

Potpourri

If you are one of those who fret because it seems a waste to throw away copies of good magazines, you're just the person to join the Magazines for Friendship movement. Potpourri heard about this project Thursday at a Zonta meeting, and immediately asked President Jean Fish for the material to pass on.

The movement started with Professor Albert Croissant of Occidental college, Los Angeles, eight years ago and has spread to all parts of the United States. It is endorsed by such noted personages as Paul G. Hoffman, Bernard Baruch, John Foster Dulles, Eleanor Roosevelt and others who believe that it can be a strong factor for peace and better understanding between nations.

The magazines may be sent to librarians, mayors, school superintendents or heads of other institutions, to editors, professors of universities or colleges. Small magazines may be wrapped in a flat package, larger ones rolled. They can be shipped at the rate of 12½ cents per pound. Magazines for Friendship will supply gummed stickers, which cost only \$1 for 300, and which have a simple message of friendship and a place for the sender's name and address.

Of course, only magazines which provide a true picture of American life and character are desirable for this purpose. No one should send pulp or comic magazines, or those which contain articles and pictures that present a sensational, distorted picture of life in the United States. Among those recommended are Atlantic, American Girl, American Home, Better Farming, Better Homes and Gardens, Boy's Life, Business Week, Coronet, Cosmopolitan, Farm Journal, Field and Stream, Fortune, Good Housekeeping, Harper's, Holiday, House Beautiful, House and Garden, Ladies' Home Journal, Life, Look, Mechanix Illustrated, McCall's, Mademoiselle, National Geographic, Nation's Business.

Others on the desirable list are New York Times Magazine, New York Times Book Review, New York Herald-Tribune Books, Newsweek, New Yorker, Pageant, Parents Magazine, Popular Mechanics, Popular Science, Reader's Digest, Redbook, Saturday Review, Saturday Evening Post, Science Digest, Scientific American, Science and Mechanics, Sports Illustrated, Sunset, Successful Farming, Time, Today's Woman, Town Journal and U. S. News and World Report.

Packages of magazines weighing from 10 to 40 pounds may be shipped from New York and San Francisco, or nearby communities, to U. S. embassies and consulates by way of APO. In this fashion, the cost is even less.

Copies of professional magazines are also needed abroad, it is stated. Potpourri often feels pretty dubious about so-called "good will" movements, but this one seems excellent from all angles. Paul G. Hoffman has said that Magazines for Friendship can be "a major instrument of foreign policy" and pointed out that it is a concrete, dynamic and yet simple project in which thousands of Americans can engage.

Zontian Jean Fish has a list of foreign universities which will use the magazines, and it shows about 30 nations, from Argentina to Yugoslavia. It is possible to find the names and addresses of leading European personages in many nations by consulting Europa Encyclopedia, by consulting copies of foreign Who's Who volumes; the Editor and Publisher Directory lists the names and addresses of executives and editors of the world's leading newspapers and magazines.

In case you send your copies to the mayors, this information may be helpful. In Germany and Austria the mayor is called the burgemeister; in Italy, the sindaco; in France, the maire; in Spain and Latin America, the alcalde.

Small boy story: About to set forth for an engagement with the Berg Martens, Mrs. George Rode explained to son Johnny that the Martens' name was spelled differently, like the name of the small furry animal. When papa and mama Rode returned home, Johnny inquired politely "Did you have a nice time at the Beavers?"

Church story: Recently the board members and minister of a local church sent out letters asking for donations to help with the church budget. Back came a letter from one member saying "this Christian life is just give, give, give." Whereupon the minister sat down and wrote a thank you note to the member and said "Yours is the best definition of a Christian life I have heard."

Television tid-bit: After watching the Lowell Thomas travel show last week, one woman decided that the main difference between the African dancers and American drum majorettes in a parade was of costume and equipment. Change the African feathered headdress, costume and spear to the tall hat, satin uniform and baton of the majorette and the performance would be almost identical—same steps, same kicks and same passing of the baton or spear around the head and under and over the legs and arms.

Smart Postman story: Mrs. Steven Dodge was a little surprised last week when she received a letter addressed to her on "Little Car Street." Mrs. Dodge lives on Austin street. —O.S.

Soup Combo

Tonight, fix a soup combo. Choose two soups, then toss in an added ingredient or two for a gourmet touch. A delicious, easy-to-fix soup combo is Pea Soup Royale. Blend one can condensed green-pea soup and one can condensed consommé; heat to boiling, serve with crisp skillet crotons hobbling atop. It makes four servings. To make skillet crotons, cut slightly dry bread in ½-inch cubes; melt

Side Dish

If you like sandwiches for lunch or for a late-evening snack, try having a side dish of either hot or cold kraut with your next ham or luncheon meat sandwich. Cider or apple juice is a fine beverage with this combination.

a little butter in a skillet; add bread cubes and toss them lightly to coat well. Heat and stir till golden brown.



Miss Irene Hollenbeck, faculty member of Southern Oregon college, is the new president of the National Association of Biology Teachers.

