

Simple Rules Cool Homes

Although mechanical air-cooling has made enormous strides in adding comfort to American homes, millions of families still do not enjoy air-conditioning, and again face the annual problem of keeping their homes cool by other means.

Because of this recurring problem, the Construction Research Bureau, national clearing house for building information, has drawn up a list of simple rules which have proved effective in helping keep homes cool in summer. The Bureau also says that several of the recommended procedures will increase the efficiency of air-conditioning equipment.

The secret of maintaining a cool home is to keep hot air outside and to generate as little as possible within the house. Keeping windows closed during the hot part of the day and drawing shades on the sunny sides of the house are particularly effective methods, both to keep heat out and to improve the efficiency of air-conditioning equipment.

Attic space should be cross-ventilated throughout the day and night, either by using an exhaust fan or opening windows in opposite gables. All doors and windows should be opened as soon as the evening air begins to cool. Electric fans placed in windows in different rooms, blowing inward, will draw cool air into the house quickly. Bowls of ice in front of the fans

will accelerate the cooling effect. This use of ice also is effective during the hot hours of the day.

Heavy draperies and floor coverings cut down the efficiency of air-conditioners and retain heat in non-air conditioned homes. Replacement of heavy draperies with materials having a large open-mesh weave, and the use of light-colored linen or cretonne slip covers on upholstered furniture are other cooling aids.

Besides keeping heat outside, care should be taken that excessive amounts of heat are not generated within the house. Electric lights should be used sparingly and high wattage bulbs should be replaced with lamps of less intensity. Ironing should be done in the early morning.

As much top-of-stove cooking as possible should be avoided. Today's modern insulated oven is ideal for preparation of hot meals. If there is a door between dining room and kitchen, it should be kept closed during meal preparation. At the same time, if kitchen windows are opened wide and an electric fan placed in one of them so it blows outward, superheated air will be expelled rapidly.

Sour Cream

Fold sour cream into hashed brown potatoes just as they are ready to be served. The result will be a new flavor treat.

Young Play Stars!



9184 6-14
by Marian Martin

Printed Pattern magic! See how many pretty outfits you'll make for daughter, with these easy-sew styles! Cool top, shorts, pedal pushers, and sleeveless jacket—mix-match so many different ways!

Printed Pattern 9184: Girls' Sizes 6, 8, 10, 12, 14. Size 10 top and shorts take 1 3/4 yards 35-inch fabric; jacket, 1 3/4 yards. Printed directions on each pattern part. Easier, faster, accurate.

Send Thirty-five cents in coins for this pattern—add 5 cents for each pattern for 1st-class mailing. Send to Marian Martin, care of Medford Mail Tribune, Pattern Dept., 232 West 18th St., New York 11, N.Y. Print plainly NAME, ADDRESS with SIZE and STYLE NUMBER.

Buttermilk

Buttermilk has long been known as an ingredient that gives tenderness to the foods with which it is combined. Remember the pancakes, waffles, and muffins made with buttermilk? They have a flavor quality that makes them tops in their class.

Filet Bouquet



7251

by Alice Brooks

A lovely old-fashioned flower bouquet of filet crochet—with an edging of crocheted lace. This chair-set is an heirloom you'll treasure throughout the years! Pattern 7251: Charts, directions for chairback 14x16 inches, armrest 7 1/2x13, in No. 30 cotton.

Send THIRTY-FIVE CENTS in coins for this pattern—add 5 cents for each pattern for 1st-class mailing. Send to Medford Mail Tribune, Household Arts Dept., P.O. Box 168, Old Chelsea Station, New York 11, N.Y. Print plainly NAME, ADDRESS AND PATTERN NUMBER.

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Paper Uses Grow Various

By ALFRED LEECH
United Press Correspondent
Chicago — Paper clothes, paper bedsheets, even paper houses, are on the way.

At least that's the word from the American Pulp and Paper Mill Superintendents.

