

Feeding the Family

By ZOLA VINCENT
Food Editor

Rice Perfect Accompaniment For Shrimp, Pork, Puddings

The Rice Harvest Festival is in full swing. October is the month when this abundant, economical product is given the spotlight. Rice is reliably reported to be the world's greatest crop. It is the staple food of the greatest number of people with over half the world's population eating rice three times a day as the main item of diet. This year's crop grown in the United States is estimated at 40,48,000 100-pound bags of which 9,389,000 100-pound bags come from California.

Now for some tasty ways to use your share of this inexpensive, nutritious, low caloric staple food.

How to Cook Rice

This is the way to cook rice that is recommended by the Rice Industry. You can adjust the amount of water and cooking time so you get just the texture and tenderness you like. Some like it down right mushy. We prefer ours still firm with each grain separate. Plan on cooking enough for a meal with some left over for a Rice Bavarian Cream or some such next day.

Enough for three cups cooked rice. Use exact measurements and time cooking accurately if you want firm textured yet tender rice. Place one cup uncooked rice, two cups cold water and 1 teaspoon salt into two-quart saucepan. Bring to vigorous boil. Turn heat low as possible. Cover saucepan; do not remove lid nor stir rice while it is cooking. Steam 14 minutes. Remove immediately from the heat.

Shrimp Rarebit on Rice

Combines Shrimp and Cheese

This recipe is simplicity itself, yet can be served so elegantly that it becomes party fare. It combines shrimp with two October plentifuls, cheese and rice. For variety in serving, you might like to pour rarebit into the center of a rice ring or surround the serving dish with individual rice molds. Rice may be garnished with finely chopped chives, pimientos and/or sliced stuffed green olives.

1 pound uncooked shrimp, fresh or frozen
2 tablespoons butter
2 tablespoons flour
1 cup milk
2 cups grated sharp processed cheese
½ teaspoon dry mustard
3 cups hot cooked rice
Shell, devein and wash shrimp. Cook in boiling water three minutes or until color deepens. Drain. Melt butter, remove from heat and stir in flour. Return to heat and gradually stir in milk. Cook and stir over medium heat until thickened and boiling. Add cheese and mustard. Cook over very low heat, stirring constantly, until cheese melts and mixture is smooth. Add shrimp and heat one minute more. Serve over hot cooked rice.

Rice-Apricot Stuffed Pork Chops

The rice-apricot dressing has a piquancy that enhances the flavor of the pork chops. For six servings: Brown six one-inch thick pork chops in one tablespoon heated shortening. Drain off excess fat, reserving one tablespoon. Cook one-third cup minced onions in the one tablespoon drippings until soft but not browned. Remove from heat and combine with three-fourths cup uncooked rice, three-fourths cup chopped dried apricots, one tablespoon minced parsley, two tablespoons sugar, one teaspoon grated lemon rind, one-half teaspoon salt, one-third teaspoon pepper and two cups water. Pour mixture into two-quart casserole. Arrange pork chops on top. Cover and bake in moderate oven, 350 degrees, about 45 minutes, or until rice and chops are tender.

Rice Bavarian Cream Rich and Party Minded

Planning a party? Want your dessert prepared ahead of time? This fruit filled or covered, as you desire, fluffy, rich Bavarian cream will delight you. Makes 8 to 10 servings.

¾ cup beet or cane sugar
2 eggs, separated
¾ teaspoon salt
1 cup milk, heated
1 envelope (1 tablespoon) plain unflavored gelatin
¼ cup cold water
½ teaspoon vanilla extract
¼ teaspoon lemon extract
1 cup cold cooked white rice
1 cup whipping cream

In top section of double boiler, combine one-half cup sugar, egg yolks, salt and milk. Place over hot water; cook for 15 minutes, stirring often, until custard coats the spoon. Custard will be thin. Remove from heat; stir in gelatin which has been softened in the cold water. Add flavorings. Chill. Beat egg white; gradually adding remaining ¼ cup sugar; continue beating until stiff. Fold into chilled custard. Gently fold in rice and stiffly whipped cream. Spoon into 1½-quart ring mold, rinsed in cold water. Chill well in refrigerator, overnight if possible. Unmold on serving plate. Fill center with sweetened berries or peach slices.

Salad Garnishes

Often one wants to gild the lily, add a special colorful or flavorful touch to a salad. We've saved up these ideas to pass along to you.

Vegetable Salads. Garnish

with aspic cubes, pickled beet slices, capers, carrot sticks, celery stuffed with cheese, celery curls, celery hearts, sliced or slivered cheese, chives, cucumber slices or sticks, onion rings, olives, parsley, pepper rings either green or red or both, pickles, pimiento, radishes, scalions, sieved egg yolk, sliced egg.

Fruit Salads: Consider these garnishes: Berries, sliced or grated cheese, cream cheese, cottage cheese balls rolled in nuts, date stuffed with peanut butter, gelatin dessert cubes, melon balls, cubes or slices, fresh mint, orange sections, pineapple fingers, prunes stuffed with peanut butter or cheese, salted almonds or nuts of any kind, spiced peaches, spiced pears, pickled watermelon rind, fruit sherbet.

