's Fellowship, First Christian church.
 11 a.m.—Townsend Harmony club, Carpenters hall.
 1 p.m.—Past Chief's club, Pythian Sisters, at home of Mrs. W. L. Michael, 475 Charlotte Anne rd., Medford.

Service Family Visits Relatives

Visiting the George W. Swinney home, 1013 West Ninth street, is their son and daughter-in-law, Mr. and Mrs. Raymond V. Swinney, and sons, Johnny and Steve, of Amarillo, Texas.

While in the valley the Texas family is also visiting a brother of Mr. Swinney, Vincent Swinney, Spring street, and sisters, Mrs. Fred Falow of Eagle Point and Mrs. Claude Miles, Medford.

The visitors traveled here by the way of Cheyenne, Wyo., Yellowstone National park, Montana and Washington. Mr. Swinney is a technical sergeant with the United States Air Force.

The State University College of Forestry at Syracuse, N. Y., has established a department of wood products engineering. The move consolidated the college's basic and applied timber science departments into a single unit.

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Echoes From Low Echo

By KAREN LYTLE

"Be Prepared", the Girl Scout motto, is continually tried at Low Echo, the Girl Scout Camp at Lake of the Woods.

One of the greatest trials was brought on this last session by the stormy weather. All plans were cast aside as the rain started to fall one day last week. All the girls were brought up to Beaver Lodge, the dining hall. Then the counselors racked their brains, trying to plan activities to keep the girls busy.

The result was some rather unusual experiences such as, Janet Perry, giving boating instructions at one end of the room and Carl Neilson keeping the craft classes going in the other.

The unexpected cloudburst caused a few cuds to show up, but the care of Nurse Trudy Dispenzieri kept the camp in good health.

The campers kept themselves in good humor by preparing skits to be presented at general campfire that night. Each Unit was given the same list of characters to build into a play. Conifer Grove met many a challenge in the other groups but their performance gave them first prize.

Preparing the plays was just about the most enjoyable part. Many hidden talents showed up, such as Janet Simons ability to portray a parrot, one of the characters given out. The humorous part was enhanced by the talent of Beth Fisher, Grants Pass, who showed proficiency on the flute.

Athletic Trend

In a little more athletic trend, the watershow presented a watershow in which both campers and counselors participated. To start off, Meredith Mansfield and Rhoda Rodeghier gave a canoe demonstration, aided and abetted by Janet Perry and Marilyn Olson, who dressed in red flannel, crew hats and fins, cavorted about in fine style. They made a major project out of the simplest undertaking.

A series of races in which campers took part was also held. Frances Bessonette and Nancy A. Wood, Medford; Linda Versteeg, Cave Junction; Michelle Niehaus, Medford; and Frances Allen, Grants Pass were winners. They participated in such races as the pajama relay in which one member of a team, wearing pajamas over her swim suit, swam to her partner. Her partner then took the pajamas, put them on and raced back to the finish line.

Jackie Callan, who has been trying for several weeks to learn "Taps" on the bugle, finally did accomplish what she had set out to do although all suffered through her practice periods.

Hike Trips Several groups were spared, however, by going on hikes

and pack trips, on the Four Mile Ditch hike, made by Conifer Grove and led by Pat Macklin of Columbus, Ohio, they managed to make a wrong turn and go six miles out of the way. This caused a two hour delay and a good deal of confusion as Virginia McIntire and Irene Knox were waiting for the group.

Another type of confusion was caused by a set of twins in the Breezeway Unit. Paula and Ingrid, Fisher could be told apart only by their hair clips, a system which couldn't always be used, since the girls didn't always wear them.

One of the highlights of camp for the older girls and many of the staff, was the three day trip to Blue Canyon, which took a good deal of preparation. Beds were mightily welcome at the end of the third day, however.

Shortly after everyone returned from pack trips a final night party was held. In this case had "My Suppressed Desire" as a theme. Everyone did the best they could for costumes resulting in some weird get-ups. They ranged from an authentic-looking Arabian costume worn by Linda Hall to a rather simple outfit worn by Carol Swan. She wore her ordinary kitchen outfit and a chef's hat with the words "Tuff Guy" on it. However, she really wants to be a juvenile officer.

This party was the last big thing for the second session campers, who went home with many happy memories.

Polish Government Drops Vice-Ministers

Warsaw, Poland—UPI—The Polish government has dropped two vice-ministers for undisclosed reasons, the official news agency P.A.P. said today.

Edward Marzec, a Communist theoretician, was replaced as vice-minister of culture by Zygmunt Garstecki. Zenon Szpigier was ousted as vice-minister of telecommunications, but no replacement was named immediately.

Warwick Charlton To Visit in Medford

Maj. Warwick Charlton of London, designer of the Mayflower II, will be in Medford as guest of the Franklin Transfer and Storage company, 340 North Fir st., Monday, Aug. 11.

A series of guest appearances in this area are scheduled, and a 25-minute film, "The Mayflower Story," also is scheduled by Charlton.

Recipes chosen from every part of the country are included in Ruth Brolzheimer's "United States Regional Cookbook," which is in the Medford public library.

Stale, soft chunks of bread, rubbed on wallpaper in even vertical strokes will remove finger marks or other soiled spots.



CAUTION ABOUT DIETING

There is only one safe way to reduce—your low-calorie foods must be nutritious and healthful. Millions of beauty-conscious women include Hollywood Bread in their daily menus. An 18-gram slice has only about 46 calories—yet this delicious loaf is highly nutritious. A

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