



Meal Ordering in Restaurant Clue To Personality
 By MARY PRIME
 United Press Correspondent
 New York — When you give your order to a waiter in a hotel or restaurant, you also give him a clue to your personality, says one expert.
 Mrs. Janet Lefler, head of the hotel department of the New York City Community College in Brooklyn, believes knowing personality types helps a waiter give better service. So she includes analyzing tips as part of a 20-weeks course.
 Mrs. Lefler said a person who makes a show of sending back food to the kitchen without real cause believes he is sophisticated but actually is the opposite. He probably has an inferiority complex.
 "Young or immature customers rarely can resist the temptation of parading their knowledge of food," she said, "but too often they are wrong."
Men Show Off More
 If a man presses his chest against the table, he is trying to make an impression, she said. If he leans back in his chair and is casual, he does not want an expensive meal.
 The man who looks like an executive usually responds to "under-selling" of a menu, while the "hail-fellow-well-met" type is likely to glory in his sales resistance, Mrs. Lefler pointed out.
 A woman with a slim figure usually is calorie-conscious. The tailored type woman wants quality in her food. The frilly dresser loves frills in her food.
 Men diners tend to show off more than women, she said. Especially the men who are away from home and their nagging wives. Women on a trip tend to spend more if their husbands are not along.
 Mrs. Lefler has found that women generally give bigger tips than men because they aren't fast at figuring percentages. Women in a group, with no men present are an exception, because they figure out the tip on paper, she said.
Waiters' Complaint
 In six years of teaching the course, Mrs. Lefler has heard many complaints from waiters. "They tell me there should be a similar course for diners," she said. "Guests are at their worst in a dining room because they are in the driver's seat. They want service or they'll know the reason why."
 Waiters mainly want customers to be friendly and treat them as human beings. The perfect customer is one who consults the waiter, follows his suggestions and uses what she calls "the three most import phrases in the English language — 'Please, thank you and pardon me.'"
 Major complaints against waiters are that they don't know the menu, don't help customers and don't seem to care.
 "Many persons believe waiters look down on them," she said, "but actually the waiters are scared and develop a superior attitude as a defense. They over-awe the customer, hoping he won't ask questions the waiter can't answer."
 Information and travel tips covering the United States and foreign countries is available in travel guides at the Medford public library.

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Helen Landon, the 1957 Maid of Cotton, wears a black and white cotton ensemble designed by Mary Modell of Switzerland. The date sheath, with its softly draped bodice, is made of black cotton crepe. Topping the dress is a great coat splendidly interpreted in heavy cotton lace.

Isolator of 'MS' Germ Puts in Long Lab Hours

By RALPH OSTERBERG
 United Press Correspondent
 Philadelphia—The woman who has made the first definite step toward a possible cure of multiple sclerosis says seven days a week in the laboratory is routine with her.
 Miss Rose Ichelson, a tiny, white-haired Russian native, is the director of research at Saint Luke's and Children's Medical Center. For the last six years, her research has been directed toward stopping the disease, which afflicts some 300,000 in the United States alone.
 It was multiple sclerosis, or "MS" as it often is called, that killed baseball's Lou Gehrig.
 The disease usually affects persons between the ages of 20 and 40. It is caused by a germ that attacks the central nervous system.
The Next Step
 Miss Ichelson recently reported that she succeeded in isolating and cultivating the germ responsible. She said the next step—after, and if, other scientists substantiate her findings—will be to find a medication to prevent or halt its spread.
 The ailment causes parts of the nerve tissue to degenerate and become replaced by hardened scar tissue. Once hardened, it cannot be cured, but its spread can be halted.
 Miss Ichelson was born near Kiev, Russia, at least 50 years ago. She was graduated from the Bacteriological Institute of Poltava, Russia, but in 1922 she left her native land and came to the United States. She served in various Philadelphia institutions until 1947 when she assumed the post of chief bacteriologist at the Jackson Memorial hospital in Miami, Fla. She engaged in research work in her own laboratory from 1948 until 1951, when she started her multiple sclerosis research at Saint Luke's.
What She Did
 Precisely what Miss Ichelson has done is this:
 She injected specimens of spinal taps from living human beings known to have multiple sclerosis into a culture medium. The culture medium served to propagate certain germs from the spinal tap specimens. The importance of their being kept alive is that they can be used for experimentation. Previously, they could not.
 Miss Ichelson then had animals injected with the germs. A few months later blindness and paralysis were found in these animals.
 The same culture medium process—but with spinal taps from human beings known "not" to have MS—showed negative results.
 If Miss Ichelson's findings are found to be conclusive, then all that remains to be done is to find a medication to combat the germs.

Sunday, July 7, 1957



Bold, daring stripes and colors give crisp new look to classic sportswear. Fashion interest centers in the cotton duck fabric used for the trim shorts and companion jacket. Shirt is in a dyed-to-match novelty stripe.



A softly draped bodice is the focal point of this enchanting afternoon dress by Jerry Parnis. Its Empire line flows into a tiny waist and full skirt. The fabric is an Everglaze cotton satin floral print.

Hot hors d'oeuvres always go quickly at parties. One of the easiest to fix is ripe olives. Heat them in their own liquid about 10 minutes. Drain and serve piping hot in a big bowl.



Tucked yoke ending in a button-on band gives unusual detail to this daytime dress. Featured in darker tones of a woven stripe Sanforized cotton, the dress will be as good to wear in September as it is in June. The dress can be washed repeatedly without losing its smart, trim fit.

Marinated Beets
 Drain a can or jar of sliced beets and let stand several hours or overnight in a marinade of 1/4 cup wine vinegar French dressing, 1 teaspoon moisture-free instant minced onion, salt and freshly ground pepper. Beets fixed this way are excellent to use in salads and for garnishing.

BACON IN SANDWICHES
 Fry some extra bacon at breakfast time to use in sandwiches for school or work lunchboxes. Crisp-fried, well-drained bacon makes a hearty sandwich filling, either in strips or crumbled with a filling mixture. Here are some suggestions for using bacon in sandwiches:
 1. Place bacon strips between slices of cracked wheat bread spread with apple butter.
 2. Mix crumbled bacon with chopped egg and salad dressing and spread on rye bread.
 3. Place bacon strips between buttered slices of Vienna bread with chili sauce or catsup.
 4. Mix crumbled bacon with peanut butter and mayonnaise and spread on whole wheat bread.
 5. Place bacon strips on cracked wheat bread spread with butter or mayonnaise. Place a leaf of lettuce in a separate wrapper for adding at lunch time.

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