STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars.

To develop message for Saturday, read words corresponding to numbers of your Zodiac birth sign.

ARIES MAR. 22 APR. 20	4-14-16-22 24-31-32-90	1 Capitalize	31 How
TAURUS APR. 21 MAY 21	52-54-56-64 77-78-83	2 Don't	32 Tedious
GEMINI MAY 22 JUNE 22	36-37-39-50 55-59-81-89	3 You	33 So
CANCER JUNE 23 JULY 23	1-5-8-21 27-68-75-88	4 Attention	34 Be
LEO JULY 24 AUG. 23	17-18-19-35 42-46-87	5 On	35 Wild
VIRGO AUG. 24 SEPT. 22	3-44-48-57 63-66-73	6 Expect	36 Plenty
LIBRA SEPT. 23 OCT. 23	20-26-30-45 60-71-72	7 Romance	37 Of
SCORPIO OCT. 24 NOV. 22	11-13-40-43 70-76-79-84	8 Your	38 Tactful
SAGITTARIUS NOV. 23 DEC. 22	51-53-58-61 65-67-80-82	9 Folks	39 Chances
CAPRICORN DEC. 23 JAN. 20	23-41-47-49 62-69-74	10 Could	40 Chance
AQUARIUS JAN. 21 FEB. 19	2-6-9-25 28-29-85-86	11 You'll	41 Hopes
PISCES FEB. 20 MAR. 21	7-10-12-15 33-34-38	12 Go	42 "Tries"
		13 Have	43 To
		14 To	44 Can
		15 Haywire	45 Hard
		16 Details	46 Or
		17 No	47 And
		18 Time	48 Win
		19 For	49 Wishes
		20 Sound	50 Good
		21 Intuition	51 Keep
		22 No	52 Your
		23 Your	53 An
		24 Matter	54 Capacity
		25 To	55 Leads
		26 Practical	56 To
		27 And	57 Support
		28 Be	58 Eye
		29 Easy	59 For
		30 Matters	60 Work
		61 On	90 Important
		62 Are	2/1
		63 For	
		64 Earn	
		65 Small	
		66 Your	
		67 Change	
		68 Other	
		69 Obtainable	
		70 Advance	
		71 Stressed	
		72 Today	
		73 Ideas	
		74 Today	
		75 Fine	
		76 Your	
		77 More	
		78 Improves	
		79 Heart's	
		80 And	
		81 The	
		82 Pocketbook	
		83 Considerably	
		84 Desires	
		85 To	
		86 Please	
		87 Extremes	
		88 Qualities	
		89 Willing	

Good Adverse Neutral

RADIO PROGRAMS—FRIDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make changes as are supplied.

KYJC 1230 kc	KMED 1440 kc	KWIN 1400 kc
4:00—Medford Schools	News* Car Tunes	Fulton Lewis Jr.*
4:15—Story Hour	Car Tunes	Hemingway News*
4:30—Bulletins-Godfrey**	Car Tunes	Telo-Test*
4:45—Arthur Godfrey**	Man on the Go*	Sam Hayes*
5:00—Murrow**	News* Local News	One for the Road
5:15—Eventide	Car Tunes	One for the Road
5:30—Tom Harmon**	Weather Car Tunes	One for the Road
5:45—Frank Goss**	Orville Anderson*	One for Road—Spts.
6:00—Edward P Morgan*	NBC News* Hi Fi	Music for Dining
6:15—Lowell Thomas	Hi Fi	News*
6:30—Spts-Amos-Andy**	One Man's Family*	Sports Previews
6:45—Amos & Andy**	Bowling Time*	Music for Dining*
7:00—News**	Cavalcade of Sports*	KWIN Karavan
7:15—Turntable Terrace	Cavalcade of Sports*	KWIN Karavan
7:30—Robert Q Lewis**	Cavalcade of Sports*	KWIN Karavan
7:45—Robert Q Lewis**	NBC Sports	KWIN Karavan
8:00—News—Basketball	Medford-Crater	Phoenix Disc Date
8:15—Medford-Crater	Medford-Crater	Phoenix Disc Date
8:30—Medford-Crater	Medford-Crater	Phoenix Disc Date
8:45—Medford-Crater	Medford-Crater	Phoenix Disc Date
9:00—Medford-Crater	Medford-Crater	News*
9:15—Medford-Crater	Medford-Crater	KWIN Karavan
9:30—Medford-Crater	Monitor*	Counterspy*
9:45—Medford-Crater	Monitor*	Counterspy*
10:00—Richfield Reporter*	News*	Sign Off
10:15—Turntable Terrace	Nightbeat	
10:30—Turntable Terrace	Nightbeat	
10:45—Turntable—News	Nightbeat	
11:00—Sign Off	Sign Off	

