

# Body-Mind Drugs Combined To Aid Allergic Victims

By DELOS SMITH  
United Press Science Editor  
New York — Medical science has combined body-mind drugs for the benefit of the allergic. One drug is intended for the relief of an allergic attack and the other is used to relieve anxiety which goes along with an allergic attack.

It is a promising approach to a medical problem like the problem of which came first, the chicken or the egg? Some scientists argue that anxiety often comes before the allergic attack and thus is its cause. Other scientists feel the attack produces the anxiety which makes it worse.

Drs. Earl B. Brown and Thomas Seidman of New York's Montefiore hospital tested the combined drugs by the scientifically favored "double-blind" technique in 97 allergic patients who ranged in age from nine years to 76.

The combination was of the synthetic hormone, prednisolone, which is a standard drug for the relief of allergic attacks, with hydroxyzine which is one of the newer of the "tranquilizing" drugs.

The 97 men, women and children were in need of medicine to control a variety of

allergic conditions from asthma and rhinitis (runny nose allergy) to hives. The asthma and rhinitis subjects were in the big majority.

The doctors divided identical vials into four groups. Into one group they put a week's supply of the combined drugs. Into a second and third group they put the hormone alone and the tranquilizer alone. In the fourth they put an inert substance, a placebo, which, chemically, should have no effect whatever.

All were in tablet form and looked alike. The vials were identified by code number and at the time the doctors distributed them to the patients, they had no idea of what patients were getting which drugs or the placebo. The patients kept a diary of their week's experience with the medicines.

**Diaries Compared**  
These diaries when compared with the code numbers revealed that 75.6 per cent of the patients had had "excellent" results with the combined drugs but only 48.3 per cent had had such results with the hormone alone and only 32.1 per cent had had them with the tranquilizer alone.

The doctors in their report to the American Academy of Allergy, said they had some indications that the tranquilizer might permit small doses of prednisolone to be as effective as large ones. They're now investigating that possibility.



"IMPORTANT PROGRESS" in harnessing H-bomb to make electric power out of ocean water is announced jointly by scientists of United States, Britain. Three American scientists present at Washington announcement are, from left: Dr. Lyman Spitzer, Princeton University; Dr. Arthur Ruark, head of experiments at Los Alamos, N. M. and Dr. James Tuck, Los Alamos. (International Soundphoto)

## CENTRAL POINT Silver Coffee Hour Held

By DORIS HUGHES  
Central Point — A silver coffee hour was given Tuesday at a meeting of the Arthritis and Rheumatism Foundation. Mrs. Wayne Roberts of Oakpine way was hostess for the affair which was also an annual membership enrollment for the foundation.

Those attending were Mrs. John McCoy, Mrs. Robert Jantzer, Mrs. H. H. Shaw, Mrs. Claude Lewis, Mrs. Archie Purdy, Mrs. Alvin Roberts, Mrs. Rinhold Boes, Mrs. Leonard Wood and Mrs. George Wood.

The Central Point city hall now has a new telephone number. The number was changed recently when a double circuit was installed. The new number for the city hall is NORmandy 4-1201.

Voters may register at the city hall this year. Lyle Paull, city recorder, is now a legal registrar. Voters also may register with Margaret Naples at the M&M agency.

E. R. Yocom, civil defense director, said first aid classes will be given in Central Point beginning Feb. 11, at 7 p.m. The classes will be given at the city fire hall. All persons who are interested are welcome to attend.

Mr. and Mrs. Al Emerson left Friday for their home in Yakima, Wash., after a visit at the home of Mrs. Emerson's father, Bert Higinbotham. Mrs. Emerson had not seen her father for 30 years.

Mr. and Mrs. Donald Lacy

are parents of an 834-pound boy born Saturday, Jan. 25. He has been named John Douglas. Lacy is on the faculty at Crater High school.

Mr. and Mrs. Jason Ottinger of Talent visited Sunday afternoon with Mr. and Mrs. O. T. Wilson, North Second st., and Mr. and Mrs. F. C. Leaming of Grand View.

Mr. and Mrs. Steve Wilson and son, Richard, of Camp White visited relatives in Central Point Sunday.

The Central Point Women's Relief Corps met for their regular meeting and a roast turkey dinner at noon, Jan. 21. The business meeting was conducted by Mrs. John Novak, president.

In the afternoon, installation of officers was conducted by Mrs. John Robison. Officers installed were Mrs. John Novak, president; Mrs. Josephine Whaley, senior vice president; Mrs. Sally Musty, junior vice president; Mrs. John Foster, conductor; Mrs. Al Hermanson, treasurer; Mrs. O. T. Wilson, chaplain; Mrs. Phyllis Durante, guard; Mrs. Bessie Henderson, assistant conductor; Mrs. Edwin Jones, secretary; Mrs. Maggie Bean, Mrs. Phil Griggs, Mrs. Lloyd Hays and Mrs. Wallace McDowell, color bearers; Mrs. Elizabeth Faber, musician, and Mrs. Josephine Whaley, patriotic instructor.

