

Traditional Easter Ham First Served by Cavemen

By JEANNE LESEM
United Press Correspondent
New York—You're eating like a caveman when you sit down to an Easter dinner featuring ham.

For ham—now the most popular meat for this im-

portant Christian feast—was first served at a spring festival by pagans, says the American Meat Institute.

Except for modern mechanical aids, the institute added, ham-making methods today are similar to those the cavemen used centuries ago. Salting and smoking are still all it takes to make a leg of pork into a ham.

If you're shipwrecked on a desert island and can catch a wild pig, here's the caveman's system for curing a ham:

Bury the hind legs in sand on the seashore. After sufficient time has passed (the institute didn't say how long) dig up the meat and hang it near the top of a cave to absorb smoke flavor from a wood fire.

If you're still around a few months later, the ham should be just right for cooking and eating. A bit gamey, perhaps, but if you've held out that long on a diet of fish and wild berries, it might taste pretty good.

For Spring Feast
Apparently, it did to cavemen and their families, because the fall and winter slaughtering periods left them with very little meat along toward spring. So, they wisely put aside a few hams to guarantee a spring feast.

Today's country-style ham is probably nearest in flavor and texture to the pagan's piece of resistance, the institute said, because it's more heavily cured than the other four varieties now sold in the United States. Like those early hams, the country-style should be soaked and simmered before the final baking and glazing process.

But many modern cooks prefer one of the other styles: ready-to-eat, cook-before-eating, fully-cooked, or canned. All of these, the institute said, rate high in flavor, mildness and tenderness. And, while they're available in markets here the year round, more are sold during the Easter period than at any other time.

In Europe, tastes differ somewhat. The Russians and Yugoslavs, for instance, prefer whole roast pig for their Easter feast. Bulgarians dine on roast lamb and cold ham. Lamb is also the Easter favorite in England and Italy, according to the institute.

Eagle Point Club Slates Speaker
Eagle Point—Robert Dames Medford attorney and non-partisan candidate for circuit court judge in Jackson and Josephine counties will speak to Eagle Point Lions club at the Teen-Age clubhouse, Monday, April 7 at 7 p.m. His topic will be the history of the circuit court and the contrast between it and trials during the time of Christ.

Fred Bruegger is program chairman for the Eagle Point Lions.

Director Guest For Luncheon; Session Planned

Lion Auxiliaries of Talent, Phoenix, Prospect, Eagle Point, Jacksonville, Crater and Medford honored Mrs. Charles Thompson, Coos Bay, 36-E district director, at a luncheon held at the Rogue Valley Country club March 29th.

Mrs. Frank Christian, president of the Talent auxiliary, presided as toastmistress. Guests introduced besides Mrs. Thompson were Mrs. Lowell Ash, Prospect, state historian, and the presidents of the participating auxiliaries. They are Mrs. H. M. Christofersen, Medford; Mrs. N. R. Etzel, Eagle Point; Mrs. John L. Gartman, Prospect; Mrs. Ernest James, Phoenix; Mrs. C. A. Young, Jacksonville and Mrs. George Potucek, Crater auxiliary. The Jacksonville auxiliary had charge of the decorations and the Eagle Point club made the place cards.

Accord music was furnished during the luncheon by Nick Gier Jr., and the Goerling girls, Bonnie, Connie and Vonn.

Announcement was made of the state spring board meeting to be held in Sutherlin Wednesday, April 9 in the Community building. Registration and coffee hour will be at 9 a.m. with the business session beginning at 10 a.m. A luncheon will be served by the Sutherlin auxiliary at 1 o'clock. All auxiliary members are invited to attend.

Dinner Observes 94th Birthday

W. J. Stockton was honored at a dinner recently which observed his 94th birthday anniversary. The event was given by his son and daughter-in-law, Mr. and Mrs. W. L. Stockton, Butte Falls road, with whom the elderly man makes his home.

Present were Mr. and Mrs. C. E. Stockton and their two children, Charles Ray and Joyce, and Mr. and Mrs. Dean Stockton and three children, Christine, David and Gwen, grandsons and great-grandchildren of the honored guest. Mr. and Mrs. Porter Allen, Richard Freeman, Mr. and Mrs. David Hannaford and their two children, Janet and Jimmie, Debra McFall; Mr. and Mrs. Roy Terrell and their children, Don and Sandra, and Mrs. Terrell's brother, David Smith, Redlands, Calif.; and Mr. and Mrs. C. W. Deem, Grants Pass.

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On crutches, in wheelchairs and in the arms of their parents, youngsters arrive at Camp Easter Seal, Oregon's unique summer camp for crippled children and young adults located on the North lake of Ten Mile lake in Coos county. The camp, which has attracted nationwide attention, is operated by the Oregon Society for Crippled Children and Adults and financed primarily through the Easter Seal sale which ends Easter Sunday. Those who have not yet contributed to the 1958 fund are reminded that coin containers are still out, or that contributions may be sent to C. Elwood Hedberg, Medford branch, First National bank, who is treasurer. Members of Epsilon Sigma Alpha sorority in Medford and Ashland have managed the annual sale; support of the work of the Oregon Society for Crippled Children and Adults is the main philanthropic project of the sorority in Oregon.

