

STAR GAZER

By CLAY R. FOLLAN

Your Daily Activity Guide
According to the Stars
To develop message for Saturday,
read words corresponding to numbers
of your Zodiac birth sign.

ARIES	Taurus	Gemini	Cancer	Leo	Virgo
1-2-17-24-36-44-52-59	1-2-17-24-36-44-52-59	1-2-17-24-36-44-52-59	1-2-17-24-36-44-52-59	1-2-17-24-36-44-52-59	1-2-17-24-36-44-52-59
3-11-12-14-15-16-18-19-20-21-22-23-25-26-27-28-29-30-31-32-33-34-35-37-38-39-40-41-42-43-45-46-47-48-49-50-51-53-54-55-56-57-58-60	3-11-12-14-15-16-18-19-20-21-22-23-25-26-27-28-29-30-31-32-33-34-35-37-38-39-40-41-42-43-45-46-47-48-49-50-51-53-54-55-56-57-58-60	3-11-12-14-15-16-18-19-20-21-22-23-25-26-27-28-29-30-31-32-33-34-35-37-38-39-40-41-42-43-45-46-47-48-49-50-51-53-54-55-56-57-58-60	3-11-12-14-15-16-18-19-20-21-22-23-25-26-27-28-29-30-31-32-33-34-35-37-38-39-40-41-42-43-45-46-47-48-49-50-51-53-54-55-56-57-58-60	3-11-12-14-15-16-18-19-20-21-22-23-25-26-27-28-29-30-31-32-33-34-35-37-38-39-40-41-42-43-45-46-47-48-49-50-51-53-54-55-56-57-58-60	3-11-12-14-15-16-18-19-20-21-22-23-25-26-27-28-29-30-31-32-33-34-35-37-38-39-40-41-42-43-45-46-47-48-49-50-51-53-54-55-56-57-58-60

Good (G) Adverse (A) Neutral (N)

The Medical Roundup

by *Walter Alvarez*

Emeritus Consultant in Medicine,
Mayo Clinic
Emeritus Professor of Medicine,
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Thousands of highly nervous women want to know what to do for a spastic colon. In all but a few cases, the best thing they can do is to forget they have one or they should wish they had never heard the word. It is bad when a nervous woman tries to blame all her annoyances and aches and abdominal discomforts and constipation on her spastic colon. My old Chief used to say, "Every self-respecting nervous woman has a spastic col, so why talk about it?" In my 25 years at the Mayo Clinic I never heard our x-ray men diagnosing a spastic colon. They knew too well that in most persons the large bowel on the left side tends, when empty, to contract down into a hard cord which can be felt like a piece of garden hose. This hardness of the contracted bowel is called spasticity. It is so normal that I am sure it is not the cause of the woman's pains and the formation of mucus in her bowel. I am sure that usually the mucus and much gas and frequent bowel movements come when she is nervous and self-conscious or worried and anxious.

For instance, a while ago I saw two young women who had what was called a diarrhea that their home doctors could not

cure. Actually, I found the woman didn't have diarrhea; they were going too often to the toilet but passing only some gas with a little water and much mucus or slime. I just said "What's worrying you?" One said her husband was threatening to divorce her and if possible take the children; the other said her soldier husband in Korea had written he had fallen in love with a Korean girl.

Dr. Alvarez hopes his readers will understand that it would be impossible for him to answer requests for information or to attempt to diagnose by mail. (Released by The Register and Tribune Syndicate, 1957)

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Five Welfare Vacancies Filled

Salem — Five county public welfare commission posts were filled Wednesday with the appointment by Gov. Robert D. Holmes of new commissioners for Yamhill, Josephine, Klamath, Coos and Malheur counties.

Leslie E. Downie, Ontario drug store manager, succeeds L. J. Kinney, also of Ontario, on the Malheur county commission.

Mrs. Richard A. Smith, Geary ranch housewife, is the new commission appointment for Klamath county. She takes the position of late Fred Peterson of Klamath Falls, who was shot to death at a commission meeting several months ago.

The Rev. James M. Alley, pastor of the Amity Christian church, succeeds Mrs. Leo Gell, dayton, on the Yamhill county commission.

New Coos county welfare commissioner is Mrs. Averill Schroeder, Myrtle Point, who succeeds Mrs. Luckey Bonney, Coquille.

In Josephine county the new welfare appointee is Mrs. Melvin P. Leonard, Grants Pass, who succeeds Mrs. Walter Freeman, Cave Junction.

Public Betrayed, Neuberger Charges

Washington — Sen. Richard L. Neuberger (D-Ore.) charged Thursday the Eisenhower administration and the Republican party "betrayed the public interest" in pushing for defeat of the federal Hells Canyon Dam bill.

But Eisenhower said in a letter to a GOP congressman that he is "more convinced than ever" that private power development of Snake river on the Idaho-Oregon border is "sound."