Faculty Member New President Of Honor Society

Ashland—Miss Irene Hollenbeck, associate professor of science at Southern Oregon college is the new president of the National Association of Biology Teachers. Miss Hollenbeck, a member of Phi Beta Kappa, has taught botany and biology at the college since 1954.

The instructor advanced to the presidential position from the office of vice-president. She took office December 27 at the annual luncheon of the NABT in Indianapolis, Ind. The meeting of the association was held in conjunction with the Advancement of Science at their 124th annual meeting.

An active member of the American Association of University Women and the American Association of University Professors, Miss Hollenbeck also participates in the National Science Teachers' association, American Nature Study society and Oregon Academy of Science. She was elected a Fellow to the American Association for the Advancement of Science in 1957. She is also a member of Phi Kappa Phi, Kappa Delta Pi, Pi Lambda Theta as well as Phi Beta Kappa, all college honoraries.

In 1950 Miss Hollenbeck co-authored a monograph on "Selected Procedures for Teaching Biology" with Dr. Elmo N. Stevenson, president of the college. She has also authored many articles in professional journals.

Pork Chops for Stuffing

Use an orange-raisin stuffing when preparing stuffed pork chops. Use pork rib chops for stuffing and always have your meat retailer cut a pocket for the stuffing on the rib side of the chop. Made this way, the chops will tend to hold in the stuffing more securely during the cooking period.

Just for Baby!



by Alice Brooks

Treasure trove of baby gifts all from this one pattern! Decorate crib and carriage covers, nursery linens, curtains.

Beginner-easy embroidery you'll enjoy every stitch! Pattern 7264: transfer of 17 motifs 2 x 2 to 5½ x 10 inches.

Send Thirty-five cents for this pattern—add 5 cents for each pattern for 1st-class mailing. Send to Medford Mail Tribune, Household Arts Dept., P. O. Box 168, Old Chelsea Station, New York 11, N.Y. Print plainly NAME, ADDRESS, PATTERN NUMBER.

Send Twenty-five cents more for a copy of our Alice Brooks Needlecraft Catalogue. Two complete patterns are printed right in the book... plus a variety of designs that you will want to order: crochet, knitting, embroidery, huck weaving, quilts, toys, dolls.

General Course Answers School Need

Two major needs must be met by the curriculum of a modern high school. The school must not only prepare its students for further education in a college or university, but must offer courses which fill the needs of boys and girls who will enter vocational and technical schools and those whose formal public education will cease with high school. Through its academic and general courses of study, Medford High School meets these various needs.

About half the graduates go on to colleges or universities. Basically, the curriculum is organized so that either course accomplishes certain basic purposes. As set forth in the registration manual for students these are: First, they lay emphasis upon grounding the pupils in fundamental knowledge, attitudes and skills necessary for understanding one's environment and making adjustments to it. Second, both lead pupils into some of the larger fields of thought and knowledge, offer opportunity for individual expression, and the development of life and vocational interests. Third, both seek to train pupils in proper habits of work and thought, each citizen-ship, inculcate right attitudes, habits, ideals and understandings, and to get along satisfactorily with other individuals in the social groups.

Fourth, both require that once a pupil has selected a field of knowledge for study, he do a consistent amount of prescribed work in the chosen line to enable him to "try out" in it satisfactorily and to prevent dissipation of time and energy.

The general division, according to the manual, offers a wider variety of work than the college preparatory division to meet the interests and aptitudes of the students. In addition to English, which is compulsory, it offers a choice of any one of 10 lines of work in which a pupil may major, and also offers free election of subjects to the extent of from 1 to 10 units. The quality or grade of work demanded is not quite so high as that required in the college preparatory division. It seeks to aid pupils in finding a vocational interest and in giving them a certain minimum of training in the chosen field.

For graduation in the general division the pupil must have 3 units of English, including ninth grade, 1 unit of American history, 1 unit of American problems, 1 unit of laboratory science, 2 units of physical education and 1 of mathematics. In his chosen major he must have 3 or 4 units, depending upon the field.

The majors are social studies, mathematics, foreign languages, natural sciences, commercial, shop work, home economics, music and art. In the general division courses, homemaking is popular and has proven extremely useful to the girl graduates. (A survey of the 1954 class showed that about 65 per cent of the girls were married within three years after graduation.) The courses in cooking and sewing are planned to give practical instruction in food preparations, in clothing selection and construction and tailoring, all information and skills useful to any woman, whether married or not. Child care is also taught, and home nursing is given as part of the physical education classes.

The courses are planned so that the girls alternate their semesters of sewing and cooking. Since so many enroll in these courses, the department will be enlarged under the expansion of the school plant now being planned and which will start in the near future.

The industrial arts or shop program offers work in three different fields — wood shop, metal shop and machine shop. An automobile shop is to be added during the plant expansion. In addition archi-

tectural drawing and vocational carpentry are given. In the shop classes students pay for materials for furniture, metal objects or tools which become their property. Advanced carpentry students build a small house every year.

Nine courses are offered in the business department, including shorthand, typing, bookkeeping, clerical practice and business machines. Although the majority of the students taking the business course plan to go directly into the business world, others prepare themselves to earn a living while paying their way through college.

