
STAR GAZER***)

ARIES		♈ Your Daily Activity Guide ♊		LIBRA	
MARCH 21		According to the Stars.		SEPT. 23	
APR. 20		To develop message for Sunday, read words corresponding to numbers of your Zodiac birth sign.		OCT. 23	
72-59-44-50	1	2 You'll	32 To	61 Frustrate	SCORPIO
69-53-54-54	2	3 Temper	33 Fears	63 Attraction	NOV. 22
Taurus	3	4 Find	34 Needs	64 Possibilities	DEC. 21
APR. 21	4	5 Lure	35 Careful	65 Watch	SAGITTARIUS
MAY 21	5	6 And	36 Others	66 Financially	NOV. 23
4-15-29-34	7	7 Control	37 Planning	67 You	7-10-13-31
4-53-57-57	8	8 Find	38 Work	68 Defeat	22-55-66
GEMINI	9	9 Carelessly	39 Day	69 Friendships	CAPRICORN
MAY 22	10	10 With	40 Needed	70 And	NOV. 23
JUNE 22	11	11 Remember	41 Rocklike	71 Telling	OCT. 22-45
17-20-36-57	12	12 Let	42 And	72 Step	35-37-40-45
JULY 22	13	13 Forget	43 Get	73 Private	60-73-75
AUG. 22	14	14 Be	44 To	74 You	AQUARIUS
CANCER	15	15 A	45 Today	75 Affairs	DEC. 23
JUNE 23	16	16 Day	46 Heart	76 Don't	MAY 20
JULY 23	17	17 Don't	47 So	77 Delight	PISCES
AUG. 23	18	18 For	48 Interests	78 Talk	FEB. 19
11-16-19-45	19	19 Wrong	49 Out	79 Invite	1-25-39-59
48-58-63	20	20 Let	50 Strengthen	80 You	54-77-80-82
LEO	21	21 Romance	51 Nourish	81 Taking	TAURUS
JULY 24	22	22 Ideas	52 Com	82 Pose	APRIL 21
AUG. 24	23	23 Excellent	53 Get	83 Roads	GEMINI
SEP. 24	24	24 Could	54 Achieve	84 Agreements	FEB. 19
2-18-128	25	25 Let	55 Help	85 Action	3-19-22
32-43-56	26	26 Things	56 Results	86 Showdowns	27-61-78
VIRGO	27	27 See	57 Stay	87 Share	CANCER
SEP. 25	28	28 Enthusi	58 End	88 Showdowns	FEB. 19
OCT. 25	29	29 Over	59 Or	89 Road	MAY 21
21-27-41-47	30	30 To	60 Le	90 Life	LEO
45-57-72	(*) Good	(*) Adverse	(*) Neutral		

Heavy Engineering Will Continue, Survey Shows

Seattle, Wash.—Heavy engineering construction in the Pacific Northwest and Northern California will increase nearly \$300 million in 1958 over 1957, according to a survey of private and public resources by Pacific Builder & Engineer, Seattle.

Total dollar volume for the year will be approximately \$710,000,000, and the rate increase is roughly 12 per cent, compared to a national average of .5 per cent.

reaches by 25 per cent to \$4 million. Industrial growth spotlighted by an anticipated \$707 million for new plant. Local public and private developers will expend \$447 million for dams, a apparent hydroelectric facilities. Other major categories are federal civil work—\$258 million; public work—\$339 million; atomic energy—\$95 million; reclamation, \$1 million.

One of the largest projects

One of the largest projects scheduled in Oregon for 1991

State by state, the total volume and increase will be: Washington, \$798 million total, an increase of \$153 million; Oregon, \$385 million (\$45 million increase); Northern California, \$1,063,000,000 (\$135 million increase); Idaho, \$175 million (\$11 million increase); Montana \$164 million (\$27 million increase).

Alaska is the only area showing a decrease, as military construction declines from \$174 million in 1957 to \$2 million in 1958, the survey showed.

Impact of the federal highway program will be felt as highway construction in-

is the \$32 million shopping square and hotel at Lloyd Center in Portland.

Oregon's flood control program is well underway with the construction of the dam at Cougar reservoir on the East Fork of the McKenzie river with over more than \$10 million to be spent. Further work on the Hills Creek reservoir on the Middle Fork of the Willamette river near Oreganville will continue through the year.

The highway construction program in Oregon will be increased about 25 per cent with the awarding of \$50 million plus a \$32 million carryover from 1957.

