STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars

To develop message for Saturday, read words corresponding to numbers of your Zodiac birth sign.

ARIES MAR. 22 - APR. 20: 23-41-47-49 62-69-74
TAURUS APR. 21 - MAY 21: 4-14-16-22 24-31-32-90
GEMINI MAY 22 - JUNE 22: 7-10-12-15 33-34-38
CANCER JUNE 23 - JULY 23: 51-53-58-61 65-67-80-82
LEO JULY 24 - AUG. 23: 36-37-39-50 55-59-81-89
VIRGO AUG. 24 - SEPT. 22: 17-18-19-35 42-46-87
LIBRA SEPT. 23 - OCT. 23: 20-26-30-45 60-71-72
SCORPIO OCT. 24 - NOV. 22: 3-44-48-57 63-66-73
SAGITTARIUS NOV. 23 - DEC. 22: 11-13-40-43 70-76-79-84
CAPRICORN DEC. 23 - JAN. 20: 1-5-8-21 27-68-75-88
AQUARIUS JAN. 21 - FEB. 19: 2-6-9-25 28-29-85-86
PISCES FEB. 20 - MAR. 21: 52-54-56-64 77-78-83

1 Dispose	31 From	61 If
2 Obtain	32 New	62 On
3 Happy	33 Progress	63 And
4 You	34 Isn't	64 Handling
5 Of	35 You	65 Used
6 Advice	36 Don't	66 Go
7 Keep	37 Rub	67 For
8 Property	38 Discernible	68 No
9 From	39 Certain	69 New
10 Plugging	40 Ambitions	70 Your
11 Push	41 Day	71 The
12 Even	42 Undoubtedly	72 Jump
13 Personal	43 Widen	73 Places
14 May	44 Day	74 Methods
15 Though	45 You	75 Longer
16 Have	46 Deserve	76 Field
17 Accept	47 To	77 Of
18 Compliments	48 Entertain	78 Your
19 Graciously	49 Capitalize	79 Of
20 Events	50 People	80 Honest
21 And	51 Persistence	81 Way
22 Unexpected	52 Improve	82 Progress
23 Good	53 Is	83 Funds
24 Gains	54 Earning	84 Endeavors
25 Experienced	55 The	85 Making
26 Can	56 Better	86 Changes
27 Papers	57 Visit	87 Them
28 Pursuing	58 Fine	88 Needed
29 Before	59 Wrong	89 Today
30 Keep	60 On	90 Sources

(Good) (Adverse) (Neutral) 7/20

Placebo Found To Often Have Same Effect as 'Happiness Pills'

By DELOS SMITH
United Press Science Editor

New York —(UP)— A psychiatrist of experimental bent has found that a majority of his over-anxious or over-tense patients respond quite well to a placebo as to "happy pills."

A placebo is anything which is known positively to have no physical effect whatever when taken into the human body. If it does produce an effect, that effect is produced by the power of suggestion.

To compare the effect of any chemical compound believed to be active within the human body with the effect of a placebo "given-for-real" is, therefore, to subject it to a tough test.

Dr. Robert R. Schopach, psychiatrist at the Henry Ford Hospital, Detroit, used the test in obsessional, anxious and tense neurotic patients — a placebo opposed to the "happy pill," meprobamate which is sold under the trade names "Miltown" and 'Equinol."

Same Effects Produced

In a majority of the patients, what effect one produced, the other produced. No one should understand this to mean that the pill's only power is that of suggestion, since there is no question of it being chemically active inside the human body.

However, the doctor's point was that suggestion plays a part in how people respond to anything they take into themselves. For instance, he found that with promazine which is a "tranquilizer" much more powerful chemically than meprobamate, seven out of 22 neurotic patients "felt just as well on a placebo."

He was reporting in the hospital's technical bulletin on the many new medicines which are intended to reduce anxiety. "None of these drugs are cures but may be useful crutches " he said. "The patient should always be evaluated to determine if psychotherapy might not be more helpful in a curative direction."

Addiction Feared

In another report on "tranquilizers," which is a red-hot subject in medical science these days. Drs. John A. Ewing and R. E. Fullilove psychiatrists of the University of North Carolina School of Medicine, urged physicians not to use meprobamate for any length of time in patients addicted either to alcohol or drugs.

