

## Extension Units Plan Meetings

Three Home Extension units will meet this week. Members will see demonstrations on food preservation including the freezing of fruits, vegetables, and prepared foods.

The Oak Grove unit will hold its first meeting of the season at the home of Mrs. Paul Larson, 3275 Hollywood avenue, Tuesday, October 8 at 10:30 a.m. Project leaders will be Mrs. Allen Flynn and Mrs. Ben Belknap. Luncheon committee is Mrs. Roland Jones and Mrs. Martin Gates with child care provided by Mrs. Ben Belknap, SPring 2-4435. Those planning to attend are asked to take their own table service. Those needing child care are asked to call Mrs. Belknap.

Reese Creek unit will meet Tuesday, October 8, at 10:30 a.m. at the home of Mrs. Kenneth DuFour, Ball road, Eagle Point. Those needing transportation are asked to call Mrs. James L. Duncan, Hillcrest 6-3918.

The first fall meeting of the Howard unit will be held at the home of Mrs. Verl Walker, 2642 Merriman road, Thursday, October 10, at 10:30 a.m.

A business meeting will be held prior to luncheon with the project demonstration conducted in the afternoon by Mrs. J. S.

## David Frohnmayer Provides Program For Medford Club

David Frohnmayer, Medford High school student, narrated while showing his own colored slides at the meeting of the Medford Lady Lions which was held at the home of Mrs. Alan Jewett, 6 South Groveland avenue, Tuesday evening.

The slides included architectural buildings, churches and cities which he visited on his trip in Germany this summer.

Mrs. H. M. Christoffersen, president of the club, presided at the meeting which followed the program. Plans are being started on the Christmas toy project; Mrs. Earl Nelson, welfare chairman, will be in charge.

Following the meeting refreshments were served by the hostess and her committee, Mrs. Eston Humphrey and Mrs. W. E. Ash-ton.

Lydiard and Mrs. W. W. Claypool.

Those planning to attend are asked to take their own table service. Interested persons may contact the chairman, Mrs. Jack R. Campbell, NOrmandy 4-1461. Child care will be provided by the unit but prearrangements are desired.

Persons interested in any of these home extension units meetings are invited to attend.

## Newest Knitting



by Alice Brooks

The newest knitted bags — easy to do! The matching gloves are knitted on 2 needles. Use leather or plastic bag handle.

Pattern 7235: directions for knitting bag and gloves in sizes small, medium and large included. Done in sport yarn.

Send THIRTY-FIVE cents in coins for this pattern — add 5 cents for each pattern for 1st-class mailing. Send to Medford Mail Tribune, Household Arts Dept., P.O. Box 168, Old Chelsea Station, New York 11, N.Y. Print plainly NAME, ADDRESS and PATTERN NUMBER.

A bonus for our readers: two FREE patterns, printed in our ALICE BROOKS Needlecraft Book for 1957! Plus a variety of designs to order — crochet, knitting, embroidery, rug weaving, toys, dolls, others. Send 25 cents for your copy of this needlecraft book — now!

## Northwest Soft Wheat Makes Tasty Cookies; Recipes Given by OSC

Corvallis — Tender, delicate cookies result when they're baked with Northwest soft wheat flour, according to a new Oregon State college circular. Recipes for making these cookies are contained in the publication, "Soft Wheat Flour Cookies." Copies may be obtained from county extension offices or the OSCS bulletin clerk.

Soft wheat or cake flour makes cookies tender because it contains less flour protein, called gluten. Hard wheat flours, commonly used in breads and for general baking purposes, contain more of the gluten than soft wheat flours.

Recipes for brownies, ginger snaps and vanilla wafers with and without butter, were developed by Mrs. Andrea Mackey and Mrs. Joy Stockman, college home economists. A recipe for a Scandinavian cookie containing ground cardamom and cooked egg yolks is also included in the circular.

Cookie dough may be prepared in advance and kept for weeks in a freezer, the home economists point out. If dough is to be used within a few days, it may be stored in the refrigerator.

## Potpourri

For a long time we've wondered why the uniforms for enlisted men in the Navy were made as they are. Tuesday we learned some of the answers while having luncheon with the Navy Mothers and six men fresh out of "boot camp."