The Medical Roundup

by
Walter Alvarez

Emeritus Consultant in Medicine
Mayo Clinic
Emeritus Professor of Medicine
Mayo Foundation

So-Called Weight Reducers

In a recent number of Consumer Reports, I found an article in which U.S. Representatives John A. Blatnik, of Minnesota, had nothing good to say about the chemical "weight-reducers" that have recently been investigated by House Subcommittee, As-

the drugs that are advertised; they are just plain frauds; they don't and can't do anything. Others could be dangerous to the users. Any physician would say that the customer can almost certain that advertising is so false if the claim made that, while taking the medicine, one can eat as much as one likes and can still lose weight. That is like saying that you can dump all the coal you like into your stove and not get it too hot.

Dr. Kalb said, one sometimes buys a medicine because

representative Blatnik said, study of the advertisements of the "come-on" advertising but usually when one one

study of the advertisements indicated that most of them were misleading come-ons. The evidence brought before the Committee backed up what every scientific phy-

man knows, which is that the only way in which one can cut down on weight is to cut down on the amount of rich food eaten.

The evidence indicated that the so-called spot-reducing techniques for taking off fat are not where you want it taken off are not worth trying. Also, one cannot take off weight by ordinary exercise. Dr. S.W. Alb, who directed the studies at the over-weight persons at the West-Graduate Hospital in New York, said that one would have to walk 33 miles to take off a pound!

Blatnik said that some of

sugar. Anyone who doesn't won't work. As Representative Blatnik says, the Post Office and the Federal Trade Commission would like to protect the people from the frauds, but the law is too weak, and the Commission hasn't enough money to wish to prosecute the dishonest advertisers.

Walt's TV & Radio Service
Oldest Shop in So. Oregon
409 S. Main Phone SP 2-226
Day and Night Service **3.50**
Medford and Vinita
No calls Fri. eve., all day Sat.
or Sunday

PACIFIC FEED PRICES

Watch for this ad each Sunday

THIS WEEK'S SPECIALS

Ground Corn & Barley .. CWT. \$3.40
Corn CWT. 3.50

These prices are for one week
subject to stock on hand

SUPERPHOSPHATE: Car will arrive soon, take
delivery off car and save.

MILKSAVER: A complete milk replacer that reduces
losses from Scours. Pick up folder and check
analysis.

Pacific Feed & Seed Co.
Feeds, Fertilizers and Supplies
4th & Front St. SP 2-2413 Medford

Seattle, Wash.—Heavy engineering construction in the Pacific Northwest and Northern California will increase nearly \$300 million in 1958 over 1957, according to a survey of private and public sources by Pacific Builder & Engineer, Seattle.

Total dollar volume for the area will be approximately \$2,710,000,000, and the rate of increase is roughly 12 per cent compared to a national average of 3.5 per cent, the

firm says.

Increases by 25 per cent to \$44 million, industrial growth spotlighted by an anticipated \$707 million for new plant. Local public and private power developers will expect \$447 million for dams a major appurtenant hydroelectric facilities. Other major categories are federal civil works \$258 million; public works \$235 million; domestic energy \$88 million; reclamation, \$31 million.

One of the largest projects

The Medical Roundup

by
Walter Tevis

Emeritus Consultant in Medicine
Mayo Clinic
Emeritus Professor of Medicine
Mayo Foundation

So-Called Weight Reducers | the drugs that are advertised
In a recent number of *Con-* | are just plain frauds: th

Representative Blatnik said, a study of the advertisements indicated that most of them were misleading come-ons. The evidence brought before the Committee backed up what every scientific physician knows, which is that the only way in which one can get rid of weight is to cut down on the amount of rich food eaten.

The evidence indicated that the so-called spot-reducing techniques for taking off fat just where you want it taken off are not worth trying. Also, one cannot take off weight by ordinary exercise. Dr. S.W. Kalb, who directed the studies of over-weight persons at the Post-Graduate Hospital in New York, said that one would have to walk 33 miles to take off a pound!

Downloaded from <http://ajphaphysiol.physiology.org/> at University of California, San Diego on September 11, 2012

THIS WEEK'S SPECIALS

Ground Corn & Barley .. CWT.	\$3.40
Corn	CWT. 3.50

These prices are for one week
subject to stock on hand

SUPERPHOSPHATE: Car will arrive soon, take
delivery off car and save.

MILKSAVER: A complete milk replacer that reduces
losses from Scours. Pick up folder and check
analysis.

Pacific Feed & Seed Co.