RADIO PROGRAMS — SATURDAY

6:00—News of America**	Wake Up to Music	
6:15—Yawn Patrol	Wake Up to Music	
6:30—Yawn Patrol	Wake Up to Music	KWIN Chuckwagon
6:45—Farm News**	First News	KWIN Chuckwagon
7:00—News**	Wake Up to Music	MBS News*
7:15—Cecil Brown*	Weather News*	Breakfast Gang*
7:30—Frank Goss**	Valley Beeper	Morning Show
7:45—Changing Times**	Weather & News	Morning Show
8:00—News**	Monitor*	World News—Sports
8:15—Coffee Concert	Monitor*	Musical Spotlite
8:30—Robert Q Lewis**	Monitor*	Morning Show
8:45—Robert Q Lewis**	Monitor*	Woman's World
9:00—News**	Monitor*	News* Music
9:15—Record Rack	Monitor	Serenade in Blue
9:30—Gunsmoke**	Saturday Club	KWIN'S Top 30
9:45—Gunsmoke**	Saturday Club	KWIN'S Top 30
10:00—News*	Monitor*	KWIN'S Top 30
10:15—Trading Post	Monitor*	KWIN'S Top 30
10:30—Music Box	Monitor*	KWIN'S Top 30
10:45—Music Box	Monitor*	KWIN'S Top 30
11:00—News**	Monitor*	Strictly Dixie
11:15—Amos-Andy**	Monitor*	Strictly Dixie
11:30—City Hospital**	Red Foley*	Strictly Dixie
11:45—City Hospital**	Red Foley*	Strictly Dixie
12:00—News**	Noon News	Roundup Time
12:15—Matinee-Weather	Weather	Roundup Time
12:30—Garden Gate**	Monitor*	Roundup Time
12:45—Around the House**	Monitor*	Roundup Time
1:00—News**	Monitor*	Roundup Time
1:15—Club 1230	Monitor*	Roundup Time
1:30—Club 1230	Monitor*	Roundup Time
1:45—March of Dimes	Monitor*	Roundup Time
2:00—News Beat	Monitor*	Roundup Time
2:15—Club 1230	Monitor*	Roundup Time
2:30—Make Way, Youth**	Monitor*	Merry-Go Round*
2:45—Make Way, Youth**	Monitor*	Merry-Go Round*
3:00—CBS News**	Monitor*	Merry-Go Round*
3:15—Changing Times**	Monitor*	Merry-Go Round*
3:30—Club 1230	Monitor*	Merry-Go Round*
3:45—Club 1230	Monitor*	Social Security*
4:00—Variety-Orchestra**	Monitor*	Music*
4:15—Cleveland Orch.**	Monitor*	News
4:30—Cleveland Orch.**	Monitor*	Saturday Show
4:45—Cleveland Orch.**	Monitor*	Saturday Show
5:00—News-Country**	Monitor*	Bandstand U.S.A.*
5:15—Country Style**	Monitor*	Bandstand U.S.A.*
5:30—Tom Harmon**	Monitor*	News—Music
5:45—Frank Goss**	Monitor*	Music-Sports
6:00—CBS News**	Monitor*	Hawaii Calls
6:15—Sports Resume**	Monitor*	Hawaii Calls
6:30—Sports Time**	Nat'l Farm & Home*	KWIN Karavan
6:45—Vets Administration	Nat'l Farm & Home*	KWIN Karavan
7:00—CBS News Dollar**	Monitor*	KWIN Karavan
7:15—Johnny Dollar**	Monitor*	KWIN Karavan
7:30—F.B.I.**	Monitor*	KWIN Karavan
7:45—F.B.I.**	Monitor*	KWIN Karavan
8:00—Medford-Crater	Medford-Crater	News—Karavan
8:15—Medford-Crater	Medford-Crater	KWIN Karavan
8:30—Medford-Crater	Medford-Crater	KWIN Karavan
8:45—Medford-Crater	Medford-Crater	KWIN Karavan
9:00—Medford-Crater	Medford-Crater	News—Karavan
9:15—Medford-Crater	Medford-Crater	KWIN Karavan
9:30—Medford-Crater	Nightbeat	KWIN Karavan
9:45—Medford-Crater	Nightbeat	Karavan—Sign Off
10:00—World News Beat	NBC News*	
10:15—Turntable Terrace	Nightbeat	
10:30—Turntable Terrace	Nightbeat	
10:45—Turntable—News	Nightbeat	
11:00—Sign Off	Sign Off	

