



I was ashamed to always be so tired!

I ALWAYS felt simply "run down." People were thinking of me as a "spoilsport." I didn't know why until my doctor put me wise. He told me that I acted like a man much older than myself . . . and explained *why* I felt "tired" . . . *why* my youthful vigor was slipping away . . . *why* my wife and family were beginning to think of me as a worn-out man.

He told me how a vitamin-mineral deficiency in my diet could bring on these symptoms—rob me of the joys of living . . . and suggested that I supplement my diet with pep-building vitamins and minerals. Thousands of others had found new energy, new youth, new happiness by adding these essential factors to their diet.

Well, I put off doing anything about my condition—until one day I read the Vitasafe ad in a magazine, offering a 30-day FREE supply of high-potency Vitasafe C.F. Capsules! I figured *I had nothing to lose*, so I mailed the coupon. When my free supply arrived, I began taking one Capsule a day. In a short time, I began to feel like a new man! My pep and vigor came back. I continued with the wonderful Vitasafe Plan—and I felt stronger—younger—more energetic!

Today, no one thinks of me as a "worn-out old man." I've got pep and energy to burn, and I have fun like a fellow half my age! *And you may too!* Why don't you take advantage of this sensational free offer to see for yourself whether you too can again feel peppy and full of life! Accept this *no risk offer* as I did.

FREE 30 days supply High-Potency Capsules

Lipotropic Factors, Minerals and Vitamins

You pay only 25¢ to help cover postage and shipping expense to anywhere in the U.S.A.

Safe nutritional formula containing 25 proven ingredients: Choline, Inositol, Methionine, 11 Vitamins (including blood-building B-12 and Folic Acid) plus 11 Minerals

To prove to you the remarkable advantages of the Vitasafe Plan . . . we will send you, without charge, a 30-day free supply of high-potency VITASAFE C.F. CAPSULES so you can discover for yourself how much healthier, happier and peppier you may feel after a few days' trial! Just one of these capsules each day supplies your body with over *twice* the minimum adult daily requirements of Vitamins A, C and D . . . *five times* the minimum adult daily requirement of Vitamin B-1 and the

full concentration recommended by the National Research Council for the other four important vitamins! Each capsule contains the amazing Vitamin B-12—one of the most remarkably potent nutrients science has yet discovered—a vitamin that actually helps strengthen your blood and nourish your body organs.

sults . . . so many people have written in telling us how much better they felt after only a short trial . . . that we are absolutely convinced that you, too, may experience the same feeling of health and well-being after a similar trial. In fact, we're so convinced that we're willing to back up our convictions with our own money. You don't spend a penny for the vitamins! All the cost and all the risk are *ours*. A month's supply of similar vitamin capsules would ordinarily cost \$5.00 retail.

POTENCY AND PURITY GUARANTEED

There is no mystery to vitamin potency. As you probably know, the U. S. Government strictly controls each vitamin manufacturer and requires the exact quantity of each vitamin and mineral to be clearly stated on the label. This means that the purity of each ingredient, and the sanitary conditions of manufacture are carefully controlled for your protection! And it means that when you use VITASAFE C.F. CAPSULES you can be sure you're getting exactly what the label states . . . and that you're getting *pure* ingredients whose beneficial effects have been proven time and time again!

HOW THE VITASAFE PLAN OPERATES TO SAVE YOU MONEY



When you receive your free 30-day supply of vitamins, you are under no obligation to buy *anything*. With your vitamins you will also receive a handy postcard. If after taking your free Vitasafe capsules for three weeks you are not satisfied in every way, simply return the postcard and that will end the matter. Otherwise, it's up to us—you don't have to do a thing—and we will see that you get your monthly supplies of vitamins *on time* for as long as you wish, at the low, money-saving price of only \$2.78 per month.

AMAZING NEW PLAN SLASHES VITAMIN PRICES ALMOST IN HALF

With your free vitamins you will also receive complete details regarding the benefits of this amazing new Plan that provides you regularly with all the vitamins and minerals you will need. This Plan actually enables you to receive a 30-day supply of vitamins every month regularly, safely and factory-fresh for exactly \$2.78—or 45% lower than the usual retail price. **BUT YOU DO NOT HAVE TO DECIDE NOW**—you are under no obligation to buy anything from us whatsoever. To get your free 30-day supply and a guaranteed opportunity of regular worthwhile savings on your vitamin purchases, be sure to send us the coupon today—the supply is limited.

WHY WE WANT YOU TO TRY A 30-DAY SUPPLY—FREE!

We offer you this 30-day free trial of valuable VITASAFE C.F. CAPSULES for just one reason. So many persons have already tried them with such astounding re-

sults . . . so many people have written in telling us how much better they felt after only a short trial . . . that we are absolutely convinced that you, too, may experience the same feeling of health and well-being after a similar trial. In fact, we're so convinced that we're willing to back up our convictions with our own money. You don't spend a penny for the vitamins! All the cost and all the risk are *ours*. A month's supply of similar vitamin capsules would ordinarily cost \$5.00 retail.

VITASAFE CORPORATION
43 West 61st St., New York 23, N. Y.

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EACH DAILY VITASAFE CAPSULE CONTAINS	
Choline Bitartrate	31.4 mg.
Inositol	15 mg.
dl-Methionine	10 mg.
Vitamin A	12,500 USP Units
Vitamin D	1,000 USP Units
Vitamin C	75 mg.
Vitamin B ₁	5 mg.
Vitamin B ₂	2.5 mg.
Vitamin B ₆	0.5 mg.
Vitamin B ₁₂	1 mcg.
Niacin Amide	40 mg.
Calcium Pantothenate	4 mg.
Vitamin E	2 I.U.
Folic Acid	0.5 mg.
Calcium	75 mg.
Phosphorus	58 mg.
Iron	30 mg.
Cobalt	0.04 mg.
Copper	0.45 mg.
Manganese	0.5 mg.
Molybdenum	0.1 mg.
Iodine	0.075 mg.
Potassium	2 mg.
Zinc	0.5 mg.
Magnesium	8 mg.

We invite you to compare the richness of this formula with any other vitamin and mineral preparation.

**SPECIAL FORMULA FOR WOMEN ALSO AVAILABLE.
CHECK COUPON IF DESIRED.**

VITASAFE CORP.

43 West 61st Street, New York 23, N. Y.

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Yes, I accept your generous no-risk offer under the Vitasafe Plan as advertised in Family Weekly.

Send me my FREE 30-day supply of high-potency Vitasafe Capsules as checked below:

☐ Man's Formula

☐ Woman's Formula

I ENCLOSE 25¢ (coins or stamps) to help pay for packing and postage.

Name.....

Address.....

City..... Zone..... State.....

This offer is limited to those who have never before taken advantage of this generous trial. Only one trial supply per person.

IN CANADA: 223 Church St., Toronto 2, Ont.

(Canadian Formula adjusted to local conditions.)