

STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars.

To develop message for Wednesday, read words corresponding to numbers of your Zodiac birth sign.

ARIES	Taurus	Gemini	Cancer	Leo	Virgo
1-11-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

1-11-22-23-24-25-26-27-28-29-30-31

2-12-23-24-25-26-27-28-29-30-31

3-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

4-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

5-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

6-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

7-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

8-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

9-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

10-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

11-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

12-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

13-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

14-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

15-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

16-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

17-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

18-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

19-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

20-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

21-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

22-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

23-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

24-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

25-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

26-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

27-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

28-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

29-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

30-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

31-1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

RADIO PROGRAMS—TUESDAY

KYJZ 1230 kc	KMED 1440 kc	KWIN 1480 kc
4:00—Music Box	4:00—Car Tunes	4:00—Fulton Lewis Jr.
4:15—Story Hour	4:15—Car Tunes	4:15—Hemingway News
4:30—Bulletins-Godfrey	4:30—Car Tunes	4:30—News: One for Road
4:45—Arthur Godfrey	4:45—Man on the Go	4:45—News: One for Road
5:00—Murrow	5:00—Lel. News	5:00—News: One for Road
5:15—Evening Post	5:15—Car Tunes	5:15—News: One for Road
5:30—Tom Harmon	5:30—Weather Car Tunes	5:30—News: One for Road
5:45—Frank Goss	5:45—Overal Anderson	5:45—World News Roundup
6:00—Morgan	6:00—Hi-Fi Hour	6:00—Candlelight and Wine
6:15—Lowell Thomas	6:15—Amos & Andy	6:15—Karin Karavan
6:30—Amos & Andy	6:30—Amos & Andy	6:30—Karin Karavan
6:45—News	6:45—NBC News	6:45—Karin Karavan
7:00—News	7:00—NBC News	7:00—Karin Karavan
7:15—Sen. Morse	7:15—NBC News	7:15—Karin Karavan
7:30—Robert Q. Lewis	7:30—NBC News	7:30—Karin Karavan
7:45—Robert Q. Lewis	7:45—NBC News	7:45—Karin Karavan
8:00—News-Draper	8:00—NBC News	8:00—Karin Karavan
8:15—Rusty Draper	8:15—NBC News	8:15—Karin Karavan
8:30—World Tonight	8:30—NBC News	8:30—Karin Karavan
8:45—Seavard-Weather	8:45—NBC News	8:45—Karin Karavan
9:00—CBS News	9:00—NBC News	9:00—Karin Karavan
9:15—Marv Miller	9:15—NBC News	9:15—Karin Karavan
9:30—T. Terrace	9:30—NBC News	9:30—Karin Karavan
9:45—T. Terrace	9:45—NBC News	9:45—Karin Karavan
10:00—Richfield Rep.	10:00—NBC News	10:00—Karin Karavan
10:15—T. Terrace	10:15—NBC News	10:15—Karin Karavan
10:30—T. Terrace	10:30—NBC News	10:30—Karin Karavan
10:45—T. Terrace	10:45—NBC News	10:45—Karin Karavan
11:00—Sign Off	11:00—NBC News	11:00—Karin Karavan