Acting Superintendent Appointed at McLaren

Salem — The State Board of Control has named Donald Miller acting superintendent of McLaren school for boys near Woodburn until a new superintendent can be chosen.

Mosquitoes and Flies

Don't be chewed to bits by these blood-thirsty pests. Just burn a little Buhach wherever you want peace and comfort.

Strange As It Seems



EASY-CHAIR GENERAL
BECAUSE OF DROPSY, FRENCH MARSHAL GAXE WAS CARRIED INTO BATTLE IN A WICKER CHAIR!
HE SO DIRECTED HIS GREAT VICTORY AT FONTENAY IN 1745!

WINDS IN THE SAVANNAH ARE SO STRONG THAT ROOFS ARE HELD DOWN WITH ROCKS—NOT NAILS!

A SNAKE HAS NO FINS BUT IT IS SUCH A FAST SWIMMER IT CAN OVERTAKE AND CATCH A FISH

CROSSWORD PUZZLE

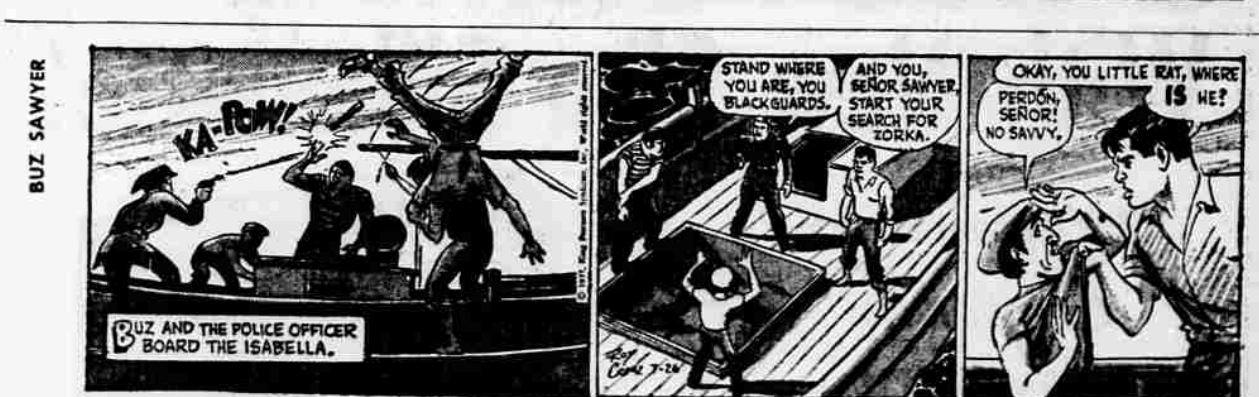
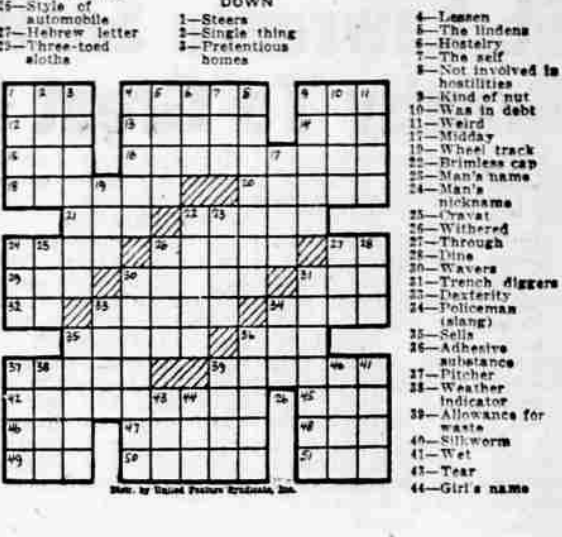
Answer to Yesterday's Puzzle

ACROSS

- 1-Drinking vessel
- 2-Foreign
- 3-American
- 4-Terra del
- 5-Explosive noise
- 6-Occurrence
- 7-Carnival
- 8-Sheep
- 9-Proclaim
- 10-Begins
- 11-Hispanic
- 12-Hint
- 13-Nobleman
- 14-Let it stand
- 15-Style of automobile
- 16-Hebrew letter
- 17-Three-toed sloth

DOWN

- 1-Steers
- 2-Single thing
- 3-Pratentious
- 4-Lemon
- 5-The linden
- 6-Hostility
- 7-The self
- 8-Not involved in hostilities
- 9-Kind of nut
- 10-Was in debt
- 11-Midday
- 12-Whirl track
- 13-Brilliant cap
- 14-Man's name
- 15-Maria's nickname
- 16-Whithered
- 17-Through
- 18-Tina
- 19-Trench diggers
- 20-Policeman (slang)
- 21-Sells
- 22-Adhesive substance
- 23-Pitcher
- 24-Weather indicator
- 25-Allowance for waste
- 26-Silkworm
- 27-Wet
- 28-Tear
- 29-Girl's name



For Bargains, Read The M-T Ads