

Homemakers Praise Navajo Girls

"She's wonderful. I don't know what we could do without her." These words, sincerely spoken by a Medford mother and homemaker are typical of the praise which several valley couples have for the Navajo Indian girls, graduates of Chemawa Indian school near Salem, who have come to the valley in the past year to live in Medford and Ashland homes.

The first arrived slightly more than a year ago, and are now well established. Others are coming from time to

time as the school has additional graduates to fill requests. The young women, all trained in home economics and homemaking by the school, are praised by local families as being well-trained, neat and cooperative, trustworthy, and particularly fine as companions and workers with young children. It is understood that the girls are not to be treated as ordinary servants, but rather as members of the family. However, they must be paid a prescribed wage, given certain hours and days for "time off" and the standard two weeks vacation with pay.

The graduates are placed only in homes which meet certain rigid requirements and standards, and a supervisor visits each home at regular intervals. Any problems which either the householders or the graduates have are discussed with her. Supervisor in Oregon is Mrs. Rosetta Johnston, who is held in the highest regard by both the Navajo girls and the couples here who employ them.

In most of the valley homes where the girls are now living, they take their meals with the family, attend church with the family group and join in their recreation activities. Families take the girls along on trips. Mrs. Johnston explains that the program of placing the young Indian men and women in homes serves several purposes. It provides employment and security and gives the young people an opportunity to live in homes which there is much to be learned not only in home management and family life, but in citizenship and community responsibility. In this, the mother, father and children have a duty to perform, as well as the newcomer, it is pointed out.

The young Navajos are being placed in several cities throughout the west, it is said, and so well has the program worked that there is a long waiting list of requests. None of the young men, trained in agriculture and other vocations, have as yet been placed in Jackson county, but applications are on file.

Chemawa, which celebrated the 78th anniversary of establishment with a ceremony in February, has about 700 students, both boys and girls. They come mainly from Arizona and New Mexico, and only with the permission of their parents. They start their education at about 10 years, and return home to the reservation at vacation time to visit their families. The young people are wards of the government until 21 years old. The Navajos are an intelligent and proud race and almost never marry outside the tribe.

At the school, located seven miles from Salem, the children are given courses modified from those given in public schools, and are trained particularly in the vocational subjects. At the close of their high school courses, they must pass the California high school tests. Graduates average about 18 years of age.

Chemawa has a beautiful campus with 12 or 13 brick buildings including dormitories, a gymnasium, recreation quarters and standard halls and buildings for classroom instruction.

Several of the young women are living in Medford, and three in Ashland. Helen Hood lives with Mr. and Mrs. Ben Trowbridge, and daughter, Pamela, 1625 East Main street, and Lilly Eda Charley with Dr. and Mrs. William J. Miller and five children on Queen Anne avenue.

Dr. and Mrs. Malcolm Byers recently took into their home a graduate by the name of Georgia Ann Becenti, and another recent arrival is Anna Rose Joe, who is with Dr. and Mrs. Lawrence Ellis, 28 East-over terrace, and their family.

In Ashland Glenna Redhorse lives in the home of Mr. and Mrs. Gordon Serpa, 4250 Highway 99 south, Frances Gould lives in the home of Mr. and Mrs. William Dawkins, 140 Ridge road, and Nellie Mae Snyder makes her home with Dr. and Mrs. B. A. Cope, 717 Roca street.



Mrs. Rosetta Johnston, Salem, supervisor in charge of placing Navajo Indian graduates of Chemawa Indian school in Oregon homes, makes frequent visits to all these homes to check on the welfare of her charges. Mrs. Johnston is shown here with Helen Hood (at left) who makes her home with Mr. and Mrs. Ben Trowbridge, Medford, and Mae Belint, who is also living with a Medford family. The girls have a day off each week, and usually attend movies or shop, either here or in Ashland.

Eight-Hour Day For Homemaker Said Sufficient

Grand Rapids, Mich.—A career-girl housewife says women's work should be done—in just eight hours.

"Stick to an eight-hour day. Allow time for outside interests. You owe it to your husband to be more interesting," said Betty Bissell, who runs a home and helps her husband in his carpet-sweeper manufacturing business.

Mrs. Bissell recently wrote a booklet called "The Eight-Hour Day for Women."

"Too many women let themselves go once they get married," she said. "Becoming domesticated is a normal procedure for women. But if you have a good brain, don't waste it."

"A woman is interesting because she has many interests. This is a greater challenge to a housewife because she isn't out in the world for her job. She's at home with four walls and four children."

To avoid stagnation and boredom, get out of the house more often, she advised. Organize your day, leaving time for coffee breaks. Play music while you work. Always try to look your prettiest when you do the most unglamorous chores.

