

**CLEAR UP NASAL
CONGESTION
FASTER WITH**



3 NASAL SPRAYS IN ONE!

1. Thonzide
melts away
congestion **FAST!**

2. Antibiotic
kills dangerous
germs **FAST!**

3. Decongestants
shrink swollen
membranes **FAST!**



Stuffed-up nose is a *three-deep misery*... mucus, germs, swollen membranes. Watery mist sprays can't even get through mucus! But new **SUPER ANAHIST NASAL SPRAY** melts away mucus with exclusive Thonzide. So, its antibiotic kills germs on contact... while its miracle decongestants shrink swollen membranes. You breathe easy, faster! Get **SUPER ANAHIST NASAL SPRAY** throughout the U. S. and Canada. Also in nose-drop form. © 1957, ANAHIST CO., INC. ®

SUPER ANAHIST
Antibiotic
NASAL SPRAY

A Development of the
Anahist Research Laboratories



Junior Treasure Chest

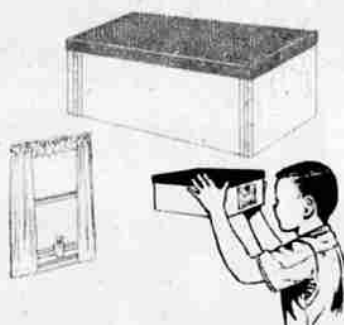
Edited by MARJORIE BARROWS, Editor of The Children's Hour

Sentry Post Julia Handy

The prize goes to the quietest team in this game! Set up two chairs about seven feet apart. These are the sentry posts and two players are seated in them, wearing blindfolds. They must face each other. The rest of the players divide into two teams. At a signal from the leader, the first player in each line sneaks forward on tip-toe and tries to pass between the two sentries without a sound! If either sentry hears anything, he calls out and points to the direction from which the sound comes. If he's right, the player is "captured" and out of the game. If he points in a wrong direction, the player sneaks ahead. Each team goes through just once, and the winner is the team that gets the most players past the sentries.

Shoebox "Camera" Walter Eckart

To make this shoebox camera you will need an old shoebox, or any box of a similar shape, some tissue paper, and some tinfoil or aluminum foil. Remove the top from the box and cut off both ends with a sharp knife or scissors. Glue or tape a square of tissue paper over one end of the box, making sure that it is stretched



tightly with no wrinkles. On the opposite end of the box do the same thing, using aluminum foil.

Now, with a straight pin or needle, make a little hole in the center of the foil end.

Put the cover back on the box and holding the foil side toward a window or light, you will see a little picture, upside down on the tissue paper side, of whatever object you aimed at with your "camera."

Peanut Pie Marion Ullmark

Birds like pie, too! At least they'll like this kind of pie. Make one for your birds this Winter. Here's how to do it. Ask mother to pour some melted fat into a pie pan for you. Any kind of fat will do. Use one of the foil pans that come with frozen foods.

Before the fat gets hard, but after it has cooled, press some lumps of peanut butter into it. Birds love peanut butter. If you have some peanuts or other kind of nut meats, press them in the fat, too. Now put the pie outdoors where the birds can reach it easily. They will love you for it!



**Let's Draw a
Hummingbird**

Ann Davidow

In the Summer have you
seen
A ruby-throated bird of
green

Stop above a daffodil
And sip the nectar through
his bill,

Held by little wings that
flutter
Faster than a camera
shutter?

Their purring sound gives
us the word
By which we know him,
"Hummingbird."

Desk Workers

Are you one of those people who, now as you hit your 40's, are beginning to feel the pressure, worry and tension of modern-day business? Then don't add irregularity to your troubles.

The safe, effective answer to irregularity from lack of bulk is a daily half-cup of Kellogg's All-Bran with milk. Keeps you regular the *natural* way—no habit-forming laxative drugs. Delicious and highly nutritious, too.

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Snug® brand Denture Cushions are a triumph of science, a sensational new plastic re-lining that gets rid of the annoyance and irritation of loose, badly fitting false teeth. Snug eases sore, irritated gums due to loose fitting dentures. Applied in a few minutes, makes the wobblest plates stay firmly in place—gives perfect comfort. Eat anything—talk, laugh—plates "stay put." Harmless to gums or dentures. Snug re-liners can last from 2 to 6 months. Stays soft and pliable—does not harden and ruin plate. Feels right out when replacement is needed. No daily bother with adhesives. Get Snug brand Denture Cushions today! 2 liners for upper or lower plates \$1.50. Money back if not satisfied. At all druggists.



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MASSAGE WITH

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in over
4,000
HOSPITALS