

STAR GAZER by CLAY R. POLLAN. Your Daily Activity Guide According to the Stars. To develop message for Wednesday, read words corresponding to numbers of your Zodiac birth sign.

The Medical Roundup

by Walter Alvarez. Emeritus Consultant in Medicine, Mayo Foundation. Emeritus Professor of Medicine, Mayo Foundation.

Why a Test of Basal Metabolism? By basal, the doctor means that the test is made when the person is not working or moving, or eating. Metabolism refers in this case to the rate at which oxygen is used in the body.

Dr. Alvarez with regulating the rate at which our body chemistry runs is the thyroid gland in the neck—the gland which, when enlarged, is a goiter. This gland, when enlarged and overactive, can produce too much of the thyroid substance.

A woman with a markedly low rate is likely to feel dull, tired, and slowed-up. She may feel as if she were thinking through a cloud.

Many persons today are being treated, I think, unnecessarily and unwisely for a basal metabolic rate of perhaps minus 10, which I would consider normal, especially if the woman was mentally wide-awake and working hard at an important job.

In the test for basal metabolism the person goes to the laboratory in the morning without breakfast, and lies quietly for half an hour. Then, usually, a mask is put over her face or a mouth-piece is put into her mouth and she breathes through this.

Today, it is fashionable to disregard the records made by the machine, and to get other records of the uptake of radioactive iodine by the thyroid gland. Some physicians ask for a measure of the pro-

a birth injury that left his arm withered. Later, someone amputated it, doubtless with a flint knife. The age in these cases is now measured fairly exactly with the help of Carbon 14.

Dr. Alvarez hopes his readers will understand that it would be impossible for him to answer requests for information or to attempt to diagnose by mail.

BEVERLY'S TV & RADIO. Phone Spring 2-9001. 634 Crater Lake Avenue. SERVICE CALLS \$3.50. Open Sunday through Thursday til nine, close Friday 3 p.m. My own shop 10 years.

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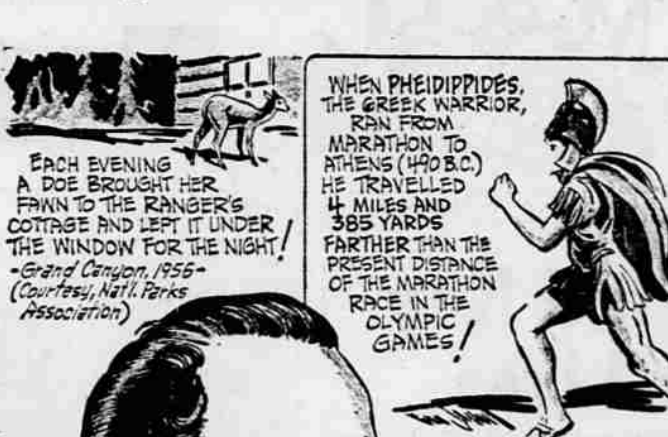
TREAT YOUR Phonograph TO A New Needle! PURUCKER MUSIC HOUSE 111 North Central. There is NO INSTALLATION CHARGE at Purucker's Record Dept. Bring your Phone in to Harry!

KoKo Says: Here is what one of our young customers has to say about Winthrop Jr's Shoes: 8 1/2 Year Old DAVID PATTERSON 1308 East Main. Of Saint Mary's School Says: "I choose Winthrop Jr's White Buck Shoes because they look so sharp, and are a real grown up style. They're just fine for back to school. How about you fellows, want that lean clean look in shoes? Johnston and Stewart have just the ticket with new Winthrop White Bucks."

Local Reserves Leave for Camp. Members of headquarters company of the 413th infantry of the 104th "Timberwolf" division here left Sunday for the annual unit field training at the Yakima Firing Center, Washington, a spokesman reported. The unit commanded by Lt. Col. Robert A. Elliott will be accompanied by Company E. of Grant Pass on the trip north. The 15-day trip will consist of operative exercises. The second battalion will perform as a part of the 413th regiment in field problems. The local unit will provide a mess hall for the Second battalion and other regimental units. The local unit will arrive back in Medford on Sunday, Aug. 10.

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Strange As It Seems By ELSIE MIX



STONEWALL JACKSON. DIED OF GUNSHOT WOUNDS INFLICTED BY HIS OWN MEN! HE WAS MISTAKEN FOR AN ENEMY SOLDIER...

CROSSWORD PUZZLE Answer to Yesterday's Puzzle

Crossword puzzle grid with clues for Across and Down. Includes a small illustration of a person.

RADIO PROGRAMS—TUESDAY. Programs listed below are received from the radio stations and the Mail Tribune assume no responsibility except to make changes as are supplied.

RADIO PROGRAMS—WEDNESDAY. Programs listed below are received from the radio stations and the Mail Tribune assume no responsibility except to make changes as are supplied.

TELEVISION PROGRAMS. The following TV broadcast log is printed as a free public service for the Mail Tribune's readers and TV viewers. Schedule changes are printed as provided by the TV stations and the Mail Tribune cannot accept responsibility for errors or omissions.

KBES-TV (Channel 5) KOTI-TV (Channel 2). TUESDAY: 4:00-Dotto, 4:30-Video Scope, 5:00-Your TV Weatherman, 5:30-News, 6:00-Doug Edwards, 6:30-Name That Tune, 7:00-Lite With Elizabeth, 7:30-Keep Talking, 8:00-To Tell The Truth, 8:30-Spotlight Playhouse, 9:00-Bid 'n Buy, 9:30-Trackdown, 10:00-Boots and Saddles, 10:30-Mr. Adams & Eve, 11:00-The Big Picture, 11:30-News, 12:00-Championship Bowling, 11:30-Sign Off.

STEVE CANYON. I DO DECLARE, COUSIN STEVE... I'M DOWNRIGHT IMPRESSED! THE ACADEMY IS STILL FUNCTIONING AT LOWKEY AIR FORCE BASE IN DENVER BUT WE CAN STOP AND LOOK AT THE WORK DONE SO FAR—BEFORE WE DELIVER SET. HATTON TO HER HOME TOWN.

BUZ SAWYER. MR. CHESSKOV! WAKE UP, SIR! WE'VE LANDED! CONGRATULATIONS, SAWYER! SPLENDID JOB! BUT WHAT SEEMS TO BE THE TROUBLE? DINNO, GENERAL. MR. CHESSKOV HAS BEEN VERY NERVOUS, HAD INDIGESTION. SAID HE NEEDED SLEEP. I THINK YOU'D BETTER GET A DOCTOR, MAJOR. THIS MAN'S OUT COUL!

BARNEY GOOGLE and SNUFFY SMITH. I TOLD MAW VE WUZ A PLUMB FOOL ABOUT CHAWKLET CAME, RIDDLES, SO SHE SENT VE OVER A LITTLE SURPRISE. YORE GOODERN ARY ANGEL, SNUFFY.

BLONDIE. DAGWOOD ARE YOU LYING OR KNITTING? YEP—THERE IT IS. WELL AREN'T YOU GOING TO PUT ME BACK WHERE YOU FOUND ME?

MUTT and JEFF. I'D LIKE A NICE COOL SHOWER MYSELF! JEFF, WHAT ARE YOU GONNA DO, STAY IN THERE ALL DAY?

Illustration of a man in a military uniform, Stonewall Jackson, with a speech bubble.

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