STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars.

To develop message for Wednesday, read words corresponding to numbers of your Zodiac birth sign.

1 Day	31 Could	61 Or	
2 Anything	32 Should	62 Financial	
3 Guard	33 Later	63 Saving	
4 Study	34 For	64 New	
5 You	35 Is	65 Currents	
6 Hours	36 Inspires	66 Succeed	
7 You're	37 Your	67 From	
8 Likely	38 To	68 Interesting	
9 Don't	39 Add	69 And	
10 Against	40 Receive	70 Barbershop	
11 Build	41 Hidden	71 Buy	
12 Remarks	42 Visit	72 Look	
13 Probably	43 A	73 Important	
14 Something	44 Improve	74 Status	
15 Annoying	45 And	75 Someone	
16 Should	46 Social	76 Bonds	
17 Wog	47 Your	77 Too	
18 Watch	48 Bring	78 Much	
19 End	49 Tongue	79 Deception	
20 You	50 Likely	80 For	
21 Research	51 Favors	81 Friends	
22 Undertake	52 To	82 Be	
23 Expand	53 Consistent	83 Spruce	
24 That	54 Pleasure	84 Secretive	
25 Your	55 Beauty	85 Top	
26 Out	56 Serenity	86 Now	
27 Resources	57 Under-	87 Perhaps	
28 Well	58 Horizons	88 People	
29 Through	59 Salon	89 Ahead	
30 Could	60 Antagonize	90 Up	
		419	

Good — Adverse — Neutral

ARIES MAR. 22 - APR. 20: 3-10-12-24-31-60-75
TAURUS APR. 21 - MAY 21: 23-37-46-58-69-72-80-89
GEMINI MAY 22 - JUNE 22: 11-27-29-53-63-71-76
CANCER JUNE 23 - JULY 23: 7-8-38-39-64-68-81-86
LEO JULY 24 - AUG. 23: 42-43-55-59-61-70-83-90
VIRGO AUG. 24 - SEPT. 22: 14-16-19-28-45-48-56
LIBRA SEPT. 23 - OCT. 23: 18-26-34-41-57-65-79-87
SCORPIO OCT. 24 - NOV. 22: 4-21-30-44-47-62-74
SAGITTARIUS NOV. 23 - DEC. 22: 9-17-25-49-77-78-82-84
CAPRICORN DEC. 23 - JAN. 20: 1-6-13-15-33-36-54
AQUARIUS JAN. 21 - FEB. 19: 2-5-22-35-50-52-66
PISCES FEB. 20 - MAR. 21: 20-32-40-51-67-73-85-88

RADIO PROGRAMS—TUESDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make changes as are supplied.

KYJC 1230 kc	KMED 1440 kc	KWIN 1400 kc
4:00—Music Box	News* Car Tunes	Fulton Lewis Jr.
4:15—Story Hour	Car Tunes	Hemingway News*
4:30—Bulletins-Godfrey**	Car Tunes	News* One for Road
4:45—Arthur Godfrey**	Car Tunes	One for the Road
5:00—Murrow**	News*	News* One for Road
5:15—Eventide	Car Tunes	One for the Road
5:30—Tom Harmon**	Weather-News	News* One for Road
5:45—Frank Goss**	Orval Anderson*	One for Road—Sports
6:00—Morgan*	News*	World News Roundup
6:15—Lowell Thomas**	HI-Fi Hour	Candelight and Wine
6:30—Amos & Andy**	Hi-Fi Hour	News* Candelight
6:45—Amos & Andy**	One Man's Family*	Candlelight and Wine
7:00—News**	NBC News*	Kwin Karavan
7:15—Sen. Morse	Treasury of Music*	Karavan-News*
7:30—Robert Q. Lewis**	News of the World*	News* Karavan
7:45—Robert Lewis**	Life and the World*	KWIN Karavan
8:00—Herman-Frost	NBC News* Gildy*	News—Talent Teens
8:15—Draper**	Gildersleeve*	Talent Teen Time
8:30—World Tonight**	Nightline*	News—Talent Teens
8:45—World-Sevareid**	Nightline*	Talent Teen Time
9:00—News**	NBC News*	News* Green Room
9:15—Herman News**	Hi-Line	Green Room
9:30—World Tonight**	Hi-Line	News—Green Room
9:45—World-Sevareid**	Hi-Line	Green Room
10:00—Richfield Rep.**	News*	Sign Off
10:15—Turntable Terrace	Hi-Line	
10:30—Turntable Terrace	Hi-Line	
10:45—T. Terrace	Hi-Line	
11:00—Sign Off	Sign Off	