Auxiliary Names Two Delegates; Session Tonight

Carpenter's auxiliary of Medford has elected delegates for the state convention which will be held at Astoria April 24 and 25. Mrs. Richard Hargrove, Ashland, and Mrs. Joseph Elkins, Medford, were elected delegates and Mrs. George Potucek, Medford, and Mrs. Perry Smith, Ashland, were elected alternates.

The auxiliary recently held the semi-annual birthday party at the home of Mrs. Elkins, 1464 Orchard Home drive. Members having birthdays between January 1 and June 30 were honored with a gift from the auxiliary.

Games were in the St. Patrick's day theme, and refreshments were served.

The auxiliary will meet tonight at 8 o'clock at Carpenter's hall, 123 1/2 West Main street.

Dolls Displayed In Guild Show

Several hundred dolls were displayed at the doll show given by Ruth Esther unit of Wesleyan Service guild at Girls Community club recently. Featured were the dolls made by Mrs. Anne Davis, and her collection of foreign and historical dolls.

Visitors came from Lake Creek, Ashland, Klamath Falls, and Hornbrook, Calif., to see the exhibit, in spite of the inclement weather.

Mrs. M. J. Gates of 1207 West Eighth street, Medford, was presented a doll made by Mrs. Davis, as a prize. "Winter Nell" was a character doll dressed in black, with touches of violet, her face of a dried, molded pear.

Other exhibitors included Mrs. Thomas Grant, Mrs. Michelle T. Rossi, Mrs. F. Wilson Wait, Mrs. George B. Canode, Mrs. Wallace Peabody, Miss Pat Minnis, Miss Fannie Whitman and Miss June Wheaton. The proceeds of the show will be applied to the missionary interests of the group.

Dance Planned By Hilltoppers
Hilltoppers—Square Dance club will hold a dance at Wagner Creek school, Talent, Saturday, April 5 beginning at 8:30 p.m. All square dancers are invited. A prize will be awarded.

Ladies are requested to bring sandwiches, or a salad or a dessert for potluck refreshments.
Francis Cronin and guest callers will call the squares.

Moose Sponsor Broadcast Sunday
Members of Medford Moose lodge today called attention to a broadcast Easter Sunday by the 65-voice chorus of Moose Child City, Moosehart, Ill. The broadcast will be heard Sunday from 2:05 until 2:30 p.m. from Station KWIV.

Hal Young will direct the program which will contain excerpts from the oratorio "The Holy City" and a special version of the popular "Easter Parade."

VFW Auxiliary Slates Events

Coming events of interest to the auxiliary to Crater Lake post, Veterans of Foreign Wars, were announced at the last meeting. Mrs. B. B. Ramsey, retiring president, conducted the meeting and made her farewell address.

Mrs. Fred Lawrence announced an Easter egg hunt for the children of staff members at Camp White and VAVS workers. It will be held Saturday, April 5, from 2 to 4 p.m.

Mrs. Amy Randle, hospital chairman, stated that Camp White visitation day will be Friday, April 11. She mentioned that dances are held at camp the first and third Monday of each month and that those wishing to attend may take the bus from the Trailways depot at 7:30 p.m. and return at 10:30 p.m.

A smorgasbord held last Sunday was reported a success. Mesdames Ramsey, Schulz, Allison, Lusk and Pitcock served on the committee. Mrs. E. G. Heim, sewing chairman, gave her annual report. The sewing club will hold a meeting at the home of Mrs. Ivan Lusk, 538 Manzanita street, Central Point, April 17. A potluck luncheon will be served at 12 noon.

Mrs. Lawrence announced that winners of the annual essay contest for high school seniors were Joe Burns, first; Pat Rushton, second; David Frohmayer, third and Tom Urdel, honorable mention.

Mrs. David Schulz, Mrs. Edward Walter and Mrs. Dora Stanton and Mrs. Russel Zundel.

Next meeting of the auxiliary will be April 15.

Dance

A public square dance will be held at Roxy Ann Grange hall on Spring street Saturday, April 5, at 8:30 p.m. Kenneth Howe will call. Potluck refreshments will be served.

More than 10 per cent of all electricity sold in the U.S. was sold in the Tennessee Valley area last year. TVA's capacity is 9,889,485 kilowatts.

Help Yourself To Happiness

This column is one of a series on marriage and family problems which appears weekly in this paper. It presents problems of everyday living and attempts to bring you the most expert opinion in this area. By combining clinical experience, research and homespun practicality, we hope to assist you to help yourself to happiness. Readers are invited to present their problems. All queries will receive individual attention and should be accompanied by a stamped self-addressed envelope directed to Mary Harris Seifert, M.A., Department of Education, The American Institute of Family Relations, 5287 Sunset Boulevard, Los Angeles 27, California.

"I'd Be Happy If I Had Married Someone Else"

"I'd be happy if only I had married someone else! My whole life would be different, and I wouldn't be in this unbearable situation."

