

Feeding the Family

By ZOLA VINCENT
Food Editor

Marvellous Mushrooms

Fresh mushrooms, though available the year around, are at their very best right now. Mushrooms grow in many places but major western stations are at Los Angeles, San Francisco, Salem, Ore, and Olympia, Wash. Mushrooms, may of the plant world, give zest and flavor to gravies, sauces, soups and many other dishes. But how about trying them as a vegetable?

Shute Mushrooms. Slice one pound fresh mushrooms through caps and stems. Melt one-fourth cup butter or margarine in skillet; add mushrooms. Sprinkle lightly with salt; saute over low heat, stirring gently often, till mushrooms are lightly browned in their own juice; takes five to eight minutes. Figure on a pound for each four servings. We like to add a dash of Worcestershire.

Italian Style. For each six servings, cut 1 1/2 pounds fresh mushrooms in thick slices. Leave the small ones whole. Cook, covered for only three minutes in one-fourth cup water to which two tablespoons lemon juice has been added. Salt and pepper to taste. Drain and dry. Coat mushrooms lightly with flour. Lightly beat two eggs with two tablespoons of water added. Coat in egg mixture then in fine bread crumbs. Separate pieces and let dry 15 minutes. Drop mushrooms into deep hot fat and fry till brown. Drain on absorbent paper. Serve with lemon wedges.

Roached Pears. Peel, halve and core fresh pears. In each half, place two orange sections with all membrane removed. Dot with brown sugar and a bit of butter. Bake in covered casserole 25 to 30 minutes. Six servings. Especially delicious with broiled ham slices.

Individual Ham Loaves
Five Family Stand-By
Lucky the family who has this ham loaf standing by ready for fine eating in the middle of a busy day or at the end of a busy day. Make these thrifflily from uncooked or tender-type shank or butt end of ham and serve with seasonal green vegetables and a Waldorf salad.

Have meat man finely grind one pound ham and one-fourth pound of lean pork. Combine one beaten egg and one-half cup milk; add one-fourth cup crushed cereal such as cornflakes or rice flakes. Combine mixture with ground meat; add one tablespoon brown sugar, one-half teaspoon ground cloves, one-half teaspoon mustard. Shape into four loaves and bake in shallow open pan at 325 degrees for 45 minutes. Four generous servings.

Spiced Yams
The yams what am. "Yam," we are told, is a nickname that became sort of a trademark for

the moist-fleshed, golden sweet potatoes that now grow plentifully in our part of the country. Whether you buy them fresh or canned, here's a recipe that makes mighty good eating.

1 1/2 cups mashed yams
1 teaspoon lemon juice
2 tablespoons brown sugar
1/4 teaspoon powdered cloves
6 cling peach halves
1 tablespoon butter or margarine

Mix yams, lemon juice, sugar, spice and whip until fluffy. Drain canned peach halves. Arrange them in buttered baking dish and pile high with sweet potato. Dot with butter. Bake 20 minutes in a moderate, 400 degree, oven. Serve hot. Six servings.

Holiday Cole Slaw

Simply superb with any main meal. Minced green pepper and cranberry sauce make it seasonally festive. Toss at the table if you like.

Combine one quart finely shredded cabbage, two tablespoons minced green pepper, one-half teaspoon salt, one-eighth teaspoon paprika, one cup mayonnaise or cooked salad dressing. Chill and just before serving, add one-half of a one-pound can of jellied cranberry sauce cut into cubes. Toss lightly with two forks.

Salmon Casserole

Shoppers' Mainstay

A thrifty, easy-to-make and a joy-to-have-ready is this west coast specialty done with a can of salmon, a can of cream of celery soup, some macaroni and sprinkled with cheese.

