

The Family Council

Editor's note: The Family Council consists of a judge, a psychiatrist, three clergymen, a newspaper editor, a women's editor and two writers. Each article is a summary of an actual report. The Family Council does not give advice; it merely reports on problems that have been dealt with by responsible agencies and counselors.

Joan B.—Everything seems to fall flat for Cora.

Cora L.—I just fill up time.

Joan B.—I am very much concerned about my good friend, who is a middle-aged woman—a widow with two married children living in different cities. She has a part-time job and a small income left to her by her husband. Her situation in life may sound ideal, yet she is very lonely and unhappy.

I have tried to interest Cora in certain clubs and volunteer work I like. It just doesn't seem to take. She is a well-educated, intelligent woman and the usual routine jobs bore her. I have suggested that she do more entertaining and gadding about, but this too seems to fall flat.

It seems to me that Cora ought to marry again, but as she points out, free men of her age are few and far between. Nevertheless, I'm pretty sure this is the answer and she should make the effort.

Cora L.—How does one go about making an effort to do something for which one has no inclination? All my friends say marry, marry, marry, yet I don't see them producing the men to marry.

I am one of those unfortunate individuals who have a good over-all knowledge of many things, but a talent for nothing. Routine bores me, petty details drive me wild. When I join a club and they give me post cards to address or lessons in hand-weaving, I know I've had it.

My children, my friends, my relatives are all busy with their own affairs. I entertain and visit occasionally, but it doesn't fill up the long, empty hours. Everything I do is just a matter of filling up time, making the days pass. Is this the way to live? Surely there must be more meaning, more sense in life than this.

The Council: Cora's sense of futility and boredom seems to be based in a deep, underlying sense of being left out of life.

She points out other people are busy, apparently with things that really concern them, but she alone must use activity to make time pass. She seems to feel other people could give her something worthwhile, if they had less concern about their own affairs and a little more interest in her.

Cora should recognize, however, that it is not others who have left her out of life. She has shut herself out. Their affairs really concern them because they bring warmth, love and enthusiasm to even "petty details." Those who are able to contribute more than the routine tasks owe it to themselves and to others to make this contribution.

Of course, one cannot expect to join a club and be immediately delegated to policy-making jobs. One cannot expect a "talent" or an enthusiasm to descend on one like a halo. Talents are developed through effort, enthusiasms are created by a nature seeking and fighting for expressions, for things and persons to love.

Marriage—happy marriage—is an outgrowth of full and

happy living, not a way out of a dilemma or a means of filling up emptiness. It would not give Cora the "meaning" she seeks.

Perhaps it would help Cora to recognize that her individuality is absolutely unique. She undoubtedly has something to offer, and somebody or something needs what she can give. But only she can find the form of her contribution.

Copyright 1957.
General Features Corp)

Sweet Dreams



Sweet for sleep—our Printed Pattern makes a complete slumber wardrobe—easiest sewing Nightie comes in 3 lengths (with bloomers for shortie style), 2 necklines, 2 sleeve versions.

Printed Patterns 9127: Misses' Sizes 10, 12, 14, 16, 18, 20. Size 16 dress-length gown, 4 1/4 yards 35-inch Embroidery transfer.

Printed directions on each pattern part. Easier, accurate. Send Thirty-five Cents (coins) for this pattern—add 5 cents for each pattern for 1st-class mailing. Send to Marian Martin, care of Medford Mail Tribune, Pattern Dept., 232 West 18th st., New York 11, N.Y. Print plainly NAME, ADDRESS with SIZE and STYLE NUMBER.

WET REPORT

Ecorse, Mich.—Police officers, investigating an armed citizen's report that a group of armed men had taken over a tavern in Ecorse Township, found the report true. Several detectives had fled into the bar to escape a downpour and had doffed their dampened coats, exposing revolvers.



Such healthy fun...drinking Borden's new Instant Dutch

It's the chocolaty-richest milk drink you ever tasted, hot or cold! And it's the only instant of its kind containing Vitamins B₁, B₂, D and Iron!