*ABC **CBS *NBC *MBS

KBOY—730 KC

Saturday
7:15—Sign on, News, music
8:00—Music for Birds
8:15—Top 30 records; Weather on hour; News on half-hour
12:00—Weather—Ranch Time
12:30—Spins & Needles music; Weather on hour; News on hour-hour.
2:30—News—Bargain Roundup
2:45—Requests; Weather on hour; News on half-hour
3:45—Rogue Valley Hit Parade
4:00—Weather—Hit Parade
4:15—Hit Parade
4:30—News—Hit Parade
5:00—Sign Off

TELEVISION PROGRAMS

The following TV broadcast log is printed as a free public service for the Mail Tribune's readers and TV viewers. Schedule changes are printed as provided by the TV stations and the Mail Tribune cannot accept responsibility for errors or omissions.

KBES-TV (Channel 5)

FRIDAY
4:00—Feminine Fancies
4:30—Devotions
4:35—City Police
4:45—Search for Tomorrow
5:00—Wild Bill Hickok
5:30—Cartoon Time
6:00—Your TV Weatherman
6:05—News
6:15—Doug Edward & News
6:30—Zane Gray Theatre
7:00—Cavalcade of Sports
7:50—Pill Box
7:55—Sports Roundup
8:00—Mr. Adams & Eve
8:30—Captain David Grief
9:00—The Lineup
9:30—Damon Runyon
10:00—Stories of the Century
10:30—News
10:35—Shopworn Angel
12:00—Sign Off

SATURDAY
10:20—Cartoon
10:30—Big Y Tex
11:00—Pro Basketball
1:30—Racing From Hialeah
2:00—Big Picture
2:30—Get Set and Go
3:00—Kiddies Kartoons
4:00—The Goldbergs
4:15—Santa Anita Races
5:00—Liberace
5:30—Jackson County Public Health
6:00—News
6:15—Gateway
6:30—Tennessee Ernie Ford
7:00—Casey Jones
7:30—Dick and the Duchess
8:00—Gale Storm
8:30—Have Gun Will Travel
9:00—Gunsmoke
9:30—People Are Funny
10:00—Rings on Her Fingers
11:00—News
11:05—Sign Off

SUNDAY
11:20—Cartoons
11:30—Right Now
12:00—Youth Wants to Know
12:30—Last Word
1:00—Face The Nation
1:30—World News Roundup
2:00—Foreign Relations
2:30—This is the Life
3:00—Film Folio
3:30—Salvation Army
4:00—Rogue Variety Show
4:30—Gateway
5:00—See it Now
6:00—World Passport
6:15—Dan Smoot Report
6:30—News
6:45—Weekly News in Review
7:00—Ray Milland
7:30—Bachelor Father
8:00—Ed Sullivan
9:00—GE Theater
9:30—Alfred Hitchcock
10:00—Loretta Young
10:30—Pat Boone
11:00—News
11:05—Sign Off

KOTI-TV (Channel 2)

FRIDAY
4:00—Feminine Fancies
4:30—Uncle Bill
4:45—Search for Tomorrow
5:00—Wild Bill Hickok
5:30—Sports Hilights
5:45—Museum
6:00—Weather & News
6.15—Douglas Edwards
6:30—Passport
6:45—Homes on Parade
7:00—Boxing
7:50—Sportsmen
8:00—Mr. Adams and Eve
8:30—Capt David Grief
9:00—The Lineup
9:30—TBA
10:00—TBA
10:30—News
10:35—Theater

SATURDAY
10:45—Cartoons
11:00—Basketball
1:30—Hialeah Racing
2:00—Passport
3:00—Cartoon Carnival
4:15—Santa Anita Races
4:30—Goldbergs
6:00—Flash Gordon
6:30—Tennessee Ernie Ford
7:00—Casey Jones
7:30—Dick and the Duchess
8:00—Gale Storm Show
8:30—Have Gun, Will Travel
9:00—Gunsmoke
9:30—People Are Funny
10:00—News
10:05—Premier Theater

SUNDAY
12:00—Cartoon
12:30—Last Word
1:00—Face the Nation
1:30—World News Roundup
2:00—This is the Life
2:30—Get Set, Go
3:00—Cartoon Carnival
4:30—Rosemary Clooney
5:00—See it Now
6:00—Treasure Travels
6:15—Dan Smoot
6:30—Zane Grey
7:00—Ray Milland
7:30—Bachelor Father
8:00—Ed Sullivan
9:00—GE Theater
10:00—Loretta Young
10:30—Pat Boone Show
11:05—News and Sign Off