RADIO PROGRAMS — WEDNESDAY

6:00—News of America**	Wake Up To Music	
6:15—Yawn Patrol	Wake Up To Music	
6:30—Yawn Patrol	Wake Up To Music	News* Chuckwagon
6:45—Yawn Patrol	First News	News Chuckwagon
7:00—News Roundup*	Wake Up To Music	Hemingway News*
7:15—Cecil Brown*	Weather—News*	Sunrise Serenade
7:30—MacLeod-Sports	Valley Beeper	News* Serenade
7:45—Harry Babbitt**	Weather & News	Sunrise Serenade
8:00—Variety Weather	NBC News* Hear!	Cliff Ingle News*
8:15—Frank Goss**	Hear!	Koffee Klatch
8:30—Breakfast Tunes	Hear!	News* Koffee Klatch
8:45—Howard Miller	Hear!	Koffee Klatch
9:00—Weisfield Mike	NBC News* Hear!	News* Lively Time
9:15—Breakfast Club*	Hear!	Lively Time
9:30—Breakfast Club*	Hear!	News* Lively Time
9:45—Breakfast Club*	Fashion Flashes	Lively Time
10:00—Music Box	Hear!	Newspaper of Air*
10:15—Trading Post	NBC News* Hear!	Telo-Test*
10:30—Name Neighbor	NBC Bandstand*	News* Lively Time
10:45—Road of Life**	Bandstand*	Lively Time
11:00—Record Rack	News*	News
11:15—2nd Mrs. Burton**	Bandstand*	Woman's World
11:30—Cple Nxt Door**	Bandstand*	News* Queen for Day
11:45—Pat Buttram**	Bandstand*	Queen for a Day*
12:00—Paul Harvey	Noon News*	News
12:15—News-Weather	Weather*	Roundup Time
12:30—Houseparty**	Local News*	News* Roundup Time
12:45—Houseparty**	His Majesty	Roundup Time
1:00—Godfrey**	News*	News* Roundup Time
1:15—Godfrey**	KMED Houseparty	Roundup Time
1:30—Godfrey**	KMED Houseparty	News* Roundup Time
1:45—Godfrey**	KMED Houseparty	Roundup Time
2:00—Mixmaster	News*	News* Ramblin
2:15—Mixmaster	Listen	Ramblin
2:30—Mixmaster	Lcl News	News* Records Spin
2:45—Mixmaster	Listen	Records Spin
3:00—Backstage Wife**	News*	News* Records Spin
3:15—Trent**	Five Star Matinee*	Records Spin
3:30—Nora Drake**	My True Story*	News* Records Spin
3:45—Music Box	My True Story*	Records Spin
4:00—Music Box	News*	Fulton Lewis Jr.*
4:15—Story Hour	Car Tunes	Hemingway News*
4:30—Bulletins Godfrey**	Car Tunes	News* One for Road
4:45—Arthur Godfrey**	Car Tunes	One for the Road
5:00—Murrow**	News*	News* One for Road
5:15—Eventide	Car Tunes	One for the Road
5:30—Tom Harmon**	Weather-News	News* One for Road
5:45—Frank Goss**	Orval Anderson*	One for Road—Sports*
6:00—Edward P. Morgan*	NBC News*	World News Roundup
6:15—Lowell Thomas**	Hi-Fi Hour	Candlelight and Wine
6:30—Spts Amos-Andy**	Hi-Fi Hour	News* Candlelight
6:45—Amos & Andy**	One Man's Family	Candlelight and Wine
7:00—News**	NBC News* U.N.*	KWIN Karavan
7:15—Turntable Terrace	U.N.*	Karavan—News*
7:30—Robert Q. Lewis**	News of the World*	News* Karavan
7:45—Robert Q. Lewis**	Life and the World*	KWIN Karavan
8:00—Herman-Draper**	NBC News* People*	News—Crater Comets
8:15—Rusty Draper**	Night Line*	Crater Comet Capers
8:30—World Tonight**	Night Line*	News—Crater Comets
8:45—Sevareid Weather	Nightline*	Crater Comet Capers
9:00—News**	NBC News*	News* Green Room
9:15—Marv. Miller**	Hi-Line	Green Room
9:30—Turntable Terrace	Hi-Line	News* Green Room
9:45—Turntable Terrace	Hi-Line	Green Room
10:00—Richfield Reporter**	News*	Sign Off
10:15—Turntable Terrace	Hi-Line	
10:30—Turntable Terrace	Hi-Line	
10:45—Turntable News	Hi-Line	
11:00—Sign Off	Sign Off	

