

Technologist Advises on Freezing Fish

Corvallis — Oregon anglers who come back from the Labor Day holiday with their limit may need some kitchen help to preserve their catch.

Freezing is a good way to preserve fish at home, and is relatively easy to do, reports R. O. Sinnhuber, Oregon State college food technologist.

To freeze salmon—clean the fish, leaving skin on and bones in. The skin acts as a protective coating for the meat, he says. Cut salmon in baking size chunks. Then put in containers. (One and two-pound coffee tins make good containers.) Cover the whole fish completely in water. If any of the fish is left exposed to air, rancidity is apt to occur, Sinnhuber warns. Seal the cans tightly with freezer tape, so moisture cannot evaporate and condense on freezer walls.

Fish will keep this way for several months in the freezer. Homemakers who want to keep trout for a few days before it's eaten can put the trout in an ice cube tray, with skin and bones intact, and cover the fish with water. The water should fill in around body cavities, says Sinnhuber, so air bubbles are not formed underneath the fish.

The fisherman who gets an especially good catch may have some of his fish smoked or kippered. Home methods are impractical unless a home smokehouse is available, but custom canners will smoke or kipper fish for reasonable prices.

Kipper is a hot smoking process that requires a few hours to complete. Sinnhuber points out. Kipper fish may be canned for future use. It has a high moisture content, is ready-to-eat, and resembles a fresh cooked product. Kipper salmon can be used in almost any recipe that calls for canned or cooked fish.

Smoked salmon is produced by a cold smoking process that requires several days to complete. The fish is usually saltier, more compact and keeps longer under refrigeration than kippered fish. Smoked salmon is popular in salads and for snacks.

Both smoked and kippered salmon need to be refrigerated, Sinnhuber stated.

Nurse Remembers 1918 Flu Epidemic

By GAY PAULEY
United Press Wire Editor
New York—Mrs. Edward Rostetter remembers the 1918-1919 flu epidemic as the worst experience in her 41 years as a nurse.

"But there was one good thing about it," she said today. "We were so close as a nation . . . as communities. Everybody helped everybody else."
"I doubt if I could work as hard again," said nurse Rostetter. "I'm not as young . . . nurses and doctors were on 24-hour duty. We didn't stop until we dropped from fatigue."
Had 104 Temperature

"Some of us came down with the flu. I remember I was working with a temperature of 104 . . . there were so many ill to care for. In one week, I lost 18 pounds."

Mrs. Rostetter, married to a steel company employee and the mother of a college professor, lives at Staten Island and still is caring for the sick.

She is praying the health authorities are right in predicting that Asiatic flu, spreading slowly around the world, will be less serious than the Spanish flu pandemic. Its deadly virus, and complication, killed 850,000 in this country . . . an estimated 20 to 27-million world-wide.

"I remember the other started mildly," said Mrs. Rostetter. "Then it got vicious."
"It was sick today, dead tomorrow."

Geared To Help Again

The veteran nurse isn't trying to scare us by recalling the terror of the 1918 epidemic. It is just that she and other nurses are geared, as she said, "to pitch in." She is private duty chairman of district 13, the New York counties Registered Nurses association.

So far, the Asiatic flu has been mild with no evidence of an increasing severity. But U.S. Surgeon General Leroy E. Burney said in Washington this week, because the virus is "relatively unpredictable," health officials should be on guard for changes in the event of an epidemic.

Shower Curtain Cover Doubles as 'Caddy'

New York—A new plastic protector for the shower curtain can double as a "caddy" for bath equipment.

It has four easy-to-reach pockets to hold massage brush, sponge, wash cloth and shower cap, or a toy or two for the children.

When installed inside the regular shower curtain, the caddy opens and closes with it, protecting the other curtain from splashes. The caddies come in two sizes, to fit either stall or tub-type shower.

Society

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A bonus for our readers: two FREE patterns, printed in our new Alice Brooks Needlecraft Book for 1937! Plus a variety of designs to order—crochet, knitting, embroidery, huck weaving, toys, dolls, others. Send 25 cents for your copy of this needlecraft book—now!

Style Review

A style review of the Junior-Senior sewing summer classes at the Singer Sewing Center, 318 East Main street, will be held Friday, August 30, at 8 p.m. The review will be open to the public and will include students of Mrs. Geneva Neill.

Plan Dinner

Jacksonville — The fellowship group of Jacksonville Presbyterian church will sponsor a potluck dinner at the church Saturday, August 31, at 6:30 p.m. All members of the congregation and their friends are invited to attend.

