

Feeding the Family

By ZOLA VINCENT
Food Editor

Strawberry Shortcake

Favorite of Millions

They're luscious, they're lovely and local markets have them! Taste-tempting fresh strawberries are increasing in supply right along as the favorite berry. Peak production in late May and June but they'll never taste better than right now. No matter how you slice them, most of the current crop will go into shortcake, dessert favorite of millions.

Whether you make a baking powder biscuit dough, use a biscuit mix, bake or buy cake shortcake or sponge cake, you'll need four cups of fresh strawberries for six servings of shortcake if you want to be generous. Strawberry recipe always call for cups since quantity varies so much dependent on whether they remain whole, get sliced or crushed.

Strawberries are the one berry that must be hulled after washing.

In most strawberry desserts the recipe calls for the strawberries to be combined with sugar. The sugar should be mixed with the berries lightly but thoroughly. Amount of sugar varies according to berry sweetness, method of preparation and family preference but go easy on it. Strawberries in sugar should stand a half hour, but no longer, to draw juice, dissolve sugar.

Barbecued Lambburgers

For Supper Satisfaction

Regular supper time or mid-night supper time, barbecued lambburgers are tremendously popular with both teen-agers and parents. Meat in a bun for easy out-of-hand eating adds to the informality of any friendly gathering. Add mugs of hot coffee and/or cocoa.

Buy Lamb Patties already

shaped or select ground round and roll your own. For eight servings (two for each teenage boy), mix two pounds ground lamb with two teaspoons salt, one-half teaspoon pepper, one-half cup chopped parsley. Shape into eight patties; brown on both sides in a little hot fat. Add 1 to 1 1/2 cups barbecue sauce and simmer until sauce and meat are piping hot, 10 to 15 minutes. Serve on toasted buns.

Batters Up! Good Idea

For Frying Many Foods

The current talk about baseball and batters reminded us of a family-favorite batter recipe for French-frying practically anything. We use it for frying chickens, shrimp, fish, onion rings and other vegetables. Did you ever French-fry califlovers or halved lengthwise cucumbers? They're very good; also certain to get talked about.

We also add two table-

spoons of sugar to this and French fry such delectable hot desserts as pineapple slices, canned peach halves and bananas. Blend one-half cup salad oil and one cup sifted enriched flour. Add one unbeaten egg and 1/2 cups milk, one-half teaspoon salt; beat with rotary beater until smooth. Be sure item to be fried is dry. Batter is thin. Deep-fry in salad oil until golden brown, raw food cooked. Drain on absorbent paper.

New Interest for Breakfast Cereals

Everyone knows that a hot cereal breakfast with cream, half and half or whole milk is a mighty fine way to start the day. Here are ways to enhance your family favorites.

Top hot cereal serving with one or two tablespoons of quartered prunes and drizzle honey or maple syrup over cereal before pouring on the milk.

Blend one or two tablespoons of cranberry sauce, apricot or other preserves into hot cereal; then sprinkle generously with flaked coconut and pass the milk.

Place one or two tablespoons of drained crushed pineapple in bottom of bowl, add hot cereal; sprinkle with brown sugar and pour on the milk.

Blend one or two tablespoons of drained, chopped, sweetened stewed apricots or apple slices into hot cereal serving; sprinkle top with brown sugar and pour on the milk.

White Sauce Pep-Up—Whether you make your own white sauce or use the canned one, you'll get new flavor excitement by adding chopper chives, prepared mustard, horseradish, chopped eggs or a dash of curry powder for saucing meat, fish and vegetables.

Big Economy Package Not Always Best Buy

That familiar phrase "the big economy package" can

lead to waste rather than thrift in buying. The "economy" depends on size of family, on how much and how often the particular food or grocery product is used . . . and also on refrigerator and cupboard space.

Overbuying of perishable foods is a common cause of food waste. Many foods in cans, jars and packages become perishable when opened, must be used soon or refrigerated promptly. For example, a tall can of juice costing a few pennies less than the same quantity in two or three smaller cans is an economy buy for the family who uses it in a day or two; may easily be a poor buy for a family of two. It loses quality while standing, takes up refrigerator space and furthermore family may tire of it, reject it in future.

Another point worth considering before buying a larger size is whether it actually costs less. Read labels carefully to learn the quantity or net weight in different sizes, compute the difference in cost. It's money lost too if the food is used carelessly just because there is a lot of it on hand. Comes back to label reading, doesn't it?