Cook four ounces elbow macaroni in boiling salted water until tender, about eight minutes. Drain and rinse. While macaroni is cooking, melt two tablespoons butter in saucpan. Add one-fourth cup chopped onion and brown lightly. Stir in two tablespoons flour, salt and pepper to taste. Add three - fourths cup milk and cook until thickened, stirring constantly. Add one can condensed cream of celery soup, a dash of tabasco and stir until well blended. Fold in cooked macaroni an one can flaked salmon. Pour into 1 1/2 quart casserole. Sprinkle with one-half cup nippy cheese. Bake in moderate oven, 350 degrees, about 25 minutes. Four generous servings.

Grocery Suggestions

For Family Sharing

There's simply no one anywhere who wouldn't be delighted with a thoughtful gift of plain or fancy groceries. They are especially ideal as a family gift since all can share in the pleasure of eating.

West Coast cheeses. Different and most welcome would be any one or an assortment of our famed western cheeses; Langlois,

Water Drawn From Coos Sand Dunes

Coos Bay — Pacific Power & Light Company announced Thursday that it is drawing initial flows of 1,500,000 gallons of water per day from sand dune wells in the Coos Bay area.

The wells are part of a pilot station built on the sand dunes north of Coos Bay to develop an underground supply of water for industrial expansion.

A. J. Moore, Coos Bay district manager for the utility, said the test pumping will continue for several months while engineers test the ability of the wells to deliver a sustained flow.

The installation is the only one of its kind in North America to extract fresh water from sand dunes near the ocean.

Blue, Brick, Brie, Camembert, Casseri, Cheta, Monterey Jack, Ricotta, Romano to name but a few available in our cheese shops.

Who wouldn't welcome a fresh, frozen or smoked turkey or a duck, a whole canned ham. Look at all those fancy fish and shellfish items, both domestic and imported even in the fancy canned foods section.

Pickles, relishes, fancy sauces, jams, marmalades and jellies. Make up an assortment.

Baked Specialties. Fancy crackers, cookies, breads, fruit cakes, plum puddings, pastries, pies from the local bakery. A coffee cake for breakfast feasting. Put the freshly baked items on your list now, buy them later of course.

Nuts make good gifts. Walnuts, almonds, fibberts from nearby groves; bags or fancy bowls of them. In the shell, shelled, salted or sugared.

Herbs and spices, fresh and zesty. Fruits, fresh, dried and processed. Honey is a sweet idea! How about a collection of salad dressings? A package of unusual tea? Now that we've started you thinking along these lines, you'll have lots of good ideas.

Quick Look at Market

Meat. Fresh pork is reaching seasonal peak; is tender, juicy and freer of excess fat than it has ever been. There's less beef, veal and lamb than usual at this time of year so prices will continue to seem a bit high. Poultry continues to highlight best meat buys.

Abundant fish and shellfish are crabs, fish sticks, halibut, oysters, rockfish, salmon.

Vegetable plentiful include celery, lettuce, squash, yams, broccoli, Brussels sprouts, cabbage and cauliflower and the good old staples, potatoes and onions.

Fruit displays offer apples, grapefruit, Comice pears, persimmons, grapes and avocados.

Truth Sacrificed for Political Advantage, Stevenson Declares

London — Adlai E. Stevenson told Britons today the Eisenhower administration has "sacrificed truth" and "the respect and confidence of our friends abroad" for political advantage.

Stevenson made the statement in a special article written for the London News-Chronicle in his role as titular head of the Democratic party. The piece was an explanation of his decision not to accept President Eisenhower's invitation to attend the top level Paris NATO sessions later this month.

Stevenson said he would "go before Congress" to call for an "open handed" billion dollar foreign aid program. He did not say when.

Unhappy About Mid-East

He wrote that he saw unhappy developments in the Middle East and within the NATO alliance that indicated this was a perilous period for the West.

The Anglo-French attack on Suez would not have taken place last year had the United States taken a more decisive position toward Russian Middle East penetration and nationalization of the Suez Canal by Egypt, he said.

Made No Specifications

Stevenson did not specify what position he thought the United States should have taken in these connections.

Stevenson stressed the need for truth to be presented to the people of the United States by the administration and wrote: "I think there have been many occasions in the past four years under the Eisenhower administration when we have sacrificed truth, and we have sacrificed, indeed, even the respect and confidence of our

friends abroad, in the interests of party harmony of some fancy political advantage in this country (the U.S.) and I think this is a great mistake."

