

RADIO PROGRAMS—SUNDAY

Table of radio programs for Sunday, listing stations like KJYC, KMED, and KWIN, along with program titles and times.

RADIO PROGRAMS—MONDAY

Table of radio programs for Monday, listing stations like KJYC, KMED, and KWIN, along with program titles and times.

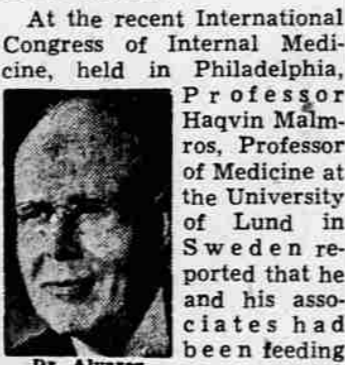
TELEVISION PROGRAMS

Table of television programs for Sunday and Monday, listing channels like KBES-TV and KOTI-TV, along with program titles and times.

The Medical Roundup

by Walter Edwards Emeritus Consultant in Medicine, Mayo Foundation

Corn Oil and Coronary Heart Disease



Dr. Edwards

At the recent International Congress of Internal Medicine, held in Philadelphia, Professor Haqvin Malmros, Professor of Medicine at the University of Lund in Sweden reported that he and his associates had been feeding a group of patients on a diet in which all animal fats, such as butter, cream, milk, ice cream, cheese, eggs and fat meat, as well as margarine, coconut oil, and hydrogenated oils, were replaced by corn oil. Corn oil was used in the preparation of foods and in the baking of bread stuffs. The diet contained vegetables, potatoes, sugar, bread and other foods prepared with flour.

Forty per cent of the calories were in the form of corn oil. The patients were permitted to eat all the fish they wanted. Some of these patients have been on the diet now for two years or more. Thirty of them who began with an abnormally high level of blood cholesterol have, for the most part, shown a drop in this level and in some cases it has gone down to normal. Unfortunately, in a number of the cases (and this has happened several times in America), after some weeks the level of serum cholesterol has gone back up again. In other cases, the corn oil diet didn't make any change in the blood cholesterol even at the start.

No Objection Today, thousands of men and women are using corn oil in their diet, and I see no objection to it. What bothers me is that, as yet, we physicians cannot be sure that the level of cholesterol is the really important factor in producing arterial disease with heart attacks and little strokes. It may soon be found that the rise in blood cholesterol and the arterial disease are both due to some abnormality in body chemistry that, as yet, we have not identified. Also, it may be that we will find that the abnormality in cholesterol chemistry is due to some disease in the liver. It would be good if we could find some substance in vegetable oils that is beneficial. Then we could concentrate it and use it as a medicine.

Recent research indicates that it would be unwise for anyone to try to live on a fatless diet. This causes physical and mental distress and, curiously, it can cause the level of blood cholesterol to rise! It is useless to try to go

on a cholesterol-free diet because the body can make all the cholesterol it wants, and in some cases, even two or three times more than it should have.

There is evidence to show that when a person is stout, a reduction type of diet is likely to help him, but if he is thin, there is not much use in dieting.

Britain Drawn To All-Party Unity

London—UPI—Prospects of Middle East summit conference brought Britain closer to complete national unity Friday than any issue since World War II. The nation was basking for the first time in 13 years in the warmth of tri-partisan foreign policy.

All three of Britain's major political groups hailed Prime Minister Harold Macmillan for leading the West in accepting Soviet Premier Nikita Khrushchev's invitation.

Macmillan's political stature and prestige were never higher with his own ruling Conservative Party, the Labor Party opposition and the small Liberal Party.

Salem—UPI—Raymond L. Phillips, 31, Salem, was crushed to death Thursday by the hydraulic lift on his tractor.

There is NO INSTALLATION CHARGE at Purucker's Record Dept. Bring your phone in to Harry!

PURUCKER MUSIC HOUSE 111 North Central

SHIRLEY TEMPLE'S STORYBOOK The Little Lame Prince

TODAY presented by HILLS BROS COFFEE

4th & FRONT ST.

PARRAKEETS . . . \$1.99 ea. BULK SEED, CAGES, ETC. ASK FOR FREE PARAKEET BOOK!

Salem—UPI—Gov. Robert D. Holmes has reappointed Cornelius Bateson Sr., Salem, to the State Board of Agriculture.

The "Montessori Method" of education was introduced in 1912.

BEVERLY'S TV & RADIO Phone Spring 2-9001 624 Crater Lake Avenue SERVICE CALLS \$3.50

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TREAT YOUR Phonograph TO A New Needle! 29.95 Value 3-Pc. Set Airplane Type LUGGAGE SPECIAL ONLY \$29.88

No Money Down 50c Per Week WEISFIELD'S THE WEST'S LARGEST CREDIT

CHANNEL 5—3:00 to 4:00 P.M.

KoKo Says: Here is what a couple of young visitors have to say about Edwards Shoes

Bill and John Young of 11816 20th Avenue S.W. Seattle, Washington, Says: "While visiting our grandmother, Mrs. Tizecker of 2116 E. Main, and having a wonderful time, we are also getting new Edwards Shoes, which we do almost every time we come to Medford. Our mother says Edwards are the only shoes for us."

JOHNSTON & STEWART JUNIOR BOOT SHOP 211 E. Main Medford Where the Fit is Guaranteed

Wait's TV & Radio Service Oldest Shop in So. Oregon 409 E. Main Phone SP 2-2269

Strange As It Seems

By ELSIE HIX

GEORGE FRANCIS TRAIN, SELF-STYLED "THE GREAT AMERICAN CRANK," U.S. PRESIDENTIAL CANDIDATE OF 1872, WROTE HIS 100,000-WORD BIOGRAPHY IN 35 HOURS WHEN HE WAS 74...



LARGEST OF THE WATER LILIES, VICTORIA REGIA, HAS LEAVES 6 TO 7 FEET IN DIAMETER—CAPABLE OF SUPPORTING A 17-YEAR-OLD CHILD!

CROSSWORD PUZZLE Answer to Yesterday's Puzzle

Crossword puzzle grid with clues for Across and Down words.

STEVE CANYON



U' ARNER



BUZ SAWYER



BARNEY GOOGLE and SNUFFY SMITH



BLONDIE



MUTT and JEFF



KEEP SOUTHERN OREGON'S ECONOMY ROLLING!