The Medical Roundup

by Walter Alvarez

Emeritus Consultant in Medicine, Mayo Clinic
Emeritus Professor of Medicine, Mayo Foundation

Many persons want to know why, at times, they get queer, jittery spells in which, perhaps, they feel shaky all over. Some feel as if they might go into a chill; others feel a quivering inside, or they feel terribly, or as if something awful were going to happen to them. Some break into a sweat; their heart may race and thump; they may feel numb all over, or they may feel pins and needles here and there; they break out in goose-flesh; they may feel like running to the toilet; they may feel weak in the knees, and they may feel as if they were going to faint, or black-out.

Dr. Alvarez

Such people keep asking, What are these spells—what do they mean? And often I say, "Your unsteady nerves are just playing tricks with many parts of your body." When they ask, "But why do I have the spells so often?" my first question is, "Are there any very nervous or eccentric or poorly-adjusted or epileptic people among your immediate forebears — persons who could have bequeathed you an erratic set of nerves?" And practically always the person says, "Yes; Mother was just like me;" or "my Aunt Julia, who once had a bad nervous breakdown, had these same spells." or "My daughter already is getting them."

Fortunately, most persons have these spells for years without coming to any bad end. Especially when these jitters have been coming for a few years, they cannot mean that any organ is seriously diseased. The "storms" are coming out of the brain. Sometimes a woman with these spells can help herself much by learning to live with herself and others much more peacefully. She can avoid stupid and tiring conflicts over many things—most of them unimportant. Many persons get help from reading my booklet, "How To Live With Your Nerves."

Health Is Not a Precarious Thing

I constantly keep seeing people who look at health very differently from the way in which I look at it. To me, the body is a mechanism which, in most persons, has a remarkable tendency to stay well, or to repair itself whenever it does break down in some spot. Hence it is that I rarely think of taking any medicine.

But often I see a person in the office who seems to think that, unless each day he keeps taking medicine of several kinds, his health is sure to fail. If I ask to see what he has in his pocket he will show me a tranquilizer or two, several vitamins, some iron, some liver extract, an antihistaminic, a relaxant for the muscle in his bowel, perhaps two or three "tonics," a laxative, and a barbiturate or two. This fellow is not taking any chances with his health! What is sad is that it does not occur to him that it might take perfect care of itself, without any help from him.

Every so often a man of 75 or 80 comes in, just beginning to suffer from a cancer or a high blood pressure, and he tells me that only once or twice in his life did he ever need to go near a physician. Very different from him is the woman who brings for me a list covering three or four typewritten pages, telling of all the many operations and treatments she has had each year ever since she was 20.

The Couple That Can't Have Children

Many people want to know what they should do when, after several years of marriage, they have no children. The thing to do is to go to a physician—and preferably one who is interested in the problems of fertility. A gynecologist can test the wife to see if she seems to be all right, and he can have the husband tested. Naturally, there is no use in wasting a lot of money on having the wife operated on or treated if the fault is all the husband's, and often it is his. Especially in centuries past, many an unhappy woman has had to take all the blame for infertility, when it really was her husband's fault.

Experts in this field of medicine often can help infertile couples to have the children they want. There are a number of things that can be done to the wife and the husband. In several cities there are offices of the Planned Parenthood Foundation, the officers of which can help people to find a specialist skilled in this field of science.

A Cyst Near the Little Tail Bone

Quite a few persons are much bothered by a little cyst in the back, near the tail bone. If this cyst becomes ulcerated, it should be cut out by a competent surgeon. He has to get the whole thing out or it will come back. It is called a pilonidal cyst.

Dr. Alvarez hopes his readers will understand that it would be impossible for him to answer requests for information or attempt to diagnose by mail.

(Released by The Register and Tribune Syndicate, 1958)

Mrs. Dick Appointed Cave Junction Judge

Cave Junction—Mrs. Amelia J. Dick, who owns and manages bookkeeping services in Cave Junction and Grants Pass, was unanimously appointed to the office of recorder, treasurer and municipal court judge for the City of Cave Junction. This week.

Mrs. Dick will replace Paul Glines who has accepted a similar position at Oceanlake, Ore. This resignation is effective Feb. 1.

Pendleton — (AP) — Local officials are urging Oregon's congressional delegation to help in sending the Pendleton Drum and Bugle Corps to the Brussels international exposition.