RADIO PROGRAMS—WEDNESDAY

KYJZ 1230 kc	KMED 1440 kc	KWIN 1480 kc
6:00—News of America	6:00—Wake Up to Music	6:00—News: Chuckwagon
6:15—Yawn Patrol	6:15—Wake Up to Music	6:15—News: Chuckwagon
6:30—Yawn Patrol	6:30—Wake Up to Music	6:30—News: Chuckwagon
6:45—Yawn Patrol	6:45—Wake Up to Music	6:45—News: Chuckwagon
7:00—News Roundup	7:00—Wake Up to Music	7:00—News: Chuckwagon
7:15—Cecil Brown	7:15—Weather-News	7:15—News: Chuckwagon
7:30—MacLeondor	7:30—Weather-News	7:30—News: Chuckwagon
7:45—Harry Babbitt	7:45—Weather-News	7:45—News: Chuckwagon
8:00—Variety Weather	8:00—NBC News	8:00—News: Chuckwagon
8:15—Frank Goss	8:15—NBC News	8:15—News: Chuckwagon
8:30—Breakfast Times	8:30—NBC News	8:30—News: Chuckwagon
8:45—Howard Miller	8:45—NBC News	8:45—News: Chuckwagon
9:00—Weisfield Mike	9:00—NBC News	9:00—News: Chuckwagon
9:15—Breakfast Club	9:15—NBC News	9:15—News: Chuckwagon
9:30—Breakfast Club	9:30—NBC News	9:30—News: Chuckwagon
9:45—Breakfast Club	9:45—NBC News	9:45—News: Chuckwagon
10:00—Music Box	10:00—NBC News	10:00—News: Chuckwagon
10:15—Tradition Post	10:15—NBC News	10:15—News: Chuckwagon
10:30—Name Neighbor	10:30—NBC News	10:30—News: Chuckwagon
10:45—Road of Life	10:45—NBC News	10:45—News: Chuckwagon
11:00—Record Book	11:00—NBC News	11:00—News: Chuckwagon
11:15—2nd Mrs. Burton	11:15—NBC News	11:15—News: Chuckwagon
11:30—Cpl. Nxt Door	11:30—NBC News	11:30—News: Chuckwagon
11:45—Pat Buttrick	11:45—NBC News	11:45—News: Chuckwagon
12:00—Paul Harvey	12:00—NBC News	12:00—News: Chuckwagon
12:15—News-Weather	12:15—NBC News	12:15—News: Chuckwagon
12:30—Houseparty	12:30—NBC News	12:30—News: Chuckwagon
12:45—Houseparty	12:45—NBC News	12:45—News: Chuckwagon
1:00—Godfrey	1:00—NBC News	1:00—News: Chuckwagon
1:15—Godfrey	1:15—NBC News	1:15—News: Chuckwagon
1:30—Godfrey	1:30—NBC News	1:30—News: Chuckwagon
1:45—Godfrey	1:45—NBC News	1:45—News: Chuckwagon
2:00—Godfrey	2:00—NBC News	2:00—News: Chuckwagon
2:15—Godfrey	2:15—NBC News	2:15—News: Chuckwagon
2:30—Mixer	2:30—NBC News	2:30—News: Chuckwagon
2:45—Mixer	2:45—NBC News	2:45—News: Chuckwagon
3:00—Backstage Wife	3:00—NBC News	3:00—News: Chuckwagon
3:15—Trent	3:15—NBC News	3:15—News: Chuckwagon
3:30—Nora Drake	3:30—NBC News	3:30—News: Chuckwagon
3:45—Music Box	3:45—NBC News	3:45—News: Chuckwagon
4:00—Music Box	4:00—NBC News	4:00—News: Chuckwagon
4:15—Story Hour	4:15—NBC News	4:15—News: Chuckwagon
4:30—Bulletins-Godfrey	4:30—NBC News	4:30—News: Chuckwagon
4:45—Arthur Godfrey	4:45—NBC News	4:45—News: Chuckwagon
5:00—Murrow	5:00—NBC News	5:00—News: Chuckwagon
5:15—Evening Post	5:15—NBC News	5:15—News: Chuckwagon
5:30—Tom Harmon	5:30—NBC News	5:30—News: Chuckwagon
5:45—Frank Goss	5:45—NBC News	5:45—News: Chuckwagon
6:00—Morgan	6:00—NBC News	6:00—News: Chuckwagon
6:15—Lowell Thomas	6:15—NBC News	6:15—News: Chuckwagon
6:30—Amos & Andy	6:30—NBC News	6:30—News: Chuckwagon
6:45—Amos & Andy	6:45—NBC News	6:45—News: Chuckwagon
7:00—News	7:00—NBC News	7:00—News: Chuckwagon
7:15—Turntable Terrace	7:15—NBC News	7:15—News: Chuckwagon
7:30—Robert Q. Lewis	7:30—NBC News	7:30—News: Chuckwagon
7:45—Robert Q. Lewis	7:45—NBC News	7:45—News: Chuckwagon
8:00—Herman-Draper	8:00—NBC News	8:00—News: Chuckwagon
8:15—Rusty Draper	8:15—NBC News	8:15—News: Chuckwagon
8:30—World Tonight	8:30—NBC News	8:30—News: Chuckwagon
8:45—Seavard-Weather	8:45—NBC News	8:45—News: Chuckwagon
9:00—News	9:00—NBC News	9:00—News: Chuckwagon
9:15—Marv Miller	9:15—NBC News	9:15—News: Chuckwagon
9:30—Turntable Terrace	9:30—NBC News	9:30—News: Chuckwagon
9:45—Turntable Terrace	9:45—NBC News	9:45—News: Chuckwagon
10:00—Turntable Terrace	10:00—NBC News	10:00—News: Chuckwagon
10:15—Turntable Terrace	10:15—NBC News	10:15—News: Chuckwagon
10:30—Turntable Terrace	10:30—NBC News	10:30—News: Chuckwagon
10:45—Turntable Terrace	10:45—NBC News	10:45—News: Chuckwagon
11:00—Sign Off	11:00—NBC News	11:00—News: Chuckwagon

