



A rich Beef Stroganoff makes a wonderful party dish. Swirl in the sour cream at the table, just before serving.

Informal entertaining has been popularized by today's busy homemakers. A simple meal planned around an unusual main dish makes meal preparation easy. Buffet service allows the maidless hostess to enjoy the meal with her guests.

A gourmet dish like Beef Stroganoff is ideal for a party dinner. This recipe will serve eight generously. The major part of the preparation may be done a day ahead; the sour cream must be added just before serving. The accompanying foods can be simple: parmesan buttered noodles or rice, green beans almondine, crisp vegetable salad, assorted relishes, buttered crunchy rolls and an ice cream dessert.

BEEF STROGANOFF

- 2 pounds beef round or chuck, cut in 1/2 inch cubes
- 1/2 cup butter
- 1 pound fresh mushrooms, sliced
- 3 to 4 cups chopped Bermuda onion (2 lbs.)
- 1 8-ounce can tomato paste
- 2 teaspoons salt
- 1/4 teaspoon pepper
- 1 tablespoon Worcestershire sauce
- 1 tablespoon cornstarch
- 2 tablespoons cold water
- 1 cup sour cream

heat. Add mushrooms and onion and cook 5 minutes. Add tomato paste, salt, pepper, and Worcestershire sauce; stir into meat mixture. Cover and simmer gently 1 hour, or until meat is tender. Mix cornstarch and cold water until smooth; stir into meat mixture. Cover and simmer 10 minutes longer, stirring frequently. Just before serving, blend sour cream into hot mixture. Keep hot in chafing dish over hot water for buffet type service. Serve on top of hot buttered parmesan noodles or steamed white or wild rice. Makes 8 servings.

Help Yourself To Happiness

This column is one of a series on marriage and family problems which appears weekly in this paper. It presents problems of everyday living and attempts to bring you the most expert opinion in this area. By combining clinical experience, research, and homespun practicality, we hope to assist you to help yourself to happiness. Readers are invited to present their problems. All queries will receive individual attention and should be accompanied by a stamped self-addressed envelope directed to Mary Harris Sciffert, M.A., Department of Education, The American Institute of Family Relations, 5287 Sunset Boulevard, Los Angeles 27, California.

A good wife is in reality four people: a companion-lover, a mother, a housekeeper, and a cook. Her whole success lies not in being passably good in one or two of

these different roles, but in being highly proficient in all four.

Holiday Leftovers May Be Used For Turkey-Apple Dish

Here is a recipe that will use many of the leftovers found in the kitchen after serving those big, festive, company dinners during the holidays. The Turkey-Stuffed Apples boast a special combination of flavors and tastes that are a perfect disguise for leftovers, besides making use of the tart winter apples so plentiful now.

For Turkey-Stuffed Apples use 6 large Rome Beauty or Winesap apples; 1 3/4 cups cooked diced turkey; 1/2 cup bread crumbs, 1/2 teaspoon poultry seasoning, 1/4 cup melted butter or poultry fat, chopped pimiento, 2 tablespoons chopped ripe olives.

Peel apples halfway down. Remove the core and hollow out the center well. Mix turkey, bread crumbs, seasoning, fat, pimiento and olives thoroughly. Stuff apples with this mixture, and top with a bit of butter. Place stuffed apples in a baking dish, with enough water to cover the bottom of the dish. Bake at 350 degrees for about 45 minutes, basting often. Serve with a tart, tossed green salad.

The prime characteristic of a super-wife appears to be versatility, the ability to do many things well, and the will to improve an already established skill for the happiness and well-being of those people dependent upon her. In short she must be "unsatisfied with what she already knows," and attempt to do better what she already does well.

There are 20 states in the United States of Brazil. Officers will be elected at a meeting of the Fuhat Burkan Temple, Dramatic Order, Knights of Khorrans, at a meeting at 8 p.m. Saturday, Jan. 4, in the Pythian building.

The group has "Dokey" clubs in Roseburg, Bandon, Grants Pass, Klamath Falls, Yreka and Medford. The Medford club is headquarters for the group, which is affiliated with the Knights of Pythias. Each club will send delegates to the election meeting. A table lunch and coffee hour will be held according to Francis Hibbard, secretary.

