

Feeding the Family

By ZOLA VINCENT
Food Editor

Famed Devil's Food
Made With Buttermilk
Buttermilk not only is a great health drink, delicious, nutritious and refreshing but a magical thing happens when it is used in making devil's cake. There are those who say it isn't genuine devil's food unless it's made with buttermilk. We'll say that's definitely superior with every crumb a flavor triumph.

1/2 cup butter
1 1/2 cups sugar
2 eggs
2 squares unsweetened chocolate (melted)
1 1/4 cup cake flour
1/2 teaspoon soda
1 1/2 teaspoons baking powder
1/2 teaspoon each cloves, cinnamon and allspice
1 cup buttermilk

Cream the butter; gradually add sugar and cream until light and fluffy. Add eggs and beat thoroughly. Blend in melted chocolate. Sift dry ingredients together. Add alternately with buttermilk. Pour into two greased and lightly floured eight or nine inch layer pans. Bake in moderate oven, 350 degrees, 35 minutes.

Ice with your favorite frosting though there's none to compare with a seven-minute frosting with melted unsweetened chocolate drizzled over top and down sides. A delicious beauty!

Corn Cheese Bake
Here's a new vegetable venture. Use 2 1/2 cups cooked corn freshly cut from the cob (remembering to scrape cob only one direction when removing corn hearts) or use a No. 2 can cream-style corn. Six servings.

2 1/2 cups cream style corn
3/4 cup milk
1 cup cracker crumbs
2 tablespoons grated onion
3 tablespoons pimiento
1 cup grated American cheese
1/2 teaspoon salt

dash of pepper
3 tablespoons butter
Combine corn and milk. Stir in remaining ingredients except butter. Pour into buttered 1 1/2 quart casserole; dot with butter. Bake in moderate oven, 350 degrees, about 30 minutes.

Ice Cream Has Been Psychoanalyzed
Americans eat more than three-quarter billion gallons of ice creams and related products a year. More than half of it is vanilla. Furthermore, more than half of all pre-packaged ice cream is bought in half gallon containers. To get back to our headline. Why do people eat ice cream?

Here are reasons summarized from research done by Ernest Dichter, Ph.D., for the Paraffined Carton Research Council. The study (it says) brought to light the fact that there is a deep emotional involvement in connection with the use of ice cream.

Ice cream produces immediate satisfaction because it does not fight back. . . . does not have to be chewed, ground or torn apart.

Its smooth cool taste is followed by a pleasant sensation in the stomach.

You can't be angry while eating ice cream. . . . it gives a sense of ease.

When eating ice cream, we feel at peace with ourselves and the world.

It's associated with rewards.

Ice cream is the traditional American party food; is linked with happy occasions and childhood.

Ice cream is a natural milk product. It is one which is associated to, but not tied to, youth. Adults do not think ice cream a sissy food to order.

Make mine vanilla — and

a half gallon, please.
Plentiful Halibut
In Sour Cream Bake

Fisheries spotlight for June is on halibut which enjoys high popularity because of its firm white meat and non-fishy flavor. We give it zest with sour cream and tomato sauce.

For each four servings, two pounds fresh or frozen halibut steaks. Heat two tablespoons butter or margarine in saucepan. Add one medium onion, chopped; two stalks celery, chopped; simmer five minutes. Add one small can mushrooms, one eight-ounce can tomato sauce, salt and pepper. Simmer five minutes. Pour over halibut steaks arranged in baking dish. Bake at 350 degrees, 30 minutes or until easily flaked with a fork. Spoon one cup commercial sour cream over each steak and return to oven for five minutes. Remove to large platter; garnish with greens and lemon wedges.

Spotlight on Milk Makers

We rejoice in an abundance of dairy products at reasonable cost as local herds of fine milk producers work overtime to produce your family's share of milk. The cow is conceded to be the world's most efficient animal. No one we know has yet figured out how she turns green grass into white milk for the most nearly perfect food known to nature. But we're grateful every day for her magic performance.

Milk Daily Need. Every member of the family needs milk every day — for energy, growth and repair of body tissues, for strong bones and teeth and for a general feeling of "well-being". Children need a quart of milk a day. Teenagers need a quart or more and adults need a pint or more. Dairy foods are vital to meal planning. Consider our plight without butter, cream or cheese. Note dairy specials in newspaper ads, in display cases.

Cook's Buying Guide. When shopping or cooking, you'll do well to know these facts. 1 pound American (cheddar) cheese makes 2 cups, grated. 1 pound of butter equals 2 cups.

1 pound cottage cheese makes 2 cups, four servings. 1/2 pint (1 cup) coffee cream makes 8 coffee servings. 1/2 pint (1 cup) whipping cream makes 2 cups when whipped.

1 cup milk plus 1 tablespoon lemon juice or vinegar makes 1 cup soured milk. 1 quart ice cream makes 6 medium servings.

Meat Situation. This remains about the same with poultry of any kind a good buy.

Enjoy Fish. Halibut and fillet of sole are main attractions; should have many takers.

Vegetable Bins. Here are

plenty of cabbage, cauliflower, carrots, corn, cucumbers, long white potatoes, yellow onions, green snap beans, bunched vegetables to aid menu planners.

