



Education for freedom is the motto of this class.

## Rehabilitated Criminals

(Continued)

institution's kitchens, where they are encouraged to *learn*. In many prisons, stewards hand the cooks a list of ingredients and printed directions on how to cook them. In Iowa, an apprentice cook learns under a skilled man. The same holds true in the well-equipped bake shop. Thus, the food is better prepared, raising institutional morale, and the men learn a useful trade.

The shoeshop, tin shop, furniture factory, textile plant, and all the other prison industries operate on the theory that the prisoner is not merely doing his job to kill time—he is actually learning a trade.

NINETY-FIVE percent of all men serving sentences will eventually be released. Whether they return to society as useful citizens or as parasites depends on training they receive and work habits they develop while in prison.

The road to rehabilitation is long, and pretty rough in spots. But there are two things which will enable more prison inmates to travel this road: *desire and help*. And they are interdependent. A man can be given all the help in the world, but if he lacks the desire to help himself he'll never accomplish a thing.

Inspiring that desire takes more than trade training. Iowa's prison helps build the road to rehabilitation with mental training, too.

Many men who land in prison have deep mental or emotional problems. To help clear up these problems, Iowa employs a psychologist, a sociologist, and a guidance committee composed of the above and other custodial and professional staff members.

There are also two full-time chaplains, and thanks to the remarkable job they do,

more than 50 percent of the available prison population attend religious services in the Protestant and Catholic chapels.

The prison also has a large well-stocked library where 25,000 books on every conceivable subject are available to the men, with literally no censorship. Newspapers, magazines, and timely radio programs are also furnished the men.

Athletics also play an important part in the total program. By competing in team sports, the inmate is given a chance to blow off steam and to develop a competitive team spirit that follows him back into free society.

But don't get the idea that prison is a big college, full of fun and play. The grim cell doors still clang shut on the prisoner for 14 hours a day—and those hours drag. The work is monotonous and the visible rewards small. Then there is the gnawing acid of loneliness which eats into the soul of every prisoner.

But as long as the public shows interest in the prison and prisoner, he can feel that society is willing to accept him—and will work hard to be worthy of that acceptance.

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