Mr. and Mrs. Cecil Teeters and family, who purchased the Mattison ranch, have moved from Riverside, Calif.

August Singler has been employed during the Christmas holidays at the Medford post office.

A family dinner was held at the home of Harry Mitchell Christmas day. Guests included Mr. and Mrs. Pearl Stowell of Eagle Point, and Mr. and Mrs. Emery Stingley of Meadows.

Mr. and Mrs. Carl Bergman spent Christmas eve at the home of Mr. and Mrs. Tom Stanton of Butte Falls.

Mr. and Mrs. Guy Bishop Jr. and daughters, Kristie, Kathie, and Kerrie, spent the holidays visiting in the valley. Bishop is on the staff of the Idaho State Experiment station at Aberdeen. Bishop's parents are Mr. and Mrs. Ben Dawson of Valley View.

Herman Garbhardes spent Christmas day at the home of

Carl Bergmans. Carl Bergman got a bobcat Sunday. It weighed 25 pounds.

The Venson Hunt family spent Christmas day with Mr. and Mrs. Gay Hawthorn on the Butte Falls rd.

Mr. and Mrs. James Gregg, Central Point, spent Sunday afternoon at the Carl Bergman home.

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Election of Officers Set By Local Temple

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EAST EVANS CREEK Club Schedules Meeting

By NELLIE BERGMAN East Evans Creek — The Friendly Neighbors club of Meadows will have the first meeting of the year at the home of Mrs. Amas Maplesden Jan. 8. Potluck refreshments will be served.

day for Vancouver, B.C., after spending the holidays in the valley.

The Venson Hunt family spent Christmas day with Mr. and Mrs. Gay Hawthorn on the Butte Falls rd.

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Metropolitan Mezzo Returns After Wowing Moscow Fans

By GAY PAULEY United Press Women's Editor

New York — Blanche Thebom, a mezzo of the Metropolitan Opera, probably rates as the only opera singer who ever wowed an audience in her long underwear.

Miss Thebom, one of opera's glamorous girls, has just returned from nearly four weeks of concert and opera behind the Iron Curtain—in Moscow, Leningrad and Kiev.

She explained in an interview that Russia is much colder at this time of year than most parts of the United States . . . several degrees below zero, in Moscow, for instance.

And the Russian stages are larger and draftier. "For my debut in Moscow," she said, "I decided to wear my most fabulous gown . . . a red-rose number by Elizabeth Arden. Strapless, with sweeping skirt and train. Also put on my long white kid gloves and my diamond tiara.

"Well, when I walked on stage, that red gown and tiara did it. There was one great gasp from the audience. Beneath the Glitter

"What they didn't know was that underneath all that glitter, I was wearing long flannels," said Miss Thebom.

The soprano from Canton, O., is the first woman, and the first American, to sing at the Bolshoi Theater, the "Met" of Moscow. She said the standing-room-only crowds in each city "made me feel like the old-fashioned prima donna."

"In Leningrad, they blew kisses, stamped and clapped and wouldn't go home. I did three encores after the house lights had gone up."

Miss Thebom hastily added that the reception was not so much for her personally; it was just that the audiences loved "an out-of-towner."

"You know how it is," she said. "We are sort of the imported champagne instead of the domestic."

But she's all for the exchange of artists between nations. "I am not a politician," said the statuesque, dark-haired Miss Thebom. "But art can do so much for mutual understanding. Look at the reception Russia gave the 'Porgy and Bess' troupe a few years ago.

"Do you know, our country is the only leading power which is without a ministry or cabinet of culture? It's scandalous."

Miss Thebom went to Russia at the request of the Soviet Ministry of Culture, in a tour arranged by Sol Hurok.

Her "Carmen" was a general favorite with opera lovers, she said, although Carmen is a La Thebom is juster than the Russians were used to seeing. She makes it even earlier by loosening a head of hair which has become her trademark. It now reaches the floor with a few inches to spare.

That loose flowing hair caused a technical problem, she said.

"My interpreter had to go around warning each new Jose not to step on my locks," said Miss Thebom. "And all the Russians I talked with were amazed that an opera star wasn't fat. For them to say 'You're so thin' was almost as good as hearing their applause."

Income from Seal Sales Still Short

The Christmas Seal sale, so far, has netted about \$7500, according to Mrs. Allen Perry, Jackson County seal sale chairman.