There are about 900 Seminole Indians living in Florida.

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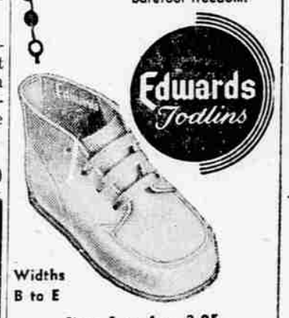

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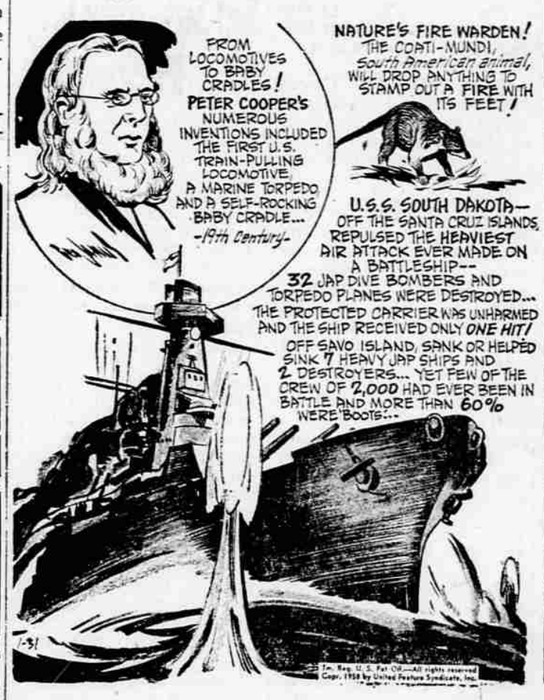
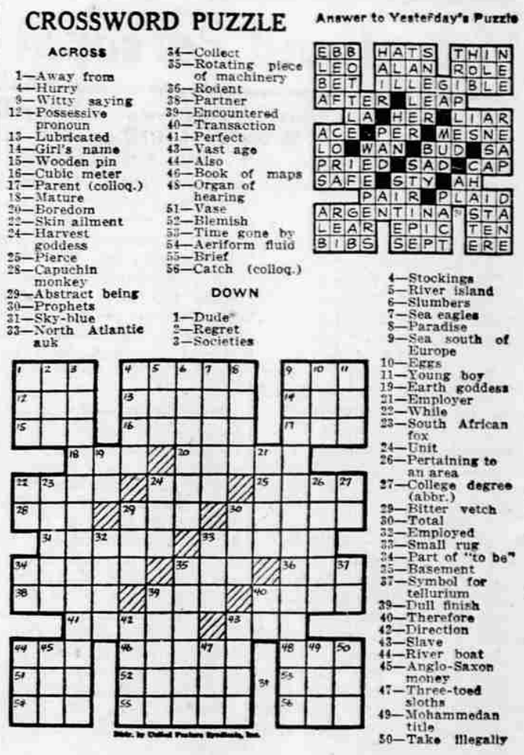
Strange As It Seems

By ELSIE HIX



CROSSWORD PUZZLE

Answer to Yesterday's Puzzle



ACROSS
1—Away from
4—Hurry
9—Witty saying
12—Possessive pronoun
13—Lubricated
14—Girl's name
15—Wooden pin
16—Cubic meter
17—Parent (colloq.)
18—Mature
20—Boredom
22—Skin ailment
24—Harvest goddess
25—Pierce
28—Capuchin monkey
29—Abstract being
30—Prophets
31—Sky-blue
33—North Atlantic auk
34—Collect
35—Rotating piece of machinery
36—Rodent
38—Partner
39—Encountered
40—Transaction
41—Perfect
43—Vast age
44—Also
46—Book of maps
48—Organ of hearing
51—Vase
52—Blemish
53—Time gone by
54—Aeriform fluid
55—Brief
56—Catch (colloq.)

DOWN
1—Dude
2—Regret
3—Societies
4—Stockings
5—River island
6—Slumbers
7—Sea eagles
8—Paradise
9—Sea south of Europe
10—Eggs
11—Young boy
19—Earth goddess
21—Employer
22—While
23—South African fox
24—Unit
26—Pertaining to an area
27—College degree (abbr.)
29—Bitter vetch
30—Total
32—Employed
33—Small rug
34—Part of "to be"
35—Basement
37—Symbol for tellurium
39—Dull finish
40—Therefore
42—Direction
43—Slave
44—River boat
45—Anglo-Saxon money
47—Three-toed sloths
49—Mohammedan title
50—Take illegally

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