Fruit Excitement. At long last and worth waiting for. There are new season apricots, peaches, plums, nectarines, cherries and grapes. There are cantaloupes, Cran-shaws, honeydews, Persians and watermelons. There are strawberries, Boysenberries, olallies, raspberries and blueberries. Prices and quality are variable as always when Summer hints of bounty to come. Cantaloupes are really rolling and strawberries are passing their peak in some areas. Again we remind you that if you're putting up strawberries, you'd best move fast by seeking advice of your favorite fruit man. Plenty of the old faithfuls, grapefruit, oranges, lemons and pine-apples.

They'll Do It Every Time

By Jimmy Hatlo



Neuberger Urges Appropriations For Campaigning

Washington — (UPI)—Sen. Richard Neuberger (D-Ore.), Thursday challenged President Eisenhower's claim that political campaign financing is "understood" or approved by the voters. He urged the President to back a system of federal appropriations for it.

Neuberger wrote the President asking him to "renew the effort made by President Theodore Roosevelt to set a new standard for the role of money in our public affairs."

He recalled that in 1907 Roosevelt asked Congress to provide appropriations to underwrite "legitimate expenses of each of the great

national parties" and to limit other private political contributions.

"This present dependence on private sources of adequate campaign financing distorts the free choice of the people among competing candidates and programs," the senator wrote. "It often prevents able men from seeking public office. It inevitably creates the suspicion of special obligations of public officials and this impairs popular confidence in government."

Neuberger recalled that Eisenhower Wednesday compared the gifts received by Presidential Assistant Sherman Adams to the larger donations sought and accepted by political candidates. He complimented him for making the comparison. But he questioned whether it was accurate to say that "this whole

activity (political financing) is understood, accepted and approved."

KINDERGARTEN OUT
Portland, Me. — (UPI) — Maine's largest city is abandoning its kindergarten classes for four-year-olds after 75 years. The school committee voted to drop the program next Sept. 1 to save money on teacher salaries and to make kindergarten classrooms available to over-crowded upper grades. A sub-primary grade for five-year-olds was not affected.

MORE HEN FRUIT
Ithaca, N.Y. — (UPI)—Cornell University Prof. A. W. Jasper reports the old red hen ain't what she used to be. She's better. Jasper said the average hen now lays 200 eggs a year compared to only 121 eggs in 1921.

U. S. To Send Russia Note on Bomb Tests
Washington — (UPI) — The United States plans to send Russia a new note in the next few days emphasizing that this country has not agreed to a ban on H-bomb tests.

Salem — (UPI)—Good progress is being made on construction of the new 4-H and FFA buildings on the state fairgrounds here.

TOP ENTERTAINMENT—The Dinah Shore Chevy Show—Sunday—NBC-TV and the Pat Boone Chevy Showroom—weekly on ABC-TV

That beautiful Bel Air below, plus seven other popular Chevy V8 sedans, hardtops and station wagons, is priced below all comparable models of the low-priced three. And there's nothing so new, nothing so nice near the price. You get the finer craftsmanship of Body by Fisher, the longer lasting beauty of a lacquer finish. You get the incredibly smooth action of Full Coil suspension—or you can even have a real air ride as an extra-cost option. You also enjoy Chevy's famous handling ease—the shortest turning radius of any of the low-priced three. Engines? There are five V8's to choose from—all available in all models. The new Chevrolet is loaded with features that other cars in its field just wish they had—and brings them to you at surprisingly low prices besides! Your Chevrolet dealer will be more than glad to prove it!

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The Hollywood Scene

By HAZEL JOHNSON
United Press Writer

Hollywood — (UPI) — A little over a year ago a bookie familiar to the Hollywood music set told Bud Freeman and Leon Pober there was nothing he'd rather do than help them get their new record company off the ground. "But I've had a bad week, boys," he said and begged off being cut in on this particular gamble.

Well, to make a short story even shorter, others came up with the money and the book-maker missed out on a well-paying long shot known as "Commentary Records."

This week Commentary is putting final touches on its latest production, "Deal Me In," a musical comedy to be recorded early next month. Hamlet Featured

And Pober and Freeman still have another "comment" nearing completion, this one a western titled, "The Fastest Gun in Denmark," with Hamlet as the gunslinger.

The company's initial recording, "Songs for Couch and Consultation," became a best seller, with its tongue-in-cheek comment on the trend toward the current offhand and pat use of psychological jargon had logic. But it is the company's second record, "Clara," which appears to be setting the tone of Commentary's future recordings.

"Clara" is a musical comedy without a book or story. It follows a plot and character lines of sorts.

Plot Explained
Clara is a female "Marty" complete with butcher shop

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material to be enjoyed, Freeman and Pober maintain, pointing out that the output of musical comedy available to the general public is limited to the few Broadway shows which annually succeed.

As Freeman explains, "Musical comedy has an unique style, flavor and spirit; a unity of 'show feel' which, while never formal, is identifiable." It makes no difference whether or not the "musical" ever has seen a Broadway stage for this unique musical

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