



CUBES, THE COMMUTER, LIKES TO READ HIS PAPER UNDISTURBED—THAT'S ONE REASON HE WAS DUCKING PESTERTON TODAY....

JUST WHEN HE SETTLES DOWN, A BLOW BIG WIND—YOU CAN'T WIN, FELLAS!

THANK AND A TIP OF THE HATLO HAT TO HERB JACKSON, HOBOKEN STATION, HOBOKEN, N.J.

GREETINGS, PAL! MISS YOUR REGULAR TRAIN? ME, TOO... COME—SIT OVER HERE—I WANNA TALK TO YA...

ULP!

Mechanism Failure Said Possible Cause Of Heat Discomfort

By DELOS SMITH
UPI Science Editor

New York—(UPI)—In hot summer weather it will cool you to know there is a scientific movement afoot to pin the tag, "neurotic," on some of the people who lose their pep when the sun is boiling and the humidity is high—people who can't work, eat, or sleep right and get extremely irritable.

More cooling scientific news is that the term, "sun stroke," is obsolete and some scientists want to abolish it. The term is inaccurate, that's what

is wrong with it. It isn't the sun which strikes the victims down, but the failure of their own "heat regulating" chemistry. It probably wasn't too good in the first place.

All this stems from planned revisions of the international statistical classification of the World Health Organization. Its main idea is for all medical men of all countries to classify all bodily disorders in the same way. Then they can all be given code numbers which will have the same meanings everywhere.

Abolish Number
The code number for "sunstroke" now is N 981.1. The proposal is to abolish the number and rely entirely on the number for "heat stroke" N 981.0 which is something that

can be set off by any intense, sustained heat, such as that of a furnace or the deep interior of a coal mine.

There now is no code number for what the revisers have classified as "chronic heat neurotic reaction," and they would like for it to have one. It is caused by "prolonged exposure to a hot environment," they said. The symptoms are "loss of energy, initiative, interest; difficulty in concentrating, working and sleeping; complaints of dizziness, 'blackouts,' loss of weight and appetite; irritability, bad temper, depression." There may or may not be something wrong with them physically, but there is with their emotions and nerves.

But on the whole matter of heat and the human body, there is much medical confusion, the revisers said, and they suggested reducing a hodge-podge of descriptive terms, many of which do not describe, to a mere 14. These would be grouped into general categories, such as:

Failure or impairment of the bodily heat regulating "mechanism," which by opening and closing pores, by widening or narrowing blood vessels, by increased or decreased blood circulation, and by other means, keeps the interior body temperature the same no matter how hot or cold it is outside. Complete failure of this "mechanism" is a grave occurrence; it is often fatal.

Salt Needed
"Salt deficiency in a hot environment." This causes a variety of bodily disturbances, mainly muscular cramps. Much sweating takes body salt with it. More salt in the diet corrects that.

Various disturbances of the sweat glands themselves. Perhaps the chemical thermostats are messed up and the glands don't respond. Maybe the channels are blocked and though they want to produce sweat, the sweat doesn't get out. This leads to summer dis-

Medford High Graduate Tells of Hitch-Hiking Around World

(Editor's note: Jeff Williams, a 1956 graduate of Medford High school and son of Mr. and Mrs. Thomas V. Williams, 1317 Queen Anne ave., is on a hitch-hiking trip around the world. Printed below is a letter from him to the Mail Tribune, written July 10 in Iran. Young Williams has attended the University of Oregon for 1½ years, and from January to April was a member of the ski patrol at Sun Valley, after which he left on his trip. His family also includes a sister, Lynne, a 1958 MHS graduate, and a brother, Robert, 11, now in the Shrine hospital in San Francisco. His father is superintendent of Crater Lake National park.)

By JEFF WILLIAMS

I am writing this from a small bus station in the northern Iranian city of Meshed. Being so close to the Russian border exerts certain restrictions, for instance, before my friend could invite me to his house he must first have permission from the police.

A short resume of my trip seems in order. From San Francisco, I caught a ride across the States and sailed from New York on May 9, bound for England. On May 17 I landed in Southampton and was in London that evening. After three days in that most interesting city, I began hitch-hiking to Scotland and then over to Ireland in a pouring rain.

Trouble with Police
At the border of Northern Ireland and Eire I had a bit of trouble with the Northern Ireland police. There is still active rebel warfare being waged and the police are very wary. When I took a picture of the barricaded police station, I was immediately surrounded by police with Sten guns, who wanted to know if I was a rebel reconnaissance man. After a thorough search, we were released, only to go through the same process farther down the road. Those Sten guns certainly keep your movements slow and easy.

On my way again, down through Ireland, across to Wales, and back to London. From there I crossed to Dieppe, France, and hitched into Paris. There I expected to see police bristling with weapons, but it was far from the case. After Paris I went to Brussels for the World's Fair. What an absolutely tremendous place! I walked for a day and a half and still saw

comforts of a number of things, such as prickly heat and similar skin troubles. Incidentally, medical science deplores efforts to prevent sweating. Sweat whether honest or not is healthful.

The proposed revisions, worked out by the British Medical Research Council, are being considered by co-operating groups here and in all other countries.

less than half of it. And the American Pavilion was every bit as wonderful as I expected it to be. In there is really put across our way of life, through television shorts and the displays, and the guides are so friendly. It is quite a contrast to the cold machines and cold reception of the Russian pavilion.