Through their electives, students in one division may take courses in another. Dramatics, music and art are popular courses since the knowledge and information gained in such studies not only may be part of an individual's professional life but are the backbone of his cultural and social life in years to follow. In the dramatics courses, personality development is fostered. Exercises for developing good posture and ease of movement are coupled with voice and speech improvement and correct makeup is taught. Using scenes from great plays, or one-act plays, the class members plan the action, interpretation of character and costuming under the direction of the instructors. Each class member is held responsible for one particular phase of the presentation, and as the course progresses, they learn to accept more responsibility.

The ability to evaluate is developed by a written critique from every member of the class after watching each scene.

Presentation of the senior play is handled by the drama department, and this year's play is now in rehearsal.

Beginning, intermediate and advanced art work is offered. Problems range from class exercises to units in industrial designs, commercial art, art history, sculpture, interior design, print-making and drawing. Second year work includes additional study in oil painting, watercolor, advertising design, portrait drawing and architectural form. In the advanced classes emphasis is spread from experimentation in design, media and application to specific study of academic methods, theory and practice in a variety of art fields.

After the plant expansion, it is planned to add a crafts department to the art work, with work in ceramics and similar programs.

In the music department, credit is given for instrumental work in the school band or orchestra. The department has two bands, with music-

Mrs. Edward Lull To Be Club Hostess

Central Point — Mrs. Edward Lull will entertain the Home Economics club of the Central Point grange at her home on Old Stage road, Wednesday, January 29, for a 1:30 p.m. dessert luncheon. A business meeting will be held following the luncheon. All women of the grange are invited to attend.

Sweetbreads may be braised or fried without precooking but sweetbreads are always precooked if being used in salads, or for serving creamed with veal or ham. If the sweetbreads are not to be used immediately after purchase, they should be precooked regardless of the preparation method.

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Bethel Discusses Drill for Session

Cave Junction — A discussion of grand session and the drill which Bethel 36 will present at the annual conclave was held at the January 20 meeting of Bethel 36, International Order of Jobs Daughters. Newly installed Honored Queen Carolyn DeMerseman conducted the meeting.

Escorted to the east and introduced was Miss Ronine Rausch, past queen.

Senior Princess Diana Strohkirch reported on the installation ceremony of Medford Bethel 55 last week. Attending from the valley were Mr. and Mrs. Homer Snider, guardian and associate guardian; Queen Carolyn, Miss Strohkirch and Miss Carmel White, junior princess.

Another report was given by Miss Karen Ellstrom who told of the installation ceremonies of the Grants Pass Bethel. Mrs. Snider, Mrs. Breckerindge, Mrs. Kathryn DeMerseman, Miss Kathleen Breckenridge and Miss Ellstrom attended.

Refreshments were served. The Misses Beverly Sowell and Betty Lou Carter, with their mothers, will serve refreshments at the next meeting, February 3.

Another work day at the Masonic tree farm is announced for Sunday, January 26. Masons, DeMolays, Eastern Stars and Job's Daughters are asked to contribute their time. A potluck luncheon will be served.

When washing woolen gloves, stick the round end of clothes pins into each glove finger. This will keep them from shrinking.

Liver Lecture

Liver is all meat and no bone. It has little fat so needs additional fat during cooking. Too high temperature or too long cooking tends to make the liver less tender and also tends to destroy the flavor.

Economy Meal

A thrifty meat cut for an economy-minded homemaker is a ham shank. Serve it with sauerkraut, sweet potatoes, buttered peas, a lettuce wedge, Boston brown bread and your favorite fruit for dessert.

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- Ceremonies

— Y.M.C.A. OPEN HOUSE SCHEDULE —

- SUNDAY, JANUARY 26th—Come at Any Time Through the Hours of 2:00-5:00 p.m.**
- AQUATICS—**
2:15—Family Open Swim with Diving Exhibition
3:30—Swim Demonstration Team—Aqua Lung—Races
4:00—Open Swim—Families and Individuals
- GYM PROGRAM—**
2:00—Basketball—Picked Teams
3:00—Women's Volleyball
3:30—Men and Women Mixed Volleyball
4:00—Trampoline and Weight Lifting; Also Defense Tactics
4:30—Relays and Boys Races
Girls' Baton Demonstration, Tumbling
- LOBBY PROGRAM—**
Games in Progress, Ping Pong Tournament
Accordions, Group Singing in Quiet Lobby
Special Musical Numbers
- SOCIAL HALL PROGRAM—**
2:30—Films
3:00—Indian Guide Longhouse Induction, and Games
3:20—Tri-Hi-Y; Hi-Y Investiture
3:30—World Service Film, "Action in Asia"
4:00-5:00—Square Dance Group
Refreshments—Cookies, Tea, Coffee, Hot Chocolate

YMCA

Throughout the year, the Young Men's Christian Association works tirelessly toward its goal—a world wide brotherhood of men and boys, women and girls — by building better minds and stronger bodies.

this advertisement is published as a tribute to the Y.M.C.A. by all the employees of . . .

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