A gift was presented by the president to each retiring officer. A gift to the installing officer was presented. A gift also was given to the president from the corps.

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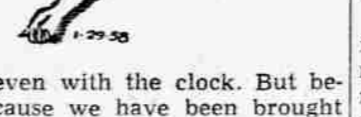


**BEREAVED IKE CONTINUES SCHEDULE** — President Eisenhower was on a regular schedule at the Capital, despite the death of his brother, Arthur. Here, the President participates in a ceremony commemorating the 10th anniversary of the Smith-Mundt Act, which created the U. S. Information Agency. Senator Mundt (R., S. D.) shows a picture of the then Gen. Eisenhower testifying in 1947 on the measure before the House foreign affairs subcommittee, of which Mundt was chairman. Left to right: Sen. H. Alexander Smith (R., N. J.); Mundt, sponsors of the act; Sen. J. Wm. Fulbright (D., Ark.), and the President.

## Is That So?

Speedier machines and more efficient methods of operation have cut down man's work-week; rapid transportation has cut down the time in transit; canned and frozen foods as well as the shift from 10-course to 2-course meals have added weeks to the housewife's life. Time-saving devices slice seconds and minutes from every task.

Nonetheless we humans are forever "short" of time. By swiping a few hours from sleep, we attempt to make our daily doings come out



even with the clock. But because we have been brought up to believe that the body is entitled to a certain amount of sleep, we're guilt-ridden.

But why? Why the eight-hour sleep each night? Primitive man had nothing better to do with his nights—and to lurk in dark caves prevented him from being destroyed by the animals that prowled by night. But now that man has emerged from the blackness of night—Edison's incandescent lamp helping—should man conform?

Why eight hours? Saving just one hour each day would give each of us an additional 1,050 days, or almost three years in the course of an average life. And years added on while we're in the prime of life, not past it.

Benjamin Franklin originally suggested that we adjust sleeping hours to conform with natural conditions—in order to make use of the maximum amount of natural daylight, he advised that we rise earlier in spring and summer (as do the night-sleeping animals) than in fall and winter.

**Remarkable Changes**  
In a sense, man is making remarkable changes in his sleeping habits—depending upon his place of living. In the country, daily activities keep the human going from 5 a.m. to 8 p.m.; in country hamlets, the hours are slightly different, from 6 a.m. to 10 p.m.; in small cities, transportation, industry, entertainment continue between 7 a.m. to 1 a.m.; while in the big cities, these working activities are carried on from 7 a.m. to 3 a.m.—ceasing only for four hours. And man adjusts.

Animals of course have made their adjustments to sleep. Bats, moths and owls among others abominate the sun and avoid it by going to sleep as soon as it peeps over the horizon. Elephants, hippopotami, tapirs, sloths are largely night sleepers.

In fact, most animals catnap—many taking short but frequent sleeping periods. Rabbits, for example, doze off from 16 to 23 times every 24 hours.

Perhaps man is allowed to follow his own inclinations would be "polyphasic" too. As it is, when born a baby sleeps and wakes frequently. Then as it grows older, it is forced to eat on schedules arbitrarily established by pediatricians, many of whom are bothered by ulcers.

Actually, the infant is born with a built-in, automatic, and almost infallible computer which tells him when and how much to eat, and sleep. In Sad Shape

By the time the human

## Rotary Club Hears Talks on YMCA

A program of Young Men's Christian association activities highlighted this week's Rotary club meeting at the Rogu Valley Country club.

Bob Jones, general secretary, discussed YMCA progress since 1948 and introduced Herb Partridge, youth work secretary. Partridge spoke briefly about the Y Indian Guide program and introduced a panel of Y members who discussed various programs offered by the Y.

Pete Boman, 13, related some experiences he had at the Y Diamond Lake camp. Miss Joyce Gilinsky 17, spoke about the high school Youth Council dances and programs. Bill Wright, 9, told Rotary members about programs at the YMCA that he participates in and Gene Cronin, 17, explained the Y aquatic program.

## Red Skelton Tired After Performance

Hollywood — Comedian Red Skelton Tuesday night made his first appearance on a live television show since a nearly fatal cardiac asthma attack.

"I'm a little tired, but it was great to be back in harness," the red-haired comic said after the strenuous half-hour program.

Dr. Garth Graham, the funnyman's physician, was watching from the wings as Skelton performed. He said the comic was in good shape after the program.

Skelton was stricken Dec. 30 at his Bel-Air home and rushed unconscious to the hospital in Santa Monica.

## Examinations Open for Civil Service Jobs

Examinations are now open for telephone operations and loans representatives and for chemists, electronics, metallurgists, mathematicians, and physicists engineers, according to the Civil Service commission.

Applications and additional information are available from Chester W. Silliman in the Medford post office or by writing the United States Civil Service commission in Washington 25, D. C.

## Boy Scouts

Boy Scout Troop 16 The scout committee meeting of Troop 16 will be held at Dan Kadin's home, 601 West Jackson st. Registration of the membership committee and other business will be conducted. The meeting is open to all fathers. John E. Schroeder will continue as Scoutmaster and Wayne Bennett as the assistant scoutmaster according to Troop spokesmen.