Quick Look at Food Plentifuls

Meats. Chickens and turkeys continue the best buy-of-the-week. A turkey makes many a good meal if you've proper refrigeration. Scanning ads in this newspaper, you'll find some good beef buys along with economy cuts of excellent quality lamb and veal that offer menu variety. Eggs are high in protein, reasonable in cost; belong in menu every day in some way.

Fish and Shellfish.

Fish sticks, flounder, halibut, rockfish, sablefish, crabs, crabmeat, shrimp are most plentiful in fresh and frozen fish displays. Surprising variety over in the packaged frozen foods section. Pick up extra lemons when you're buying fish.

Fresh Vegetables.

Artichokes, asparagus, broccoli, cabbage, carrots, celery, cauliflower, assorted greens, mushrooms, Italian squash, green onions, dry onions, potatoes, radishes and heaps of fine quality lettuce for makings of many a fine salad.

Fruit Displays.

Seasonally limited to apples, bananas, oranges, lemons, winter pears with best buys in grapefruit, avocados, pineapples. Strawberries are really starting to roll with prices variable and not likely to be bargains at any time because of demand.

Romance in Print

by Alice Brooks

This quilt will sparkle in two colors and white. Quilt-making is needlework that combines beauty and utility.

It's so easy to piece this block. Pattern 7265: charts, directions, pattern of patches, yardages for single, double bed.

Send Thirty-five cents (coins) for this pattern—add 5 cents for each pattern for 1st-class mailing. Send to Medford Mail Tribune, Household Arts Dept., P.O. Box 168, Old Chelsea Station, New York 11, N.Y. Print plainly NAME, ADDRESS, PATTERN NUMBER.

Send Twenty-five cents more for a copy of our Alice Brooks Needlecraft Catalogue. Two complete patterns are printed right in the book . . . plus a variety of designs that you will want to order: crochets, knitting, embroidery, huck weaving, quilts, toys, dolls.

CUT a beautiful figure for yourself—cut this easy-sew Printed Pattern in a romantic print or vivid solid cotton. Neckline dips in front above a nipped waist—paneled skirt has a floating-on-air feeling you'll love.

Printed Pattern 9065: Misses' Sizes 10, 12, 14, 16, 18. Size 16 takes 5 1/2 yards 35-inch fabric.

Printed directions on each pattern part. Easier, accurate. Send FIFTY CENTS (coins) for this pattern—add 5 cents for each pattern for 1st-class mailing. Send to Medford Mail Tribune, Pattern Dept., 232 West 18th St., New York 11, N.Y. Print plainly NAME, ADDRESS with SIZE and STYLE NUMBER.

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10-18

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They'll Do It Every Time

By Jimmy Hatlo



The Family Council

Editor's note: The Family Council consists of a judge, a psychiatrist, three clergymen, a newspaper editor, a woman's editor and two writers. Each article is a summary of an actual report. The Family Council does not give advice; it merely reports on problems that have been dealt with by responsible agencies and counselors.

Pauline R. — I want to be the first and only.

Kenneth R. — I can't help my obsession.

Pauline R. — My husband and I have been married for 25 years and have a married son and daughter. Supposedly we are very happy, but under the surface we have a strange and terrible problem.

My husband is almost haunted by the memory of a girl he loved when he and she were children of 16. This girl's family moved away from their home town before she and Kenneth had gotten out of high school and they never

saw one another again. Many years after we were married my husband learned where she was married and had several children, but said she had never forgotten Kenneth. I made by husband promise not to write again.

Kenneth made me a promise on the Bible and I know he kept it, but I can't stand to go on this way, knowing that I can never be the first and only one with my husband. He has been very good to me, but what is the use of life this way?

Kenneth R. — I would give anything to be cured of this obsession. My wife is a wonderful woman and I love her dearly and don't want to hurt her. I have always tried to treat her with the greatest consideration and would never be disloyal to her.

But this is something I can't help. This girl's face keeps coming before me as lifelike as it was 30 years ago. I think about her all the time and dream about her at night. I feel sure that she must be thinking about me all the time. I know that she is unhappy with her husband and I long to comfort her.

I feel that perhaps if I could see her just once again I would be happy. The trip to her home would be a pretty long and expensive one, but it would be worth it. Let me go. She says if I go I'll never see her again. At times I'm almost afraid I do it without really meaning to.