So good...yet it costs no more than other chocolate mixes!

© The Borden Co.



PRINT SPORTSWEAR FOR 1958...was introduced by San Francisco Designer Stephanie Koret at California National Press Week. Something new is the chino cotton print T-shirt accented with cotton ribbing worn with sleek matching print pants.

Peasant Look To Be Tops in Ski Fashions

By MARY PRIME
United Press Staff Writer
Sun Valley, Ida.—A ski fashion expert predicts that skiers will be comin' down the mountains next year in peasant-style clothes.

Fred Picard, who owns a shop in this resort, says the peasant look will be tops in both ski fashions and after-ski styles in 1958.

He designs sports clothes and has been technical advisor to two consecutive Olympic uniform committees.

Picard expects peasant designs to dominate styles of jackets, skirts, vests, sweaters and boots because "the peasant look fits in with the mountains."

He also expects a trend to bulky lines instead of slender lines especially in ski outfits of contrasting colors. Jackets will be heavier looking, often quilted, but still light in weight. The reason for bulk, he said, is that skiers want more comfort on the slopes.

The Slender Look
One material which should be popular is upholstery fabric, combined with quilted linings. Picard shows one such jacket which comes in only two sizes but which fits almost any woman.

Ski pants will continue to have a slender look next year and must be as well fitted as slacks, Picard said, "but not too tight." He is fighting the underwear look popular in Europe—the German-made ski pants which are so tight they seem molded to the skin.

Picard predicted that color

will be even more important in 1958. He said violet and pumpkin-orange should be popular for both jackets and pants.

Outfits either will match, giving a one-piece look, or will contrast sharply.

Picard does not limit colorful clothes to women. He believes men soon will turn from conservative navy and black ski pants to bright colored pants, either matching or contrasting with jackets.

Refrozen Food Poor

Researcher Declares

Chicago — Housewives often are told not to refreeze food that has thawed or partially thawed. Most accept the advice without really knowing the reason why.

A University of Illinois food researcher said re-frozen food won't taste as good nor will it have as good a color or appearance. The texture also may be changed because the freezing, thawing, and refreezing process could cause some of the food cells to break down.

Actually nothing harmful happens if the food has not reached the temperature at which bacteria start multiplying. The food can be safely refrozen if it still has a few ice crystals.

For poached egg surprise, spread a slice of toast with cheese, then put a poached egg on top. Cover with white sauce, to which green peppers have been added.

Nostalgia Said Reason

Women Collect Antiques

New York — Nostalgia is the main reason women collect antiques, says a dealer. "You start by trying to duplicate or replace an object you remember fondly from a childhood home," said Walter du Verrier, who exhibited his collection at the New York Antiques fair.

"Next thing you know, you're furnishing a home, or at least accessorizing it, with relics of past ages," he added.

Du Verrier suggested reading widely on the general subject of antiques. "Then narrow your studies to a particular field. Visit museums and restorations. Shop around. And ask questions," he said.

STUDENTS WORK

Grand Teton National Park, Wyo.—More than 300 students from 40 states and the District of Columbia held summer jobs here as dishwashers, maids, busboys, bellmen, waitresses, etc.

Lima Casserole

Here's a quick and easy way to prepare a main dish for lunch or supper. Also a wonderful way to use up that left-over ham. Just cook one package of frozen lima beans and combine them with one cup medium white sauce and 1 to 1 1/2 cups cooked ham cut into bite-size pieces. Put the combination in a greased casserole and heat in a moderate (350 degree) oven for about 15 minutes. Chopped parsley and/or pimientos will add flavor and color to this.

Fur Restyling

Your furs get a real facelift here. We clean and repair... more like-new looks. What's more, at a moderate price. Get completely remodeled year for year, giving it all the season's fashion edge.

