



"REGULAR as could be!"

Irregular due to lack of bulk? Take the advice of Mrs. Dorothy Luedman, Minneapolis, Minnesota: "For years I was troubled with irregularity. Then I started eating Kellogg's All-Bran. Within two weeks I was as regular as could be!" Kellogg's All-Bran provides the bulk you need to keep regular naturally, without habit-forming laxative drugs. Try All-Bran—and end irregularity.

Kellogg's ALL-BRAN

ARTHRITIC RHEUMATIC MUSCULAR PAINS

Do you know that DOLCIN... manufactured in eight countries... is the world's best-known and most widely-used product in its field? More than 1,900,000,000 DOLCIN tablets have been used in eleven years. DOLCIN must be good! DOLCIN is an honest product, prescribed by many doctors, which has helped millions to ease the moderate pains and discomforts of arthritis, rheumatism, sciatica, lumbago, whenever they occur. Try DOLCIN® today. If pains persist, check with your doctor.



Like Walking on Pillows!



**Dr. Scholl's
AIR-PILLO
INSOLES**

Made of soft
LATEX FOAM

Air-cushions any shoe for only 60¢

1. Relieve Pain, Callouses, Tenderness.
2. Give mild cushioning support... Ease pressure on nerves of feet.
3. Help lessen strain from long standing or walking.

Dr. Scholl's Air-Pillo Insoles make every day a real holiday for your feet! Worn in any shoe. Get a pair today. At Drug, Shoe, Dept. and 5-10¢ Stores.

Dr. Scholl's AIR-PILLO Insoles



is less vibration, heat, noise, and pressure. The patient feels less tension, and the doctor is not so tired. Shorter visits also enable the dentist to serve more people. This is especially important today, when our population growth is running far ahead of the number of dental graduates.

In 1952, the National Bureau of Standards developed a water-driven turbine hand-piece that operated at 45,000 rpm, compared with 2,500 to 6,000 rpm for the old tool. This work was continued, with somewhat different approaches, by a number of agencies, as well as by private dentists, until Dr. Roderick A. McEwen of Atlanta was able to describe the latest device to the American Dental Association's 1956 meeting as one used "like a paint brush with a feather touch."

"Often the patient cannot locate the site of the treatment," Dr. McEwen said, and he added that the absence of nerve inflammation after preparing cavities was reason enough to accept the new instrument.

In addition to greater speed, efficiency has been further enhanced by carbide and diamond tips instead of the old steel burrs, and a water-air spray for cooling and cleaning the tooth surface enables the dentist to work without interruption.

AN INVENTOR-DENTIST, Dr. Robert B. Black, developed the remarkable airbrasive machine, which prepares cavities with an abrasive stream shot from a tiny nozzle at terrific speed. Though this machine has been accepted by many dentists, Dr. Black reported in a ten-year summary in 1954 that it was often not suitable for teeth with large decayed areas and restorations. Other dentists have found the equipment is bulky in small offices.

A device that gives a feeling of "magic" to dental work is the ultrasonic instrument adapted from an industrial drill in 1954. It operates by vibrations too rapid and high-pitched to hear. The vibrations act on an abrasive to cut tooth structure.

Here, it appears, is something that might lead to "painless" dentistry, the answer to the dreams of both patient and dentist. Dr. Carl R. Oman of Columbia University reported that the instrument produced practically no vibration and patients felt no discomfort. Dr. Oman said it cut enamel smoothly, but it was ineffective on decayed dentin. Nevertheless, it could be used for 80 percent of the work on cavities.

But two studies since 1954 seem to indicate that the ultrasonic instrument hasn't fulfilled its early promise. The results are far from conclusive, and doctors feel there is still much to be learned about ultrasonic equipment. As Capt. Arne G. Nielsen of the U. S. Navy Dental School said, "The attempt to determine the complete safety of the ultrasonic process in continued studies appears justified." And in his Illinois report, Dr. Jones concluded that "ultrasonics may be something that dentistry will use in the future."

So you see, your dentist would like nothing better than to throw away that "drill" that's been the butt of so many jokes. And thanks to dental research, maybe he'll be able to some day.

NEW FAB WASHES CLOTHES CLEANER, WHITER, BRIGHTER, MORE LASTINGLY ODOR-FREE than any other washday product in the world!



No wonder New FAB with Duratex is approved and recommended by America's leading manufacturers of fabrics and clothing!

CLEANER... New FAB with Duratex washes clothes cleaner than ever before... clean clear through—not just surface clean.

WHITER, BRIGHTER... New FAB with Duratex washes clothes dazzling white—even nylons and rayons!

MORE LASTINGLY ODOR-FREE... New FAB helps keep clothes odor-free even during wearing! Every washing adds more protection against odor!

Double your money back if your FAB wash isn't the cleanest, whitest, freshest ever!

Return empty FAB carton with your name, address to: Colgate-Palmolive Co., Dept. FJF, 300 Park Ave., N.Y. 17



How To Hold FALSE TEETH More Firmly in Place

Do your false teeth annoy and embarrass by slipping, dropping or wobbling when you eat, laugh or talk? Just sprinkle a little FASTEETH on your plates. This alkaline (non-acid) powder holds false teeth more firmly and more comfortably. No gummy, gooey, pasty taste or feeling. Does not sour. Checks "plate odor" (denture breath). Get FASTEETH today at drug counters everywhere.

Photo Credits:

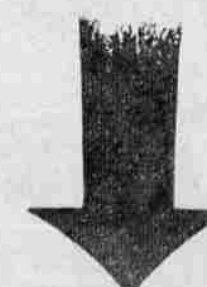
Cover: John Mechling from FPG.
Page 4: H. Armstrong Roberts.
Pages 6, 7: International News Photos, United Press, Wide World.
Page 14: Wide World.
Pages 16, 17: Sketches from Spic & Span.

Why "Good-Time Charlie" Suffers Uneasy Bladder

Unwise eating or drinking may be a source of mild, but annoying bladder irritations—making you feel restless, tense, and uncomfortable. And if restless nights, with nagging backache, headache or muscular aches and pains due to over-exertion, strain or emotional upset, are adding to your misery—don't wait—try Doan's Pills. Doan's Pills act 3 ways for speedy relief. 1—They have a soothing effect on bladder irritations. 2—A fast pain-relieving action on nagging backache, headaches, muscular aches and pains. 3—A wonderfully mild diuretic action thru the kidneys, tending to increase the output of the 15 miles of kidney tubes. So, get the same happy relief millions have enjoyed for over 60 years. New, large, economy size saves money. Get Doan's Pills today!

DRIVE SAFELY

Cold Coming On?



The first sniffle or sneeze is a warning—reach for Listerine! Gargle Listerine Antiseptic full-strength every few hours.

12-year tests proved: People who gargled Listerine twice daily had fewer, shorter, milder colds than those who did not.

Reach for Listerine

...your No. 1 protection against infection