

## IF YOU ARE ON THIS LIST...

- Nervous and tense
- Arthritic
- Heart trouble
- Invalid
- Middle-aged or elderly
- Pregnant or nursing
- High blood pressure

## DON'T LET CONSTIPATION ADD TO YOUR WORRIES!

As distressing as constipation can be in "normal" people without special conditions or illnesses, chronic irregularity can be extremely aggravating—even dangerous—in some cases. If you are on the list, you've probably been cautioned already by your own physician, to avoid harsh laxatives and purgatives. Your doctor may have indicated concern about the "straining" that goes with constipation (particularly in cardiac, high blood pressure, and similar cases), and he may already have recommended SARAKA. SARAKA works naturally, effectively, the way nature intended your system to work—gently, smoothly, without stress or harshness. SARAKA is easy and pleasant to take, after meals or before bed. At your drug store or drug counter.

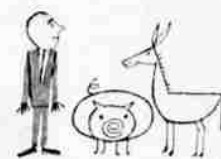
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### SARAKA

"natural way to regularity"



# Taxing Thoughts



by Paul Steiner

"We wish the biologists who have developed a rabbit that fights back would do something along this line for the American taxpayer."—Grit.

"Success today is making more money so you can pay off the taxes you wouldn't have to pay if you didn't have so much money already."—Tennessee Ernie.

"Taxes, when I was 21, was just a way of mispronouncing our biggest state."—Bob Considine.

"He's not trying to cheat the government on his income tax. Let's just say he's putting Uncle Sam in a lower bracket."—Edgar Bergen.

"Taxes are like rose bushes: the more they're pruned, the higher they grow."—Hamilton (Ont.) Spectator.

"Protect the birds. The dove brings peace and the stork brings tax exemptions."—Elise Rhodes.

"Ah, for those good old days when Uncle Sam lived within his income and without ours."—Barclay Braden.

"It's good business to fatten up animals before you

slaughter them, and the taxpayer should be treated the same way. If you are going to tax him, keep him in a position to produce taxes."—Dr. Henry M. Wriston.

"We are the only nation that will ride to the poorhouse in an automobile."—Will Rogers.

"In \$1 bills, placed end to end, the proposed increase in our taxes would circle the earth 15 times—and it will, too!"—Anonymous.

"Slogax of the welfare-state planners should be: 'a tax collector and a psychiatrist on every doorstep!'"—Chicago Tribune.

"Taxation must not lead men into temptation by requiring trivial oaths, by making it profitable to lie, to swear falsely, to bribe, or to take bribes. Taxation must not take from individuals what rightfully belong to individuals."—Henry George.

"Unnecessary taxation is unjust taxation."—Abraham S. Hewitt.

"Men prefer any load of infamy, however great, to any pressure of taxation, however light."—Sidney Smith.



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*Candy Jones*  
BEAUTY DIRECTOR,  
CONOVER SCHOOL, NEW YORK *says*

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