

Growing Dogs thrive on

RED HEART

-the Meat Diet in 3 Flavors



IT'S A FACT: kennel tests prove Red Heart helps all dogs to grow normally, resist disease, keep glossy coats, develop sound teeth and bones, live a complete and vigorous life span.

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Protein! Red Heart has *all* the vitamins and minerals a dog needs—plus good red beef protein. And that's the best kind. Dogs need this vital, life-building protein every day. And they need *variety*, too.

Keep your dog healthy, happy, interested in food by serving the meat diet that comes in three flavors: beef, fish, liver. Serve Red Heart. Stay with Red Heart. Your dog will love the change of flavors.

**RED HEART LETS YOU CHANGE FLAVORS
— WITHOUT CHANGING BRANDS**

Rate Yourself as a Homemaker



by Walter Duckat

MANY WOMEN fail to recognize the important role they play as homemakers. For despite all the labor-saving gadgets, the first-rate homemaker also needs to be equipped with intelligence, energy, patience, resourcefulness, and the saving grace of humor.

This quiz should enable you to rate yourself as a homemaker and draw attention to areas that can stand improvement. Check the answer which fits best, then consult the scoreboard for your rating.

- When shopping, do you find it difficult to refrain from buying things you don't really need or can't afford?
Usually _____ Occasionally _____ Never _____
- Do you consider planning meals a nuisance or unimportant?
Usually _____ Occasionally _____ Never _____
- Do you make it possible for members of your family to really relax at home?
Usually _____ Occasionally _____ Never _____
- Do you plan and arrange occasions when the family can have fun together?
Usually _____ Occasionally _____ Never _____
- Do you make a scene when provoked by members of your family?
Usually _____ Occasionally _____ Never _____
- Are you a peacemaker when bad feelings disrupt normal family relationships?
Usually _____ Occasionally _____ Never _____
- When trouble arises, do you face up to it calmly and effectively?
Usually _____ Occasionally _____ Never _____
- Do you buy expensive items without comparing prices in several establishments?
Usually _____ Occasionally _____ Never _____
- Do you try to foster a reverent attitude towards religion by regular church worship and by encouraging your children to attend Sunday school?
Usually _____ Occasionally _____ Never _____
- When your husband returns from work, do you immediately unburden the day's problems to him?
Usually _____ Occasionally _____ Never _____
- Do you try to engage in culturally enriching or socially useful activities?
Usually _____ Occasionally _____ Never _____
- Would you like your children to pattern most of their attitudes and behavior after yours?
Usually _____ Occasionally _____ Never _____
- If you're not expecting company, do you consider it unnecessary to dress up just for the family?
Usually _____ Occasionally _____ Never _____
- Do you wish you could escape the confines of home life and get out into the exciting business world?
Usually _____ Occasionally _____ Never _____