

## Feeding the Family

By ZOLA VINCENT  
Food Editor

### Man-size Snacks

For hearty snacking, the family bread-winner (and his progeny) will relish any of these substantial sandwiches made with cheese which runs high among his favorite foods. Fix up a jar handy for snacking, refrigerator raiders or other growing boys.

To a sharp-flavored cheese, softened at room temperature, add a few tablespoons of tomato catsup, chopped walnut meats, salt and onion juice to taste.

Blend cream cheese with a bit of cream, minced onion, anchovy, pimiento and a dash of Worcestershire sauce.

Cream cottage cheese mixed with shredded raw carrots, chopped dates and nuts make a memorable topping for brown bread.

Top tongue or ham on rye with grated cheese mixed with any of the following: chopped onion, chopped pickle, chopped carrot, cooked beans, fine-cut celery.

To make a meal of these man-size snacks, french toast them for even heartier eating. Beat one or two eggs with one-half cup milk. Dip the sandwiches lightly into this and fry slowly in a little fat. Brown on both sides and serve hot.

### Green Goddess

Now world-famed, this Green Goddess salad dressing has been a west coast favorite for many years. We repeat it for new-comers and as a reminder to old-timers.

Green Goddess dressing usually goes into a salad bowl filled with bits of iceberg lettuce, though some use a combination of lettuces; gets tossed lightly.

Combine one cup mayonnaise, one clove garlic, minced, three chopped anchovies, one-quarter cup chopped onion, one tablespoon fresh lemon juice, one tablespoon red wine vinegar, one-half teaspoon salt and coarsely ground black pepper to taste. Blend well, then fold in one-half cup sour cream, whipped. Recipe makes one pint.

### Many Fathers

Choose Chicken. Though beef growers insist that most men select steak as favored food, we know for a fact that many men choose chicken. The men in your life may prefer it barbecued, broiled, fried, casserole, roasted or stewed but we're confident they will like this brand new recipe for chicken in orange sauce which we've man-tested. For company, fix several of these.

### Chicken in Orange Sauce.

Select a good-size broiler-fryer and have it cut up. Coat pieces with flour seasoned with salt and pepper. Heat about 1 1/2 cups fat in biggest skillet. Brown chicken pieces, turning occasionally. Put chicken in 1 1/2 quart casserole. Brown one-third cup chopped onion in skillet; add one-quarter cup water. Cook and stir to loosen all those flavorful brown flour particles.

Remove from heat and stir in half a six-ounce can frozen orange juice concentrate. Pour over chicken in casserole. Cover and bake in moderate oven, 350 degrees, 30 to 45 minutes or until chicken is fork tender.

Foil Roasted Corn  
Outdoors or Indoors  
Lots of corn-on-the-cob is

getting foil roasted this summer. Can be fixed well ahead of time. To husk or not to husk is a moot question. If husks are left on, pull them back and remove "silk"; brush with melted butter and sprinkle with seasonings (salt, pepper and how about trying a dash of chili powder or oregano). Replace husks, wrap in aluminum foil, twisting ends to secure.

If husks are removed, spread corn with softened butter and season. Wrap corn in foil, double wrapping if fire is very hot or if corn is to be placed on the coals.

Outdoor roasting takes about 25 minutes, turning occasionally. Oven-roasting in shallow pan in hot oven, 400 degrees, takes 15 to 20 minutes.

Quick Strawberry Dessert. Fold crushed or sliced fresh strawberries into lightly sugared whipped cream; chill for a few hours. Pile on any white or yellow cake slices.

### Markets Offer Many Seasonal Foods

What papa wants, papa (usually) gets and this week end, the man who carries the cash (however briefly) is likely to have his favorite foods on the table and to pick the place for the table-setting. Whether the man in your life scintillates grilling steaks or chickens or merely basks in the spotlight while Mother cooks as usual, we've lots of good food news.

Men Like Meat. If a broiled steak is your man's first, second and third choice, there are six steak cuts with variable prices; four less expensive cuts that respond amazingly to a little tenderizing. And never estimate the goodness of hamburger, ground round and ground sirloin. Deluxe cuts for broiling are tenderloin, T-bone, club, boneless loin, pin-bone sirloin, wedge-bone sirloin. A porterhouse is a T-bone with a large portion of the tenderloin. Less tender, less expensive but very good eating cuts are chuck (or shoulder), rib, rump and leg of lamb are masculine favorites. Shopping the ads in this newspaper will reveal the best buys for father's favorites for Sunday and for everyday eating.

Many Choose Chicken. Best meat buy continues to be broiler-fryers which are preferred by many men. Hot or cold, outdoors or indoors, pile platters high with broiled or fried chicken. If the family gathering is large, turkey is easy, economical, always welcome.

Berries Beckon. Strawberries have fine color, aroma and flavor. Shortcake for Sunday, of course. If you're putting-up strawberries talk it over quickly with your fruit man and make plans accordingly. And here come the luscious sweet-tart Boysenberries.

Melons and Fruit. Fragrant, delicious cantaloupes are really rolling with lower prices reflected. Yellow-meat peach varieties are here; will be increasing right along. More cherries, too. We've sighted the first plums and grapes with seasonally high prices. Good old stand-bys are bananas, grapefruit, lemons, oranges.

Vegetable Look. Father likes corn, on the cob and off! Short, short cooking and that means less than five minutes in boiling water. If corn is fresh from the stalk, three minutes is about right. Plenty of cabbage, carrots, cauliflower, celery, cucumbers, potatoes, dry onions, spinach, rhubarb and bunched vegetables. Soft squash, tomatoes, peppers are high.