"It appears that this drug may quite easily become a substitute for alcohol or barbiturate intake and that habituation may occur," they reported to the New England Journal of Medicine. Dr. Ewing said he had seen two patients who said meprobamate "feels just like taking a drink" and two others "who had lost control over the amount they were consunming."

They were reporting the case of 32-year-old man who had become so habituated to the drug he required hospitalization to break the habit.

LARGEST HIDE

Chicago—(UP)—A 95-foot-square cowhide—the world's largest—was displayed at a home furnishings show here. A spokesman for the Upholstery Leather Group who showed the giant skin, said the hide came from a cow that probably weighed more than 3,000 pounds. Weight of a large cow is nonrmally about half that amount.

The Medical Roundup

by Walter Alvarez

Emeritus Consultant in Medicine, Mayo Clinic
Emeritus Professor of Medicine, Mayo Foundation

Hardening of the Arteries in the Legs, With Cramps and Pain

Many elderly persons get severe pain in the legs if they try to walk fast. They have to stop and, after a few minutes, they can go on again. This is called intermittent claudication, and is due to the narrowing of an artery in the leg. With this narrowing only enough blood gets through for a resting muscle. When the muscle is active and needing more blood, not enough for it can come through. Then comes pain.

Dr Alvarez

An expert can usually tell with tests whether it pays to try any of the drugs that are used to help this sort of thing. Experts tell me that in most cases the arteries are so stiff that even the best of the drugs will not do much good. In some cases, after tests show that the arteries can dilate with the help of drugs, a surgeon may go in in the back, and cut the sympathetic nerves that supply the arteries. After these nerves are cut, the arteries may remain more widely opened, and then they may supply an adequate amount of blood. In other cases the arieries are so stiff that cutting the nerves will not help.

Today, in bad cases, expert surgeons are cutting in, and replacing the narrowed bit of artery with a prepared piece of artery from an animal, or an artery made of nylon or some other material.

Naturally, most of us physicians do not see enough of this new type of work to know much about it, and hence usually the person will do well to go to some large clinic or university center where he can find the experts who know how to transplant segments of arteries. It is a wonderful new advance in surgery.

Encephalitis, or "Sleeping-Sickness"

There are several forms of encephalitis or brain fever or sleeping-sickness that are due to distinct viruses. With some of these infections the person recovers apparently completely, while in others, he or she is left mentally or nervously injured, perhaps for life. We now know that in some cases of severe measles and other diseases of childhood, including polio, the virus of the disease, or another virus present in the brain with it, produces an acute encephalitis. This may show itself at the time as a severe headache, perhaps a stiff nek and apathy, toxicity and some somnolence. Some of the problem children, and children with a retarded mind owe their lifelong handicap to such a "brain fever."

Whenever, after a bad attack of measles or whooping-cough or mumps, a previously healthy child becomes mentally retarded and perhaps difficult to handle at home and at school, it is well to have an electroencephalogram made. This may show that in some part of the brain, the tiny currents are abnormal, indicating that this part has been injured. We doctors may not have a cure for the condition, but at least we'll know that the boy is ill, and not just "bad." Then we must be as patient as we can be with him. Sometimes the condition will clear up with time.

Tendency to Attack Brain

At intervals a particular strain of the influenza virus, or one of the common viruses that go through the community, producing an epidemic of fever and sore throat, may have a special tendency to attack the brain. Then many of the victims will suffer from headache and great feelings of fatigue and toxicity. In the terrible influenza epidemic of 1918, I had only a very mild attack of the disease, but it appeared to have "an encephalitic component" because, for a year afterward, my brain felt tired, and I lacked my normal feeling of nervous comfort and good health. I had to push myself to work.

Unfortunately, only a few of the so-called large viruses, the particles of which are large, are affected by antibiotics.

(Released by The Register and Tribune Syndicate, 1957)

LEGAL NOTICES

NOTICE OF SALE
No. 10033
IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR JACKSON COUNTY,
PROBATE DEPARTMENT
In the Matter of the Estate of ELLEN McRAE, Deceased.