SHADY COVE-TRAIL Family Returns From Trip

By EVALYN P. WATSON

Shady Cove — Trail — Mr. and Mrs. Ernest Sackett and son, Kerry, of Shady Cove have returned from a vacation trip to Kamloops, British Columbia. While there they camped out and made a number of rock hunting expeditions finding an interesting agate field and visiting the well-known Kamloops Petrified Forest.

Both going and coming back they visited with relatives and friends in Spokane, Wash., including Mrs. Sackett's brother and sister-in-law, Mr. and Mrs. Milton Seefeldt Jr. Ernie Sackett will teach the 5th and 6th grades this year at the Elk-Trail School instead of the 4th grade which he taught last year.

Mrs. Lila Bates, of Reese Creek, Shady Cove, well known music teacher in this area has announced that her schedule will now permit her to have a few new pupils this coming school year. Anyone desiring piano instruction for their children may contact her by calling at the Treasure Trove in Shady Cove and leaving a message for her.

Judy Richards of Fullerton, Calif., who has been visiting her aunt and uncle, Mr. and Mrs. Dick Bartus of Shady Cove, has returned to her home. Judy spent four days of her vacation confined to the Sacred Heart hospital in Medford with the flu. However, she was fully recovered when she left for home.

Ralph (Butch) Goode, son of Mr. and Mrs. Harry Goode of the Rainbow Cafe, Shady Cove, went to Morgan Hill, Calif., with Millie Haynie when she returned home for a visit with his friend, Bobbie, Haynie.

Mr. and Mrs. Glenn Larsen and children, Sharon and Roger, of La Grande, Ore., are visiting their friends, Mr. and Mrs. Frank Briggs of Shady Cove.

News has been received by friends in the area of the marriage of two former residents of the area, Guy Scott, son of Mr. and Mrs. Ruben Scott of Cave Junction, formerly of Shady Cove, and Vera Wood, daughter of Mr. and Mrs. Earl Wood of Chiloquin, formerly of Eagle Point, were married July 31 at Chiloquin. The newlyweds are living at Copper, Ore., where Mr. Scott is employed on a ranch.

Doris and Jack Darrohn, children of Mr. and Mrs. Bob Darrohn of Big Butte creek, Trail, are spending a week in Van Nuys, Calif., visiting their aunt, Mrs. Walter Hillman, Mr. Hillman will accompany them home at the end of the week.

Miss Anna Crawford of Bakersfield, Calif., formerly of Jacksonville is visiting her friend, Miss Tasha Bulkin, of Far Hills Ranch, Shady Cove. Tasha recently returned from a five weeks trip to Van Nuys, Calif., where she visited relatives and friends.

Mr. and Mrs. Francis Griffin and children, Carol Lee, Keith and Norman, of Roseburg, visited Mr. and Mrs. Henry Rogers and family of Elk creek recently. The Griffins are moving from Roseburg to Fresno, Calif.

Mr. and Mrs. D. W. Sage have returned to their home in Grand Rapids, Mich., after visiting Mrs. Sage's sister, Mrs. George Pfeifer, of Shady Cove. They went by way of Banff and Lake Louise. They also saw their nephew and his wife, Mr. and Mrs. Jack Pfeifer, at Fort Lewis.

Mr. and Mrs. Everard Brown of Lomita, Calif., have been house guests of their son and family, Mr. and Mrs. Everard Brown Jr., of Shady Cove.

Baptismal services were held by the Trail Community church for Mrs. Alice Perkins, Mrs. Helen Wood, Barry Campbell, Mrs. Wilma Barlow and daughters, Sheryl and Kitty, Mrs. Elsie Hawkins and Elvin, Mr. and Mrs. Carl Scott and Linda, and Mr. and Mrs. Russell Elder recently.

Master Sgt. and Mrs. Homer L. Bright and children, Walter and Starr of El Paso, Texas, were guests of Mrs. W. R. Sitzer of Elk Creek, Trail.

Mr. and Mrs. Fred Adams of Seattle, Wash., spent the day visiting Adams' sister and husband, Mr. and Mrs. Claude Hunt of Shady Cove.

Mr. and Mrs. Ted Conway of Shady Cove are on a trip to Eureka, Calif., where they are visiting Mrs. Conway's aunt.

Glenn Anderson of Trail and his brother, Harvey Anderson, of Colorado are on a fishing trip at the coast.