*ABC **CBS *NBC *MBS

KBOY—730 KC

Wednesday
5:30—Sign on; news, music
7:15—Farm News
8:00—Music for Birds
8:15—Music 'Til Noon; Weather on hour; News on half-hour; 10 a.m. Bargain Roundup
12:00—Weather—Spins & Needles
12:15—Portland Market—Music
12:30—N.Y. Market
12:45—Spins & Needles Music; Weather on hour; News on half-hour; 2:30 Bargain Roundup
4:00—Rick's Requests
4:30—News—Requests
5:00—Weather—Spins & Needles
7:00—Sign off

TELEVISION PROGRAMS

The following TV broadcast log is printed as a free public service for the Mail Tribune's readers and TV viewers. Schedule changes are printed as provided by the TV stations and the Mail Tribune cannot accept responsibility for errors or omissions.

KBES-TV (Channel 5)

TUESDAY

4:00—Feminine Fancies
4:30—Devotions
4:45—Search for Tomorrow
5:00—Sports Club
5:30—Cartoon Time
6:00—Your TV Weatherman
6:05—News
6:15—Doug Edwards
6:30—Name That Tune
7:00—Mr Adams and Eve
7:30—Whirlybirds
8:00—To Tell the Truth
8:30—Red Skelton
9:00—$64,000 Question
9:30—Trackdown
10:00—26 Men
10:30—News
10:35—Championship Bowling
11:35—Sign off

WEDNESDAY

11:50—Cartoon
11:55—News
12:00—Big Payoff
12:20—The Verdict Is Yours
1:00—Brighter Day
1:15—Secret Storm
1:30—Edge of Night
2:00—Garry Moore
2:30—How Do You Rate
3:30—Dotto
4:00—Feminine Fancies
4:30—Devotions
4:35—Val Rogue Camera
4:45—Search for Tomorrow
5:00—Woody Woodpecker
5:30—Tim McCoy
5:45—Cartoon Time
6:00—Your TV Weatherman
6:05—News
6:15—Doug Edwards and News
6:30—Boots and Saddles
7:00—Harbor Command
7:30—Big-Story
8:00—The Millionaire
8:30—I've Got a Secret
9:00—U.S. Steel Hour
10:00—Mickey Spillaine
10:30—News
10:35—Lawrence Welk
11:35—Sign-Off

Saturday.