From there up to Amsterdam and then across to Hamburg, Germany. There I had a most delightful stay with a free lance photographer I met on the ship from America. Then down through the Black Forest area and into Switzerland.

Generosity Shown
All my travelling is by hitch-hiking and it presents the opportunity to meet and befriend people from all walks of life. You can't realize the generosity shown to me by them. Never a day goes by that someone doesn't buy me a meal. In northern Italy I was treated for two days by some photographers. In Rome I was treated for two days by a doctor and his wife. In central Italy a poor farmer invited me to dinner. All through Greece and Turkey people were constantly inviting me to a bite to eat.

In Eastern Turkey the country becomes very remote, and rides extremely difficult. But the luck of the Irish was still with me, and I got a ride with a German all the way to Tehran, Iran. It took us nine hours to get through customs at the Turkish-Iranian border, and it was 120 degrees in the shade.

While looking for a hotel

Bridges To Attend Teamsters Meeting

San Francisco—(UPI)—Harry Bridges' International Longshoremen's and Warehousemen's Union has agreed to attend a "common policy" meeting with the Teamsters Union and the East Coast International Longshoremen's Association.

The meeting will be held Aug. 14 in Washington. Bridges said Wednesday he would take some of his union's top leaders to the session with him.

James R. Hoffa, Teamsters president, recently announced plans to link all transportation workers in a combine to settle union disputes and promote collective bargaining efforts. The meeting next month was announced as a move "to reach common policy on new techniques in the shipping industry."

All three of the unions have been expelled from the AFL-CIO, the ILWU for Communist leanings, the Teamsters and ILA for corruption.

PORTRAITIST DIES
Pelham, N.Y.—(UPI)—William Oberhardt, 75, a noted portraitist, illustrator and sculptor, died here on Tuesday.

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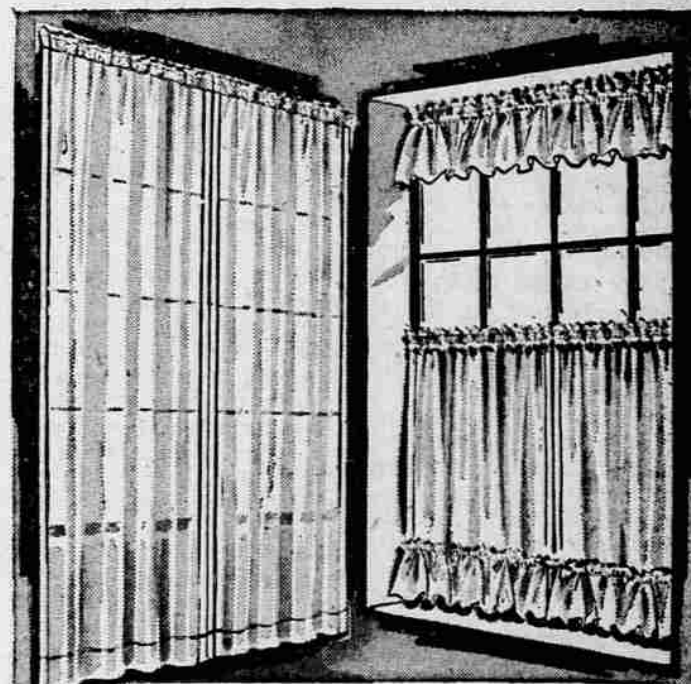
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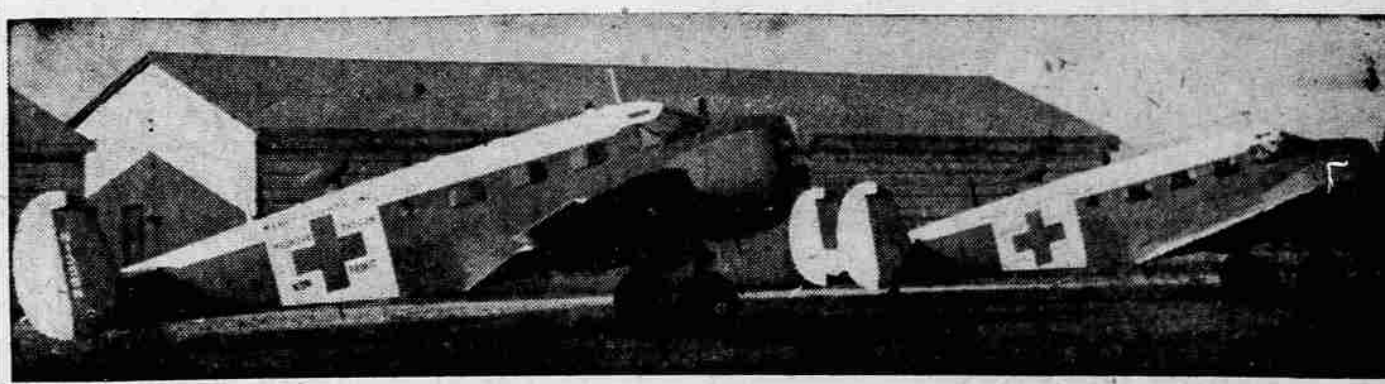
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