We were told that the uniform was designed similar to that worn by men of the British Navy way back when this country first had a Navy, and that it's not much different now than it was then. The large collar on the jumper, for instance, was made that way in the beginning to protect the jumper from the tar which British seamen commonly put on their hair when it was worn in a pigtail. We surmised that the tar maybe discouraged "creatures" from inhabiting their hair, although some say it was just to keep the hair from blowing about.

British uniforms are still made with a removable collar, we learned, although it is presumed the seamen no longer put tar on their hair.

Just before starting to eat, all the young men tucked their black ties inside their jumpers. We were told that this is a sanitary necessity, since otherwise the ties tend to drag in the food. "We only have 20 minutes to eat a meal in," said Frank Tycksen, "and there isn't time to fool with keeping a tie out of the way." When Potpourri expressed surprise that so little time should be allowed for meals, he shrugged and said most of the men can finish in 10 minutes if they're really in a hurry.

(Later we found we could have learned all this Navy dope from Pal Peg, ex-WAVE. She volunteered the information that the jumpers are designed as they are in order that they may be ripped open and discarded quickly if a man is saving himself from a watery grave, and that the uniform trousers have bell bottoms for easier rolling up when the seamen scrub decks, etc.)

Later the men obligingly posed for pictures with their mothers, and Potpourri found out that the young woman hovering in the background was Nancy Adams, whose wedding to Richard Sanford, one of the Navy men, was set for Thursday night.

Now that the indoctrination training is over, the men of the all-Oregon company are being scattered to Navy bases far and wide for the second phase of their training.

What are your pet peeves? Potpourri has a few to which no one ever pays the slightest attention. One of our peeves is against whoever it is that puts up the paper towel racks in the little girls' rooms. Why do they put them so high that the water off our hands runs down our arms while we wrestle the towel down. Of course, we could pull the towel down before we start to wash our hands, but we never can remember to do that.

Another peeve is against the men who design and put up street and road name signs. Why couldn't they be designed and placed so they aren't so hard to read from a car? When hunting a street or side road at night, Potpourri has to bring the car to almost a full stop and even then, the signs can only be seen dimly. Maybe they could be painted in different colors than black and white.

Driving to work one morning the road ahead was filled with eight or a dozen children on their way to school, some walking and some on bicycles. Far down the road, long before we could make out the rest, we could see three very distinctly—they were yellow raincoats. The safety experts who are urging the adoption of bright yellow as the safety color for clothing, rather than red, seem to be right.

Bill Oyler, Shakespearean actor and teacher, has been combing back issues of the Mail Tribune and its predecessors for material on early-day theater activities in Medford. (The material may be the basis of a doctoral thesis.) Like many others unfamiliar with the valley's early history, the actor has been amazed at the number and caliber of the theatrical and musical attractions which played in Medford.

For instance, in April of 1909 the famous Lillian Russell appeared in Medford. Although the pages of The Southern Oregonian published in Medford failed to show any advance advertising of such an important event, her appearance did result in an editorial. It read:

Lillian Russell playing to a packed house in Medford! Who would have dreamed it a few years ago? It is doubtful if the famous star ever played before in a city the size of Medford. She is used to passing up much larger places. Moreover, she had a metropolitan audience that would be a credit to any city.

This is the first New York company to play here. The success of the engagement is a great advertisement for Medford and assures all first class attractions—probably the only place that can secure them between San Francisco and Portland.

The reception accorded Miss Russell delighted her. "Medford is no country town. This is a city audience. I never played to a more appreciative crowd, and I will be glad to play here again," was her comment. Medford is on the theatrical map as the best town of its size in the West. A first-class attraction receives good support—but barnstormers have slim picking.

Most persons doing research of this nature find themselves reading practically the whole newspaper, instead of sticking to the one subject, and Mr. O. has been having the same difficulty. The classified advertising, for instance, is proving most diverting.

He copied this one: "An accomplished young lady (18) wishes to meet a young man of good habits (wealth not essential) who owns a home in West Medford near the street car line. Object, matrimony." Perhaps she found her young man of good habits. Who knows, maybe the couple still lives in Medford.—O.S.

## Coffee Making Rules Given by Colonel

Ft. Bragg, N.C.—Americans don't know how to jazz up their java.

So says Col. William J. B. Cline, a retired army officer who served with the food service of the Third Army and now is with the Coffee Brewing Institute of America.