## UNION MAN DIES

New York — Morris Waldman, 68, founder and first president of the Paper Box Makers Union and a leader in the Social Democratic Foundation, died Monday in Montefiore hospital after a long illness. He was the older brother of Louis Waldman, the attorney for the Motor-men's Benevolent association during the recent subway strike.

## Inside Story of Robert Young May Hold Suicide Reason

New York — Why should a Robert R. Young, millionaire, business giant, social success, take his own life? Let's try to take a look inside Robert R. Young, the man. Perhaps the answer lies there.

In the spacious marble reception room of "Fairholme," Young's 40-room tudor mansion in the international colony at Newport, R. I., is displayed prominently the lone star flag of Texas.

## 4-H CLUB NEWS

**Knocking Kays**  
The Knocking Kays held another meeting Jan. 23. A new member joined. The teacher showed us a few things that we will need to know about cooking. Our next meeting will be held Feb. 6.

Tylene Evans, Reporter.

**Antelope 4-H Cooking Club**  
Antelope 4-H Cooking club met at Donna Geren's home on Jan. 11. Plans were made and discussed for the rest of the year. The next meeting will be held at Joanna Malloy's home Feb. 1. Donna Geren gave two demonstrations, one on making of muffins and one on the buying of eggs.

Paulette Anderson, Reporter.

## Reed College Seeks Science Building

Portland — Trustees of Reed College announced here today a drive to raise \$1.5 million for a new science building on the Portland campus.

Frank Warren Jr., president of Portland General Electric, is chairman of the fund drive and C. B. Stephenson, president of the First National Bank, is vice chairman. Both are members of the board of trustees.

They said \$1 million of the fund would be raised locally and half the balance would come from a grant from the public health service.

The new structure would provide modern and adequate laboratory facilities for the physics and biology departments, as well as a science laboratory.

## 12 Men Laid Off at Reith Lumber Plant

Pendleton — Twelve sawmill workers were laid off at the Ukiah Lumber Company's Reith plant, two miles west of here, Tuesday because thawing conditions have softened access roads to timber areas slowing down the operation.

Company officials said the men would be put back on when the road conditions improved.

## California Youth Registers for Camp

Jim Rowan, YMCA camp committee chairman, has announced that the first camp for 1958 has registered. He is Robbie Nelson, of North Hollywood, Calif. Rowan said this is the earliest registration in camp's history and Robbie Nelson will travel further getting to Camp this summer than any camper in camp's history.

Y Diamond Lake Camp activities will get underway in July. The annual Camp Reunion Jan. 21 kicked off soap sales and Herb Partridge, camp director, said any boy interested in earning his way to camp may do so by selling soap. Soap and applications are available at the YMCA. Any boy is eligible to go to Diamond Lake camp.

Additional information may be obtained from Herb Partridge at the YMCA, SP 2-6295.

Dead Line on Classified Ads: 5:30 p.m. for following day, except 10 a.m. for Monday; for Sunday, noon Saturday.

In the southern coastal states a gopher is a tortoise; in the prairie states it is one of several striped ground squirrels; elsewhere it is a snake.

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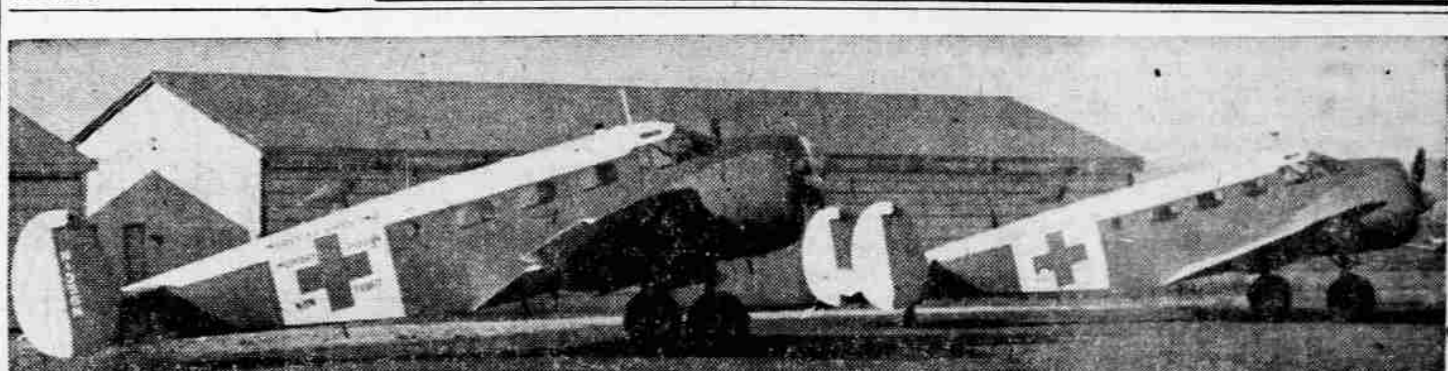
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