Wednesday	KBOY-730 KC
7:15—Sign on: news music	7:15—Spins & Needles Music
7:30—Music for Birth	7:30—Weather on hour: News on
8:15—Music "Til Noon: Weather	8:15—Weather: 2:30 Bargain
on hour: News on half-hour:	8:30—Rick's Requests
10 a.m. Bargain: Requests	9:00—Weather: Requests
12:00—Weather—Ranch Time	9:15—Rick's Requests
12:15—Portland Market—Music	9:30—News—Requests
5:30—Cartoon Time	9:45—Sign off

TELEVISION PROGRAMS

The following TV broadcast log is printed as a free public service for the Mail Tribune's readers and TV viewers. Schedule changes are printed as provided by the TV stations and the Mail Tribune cannot accept responsibility for errors or omissions.

KBS-TV (Channel 5) KOTI-TV (Channel 2)

TUESDAY	TUESDAY
4:00—Feminine Fancies	4:00—Feminine Fancies
4:30—Devotion	4:30—Uncle Bill Show
4:45—World Day of Prayer	4:45—Search For Tomorrow
5:00—Sports	5:00—Sportsclub
5:30—Cartoon Time	5:30—OTT Tech Talks
6:00—Your TV Weatherman	6:00—Dore
6:05—News	6:30—Name That Tune
6:15—Doug Edwards	7:00—Adams and Eve
6:30—Name That Tune	7:30—To Tell the Truth
7:00—Mr. Adams & Eve	8:30—Red Skelton
7:30—Whirlybirds	9:00—64,000 Question
8:00—To Tell the Truth	9:30—Trackdown
8:30—Red Skelton	10:00—I Spy
9:00—64,000 Question	10:30—News
9:30—Trackdown	10:35—Championship Bowling
10:00—I Spy	11:00—Sign off
10:30—News	
10:35—Championship Bowling	
11:35—Sign off	

Dead Line on Classified Ads: 5:30 a.m. for Monday; for Sunday, noon for following day, except 10 Saturday.

Family Council

Mrs. M. S.—Roger is trying to estrange himself from his father.

Roger S.—We have nothing in common.

Mrs. M. S.—I was a widow until last year when I married a widower with one grown son. This boy, Roger, had lived with his father until two years ago when he went away to college.

Roger is the apple of my husband's eye and I was prepared to treat him as a son of my own. Unfortunately, however, he doesn't seem to like me. This doesn't bother me as much as the fact that he seems to be trying to estrange himself from his father.

Roger didn't come home for his past two vacations. He is visiting friends of his in another city. His father was heartbroken. He doesn't write often in spite of the fact that his father writes twice a week. I want to help bring them closer together.

Roger S.—I have tried to reassure my stepmother that this thing has nothing to do with her and that I bear her no grudge. I don't think she should have injected herself into the situation that exists between my father and me.

Actually, I have known for a long time that my father and I have nothing in common. When I was younger we had a common interest in sports. This no longer interests me in the slightest. My father's talk bores me to death.

My father has tried to show an interest in my books and studies, but his attempts are pathetic. He doesn't really care about these things. My stepmother's interests are the same as his. He doesn't need me and shouldn't be lonely any more.

The Council: There is little Mrs. M. S. can do to alleviate this painful situation—outside of showing her goodwill toward Roger and her desire to make him feel at home when he does visit.

Rogers seems to be going through a stage in which he is trying to establish a new and higher identity for himself. His hold on this identity is so feeble that he is using rather violent methods to cut himself off from his old self—the self that enjoyed sports and contact with his father.

Roger should recognize that his attitude is extremely immature. The statement that he and his father have "nothing in common" is laughable. If nothing else, they have in common a thousand memories based on daily life under the same roof.