Although a goal is not set each year, Mrs. Perry explained, the seal sale is the only source of income and support of the Jackson County Public Health association.

In order to carry on the multiple program to maintain the high standards of public health necessary to combat tuberculosis in the community it is felt that about \$10,000 is needed. That amount has been received some years in the past, she added.

It is hoped that those people who have neglected to remit their contribution for Christmas Seals will do so. It is not necessary to send in the contributions before Christmas, Mrs. Perry stressed.

Eagle Point HEC Installs Officers

Mrs. Olin Poe, district chairman of Grange home economics clubs, installed officers for Eagle Point Home Economics club at the last meeting.

Installed were Mrs. C. C. Hoover, chairman; Mrs. Jake Brown, vice-chairman; Mrs. R. R. Bitterling, secretary and Mrs. Lester Wertz, treasurer.

Guests were Mrs. Poe, Mrs. Eloise Sisson and Miss Cathie Carroll. Miss Carroll spoke on here recent trip to the National 4-H Club congress in Chicago. She said the trip to Chicago had been the highlight of her 4-H club work and added that it is something for all 4-H club members to work toward.

Mrs. Poe reported on the 1938 sewing contests and stated that those interested should consult the National Grange monthly about new rules and regulations covering the contests.

The meeting closed with a gift exchange and drawing of new Pollyanna names.

Next meeting of Eagle Point HEC will be January 29 at the home of Mrs. Hoover. Gregory road.

Grange Announces Party Saturday

Griffin Creek Grange will sponsor a card and games party at the Grange hall Saturday, January 4. It will begin at 8 p.m.

Refreshments will be served. Anyone interested is welcome to attend.

Mr. and Mrs. Clyde Sturgen and Mr. and Mrs. Roy LeVander are in charge of arrangements.

CALENDAR

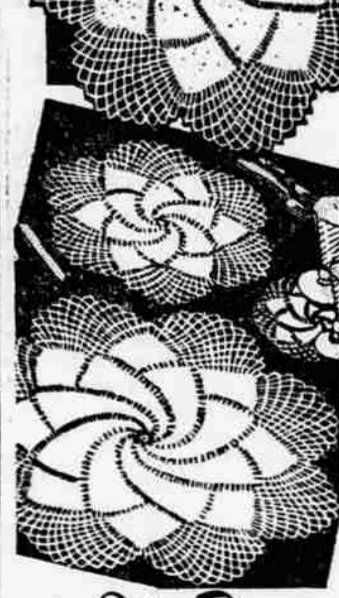
Thursday: 8 p.m.—American Legion auxiliary, district meeting at Central Point Legion hall.

8 p.m.—Royal Neighbors, Pythian building.

8 p.m.—Adarel chapter, OES, Jacksonville Masonic temple.

Friday: 12.30 p.m.—Eagles' auxiliary, card party at Eagles hall.

For a Beginner



by Alice Brooks

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Parents Leave

Mr. and Mrs. L. A. Wiewiesiek left Monday for their home in West Linn, Ore., after spending the week end in Medford with their son and daughter-in-law, Mr. and Mrs. Robert Wiewiesiek, and family on Madrona lane.

14th Penguin Dies From Aspergillosis

Portland — Another Emperor penguin died here of aspergillosis, a lung disease, Wednesday. That makes 14 penguins here and in other parts of the country which have died of the disease.

Another penguin, an Adelle, was considered beyond hope.

Preliminary X-rays indicated that about half the 28 birds remaining here may be free of the disease.

Half-Size Casual



by Marian Martin

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Printed directions on each pattern part. Easier, accurate. Send THIRTY-FIVE CENTS (coins) for this pattern—add 5 cents for each pattern for 1st-class mailing. Send to Medford Mail Tribune, House-Olds Dept., 232 West 18th St., New York 11, N. Y. Print plainly NAME, ADDRESS with SIZE and STYLE NUMBER.

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BANANAS 19¢ lb. FANCY HANDS

POTATOES 49¢ U.S. No. 1 10 lbs.

BROCCOLI 29¢ ALL GREEN Bunch

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ORANGES 29¢ HOLLAND BULBS WHILE THEY LAST 12 BULBS

TURNIPS and RUTABAGAS 10¢ lb.

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