Repeatedly at the American Institute of Family Relations in Los Angeles we hear this complaint.

Unhappy people tend to blame their unhappiness on others. They prefer to shift the responsibility for their situation to elements outside themselves, when in reality the fault may lie as much within themselves as upon their choice of mates. But to lighten their own guilty feelings, they may grasp at excuses and alibis which strengthen their own egos.

The truth of the matter may be that their present situation may be indeed difficult, or their choice of partner unwise. But just as frequently these people might have been equally unhappy in any situation with any other mate. The capacity for unhappiness lies within them, a continuation of emotional patterns from a difficult childhood or from insecurity built through the years.

If you wish to improve your marital situation, you must question your efforts toward making your marriage a success. What have you contributed? Where have your weaknesses lain? What have you done to overcome them? How many of your troubles lie in objective hard facts? If these facts were removed, would you—indeed, COULD you—then be happy? Be brutally honest and frank with yourself.

Almost any young couple can make a success of marriage, according to Dr. Paul Popenoe, director of the American Institute of Family

Simple and Elaborate Ham Glazes Suggested

New York—A glaze for Easter ham can be as elaborate or as simple as your time and your family's taste allows.

The easiest calls for a single item, 1 cup of molasses. Baste in the usual manner. For fancier palates, brush the ham with a mixture of 1 cup brown sugar and 1/4 cup juice drained from canned apricots. Just before serving, use canned apricot slices to make flowers, with green pepper or candied citron strips as stems.

Another sweet glaze calls for 1 cup honey mixed with 1/2 cup orange marmalade or orange juice.

A tangy baste uses 1 cup red jelly mixed with 1 teaspoon dry mustard and 2 teaspoons horseradish. Whole or sliced cranberry sauce, mixed with 1/2 cup corn syrup, also makes a fine glaze for ham.

Executive Committee Announces Meeting

Phoenix—The executive committee of Women's association, Phoenix Presbyterian church, will meet Monday, April 7, at 2 p.m. at the home of Mrs. M. A. Williams. Plans will be made for a food sale at Norton's store later this month.

Sorority Chapter Elects Officers

Mrs. Clinton Neeley is the new president of Alpha Beta chapter, Beta Sigma Phi sorority. She was named to office during a recent business meeting of the group held at the home of Miss Jean Cardona, 234 Saginaw drive.

Also named to office were Mrs. Robert Harland, first vice-president; Mrs. Ted Neilson, second vice-president; Mrs. Ronald Hall, recording secretary; Mrs. Howard Mitchell, corresponding secretary; Mrs. Lowell Fleser, treasurer; Mrs. Floyd Robertson and Mrs. Fred Johnson, city council representatives.

Mrs. Jack Curry, a guest, presented a program on modeling and Mrs. Robert Vincent spoke on sculpture.

The "girl of the year" election was held, and her identity will be revealed at the annual Founders' day dinner-dance April 26.

Mrs. Thomas Shoop, council representative, announced that Alpha Beta chapter is to furnish table decorations for the Founders' day event.

Refreshments were served by Mrs. Flesher and Mrs. Mitchell.

Senior members of the chapter were honored at a hard times dinner party last Saturday night given by pledges at the home of Mr. and Mrs. Floyd Eastwood.

Mrs. Neeley received the prize for the best costume, a chemise dress made from flour sacks. The evening was spent in games and dancing.

Election, Debate On PTA Program

Election of officers and a debate on discipline will be on the program for a meeting of Lone Pine Parent-Teacher association set for Tuesday, April 8, in the school gymnasium. It will begin at 7:30 p.m.

The debate will be between parents, teachers and eighth grade students.

The school band, directed by Richard Michaelis, will play. Refreshments will be served by mothers of children in the fourth grade. Mrs. E. F. Edwards and Mrs. H. Heidreich will be hostess chairmen.

A nursery will be provided. At the March meeting of the executive board, the members planned to invite the newly elected board to the next meeting. During the session, the new board will be advised on new duties.

The spring kindergarten was discussed, and Lee Merriam, school principal, reported that efforts are being made to secure a competent teacher.

Radiations from a new ultraviolet lamp are said to be a thousand times more effective than sunlight in killing bacteria and viruses.

Women's **SWIM CLASSES** at **YMCA**
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• Advanced—7:00-8:00 P.M. Tuesdays and Thursdays
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Humane Society Leases Kennels

The Southern Oregon Humane Society has announced leasing boarding kennel facilities at their property on Table Rock rd., Medford, to Mr. and Mrs. Robert Garrison.

The society recently decided to close the boarding kennels because the operation of it placed the society on the state tax rolls, according to officials. Board members said they felt the society was in competition with commercial firms in the area.

At present, telephone calls to the Humane society are being handled through the

new operators, officials said. They added they will announce other arrangements when they can be worked out.

Mr. and Mrs. Garrison have operated the kennels for four years under the Humane society. The new name of the kennels is Robara Boarding Kennels. The property is located about one mile north of the Big Y intersection on Table Rock rd.

Portland—Byron Bell, Portland, a Consolidated Freightways trucker, is Oregon's new "Driver of the Year."

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