KOTI-TV (Channel 2)

TUESDAY

4:00—Feminine Fancies
4:30—Uncle Bill Show
4:45—Search For Tomorrow
5:00—Sportsclub
5:30—OTI Tech Talks
6:15—Doug Edwards
6:30—Name That Tune
7:00—Adams and Eve
7:30—Whirlybirds
8:00—To Tell the Truth
8:30—Red Skelton
9:00—$64,000 Question
9:30—Trackdown
10:00—I Spy
10:30—News
10:35—Championship Bowling

WEDNESDAY

11:40—Chaplain's Corner
11:50—Cartoon Time
12:00—Big Payoff
12:30—Verdict is Yours
1:00—Brighter Day
1:15—Secret Storm
1:30—Edge of Night
2:00—Garry Moore Show
2:30—How Do You Rate
3:30—Dotto
4:30—Uncle Bill
4:45—Search for Tomorrow
5:00—Woody Woodpecker
5:30—Tim McCoy
5:45—TV Question Box
6:00—News & Weather
6:15—Doug Edwards
6:30—Boots & Saddles
7:00—Minnie Surles Show
7:15—Passport
7:30—Big Story
8:00—Millionaire
8:30—I've Got a Secret
9:00—Circle Theater
10:00—Mickey Spillaine
10:30—News
10:35—Lawrence Welk

Dead Line on Classified Ads: 5:30 p.m. for following day, except 10 a.m. for Monday; for Sunday, noon

The Medical Roundup

by Walter Alvarez

Emeritus Consultant in Medicine, Mayo Clinic
Emeritus Professor of Medicine, Mayo Foundation

Trichinae In Pork

In a recent column I was mistaken in saying that the Government meat inspectors watch out for trichinosis. The trichinae encysted in the muscles of hog are too small to be seen with the eye. In leaflet No. 428—just sent me by the U. S. Department of Agriculture — I read that about one per cent of grain-fed hogs are infested with trichinae, while nearly 6 per cent of hogs fed uncooked garbage have the disease. That is why, today, the laws of most states direct farmers to cook all the garbage that is fed to hogs. Fortunately, from 70 to 80 per cent of the hogs that are infested with trichinae have so few that eating their meat could not do human beings much harm. An important point is that in packing plants operating under Federal meat inspection, pork products that usually are eaten without cooking are now processed to kill trichinae—by cooking, or special freezing, or special curing.

Dr. Alvarez

The housewife should remember that when cooking large pieces of pork she must allow sufficient time for the heat to penetrate slowly to the center of the meat. Large pieces that are well cooked on the outside can easily be left almost raw in the center, and this means that any trichinae present will be left alive. Even pork chops should be extra well done. If a small cut shows that the meat next to the bone is still pink, the meat is underdone. Large thick cuts of pork should be cooked for at least 30 minutes to the pound, and frozen or very cold meat—taken out of the deep freezer—will need even more time. Processed sausage should always be cooked, unless one is sure it was processed under Federal supervision.

In writing all this I trust I will not scare people out of eating pork. It is an excellent food. My readers should remember that in my long medical life I can remember only a very few people who had ever had trouble with trichinosis. I myself have always eaten well-cooked pork without any fear, but I have never cared to eat pork that was underdone, especially if I doubted if it had been Federally-processed.

It is interesting that Hippocrates, the Father of Medicine, who practiced on the Greek island of Cos some 2400 years ago, used to give women in labor to ease their pain an extract of willow bark. This contained a salicylate, and out of a salicylate came—about 100 years ago—our most commonly used drug, aspirin.

I can remember when, as a little boy, I had my first attacks of fibrositis in a knee, my mother used to wrap the joint in flannel soaked in a pleasant-smelling salicylate. If I remember correctly, this was used years ago by the Inlians up in Canada.

Chemically, aspirin is acetyl-salicylic acid. It is the main constituent of nearly all of the much-advertised painkillers, headache remedies, and treatments for arthritis.

In America we swallow some 42,000,000 aspirin tablets every 24 hours. Fortunately, they seldom bother anyone. occasionally, they produce ringing in the ears or nausea or dizziness. An occasional person reacts in an allergic way to aspirin, and his or her face may swell up. In all my years of practice, I never saw anyone who had what looked to me like serious habituation to the drug. Some experts who have measured the amount of relief of pain effected by aspirin came to the conclusion that it does not help to take more than two tablets at a time. There is a limit to the amount of pain that can be relieved by the drug, and when we reach the limit we cannot go farther. Many persons who suffer from severe forms of pain will say that no amount of aspirin will touch it. Then only a stronger drug, such as morphine, will give them relief.