The Council: If Kenneth had a less tender and sympathetic wife, she would make a laughing matter of this while thing. The mere fact that she enters the spirit of this "obsession" so thoroughly should be proof to Kenneth that he has found the real woman of his dreams — a rare person who enters fully into the deepest yearnings of her partner.

The poet Dante saw a woman once and spent the rest of his life writing poetry dedicated to her. That, of course, didn't prevent him from having a wife and a family of bouncing bimbos.

We don't know what Mrs. Dante thought of Beatrice, but we suspect that she was able to take the existence of this woman in stride. She probably knew that Beatrice was a symbol of Beauty, Love, Woman and we hope she recognized the fact that those words in capital letters are not quite the same as the words in small letters.

We don't blame Pauline for wanting to be "first and only" with her husband, but we believe that she is exactly that. The woman of Kenneth's obsession is not a woman at all, but the psychological source from which he gets the drive

to be a loving, considerate husband.

We wouldn't like to see Kenneth take that long, expensive trip. It would destroy his dream. Why not try writing poetry, Kenneth?

LEGAL NOTICE

Probate No. 10130

NOTICE OF FINAL SETTLEMENT IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR JACKSON COUNTY

PROBATE DEPARTMENT

In the Matter of the Estate of

ARTHUR LEBRUN, deceased.

The undersigned has filed in the Circuit Court of Jackson County, Oregon, a final account of her administration of the above entitled estate and said court has fixed the 7th day of May, 1958, at the hour of 10:00 o'clock A.M. of said day, at the courthouse of said court at the Courthouse in Medford, Jackson County, Oregon, the time and place for the settlement of said estate.

All persons interested in said estate are hereby notified and required to make or file their objections to said account, if any they have, on or before the time aforesaid fixed for the hearing and settlement thereof.

Dated and first published this 4th day of April, 1958.

BARBARA F. BELL, an incompetent person.

Notice is hereby given that Charles B. Bell, guardian of the estate and of the person of Barbara F. Bell, an incompetent person, will sell on or after May 5, 1958, in the county of Jackson, state of Oregon, to the highest bidder at private sale, upon the terms and conditions hereinafter mentioned, subject to confirmation by the above entitled court, all of the right, title and interest in and to the following described real property situated in Jackson County, Oregon, to-wit: Lots 8, 9 and 10, Block 24 of the City of Gold Hill, according to the official plat thereof, now of record.

That the terms and provisions of said sale shall be for cash, credit or both and upon such terms and conditions as may be approved by the court.

All bids and offers must be in writing and may be left at the offices of Neff, Frohnmayer & Lowry, attorneys for the undersigned, at 200 Cooley Theatre Building, Medford, Oregon.

Dated and first published this 4th day of April, 1958.

CHARLES B. BELL, guardian of the estate and of the person of Barbara F. Bell, an incompetent person.

NOTICE OF ANNUAL SCHOOL ELECTION AND MEETING

(In Districts of the Third Class)

NOTICE IS HEREBY GIVEN, in compliance with Sec. 331.010, ORS, to the legal voters of School District No. 40 of Jackson County, State of Oregon, that the ANNUAL SCHOOL MEETING of said District will be held at Applegate School; to begin at the hour of 2:00 o'clock P.M. on the first Monday of May, being the 5th day of May, A.D. 1958, for the purpose of transacting business at such meeting; and to elect a local director for a term of 5 years, and to elect 1 rural board member-at-large for 3 years.

Dated this 8th day of April, 1958.

Robert Tule, Chairman Board of Directors

ATTENTION: Bertie Hill, District Clerk

NOTICE OF ANNUAL SCHOOL ELECTION AND MEETING

(In compliance with Sec. 331.010, ORS, to the legal voters of School District No. 2, of Jackson County, State of Oregon, that the ANNUAL SCHOOL ELECTION of said District will be held at the School House; between the hours of 2 P.M. and 8 P.M. on the first Monday of May, being the 5th day of May, A.D. 1958, for the purpose of electing One Director for one (1) year and five Directors for five (5) years; also the Election of one Rural Board Member-at-large.

Dated this 18 day of April, 1958.

C. W. Guch, Chairman Board of Directors

ATTENTION: Galen R. Knox, District Clerk

LEGAL NOTICE

NOTICE OF SALE

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR JACKSON COUNTY