

Wage-Earning Women Want Time, Worksaving Foods

Corvallis — Food shopping habits of today's wage-earning women show a greater demand for prepared and semi-prepared foods, more processed fruits and vegetables, and other convenience foods.

Methodist Group To Hear Program On Federation

Mrs. Milton Snow will be in charge of a program on the "World Federation of Methodist Women" for a picnic meeting of the Woman's Society of Christian Service in the home of Mrs. Eugene Ray, Ross lane, Tuesday, July 22, at 1:15 p.m.

The General Conference of the Methodist church officially recognized the World Federation at its 1940 session. The organization consists of nationally organized units of Methodist women in 32 countries. The Woman's Division of Christian Service is the United States unit. All members of the Woman's Society or the Wesleyan Service guild are automatically members of the larger unit.

Mrs. John Kent will lead the afternoon devotions.

Mrs. L. G. Rankin will preside at a short business meeting. Mrs. Eugene Ray will be presented an adult life membership pin and certificate at this time. Mrs. T. J. Johnson and Mrs. George Lawless have recently received the same honor. These pins are presented in appreciation of service and mean that a gift of \$25 has been sent in their names to the mission fund of the Woman's Society of Christian Service.

Lunch is to be potluck with each person bringing his own table service. Child care will be provided for the day. Those needing transportation should meet at the church by 10:30 a.m.

show the following changes. During the past 15 and 20 years, families have been eating less fresh, and more frozen and processed fruits. Frozen concentrated juice sales have increased greatly.

The trend has also been toward more processed vegetables and somewhat fewer fresh vegetables. However, many fresh vegetables are convenience foods because they are trimmed, washed and packaged, the economists note. Many are available year around.

Wage-earning homemakers are likely to shop either for processed vegetables that require little cooking or heating, or for vegetables suited to quick salads. They want time and worksaving foods that can be served in a jiffy—soon after the woman returns from work.

Shoppers are also more health and weight conscious, and choose items considered low in calories.

The OSC specialists report that one in three persons employed now is a woman. In January, about 21,000,000 women were employed outside the home compared to only 12,000,000 in 1940. In about this same period, processing of vegetables increased from a third to a half the total supply of fruits and vegetables, particularly frozen ones. Because of their higher earning, shoppers are able to pay for convenience and out of season foods, they point out.

Texas Family Here on Visit

Mrs. Sam Maddux and children, Michael, Jimmy and Sara, have arrived in Medford from Randolph Air Force base in San Antonio, Tex., and are guests of Mrs. Maddux's parents, Mr. and Mrs. J. E. Collins, 164 Black Oak drive.

Brig. Gen. Maddux may join the family later in the summer for a brief visit.

President Heads Delegation to Annual Session

Mrs. Bertha Nelson, president of the auxiliary to Colonel Sargent camp, United Spanish War Veterans, headed a large delegation from Medford to the 39th annual convention of the Department of Oregon, United Spanish War Veterans, held in Corvallis July 13-16.

Among those attending with Mrs. Nelson were two past department presidents, Mrs. Harry W. Barneburg and Mrs. Don Anderson, a department guard, Mrs. Hans Rammin, and a department platform aide, Miss Carolyn VanderSteen. The delegates were Mrs. James VanderSteen and Mrs. Myrtis Morgan.

Miss VanderSteen sang during the convention, accompanied by Mrs. Renne Grosh, Ashland. Mrs. Grosh was chairman of the credential committee, Mrs. Barneburg headed the resolution committee and Mrs. Anderson the finance, the budget and officers report, Mrs. Nelson, the committee reports.

Mrs. Harry W. Williams, Portland is the new department president, and Mrs. Rammin was named department conductor.

Mrs. Hazel Wood, Vallejo, past department president of California, and Mrs. Olga J. B. Lee, El Cerrito, Calif., were guests of Mr. and Mrs. Anderson, 803 Pine street, over the week end and then accompanied Mrs. Anderson to convention Sunday morning July 13.

Mrs. Mollie Keene, South Oakdale avenue, accompanied her niece, Mrs. Barneburg, as far as Eugene, where she was a guest of another niece, Mrs. Mollie Stanley.