Shortness of Breath

A man writes that he gets short of breath with the least exertion. Obviously, he should see a physician to find out what is wrong. The trouble may be with the arteries or the valves in his heart, or his lungs may be emphysematous so that they do not work well any more, or may be asthmatic, or he may have a very high blood pressure, or much hardening of the arteries. Naturally, the treatment for these several conditions will be different.

Dr. Alvarez hopes his readers will understand that it would be impossible for him to answer requests for information or to attempt to diagnose by mail.

(Released by The Register and Tribune Syndicate, 1958).

Washington — (AP) — Rep. Gracie Pfost (D-Idaho), has joined with other members of the Idaho congressional delegation in seeking establishment of a million dollar soil and water research laboratory in the Pacific Northwest.

Party or Sundress

by Alice Brooks

Puppy faces form cute pockets on this pinafore — little girls are sure to love it. Sew-easy for you, mother!

Make a pinafore, sundress, or skirt. Pattern 7008: transfer of embroidery, applique; pattern child's size 2, 4, 6, included.

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Condition Better For Mrs. Slaten

Mrs. Rosemary Slaten, 33, Gold Hill, was reported conscious yesterday at Sacred Heart hospital and able to talk, according to Jackson county sheriff's deputies.

Mrs. Slaten, who had been confined to the hospital since April 2, was found unconscious in her Gold Hill home when sheriff's deputies attempted to serve a warrant charging her with the embezzlement of $12,000 from the Rogue Valley Physicians' service.

Joe Walsh, sheriff's deputy, reported today that traces of barbiturates and aspirin were found by state crime laboratory in samples of the contents of Mrs. Slaten's stomach and a coffee cup. The coffee cup was found near Mrs. Slaten Wednesday. The laboratory notified local officials of the analysis in a telephone conversation.

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Stops Constipation Due to "Aging Colon"
New laxative discovery re-creates 3 essentials for normal regularity.
As you grow older, the internal muscles of your colon wall also age, lose the strength that propels waste from the body. Stagnant bowel contents become so dry and shrunken that they fail to stimulate the urge to purge.
Relief, doctors say, lies in a new laxative principle. Old-style bulks and moisteners may create gas, take 3 or 4 days for relief. Old-style salts and drugs cramp and gripe the entire system. Of all laxatives, only new COLONAID gives you its special 3-way relief that works only on the lower colon (area of constipation).
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Strange As It Seems

By ELSIE HIX

CROSSWORD PUZZLE

ACROSS

1—Binds
5—Competent
9—Drink slowly
12—Poker stake
13—Ineffectual
14—Emmet
15—Paid notice
16—Have on one's person
18—Bespatter
20—Pronoun
22—Insect eggs
24—Slash
27—Slave
29—Dregs
31—Compass point
32—Gravestone
34—Death rattle
36—Symbol for tantalum
37—Handles
39—Articles of furniture
41—Three-toed sloth
42—Hard-shelled fruits
44—Glossy fabric
45—Afternoon party
47—A state
49—Want
50—Actual being
52—Cried
54—Nova Scotia (abbr.)
55—The urial
57—Simians
59—Preposition
61—Enemy
63—Man's name
65—Unclosed
67—Skill
68—Comfort
69—Mine vein

DOWN

1—Chinese pagoda
2—Branches of business
3—Latin conjunction
4—Stitch
5—Be of use
6—Trade
7—Chinese mile
8—Finish
9—Costly fur
10—Preposition
11—Liquid measure (abbr.)
17—Printer's measure
19—Conjunction
21—Dirk
23—Chair
25—Concerned
26—Plagued
27—Landed property
28—Verve
30—Shut noisily
33—Sewing case
35—Black
38—Pack away
40—Hold on property
43—Makes solemn oath
46—Item of property
48—Fruit
51—What?
53—Symbol for tellurium
56—High card
58—The sun
60—Number
61—Note of scale
62—Conjunction
64—Cooled lava
66—River in Italy

Answer to Yesterday's Puzzle

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