Frances' Furs
Formerly Rega Dalbire
1100 Crater Lake Ave.
Telephone SP 2-6526

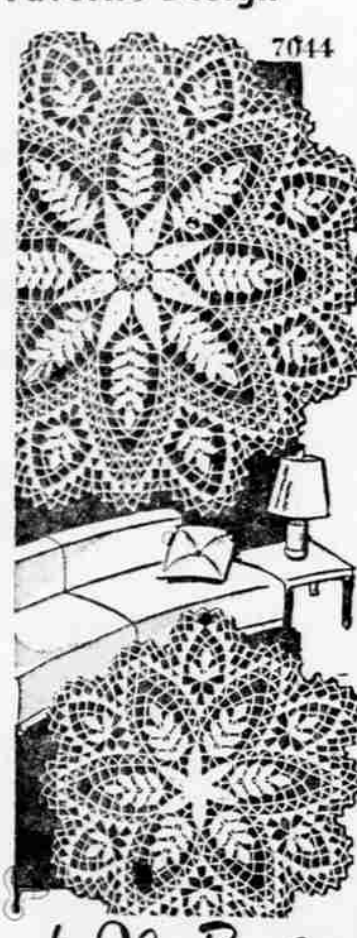
PERSONALIZED Christmas Cards

ORDER NOW

35 ALBUMS TO CHOOSE FROM—ON THE BALCONY

Swem's BOOKS • GIFTS • RECORDS
217 FASHION MAIN MEDFORD ORE

Favorite Design



The fern design—a favorite at many fairs. One of these doilies makes a choice gift. For a more lavish gift—a buffet set of three or a luncheon set.

Pattern 7044: crochet directions for a 13 and 19-inch doily in No. 30 cotton. Heirloom crochet.

Send Thirty-five Cents (coins) for this pattern—add 5 cents for each pattern for 1st-class mailing. Send to Medford Mail Tribune, Household Arts Dept., P.O. Box 168, Old Chelsea Station, New York 11, N.Y. Print plainly NAME, ADDRESS, PATTERN NUMBER.

A bonus for our readers: two FREE patterns, printed in our ALICE BROOKS Needlecraft Book for 1957! Plus a variety of designs to order—crochet, knitting, embroidery, huck weaving, toys, dolls, others. Send 25 cents for your copy of this needlecraft book—now!

You can save ironing time by taking clothes from the dryer while they are slightly damp. Fold and smooth out the wrinkles.

Shirt Elegance

The Home Is For Living
NOT Laundering!

LET US DO YOUR SHIRTS!

Washed & Ironed

—to—

FIT RIGHT

Shirt elegance also means your shirts are ironed to fit right. Special rounded irons shape your collars and cuffs, while they dry wrinkle-free and smooth-as-satin. Even the body of your shirt is ironed to body-roundness.

Shirts Dated For Long Wear

ONE CALL DOES ALL
Just call Lou, SP 2-6165 and She'll gladly open an account for you!

DOMESTIC LAUNDRY

30 North Riverside Ave.

WIN a 1958 VOLKSWAGEN!

50 OTHER BIG PRIZES!

BOYD'S

"Name the Boydie" CONTEST!

LOOK FOR THIS BAND ON EVERY CAN OF BOYD'S COFFEE!

Win a 1958 Volkswagen, a car so much in demand deliveries are months behind... 50 other Big Prizes including 25 Philco 1958 Slender Seventeen portable TV sets and 25 Philco 1958 Transistor Radio sets. Just "Name the Boydie" pictured above.

It's easy! It's fun! Enter as often as you wish. Entry blank and contest rules now wrapped around every can of Boyd's Coffee at your grocer's.

BOYD'S NOW PAYS NON-PROFIT ORGANIZATIONS 10c FOR EACH 2 LB. LID; 5c FOR EACH 1 LB. LID. FOR DETAILS ON THIS PROFITABLE LID REDEMPTION OFFER WRITE BOYD COFFEE CO., P.O. BOX 1651, PORTLAND 7, OREGON.