Olive Rebekah lodge will meet Monday, July 21, at 8 p.m. at the Odd Fellows hall, 221 West Sixth street. In charge of refreshments will be Charles Swingle, Fred Whipply and William H. Dyer.

Food Specialist Gives Directions For Ripening Tomatoes

Corvallis—Ripen tomatoes at cool room temperatures. They'll have better flavor, texture and color.

Miss Zelma Reigle, Oregon State college food marketing specialist, says the old-time practice of ripening tomatoes on sunny warm window sills does more harm than good. Heat turns tomatoes yellow.

For best color, flavor, and texture, and vitamin value—tomatoes should be ripened at room temperature or a little below, between 60 and 75 degrees, she recommends.

To ripen, tomatoes should be mature, grown to their full size and just ready to turn color. Good quality mature green tomatoes or partially ripened tomatoes are better buys than red tomatoes that are overripe, soft or bruised, according to Miss Reigle.

Once ripe, tomatoes keep better in the refrigerator. If ripened in the refrigerator, they become pale, watery, soft and lack flavor. Never wrap tomatoes with paper to keep them dark.

Family Picnic Planned July 27

The annual Houston and Rodgers family picnic will be held Sunday, July 27, from 11 a.m. until 4 p.m. at Touville State park.

Members of both families, early settlers of the Beagle area, planning to attend the potluck picnic should take their own food, table service and beverage.

Lowrys Home

Mr. and Mrs. Bert B. Lowry returned Thursday to their Fern Valley road home after spending a week in California. The couple spent four days at Del Monte Lodge, Pebble Beach, and visited in Palo Alto and San Francisco before traveling north.

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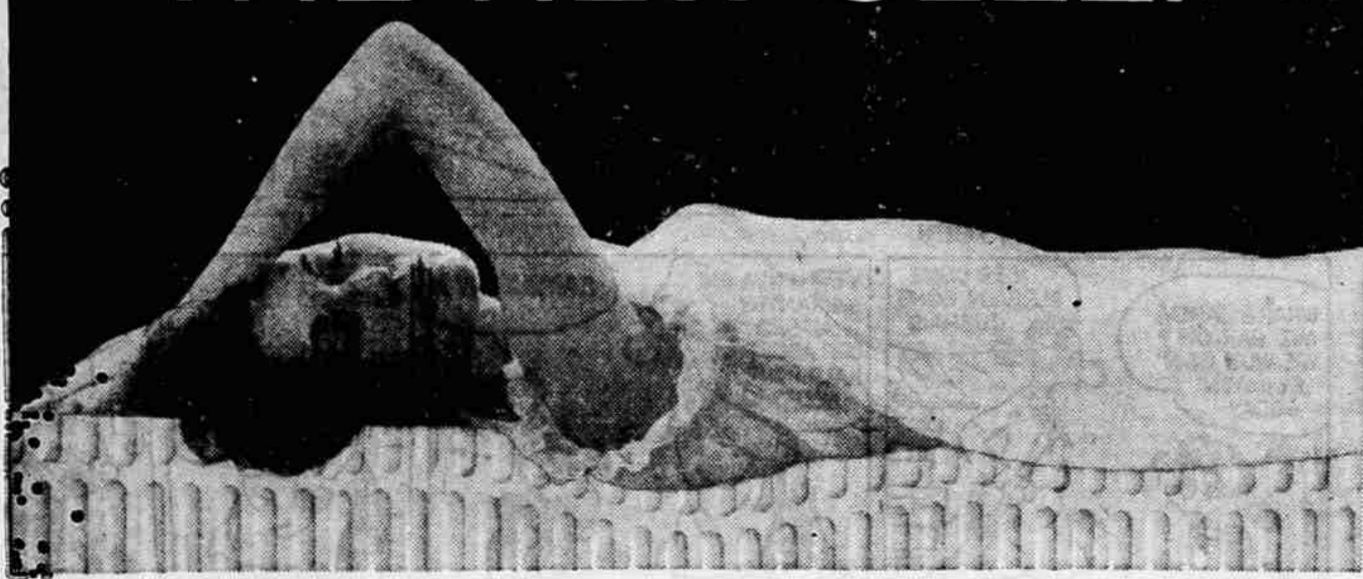
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