Commercial restaurants and housewives alike need to follow some basic rules to "sharply improve America's coffee," he said. Cline offered these tips to the "chefs" at the Army base here:

Never use water from a hot water faucet. Let it run from the cold water side a while before putting it in the pot.

Never guess. Accurate measurement is one of the most important steps in the brewing process.

Store the coffee in a cool, dry place away from outside odors. Use fresh coffee. Old coffee

## Two Californians Play Bridge Here

Mr. and Mrs. H. G. Bell of Santa Marie, Calif., were guests for the Riverside Bridge club master point tournament play Wednesday afternoon.

High scorers in the east-west position were Mrs. Richard Milestone and Mrs. H. J. Boyd, first. Mrs. Fred Purdin and Mrs. C. L. Howard, second. Mrs. Sam Richardson and Al Gilhouse, third, and Mrs. Fred Hesdorfer and Mrs. Philip Dopp, fourth.

Mrs. Al Gilhouse and Mrs. W. W. Stevenson were first in the north-south position with Paul Hatton and Roy Pruitt second. Mrs. F. R. Baker and Thomas Munds third, and Mrs. B. B. Hughes and Walter Humes, in fourth.

loses flavor, strength and aroma. And after drinking the coffee, Cline advised, don't relax, clean the pot "immediately."

## Friendship Night Held by Bethel; Guardian Coming

Bethel 14, International Order of Job's Daughters, celebrated friendship night at a meeting held October 2. A large group of relatives and friends attended and were served a potluck dinner by members of the Bethel.

At the business session, reports were given on the fashion show and silver tea held Saturday, September 28 and also the rummage sale sponsored by the group, which will take place on Thursday, October 17.

The next stated meeting for the Bethel will be on October 16.

Initiation and inspection by the grand guardian of Oregon, Mrs. J. W. McGill, Beaverton, is planned. Practice for the officers is set for Tuesday, October 15, at 2:30 p.m. at the Masonic temple.

## Medford Women Given Certificates

Mrs. Doreen Hansen, daughter of Mr. and Mrs. Malcolm McCarty, 2618 Table Rock road, and Miss Patty Kennaday, daughter of Mr. and Mrs. Thomas Kennaday, Old Stage road, were members of the Walla Walla College School of Practical Nursing to receive graduation certificates in Portland last week.

Mr. and Mrs. McCarty and Mr. and Mrs. Kennaday attended the commencement exercises Sunday night, September 29, in the Mount Taber Seventh-day Adventist church.

Mrs. Hansen returned to Medford after completing state board examinations Tuesday, and Miss Kennaday will visit her grandparents in Colorado for several weeks before coming back to her home here.

## Temperance Union Announces Speaker

Mrs. Ben H. Schmidt will speak at the Thursday, October 10, meeting of Woman's Christian Temperance Union. The 2 p.m. meeting will be held in the Girls Community club.

Miss Elizabeth Burr will install Mrs. Geneva Schwan as new treasurer and devotions will be by Mrs. G. A. Trobough. Refreshments will be served by Mrs. Edna Purcell, Mrs. Fred Reich and Mrs. Lucy Lyman.

## Apples 'n Honey

Use some of your supply from the season's apple crop in the lunch or supper menu. Fry apple slices in honey and butter.

## Bad Lighting Cause Of Squinting, Dozing

Chicago — Bad lighting, not bad eyesight, may account for chronic squinting or dozing.

A survey by lighting experts shows inadequate lighting facilities cause many problems in the home.

If father dozes every evening put a pull-down fixture with a 60-watt bulb above his chair.

If sister goes to a prom looking like Theda Bara, equip bath-

room with a center ceiling light and fixture above and at the sides of the mirror, the experts suggest.

Dens, kitchens and all work areas should have one or two ceiling fixtures.

Brighter general lighting with dramatic accent lighting can perk up rooms which look lifeless and colorless at night.

To remove fish odors from cooking utensils add two or three tablespoons of ammonia to the dishwasher.

## Beautiful Coats For Cool Autumn Wear



Previewed in Paris! The effect of deep dolman sleeves worked from below the waist to give this fine Fall coat graceful cape-like dimension. Youthcraft buttons it to a slender silhouette... yokes it with a spiderweb of top-stitching... and adds provocative back bow trim. In Kashmir, butter-soft blend of sturdy wool with precious cashmere fibers... Million lined or wool interlined.

P.S. You will also find an outstanding selection of other styles priced from \$29.95 up.

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