

Other Ages Had 'Tranquilizing Drugs', Professionals Reminded

By DELOS SMITH
New York — Other ages had their "tranquilizing drugs" too, a medical scientist has re-

minded the profession — and some of those drugs eventually blocked the general progress of the people who used them generously.

Prof. Julius Pomeranz of New York Medical College specified that he referred to "alcohol, tobacco, betel nut, cocoa leaf, opium and heroin." His was the newest voice raised in warning against the over-prescribing and over-use of happy pills.

"Tension and anxiety are not only products of progress—they

are also factors in its development," he said. "Anxiety creates the drives that lead us to progress. Tranquilizing drugs of the past have moderated drives, altered physical structure and destroyed emotional patterns. In this sense they have impeded progress."

Anxiety Provides Drive

He granted that it was "not pleasant to live with constant anxiety." But, he continued, realistic situations of living produce anxiety—quite realistically. And

it is the anxiety and the "drives" anxiety mobilizes that permit the mastering of the situations, he said, adding: "to destroy these anxieties may destroy our mechanism for handling these situations."

His warning was circulated among medical men through the technical journal of the American Geriatrics Society. It was based upon the premise that "the role of the physician cannot be replaced with drugs. Drugs can only be useful when the physi-

cian has established the role of friend, helper and true mediator, and then prescribes with full knowledge of the drug and the patient."

This age of medical chemistry has created "extremely valuable drugs" but it also has encouraged laxity in diagnosis. He thought it would be "a great advance for mankind if a drug were able to overcome the neurotic drives which lead us to unhappiness. Unfortunately the facts, when carefully consider-

ed, leave little hope that such a drug has been found."

He said the tranquilizers chlorpromazine and rauwolfia serpentina had been proven to have real effects in body chemistry and were both useful in the treatment of some severe mental disorders. He questioned that real effects in body chemistry had been proven in the case of meprobamate which is marketed under the trade names of "miltown" and "equanil."

He said meprobamate had been proven out only for persons who are mildly neurotic and, at the same time, have a good understanding of their own emotionally processes which produce their unhappiness, and an understanding of what stresses upset them.

"However, awareness of the situation and good insight are fundamental in the self-evaluation of tension, and this evaluation often causes the tension and its somatic (bodily) components to disappear," he said.

"Drugs for which such claims are made must therefore be measured with extreme care, for

results attributed to the drug may be the result of the patient's own emotional effort."

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Belt-Tightening Due in Indonesia

Jakarta, Indonesia — President Sukarno called today for a "national struggle" in the showdown with The Netherlands over control of Dutch-held West New Guinea. As he spoke there were reports of new seizures of Dutch property in the Celebes.

Sukarno spoke to a "Free Irian" rally in Surabaya, in East Java. It was his first public appearance since the abortive assassination attempt Nov. 30. Reports said heavy security precautions were in force at Surabaya.

"We are not making compromises," Sukarno told his cheering audience. He said Indonesians must be prepared to make heavy sacrifices if they hope to wrest control of West Irian (West New Guinea) from the Dutch.

He warned the nation would face shortages of food, clothing and other vital goods.

Sukarno also was quoted as saying that "too many people seek to concentrate their hopes on the United Nations" to bring about a settlement of the controversy.

"The struggle cannot be resolved in Washington, Moscow or Peking — but in Indonesia," Sukarno said.

Bitter Cold Wave Hits North Plains

By UNITED PRESS
The bitterest cold wave of the season, borne on near gale force winds, knifed across the Northern Plains and the Midwest today. Weathermen warned the cold blast would push to the Atlantic and Gulf Coasts by nightfall.

Sub-zero readings were common at the core of the frigid air mass from the Eastern Dakotas across Minnesota, Northern Wisconsin and the Northern Great Lakes.

International Falls registered an early morning low of 15 below zero, and near zero readings occurred as far south as Des Moines, Iowa, and Chicago.

Temperatures in the teens extended southward through Kansas, Missouri and Southern Illinois.

Wind gusts up to 60 miles per hour ushered in the cold wave in Oklahoma, Iowa and North Dakota, while gusts up to 40 m.p.h. were felt in Minnesota, Wisconsin and Northern Illinois.

The high winds fanned a fire out of control at Nicollet, Minn., Tuesday night, destroying three buildings, and another fire destroyed the four-building business district of Wellsburg, N.D.

Clear skies ruled in the Far West from the plains to the Pacific Coast, except for some fog in western sections of Oregon, Washington and portions of California.

Macmillan Hints New Power Source

London — A "completely new source of power" that can be taken from the sea was foreseen Tuesday night in an address by Prime Minister Harold Macmillan.

He said "controlled hydrogen experiments" indicate "... a completely new source of power, the raw material of which will not have to be purchased at great expense from distant countries, but could be got out of the sea itself."

Macmillan predicted an industrial revolution that would create "a world as different from what we have now as even the 19th century was from the Middle Ages."

The prime minister did not elaborate on the scientific study on which he based his remarks on a new power source. He said "one of our experts" had told him of experiments for "the civilian use of the H-bomb."

"To do great things Britain must be sound and solvent," Macmillan said. He called on employers and employees to hold firm prices and wages.

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