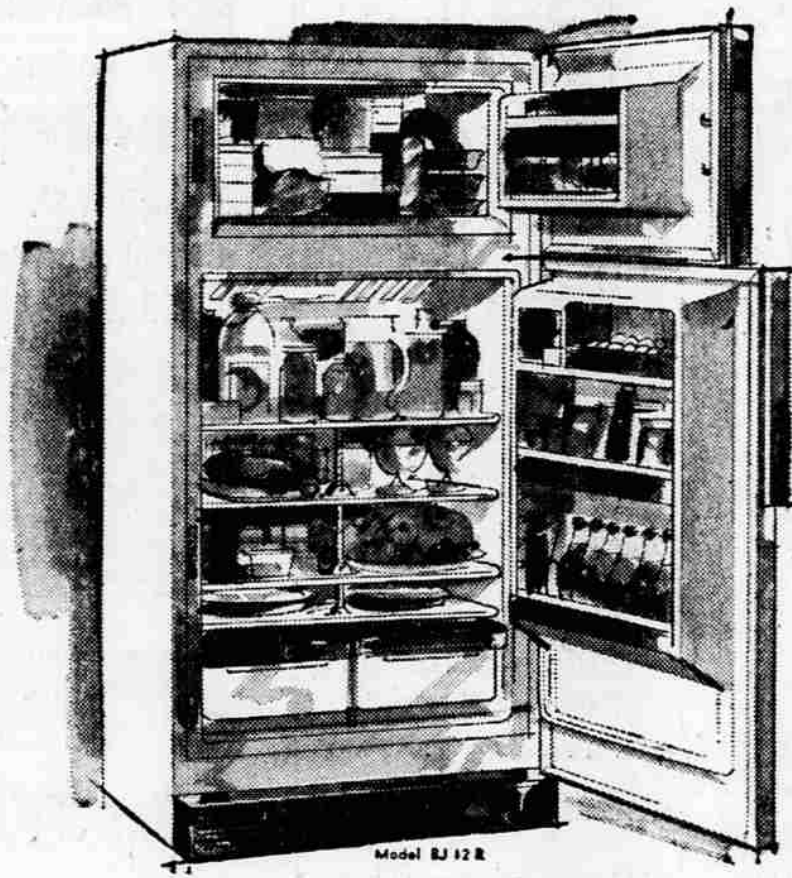
Tomorrow -- Saturday  
**LAST DAY**  
of Copco's Spring  
Bonus Allowance

**HOME**  
APPLIANCE CO.  
YOUR GENERAL ELECTRIC DEALER  
115 EAST MAIN - MEDFORD

# Suggests you give something extra-special - a wonderful practical appliance - to the Beautiful JUNE BRIDE

(and make her even happier!)

## General Electric Offers You... SO MUCH MORE!



★ **STRAIGHT LINE DESIGN!**

Sides and top are flat. Air circulation is no longer required over the top, so cabinets can be installed not only at both sides but also right down to the top of the refrigerator. Depth is same as standard cabinets for a straight, flush front line, too—a "built-in" look without the cost of custom construction.

★ **NO COILS ON BACK!**

Coils are at base of cabinet. New forced-air condenser system eliminates coils on back—and with them the dirt-catching inches of waste space behind old-style refrigerators. Circulating air is filtered. Filter lifts out easily for cleaning.

★ **MAGNETIC SAFETY DOORS!**

Magnetic Safety Door helps protect children from the danger of being trapped inside. Non-mechanical... no moving parts to jam or get out of order. Powerful G-E Alnico Magnets last indefinitely. Doors close silently, securely.



Remember... at Home Appliance Co. you must be satisfied or your money back!

New GE Refrigerator as low as \$188. Model shown—\$399.95



## FULLY AUTOMATIC SPACEMAKER RANGE

All the features you want—in a truly deluxe G-E range at this low budget price! Removable oven door... push-button controls... automatic oven—minute timer... focused-heat broiler... no-drip cook top...

ONLY \$178.00  
COPCO BONUS 25.00  
PAY ONLY \$153.00  
Less Big Trade-In Allowance

## WANTED USED Refrigerators NOW!

We are coming into the summer season when the demand for our reconditioned refrigerators for Newlyneds, Summer Cottages, Rental Property, etc., is at its Peak! We need your used Refrigerator NOW! And we are prepared to give you the fullest trade-in allowance possible on your old Refrigerator on a new G-E! Now is the very best time to trade.

## Two Appliances In One! COMBINATION WASHER - DRYER



**SAVES SPACE**  
—same size as 30-inch kitchen cabinet—fits under counters... almost anywhere!  
**NO VENTING NECESSARY**  
**\$399.95**  
Budget Terms

**COMPLETELY AUTOMATIC**  
• Automatic Water Saver  
• Automatic Water Heater  
• Automatic Liner and Moisture Drainage

**DON'T FORGET! COPCO'S SPRING BONUS ENDS TOMORROW!**

**1/2 off**

Cut your moving costs in half... rent a Hertz truck!

Now Available in Medford - Hertz Truck Rental Service. Low rates by the hour, day, or longer—include all gasoline, oil and proper insurance. Pads and dollies for rent, too. Call Hertz anytime you need a truck fast!



**HOPKINS RICHFIELD SERVICE**  
McAndrews at Court — SP 3-9068