Feeds, Fertilizers and Supplies

4th & Front St. SP 2-2413 Medford

Strange As It Seems

By ELSIE HIX



BOBBIE DICKERSON--
15-YEAR-OLD HIGH
SCHOOL HONOR STUDENT
CONSIDERED ONE OF
THE BEST OF 400
PLAYERS IN THE OTIO



RURAL FIELD BIRDS
DEER

PEE-WEE FOOTBALL
LEAGUE OF

NEWPORT, R.I., WAS A HARD FIGHTER ON DEFENSE AND QUARTERBACK ON OFFENSE... LATE IN THE SEASON OFFICIALS WERE AMAZED TO LEARN BOBBIE TO BE A GIRL!

THE BIRD POPULATION INCREASING...

SIR WALTER SCOTT WROTE HIMSELF TO DEATH!

RATHER THAN FACE BANKRUPTCY HE LABORED 5 YEARS TO EARN \$400,000--- THEN DIED OF OVERWORK JUST SHORT OF SOLVENCY

—(B32)—

Phil Witte

© 1989 by United Feature Syndicate, Inc.

STEVE CANYON

HERE COMES AN AIR FORCE CHOPPER... THAT MEANS COL... INDEX...

THESE THINGS ARE ALWAYS TOUSH — BUT MORE SO WHEN THE WRONG PERSON IS LEFT BEHIND! WOMEN KNOW HOW TO HANDLE TRAGEDY BETTER THAN MEN...

COLONEL INDEX, WE'VE SEARCHED THE AREA, BUT—

Lt' ABNER

I WOULDN'T PERMIT ANY PRISONER TO LEAVE — EXCEPT AT THE REQUEST OF SUCH A DISTINGUISHED PSYCHIATRIST AS YOU, DR. OXTONGUE.!!

YOU GOT RIGHT—

WOULD YOU PAPER, ASS FULL RESPECT FOR HER P...

BUZ SAWYER

A FRONT ROOM IS POSSIBLE OVERLOOKING THE HARBOR.

THE ONLY THING OVERLOOKING THE HARBOR, SIGNOR, IS A SUITE.

BOY, WHAT A VIEW! ARE WE LUCKY!

BARNEY GOOGLE and SNUFFY SMITH

LOWEEZY--
CAN WE-UNS HOLD
TH' QUILTIN' BEE
AT YORE HOUSE
TONIGHT?

SHORE WE CAN,
LOTTIE MAE--
THAR'S NOBODY
HOME BUT ME

WHAT
ABOUT
HIM?

BLONDIE

DAGWOOD
WOULD YOU
LIKE SOME
SPARE RIBS AND
SAUERKRAUT
FOR SUPPER?

NO

EVEN IF I MADE
THEM SWEET AND
SOUR LIKE YOU
LIKE?

NO

[illegible]

CROSSWORD PUZZLE

26-Carry
28-Roll of
march
30-Paper measure
32-Distance
measure

DOWN

1-Malice
3-Ability
5-Guido's
low note

4-Man's
nickname
5-Supercilious
person
6-Word of sorrow
7-Secret agent
8-Greeting
9-Impose as a
necessary
accompani-
ment
10-Approaches
12-Former
Russian ruler
13-Medium
15-Periods of time
19-Decorated
21-Kettle
22-Vapor
23-Greek dialect
27-Orator of
hearing
29-Tattered cloth
31-Commemora-
tive disks
32-More rapid
34-Rail bird
36-Arranged in
folds
37-Ros
39-Openwork
fabric (pl.)
41-Lytic poem
43-Aporion
44-Observes
47-Edice
48-Pigeon pea
51-A state (abbr.)
53-Chinese mile

Clue by United Feature Syndicate, Inc.

IN THIS
MING
SIBILITY
TURN.

I'LL
SIGN
ANY-
T'ING!!

IT'S ME, LADY IN RED!!
KNUCKLES!!—I'M
TAKIN' YA BACK TO
DE MOB!!—

WHY
NOT?

© 1999 United Feature Syndicate, Inc.

AS SOON AS THAT
RAFT OF FEMALES

WELL WHAT WOULD YOU LIKE?

I'D LIKE SOME SWEET AND SOUR SPANISH SAUSAGE AND SAUER-KRAUT

NOW WHAT COULD MAKE A NICE LITTLE WIFE FLARE UP LIKE THAT?

A NICE LITTLE WIFE FLARE UP LIKE THAT?

© 1994 Twentieth Century Fox Film Corporation

For Action. Use M-T Classified Ads