Rabbit Fricassee

Portuguese Style

With so much emphasis on poultry these days, we're likely to overlook tender well-meated domestic rabbit. Actually there is no valid reason for putting them in the same category, but the fact is, people do. Try this well seasoned rabbit fricassee and your family will probably remind you to serve rabbit often. Recipe makes 6 servings.

1 domestic rabbit (about 3 pounds)
1½ teaspoons monosodium glutamate
1½ teaspoons salt
¼ teaspoon pepper
¼ teaspoon saffron
¼ teaspoon oregano
Bacon drippings or other



LEAVING BATTERED LIFEBOAT, Gunter Haselbach, one of six survivors of 87 aboard German sailing ship Pamir which sank in Atlantic hurricane, swims toward U. S. Coast Guard Cutter Absecon. (International Soundphoto)

The Hollywood Scene

By VERNON SCOTT
United Press Writer

Hollywood — Jackie Coogan, first kid star of the movies, is grooming his 4-year-old daughter, Leslie, to follow in his footsteps to moppet stardom. "I was just four years old when I started my first picture," Coogan grinned. "I was 'The Kid' with Charlie Chaplin back in 1918, and it launched the biggest child actor in history."

Coogan, bald now and as homely as a rhinoceros, earned \$6½ million before he was voting age. But by the time various factions were through cutting up his fortune, Jackie ended up with a pittance.

Considering his financial disasters, his plunge to obscurity and the heartaches of growing up in the public eye, why does he want Leslie to experience stardom?

"It would be a great gratification for me," Jackie said. "I take a lot of pride in her."

Knows Perils of Stars

"There hasn't been a real big child star since Shirley Temple and I think the public is ready for one. Besides, I know all the pitfalls of being a kid star, believe me, and I will see that she avoids them."

"For instance, she can't lose any money she earns. My law, 'The Coogan Law,' would protect her from all the financial troubles I went through."

Jackie whipped out his wallet and produced a picture of Leslie.

She's a blue-eyed, blonde cutie who bears a close resemblance to Jackie when he was that age. "So far Leslie hasn't had any professional experience," Jackie said. "But I'm teaching her things gradually—how to walk, turn, lower her eyes—all the things I learned as a kid. She dances, too."

Worked Up Gag

"We've already worked up a little gag. I ask her what her name is and she says, 'Leslie Coogan.' I ask her what Mommy's name is and she says, 'Dodie Coogan.' Then I ask her what my name is and she answers, 'Jackie Cooper.' We all get a kick from that."

Jackie has two other offspring, Anthony, 16, and Joan, 10. Neither is interested in an acting career.

The heavy-set actor finds character roles in television and movies. His latest is a supporting role in "The Joker's Wild."

"I figure Leslie should be ready for her first movie role in three or four months," Jackie concluded. "So far it's just play for her—as it was with me when I was a child actor. Personally, I think she's got the makings to become a truly fine little actress."

COLGATE DIRECTOR DIES

New York — Henry A. Colgate, 67, an investment aide and a director of the Colgate-Palmolive company, died Wednesday after a short illness. Active for many years in philanthropic organizations, Colgate was President and Chairman of the Board of Trustees of Seeling Eye, Inc., of Whippany, N. Y.



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Pipe Smokers Said To Be Disappearing

Boston — Take it from David A. Fiorelli, the pipe smoker is disappearing from the American scene.

Fiorelli, manager of Ehrlich's, a nearly century-old smoker supply house, blames this generation's tensions and anxieties. He says modern man is too jittery to be a pipe smoker.

"Pipe smokers are traditionally calm and tolerant," he said. "They are contemplative men who usually think carefully before making decisions."

"The average man today is too hurried to think about anything. Life has become so speeded up that he thinks he's relaxing when he can take a few drags of a cigarette."

Fiorelli said pipe smoking has declined sharply in the past 10 years. And he isn't optimistic about a comeback.

"There are still people who prefer a pipe," he said. "Biggest demand comes from university professors, diplomats, clergymen. And, for some reason, airline pilots."

"We are not getting the percentage of young people we'd like. Most of them are weaned away by the cigarette companies. The new generation regards a pipe smoker as something left over from the Victorian Age."

Fiorelli tried cigarettes years ago but didn't like them. He smokes a meerschaum. "Most of your great thinkers were pipe smokers," he said. Milton, Tennyson, Emerson, Thackeray, Stevenson, Kipling, and Mark Twain, to name just a few. Even Queen Elizabeth of England tried a pipe after Sir Walter Raleigh brought tobacco from America.

"Which reminds me. More

women are smoking pipes these days. I don't know how that started. But I'd just as soon it hadn't."

TENT SCHOOL

Corte Madera, Calif. — The Marin County Day School started classes for 90 second to eighth graders in nine striped tents this fall. The children never thought school could be

so much fun. The school, a private institution, hopes to go to conventional classrooms when a new building is completed.

South Carolina, the eighth of the original 13 states, is called the Palmetto State.

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