An exhibit at the association's 38th annual meeting featured paper garments—a man's bathing suit, shoes, coveralls, and a woman's skirt with matching bodice and bonnet.

The display was rigged up by American Cyanamid Co., to dramatize "Your Life With Paper."

Frederick J. Edwards of the firm's paper chemicals division noted that the average American uses at least 435 pounds of paper a year, compared with an annual average of only 1.2 pounds in China.

Some of the paper apparel items were made of paper alone, while others were made of paper in combination with other materials, such as spun glass and plastics.

In Housing, Too
"They're disposable fashions, of course," Edwards said. "You

would wear them once or twice—or as long as they'd hold up—then discard them."

If this seems bizarre, Edwards is quick to point out that "we already have paper diapers."

"And as for paper bedsheets," he said, "one manufacturer is all set to produce them for use in hospital surgery rooms. Eventually, they'll be used throughout hospitals."

Paper coveralls are gaining favor at atomic installations. "There's less of a disposal problem," Edwards said.

Edwards believes paper should find extensive use in housing in future years. The armed forces, he said, have been working on paper-housing for several years.

"In 1954," he said, "the Marine Corps exhibited prototypes of paper housing which would be almost as light as canvas, but as satisfactory for continued use as barracks constructed of lumber."

George Washington, the father of his country, was a fourth-generation American.

Dust Cloths

Dust cloths which will remove rather than move dust can be made with a solution of 1 tablespoon of kerosene or turpentine and 1 pint of hot water. Dip the dust cloth or mitt in the solution, wring and let dry. Treat after each washing.

Safe For The Bath

New York — New for the bath, a colorless lotion to make the tub skid-proof. The manufacturer said one application of the fluid will last for a couple of weeks.

**Don't Say
"Hello"
Say - - -
"FILTER-FLO"**

The money aspects of widowhood—financial problems, social life, working and raising children—are covered in Dr. Marion Langer's "Learning to Live As a Widow," which can be obtained at the Medford public library.

Practical help on how to fix just about everything in the home is given in "Complete Home Improvement Handbook," edited by Charles Flato. The do-it-yourself manual has been added to the Medford public library.



trim fashions
for on-duty hours!

UNIFORMS

By Linda Lane

See our wonderful collection of fashion touch uniforms in wonder fabrics that require little care. You'll love these exciting styles by LINDA LANE... if you're a "Woman in White."

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Absolutely unbreakable and so life-like! Soft rosy complexions and body skin of marvelous vinyl. Each is tastefully and colorfully dressed from head to toe, including panties, shoes and socks. Some can sit, kneel and cross their legs. All have lovely eyes and lashes that move and rooted hair that's washable and can be combed and set. Each is so low-priced!

A. Sophisticate, 15" Tall. Red evening dress, pink stole. \$4.98	D. Royale Blue Miss, 15" Tall. Earrings, high heeled shoes. \$3.98	G. Beautiful Betty, 14" Tall. Printed taffeta dress. \$2.98	J. Snow Baby, 16 1/2" Tall. Fleece snowsuit, bonnet. Sits, kneels. \$3.98
B. Ballerina, 15" Tall. Full-skirted red dress. Hosiery. \$3.98	E. Glamorous Lady, 20" Tall. In smart leopard ensemble, heels. \$9.98	H. Brown Haired Sue, 14" Tall. Cries when squeezed. \$2.98	K. Party Girl, 20" Tall. Bun style hairdo, fancy gown, underskirt. \$7.98
C. Dainty Lorraine, 23" Tall. Sweetly dressed, dotted nylon. \$7.98	F. Young lady, 15" Tall. Hat and dress, pink organza. \$4.98	I. Baby Sniffles, 11" Tall. Real tears, drinks, wets. Layette. \$3.98	L. Lady in Lace, 15" Tall. Black net over aqua satin. \$4.98

M. Blonde Beauty, 15" Tall. Gold and white evening dress. \$3.98

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