Pursuant to that certain order of sale made and entered in the above court and cause on the 27th day of June 1957, the undersigned, A. M. Keplinger, administrator of the above estate, will sell at private sale, the following described real property located in Jackson County, Oregon, to-wit:

Beginning at a point on the west line of Lot One (1) in Block One (1) of NICKELL ADDITION to the City of Medford, Jackson County Oregon, according to the official plat thereof, now of record, said point being 152.18 feet South of the Northwest corner of said Lot, and being the point of intersection of the south line of the Rogue River Valley Railroad right-of-way with the west line of said Lot One (1); thence East along the said right-of-way line 330.0 feet to the east line of said Lot; thence South along said Lot line 177.82 feet; thence West 330.0 feet to the west line of said Lot; and thence North along said line 177.82 feet to the point of beginning; being that portion of the North half of said Lot One (1) lying south of the right-of-way of the Rogue River Valley Railroad.
AND ALSO
The South 231 feet of the East 382 feet of Lot 2, Block 4 of NICKELL ADDITION to the City of Medford, Jackson County, Oregon. EXCEPTING THEREFROM the land described as follows: Commencing at the Southeast corner of Lot 2, Block 4, NICKELL ADDITION to the City of Medford, Jackson County, Oregon, thence Westerly along the Southerly line of said Lot and Block 145 feet to the true point of beginning; thence Northerly parallel with the Easterly line of said Lot and Block 216 feet; thence Westerly parallel with the South line of said Lot and Block 237 feet, thence Southerly parallel with the East line of said Lot and Block 216 feet to the South line of said Lot and Block; thence Easterly along the South line of said Lot and Block 237 feet to the point of beginning.

That said sale will be made on and after the 29th day of July, 1957, at the hour of 10:00 A.M., of said day, and bids will be received at the law office of Kenneth G. Denman, 128 East Main Street, Medford, Oregon; that the terms of said sale shall be for cash or for at least ten percent cash and the balance on contract terms to be arranged by the administrator

Dated this 28th day of June, 1957.
A. M. KEPLINGER,
Administrator

LEGAL NOTICES

CALL FOR BIDS

School District No. 6C, Jackson County, Oregon, will receive bids until 8 P.M. August 12th, 1957, for items as listed herewith at the office of the School Superintendent at the Crater High School, at which time bids will be received and opened. Detailed specifications may be obtained from the school clerk. The right is reserved to reject any or all bids.

1. INSURANCE—Comprehensive liability insurance covering school directors, employees, and school buses.
2. GASOLINE—Approximately 30,000 gallons regular grade.
3. STOVE OIL—Approximately 10,000 gallons stove oil, Pacific Coast Spec. 100.
4. FUEL OIL—Approximately 40,000 gallons Pacific Coast Spec. 300.
5. FUEL OIL—Approximately 1,000 gallons Pacific Coast Spec. 200.
6. SAWDUST—Approximately 1,000 units.

(Signed) Merle Obenchain, Clerk
School Dist. No. 6C
Jackson County, Oregon

NOTICE TO CREDITORS

In the Circuit Court of the State of Oregon for Jackson County.
In the matter of the Estate of ALFRED LESLIE BAILEY, deceased.

Notice is hereby given that Dr. C. D. Lemley, D.O. has been appointed Administrator of the estate of ALFRED LESLIE BAILEY, deceased, by order of the Honorable H. K. Hanna, Judge of the Circuit Court of the State of Oregon for Jackson County, sitting in probate, which said order is dated the 22nd day of May, A.D., 1957; and all persons having claims against said estate are notified to present the same, duly verified, to the undersigned Administrator or to his attorney, V. A. C. Ahlf, Southern Oregon State Bank Building, P. O. Box 292, Grants Pass, Oregon, on or before six months from the date of first publication, being July 5th, 1957. Dr. C. D. Lemley, D. O., Administrator, 41 Hawthorne Avenue, Medford, Oregon.

Roseburg
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BANKRUPT STOCK OF TV's From MINKLER'S
SALE STARTS 8 A.M. SATURDAY

We Have Purchased from the 1st National Bank the Remaining TV Stock from Minkler's The entire stock of Packard-Bell and Hoffman TVs go on Sale Tomorrow Morning at 8 A.M. at Terrific Savings.

These are All Brand New 1957 TVs . . . and the Full Manufacturer's Guarantees Will Apply. Home Appliance Company and the Bargain Store Will Be Here to Back Up These Guarantees with Dependable Service. This Is Not a Large Stock . . . So Hurry . . . Because There Are Really Some Tremendous Bargains. You can Always Look for Real Worthwhile Savings from the "B" Store. Tomorrow Morning at 8 A.M. . . . Terms and Immediate Delivery . . . Don't Miss This One!

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