"But most important—always make your schedule a breakable one," she added.

Melted butter spread over the tops and sides of cakes before icing them will keep the cake moist and the icing smoother.



Lilly Eda Charley, graduate of the Indian school at Chemawa, Ore., makes her home with Dr. and Mrs. William J. Miller and family, Queen Anne drive. Lilly's particular charges are the Miller twins, Pamela Sue (at left) and Deborah Sue; the twins and Lilly are great friends and the two little girls, now 29 months old, are quick to mind her. Lilly attends St. Mark's Episcopal church with the Millers and their five children. Lilly, who spoke her native Navajo language before she learned English, says that "Chemawa" means "gathering of the tribes."

Bethel Elects At Last Session

Election of officers for the coming year was held by Bethel 14, International Order of Job's Daughters, at a meeting Wednesday, May 21. Miss Sue Knight, honored guest, presided over the session which saw the naming of the new slate of officers.

Miss Sharon Blickenstaff will be the new honored queen, and will be assisted by Miss Sylvia Morris as senior princess; Miss Mieke Noble, junior princess; Miss Marion Parsons, guide; and Miss Carle Borough as marshal. Installation of the new officers will take place at a public ceremony on Wednesday, June 11.

F. H. Everingham, past guardian of the Bethel, was introduced by Miss Knight. It was announced that the next meeting of the group will be held on Wednesday, June 4 and will be the evening for installation of guardian council for the coming year.

Eat Your Spinach, Junior

New York—Youngsters should go for spinach fixed this way. Cook beet tops with fresh spinach. When just tender, drain well and mix with medium cream sauce blended with deviled ham.

Officers Named For Crater Club

Central Point—Mrs. Thomas H. Smith was elected president of Crater Garden club at a meeting May 20 at the home of Mr. and Mrs. Carroll Stephenson, Willow Springs road. Also named to office were Delmar Smith, vice-president; Mrs. Arthur Straus, secretary; Mrs. Lawrence Messal, treasurer and Mrs. Carroll Stephenson, historian.

Henry Somers, representative from Monarch Seed and Feed store, spoke on lawn care.

Nevita Chapter To Hold Election

Election of officers and a memorial service are planned for a stated meeting of Nevita chapter, Order of the Eastern Star, Tuesday, May 27, at 8 p.m. in Central Point. Mrs. Wylee Berry, worth matron, and Merritt Swing, worthy patron, will preside.

Decorations in the chapter room are to be arranged by Mrs. Virgil Goff, and refreshments served by Mrs. Howard Short, chairman; Mrs. Doris Jackson and Mrs. Scott Boyer.

To avoid breaking the tips of canned asparagus, open the can from the bottom.

Sister and Niece Visitors in Valley

Recent guests of Mr. and Mrs. F. A. Daugherty, 2251 Kings highway, were Mr. Daugherty's sister, Mrs. Essie Willoughby, Reeds, Mo., and a niece of Mr. Daugherty, Miss Mary Frances Willoughby of Kansas City, Mo.

This is the first visit for the brother and sister in 22

years. While on the West coast the travelers visited other relatives in California and another brother of Mrs. Willoughby, M. D. Daugherty, Klamath Falls.

After leaving Medford they planned to see relatives in Beaverton, Ore. and Vancouver, British Columbia.

Spiced Rice

New York—Rice takes on added flavor when cooked with spices and scallions. Add 2 tablespoons butter or margarine, 1 1/4 teaspoons salt, and 3/4 teaspoon poultry seasoning to the water in which raw rice is cooked. Just before the rice is tender, and fluffy, stir in 1/3 cup chopped scallions, tops and all.

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Phoenix Women Elect Officers

Phoenix—Mrs. Albert Conbruck was elected president of the Phoenix Lions' auxiliary at the May meeting at the home of Mrs. William Short.

Other officers elected were Mrs. Daniel Foxworthy, first vice-president; Mrs. Ray Harrison, second vice-president; Mrs. Ernest Campbell, secretary; Mrs. David W. Haggard, treasurer; and Mrs. Earl Hobbs, Lion Tamer.

The new officers will be installed at a joint dinner to be held at the Tally-Ho June 6.

The next meeting will be held June 5 at the home of Mrs. Leonard Carlson, route 2, box 230D, Medford. Mrs. Leonard Halfhill and Mrs. Carter will be hostesses.

At the last meeting Mrs. Paul Hartsook was hostess with Mrs. Short.

To remove the musty smell from clean cotton draperies and slipcovers that have been stored for the winter, place them inside an automatic dryer and let them tumble freely for several minutes.

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