Mr. and Mrs. Charles Kee and family of Klamath Falls are visiting Charles' parents, Mr. and Mrs. Cecil Kee, of Shady Cove.

Mr. and Mrs. J. T. Casey of Bakersfield, Calif., and Mr. and Mrs. Louis Radich and daughter, Ruth, of San Francisco have

been visiting Mr. and Mrs. Blaine, and family and Mr. and Mrs. Walter Gross of Shady Cove. Mrs. Casey and Mrs. Radich are nieces of Mrs. Cross.

Mr. and Mrs. Paul Junger of Highland Park were guests Monday of Mr. and Mrs. Carroll Watson of Shady Cove.

Newcomers to Shady Cove are Mr. and Mrs. Louis Rohrer of Eagle Point who have rented one of Minnie Blaess's house at the end of Williams rd.

Wash., former resident of Shady Cove, made a brief business trip to the area.

Nov. 2, the first Saturday in November, is the date set for the annual Bazaar of Our Lady Fatima church in Shady Cove. Plans are under way to make this Bazaar better than all the previous ones.

Mrs. Chet Pfluke and baby daughter, Jeanne Marie, flew back to Santa Rosa Saturday after making a trip up here to attend the funeral of Barney Leabo. Mrs. Pfluke is the daughter of the Ernest Segessens of Shady Cove.

Mrs. Joe Waltz and children of Shady Cove made a trip to Bandon, where they visited the Ray Britt family, former residents of Shady Cove.

Brig. Gen. and Mrs. Peter Vachon of Shady Cove have as house guests this week Mrs. Vachon's mother, Mrs. George M. Shelton of Santa Clara, Calif., her daughter, Mrs. Richard Wood and granddaughter, Stephanie Wood of Los Altos, Calif. They plan on spending a week with the Vachon's.

Mrs. Mario Bartolozzo and daughter, Vicki, of Weed, Calif. and Mr. and Mrs. Glenn France and Glenn Miles of Jacksonville were dinner guests of Mr. and Mrs. Ed Leaming Friday. Mrs. Bartolozzo is Mrs. Leaming's sister and Mrs. France is her mother.

Recent guests of the Ed Leaming family have been Mr. and Mrs. Charles Allen of Vancouver, Wash.

Student Receives Nursing Diploma

Phoenix — Mrs. Terry Maddox, the former Shirley Dudley, was graduated from Sacred Heart School of Nursing, Eugene, last Sunday. Mrs. Maddox was one of 11 young women to receive diplomas in an afternoon ceremony in the hospital chapel.

Mrs. Maddox was graduated from Phoenix High school in 1933 and attended Williamette university for one year before entering nurses' training.

Friends and relatives attending the graduation ceremonies included her parents, Mr. and Mrs. A. H. Dudley and brother, David, Phoenix; Mr. and Mrs. John W. Caulkins, Medford, Mr. and Mrs. Rupert Baddox Sr., Jacksonville; Mrs. Dan Adams, Phoenix; Mrs. Roger Puhl, Medford and Mr. and Mrs. Tom Tenery, Klamath Falls.



WEDDING BELLS—Prince Sadruddin, son of the late Aga Khan, and ex-model Nina Dyer are to be wed in Geneva, Switzerland. They are shown here as they leave the Geneva Hotel last July. Rumors that the new Aga Khan, Prince Karim, was also soon to wed, overshadowed his uncle's coming nuptials.

Fashion Stresses Relaxed Silhouette

The relaxed silhouette, the unbelted waistline, the nautical theme, all reminiscent of the 30's, are featured in fall cotton outfits, reports the National Cotton council.

The nautical theme comes ashore with a variety of fabrics and patterns. Gay plaids represent every clan, menswear stripes are bold or conservative, glen plaid cotton suiting is neat and smart and jewel-toned foulard prints are also used to interpret these trends in a casual manner.

Sailor ties, middy tops and brass buttons are some of the accents on fall ensembles. Even the little boy jackets get to the point with their brevity.

Free - form silhouettes with their undefined waistlines are 1937 versions of the 30's look. A corduroy dress, slim but loosely styled with chemise waistband is typical of the trend. A plaid ensemble features a middy jacket pulled low to the hipbone and worn with a sheath. The demimiddy, a modern interpretation of an old favorite, often features a bow at the midriff of an undefined waistline and frequently has feminine accents of lace.