In Washington, a spokesman for Stevenson denied the News-Chronicle story. "This story is definitely not true," the spokesman said in a statement. "Mr. Stevenson has not written any article for the London News-Chronicle, nor has he talked to any of our reporters. The Chronicle may have taken a speech or article by Mr. Stevenson months ago and has given the impression that it was written within the past few days."

Governor Favors Grain Export Program

Pendleton — Gov. Robert D. Holmes told the Oregon Wheat Growers League Thursday it is important that this country's grain export program under public law 480 be continued.

Holmes said that under private treaty arrangements "we could supply our Asiatic neighbors with only 18 per cent of their grain needs. Under public

AW, CUT IT OUT!

Savoy, Ill. — The fire department here is doing a slow burn ever since it was assigned a telephone number formerly held by a meat market. Village trustee Willard Koss said housewives who only want to order a pound of pork chops touch off the fire department's alarm horn, and cause telephones to ring in the homes of two volunteer firemen, a gasoline station, the fire station, and a fertilizer agency.

Friday, December 6, 1957

MEDFORD (OREGON) MAIL TRIBUNE—THREE

Canadian Sentenced On Postal Forgeries

Portland — Clifford Duhamel, 34-year-old Canadian, was sentenced here Thursday to seven years in prison for forging money orders stolen from the post office at St. Paul, Ore.

His wife, Erma, 27, who also pleaded guilty to a joint 14-count indictment, was given a five-year sentence that she suspended on condition that she return to Canada and does not come back to this country without the permission.

The home of the Duhamels and their three children is in Vancouver, B.C. In a plea to U.S. Judge Gus Solomon for probation for the two, their court-appointed attorney, William F. Thomas, said that after their arrest the Duhamels cooperated with postal inspectors and all of the some 500 money order blanks taken in the burglary were recovered. The Duhamels were charged with forging 14 of the blanks, each for \$78.38.

law 480 we supply them 60 per cent of those needs," he said.

Holmes pledged "state-level support of moves to increase land resource benefits."

About 500 delegates were expected for today's general session.

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JUST ROUTINE

Toledo, Ohio — The state highway patrol's Sylvania post here delivered a child for Mrs. Bernard N. Sabum Thursday when she and her husband saw they wouldn't make it to a hospital and drove into the patrol parking lot. The patrol dispatcher and two patrolmen are becoming experienced midwives. It was their second delivery in a week.

ARTS MINISTER DIES

Pretoria, South Africa — Johannes Hendrikus Viljoen, 64, South Africa's minister of education, arts, science and health, died here Thursday after a long illness. Viljoen, a supporter of racial segregation, became a member of parliament in 1933. He opposed the entry of South Africa into World War II and quit the Nationalist Party over the issue.

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Here's great news! While prices of 1958 cars of other manufacturers are up, the price of Ford's exciting new Custom 300 Series is down. In fact, a brand-new '58 Ford Custom 300 with all of its exciting new styling and engineering advances is priced lower than a '57 model, similarly equipped! But there is much more than low price to Ford's value story.

World approved styling. A Custom 300 brings you styling that is dramatically new. With its Honey-combed grille, Slipstream roof, Deep-Sculptured rear deck, Power-Flow hood and Safety-Twin headlights and taillights, Ford styling drew admiring glances all the way from Paris to Saigon... yet it's yours now in any Custom 300 without extra cost!

New handling ease. Slide behind the wheel of a Custom 300 and discover just how much fun driving can be. Notice how smoothly it handles. That's Ford's new feather-touch Magic-Circle steering, the next best thing to power steering.

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Priced as much as \$50 lower. A comparison of manufacturer's suggested retail delivered prices shows that a '58 Ford Custom 300 is priced as much as \$50 less than the same model for '57! You'll wonder how Ford can offer so many of the things you want in a car priced so low. One big reason: Ford gives you more car for less money because Ford sells more!

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