Rogers' sudden disdain of sports is equally foolish. It is possible for him to lose the great enthusiasm for them he probably had in his teen years, but it is most unlikely that he has really so completely lost interest he cannot endure any talk at all on this subject. This smacks of pretense and affection.

Roger does indicate he has some feeling that his stepmother has taken his place in his father's life. If he looks the facts squarely in the face, he will recognize the absurdity of this notion. Roger should level with himself and face the fact that his current attitudes are way off the beam. He would probably find it helpful to discuss some of these things with a school psychologist, if one is available.

(Copyright 1958, General Features Corp.)

France, Tunisia Accept Joint Mediation Bid

Tunis—France and Tunisia have accepted a joint U.S.-British offer to help solve the Tunisian dispute. Tunisia immediately eased its blockade of 22,000 French troops.

The Medical Roundup

by *Walter Alvarez*

Emeritus Consultant in Medicine, Mayo Clinic
Emeritus Professor of Medicine, Mayo Foundation

Fibrositis

People keep asking, what is fibrositis and what can be done about it? This is not surprising because fibrositis is one of the commonest diseases. It is a fairly harmless arthritis, in many cases, keeps bothering a person at intervals from his childhood to his old age. There is one thing good about it and that is that it doesn't deform the joints; it rarely cripples the person, and and it doesn't turn into anything serious. I have had it all my life and none of my joints are deformed or stiff.

I have had dozens of attacks in which, for a few days or several weeks or months, some of my joints were sore and stiff. I never did anything about this and so far the pain and stiffness have gone away after a while.

Unfortunately, we physicians don't know what the basic cause of the disease is. I suspect it is due to some disturbance in the body chemistry. I have known a good many persons with fibrositis who had relatives with a serious form of arthritis. People with fibrositis are, I think to

likely to get bursitis, or so-called neuritis or myositis. Neuritis is supposed to be due to inflammation of a nerve and myositis to inflammation of a muscle, but usually about all I can say to a patient is that his pain is probably due either to fibrositis or some form of arthritis that affects tissues around his joints. People with fibrositis often have pain in the chest wall, which makes them think they have heart disease. I will find that one or two of their ribs and perhaps the muscles between the ribs, are sore to the touch or sensitive to pressure. Often the woman who thinks she has a cancer of the breast has only a sore spot on one of the ribs under one of her breasts.

Painful Arthritis

Many a time I have had a man come in with such soreness in the pit of his stomach that he was sure he had an ulcer. But in a moment I could show him that all he had was a painful arthritis in the little joint at the lower end of the breast-bone where it joins onto a little tip. Some people with fibrositis get pain in the cartilages that connect their ribs on each side to the breast-bone, or they get pain in the little joints at the ends of the 10th ribs on each side in front.

When one is suffering from fibrositis, about as good treatment as any is to take two aspirins every little while to relieve pain and then to get into a tub of hot water before going to bed. Massage and manipulation may help.

Whenever, in my life, I have waked in the morning with a painful and stiff hip joint or ankle-joint, I have walked to work, and by the time I had gone about five blocks, I was free of pain for the rest of the day. As my old friend, Dr. Philip Hench, says, the person who has guts enough to keep moving his joints gets well, while the sissy who won't stand pain may get a stiff shoulder.

Many people ask, Should I go to a warm dry climate in order to get rid of my fibrositis? And I say, "You had better not pull up stakes and go to great expense to move, because you may find that your fibrositis is no better in Arizona than it was in Minnesota."

Quickie slippers—just TWO main pattern pieces to cut, sew. Grand for college, career girls.

Embroider mock-monogram or use narrow braid. Pattern 7304: pattern pieces small, medium, large, extra large included. 2 monogram transfers, directions.

Send THIRTY-FIVE cents (coins) for this pattern—add 5 cents for each pattern for 1st-class mailing. Send to the Medford Mail Tribune, Household Arts Dept., P.O. Box 168, Old Chelsea Station, New York 11, N.Y. Print plainly NAME, ADDRESS, PATERN NUMBER.

Send TWENTY-FIVE cents more for a copy of our Alice Brooks Needlecraft Catalogue. Two complete patterns are printed right in the book... plus a variety of designs that you will want to order: crochet, knitting, embroidery, huck weaving, quilts, toys, dolls.

Wall's TV & Radio Service