All these outfits, made in luxurious cotton, reflect today's softly molded silhouette, inspired by styles of another day but given great chic through 1937 designing know-how.

Fill cream puff shells with chocolate pudding and whipped cream. Slivered or chopped almonds add a bit of glamor.

Dr. Edna Landros Guest in Medford

Dr. Edna Landros left for her home in Eugene, Ore., Sunday following a brief stay in Medford as a guest of Mr. and Mrs. Frank Fairweather, Dark Hollow road. Dr. Landros and the Fairweathers attended performances of the Oregon Shakespearean festival in Ashland and of the Lilliput theater which is being operated in Ashland this summer by Hugh S. Evans, brother of the noted actor Maurice Evans.

Friday night the Fairweathers and their guest dined at Rogue Valley Country club with a group of friends before the festival play, and Saturday night Mr. and Mrs. Lester Adams were guests in the Fairweather home for dinner, following which the group saw the festival play.

Dr. Landros is widely known in Medford. She formerly was head of the foreign language department of the University of Oregon, is a past president of the Oregon League of Women Voters and now is active in the Eugene chapter of Oregon United Nations association.

Scholl Lunch Sweet

New York — Stuffed prunes make a good sweet to tuck into school lunch boxes. Steam the prunes and remove the pits. Fill the centers with a variety of fillings — whole walnuts, almonds or pecans; chopped nuts, marshmallow halves, dried apricots or candied fruits. Roll in granulated sugar.

UP Reports "Going Steady" Not Considered Alarming

Chicago — Members of the bicycle and algebra set are stepping out socially more than did their dads and moms. And in some communities a few 12-year-olds are "going steady," a United Press survey shows.

But for pre- and early teens, at least, "going steady" isn't a natural pastime, their teachers reported.

Most junior high school principals and counselors reported they have seen no increase in "steady" dating among their charges.

They refused to be alarmed by an observation by Juvenile Judge Albert A. Woldman of Cleveland, O., that dating in the junior high crowd has developed into a "dangerous fad" of "going steady."

Views Differ
"Too many girls only 12 years old are going steady," Woldman told a Parent-Teacher association group. "It's dangerous and parents should discourage it."

Woldman said one 12-year-old girl told him: "If a girl's not going steady, the other girls make her feel like an old maid."

But Miss Valerie Chase, principal of Langley Junior High school in Washington, D. C., said she "hasn't noticed" any tendency of 12 to 14 year olds to single out a special boy friend.

"Going steady," she said, laughing. "They shy away from it."
Miss Aurelia Davis, director of counseling in the Atlanta, Ga., public schools, said counselors there have noted a decrease in the number "going steady" in the junior high age groups.

At Milwaukee, Phillip Gell, principal of Peckham Junior High school, said "14-year-old girls are not interested in boys that age in their own schools, and if they are going steady, we don't see it at school."

Principal Stephen Vrsata of Milwaukee's Roosevelt Junior high, said:

"Sure, some do, but they don't know a definition of it."
Several counselors across the

country agreed that dating is common among 12-year-olds and the lower teens.

A Philadelphia Board of Education spokesman said "there's more dating than previously" in schools where social programs are sponsored by school and parent groups.

"This is also true in communities where agencies offer a wider opportunity for boy-girl relationships," the spokesman added.

At Sacramento, Calif., Principal James Bayne said his school has more noon-hour dances, and home-room parties and club affairs because "parents are placing somewhat more emphasis on the social behavior of their youngsters."

Eric Rhoades, executive secretary of the Montgomery County Educational association in Maryland, said "there are many more school functions, athletic events, school dances, etc., and consequently more reason for dating and liking to have a steady date."

Counselors generally agreed that most of the "going steady" and much of the dating is the girl's idea.

Californian Here To Visit Relatives

Miss Kay Gulbranson of Van Nuys, Calif., in in Medford to spend two weeks with her grandmother, Mrs. Bernice Kunzman, and her great-grandmother, Mrs. Cora E. Carder, 607 West Eighth street.

Mrs. Kunzman and her mother recently returned home after a trip to Shaver Lake, Camp Sierra, in California, to visit Mrs. Carder's brother, Edward, E. Redden. Mr. Redden lived in Medford as a boy, the Redden family being early-day residents of Medford and Jackson county Mrs. Carder is 90 years old.

Miss Gulbranson and Mrs. Kunzman will attend the Oregon Shakespearean festival in Ashland, and make a trip to Crater lake.

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