

Alcoholics Gradually Slip Into State Of Uncontrolled Drinking, Medics Say

Editor's note: This is the third in a series of dispatches on alcoholism. It reports on the symptoms of this "progressive disease" and offers a test for anyone who fears that he is on the way to becoming one of its five million victims.

BY LOUIS CASSELS
United Press Correspondent
Washington — Alcoholism creeps up on you.

Medical history records a few cases in which people seemed to become alcoholics as soon as they started drinking. Their susceptibility was so great that a addiction came virtually with their first drink.

But the overwhelming majority of alcoholics slip gradually into the stage of uncontrolled habituation, usually after years of what they regard as "social" or "moderate" drinking. They deny, even to themselves, that they are becoming alcoholics. They buttress their denials with many peepal misconceptions about the nature and symptoms of alcoholism.

The best hope of arresting the spread of alcoholism, authorities say, lies in persuading its potential victims to recognize the danger signals and to seek competent help now.

Danger Signals Listed
And what are the danger signals?

"The first sign of abnormal drinking" says Dr. Paul H. Stevenson, alcoholism expert of the National Institute of Mental Health, "is apt to be a change in the person's drinking pattern."

Mrs. Marty Mann, a recovered alcoholic who is now executive director of the National Council on Alcoholism, listed several other "early symptoms" of alcoholism: "Making promises about drinking," "Gulping" drinks, "Taking a drink before going to a party or appointment where

drinks undoubtedly will be served.

Feeling the necessity to have drinks at certain regular times, and with any special event.

Feeling that you "must" have drinks for weariness, nerves, depression or to maintain a "pleasant" disposition "for the sake of others."

There is, moreover, one test which you can use to determine whether your dependence on alcohol has reached the stage of an illness from which you require outside help to recover.

How To Tell
"The test is this: Set yourself a daily ration of drinks, not less than one and not more than three. If you're not a daily drinker (and some alcoholics confine their drinking to week ends) then the ration should be for those days on which you do customarily drink.

Decide that you will stick to this ration for a fixed period, at least three months, beginning now. You must not exceed the

ration under any circumstances whatever — weddings, funerals, sudden death of a friend, inheritance or promotion. No "special occasions" or you have flunked the test.

Any normal drinker, even one used to drinking regularly and fairly heavily, should be able

to pass the test. But the chances are a hundred to one against a true alcoholic passing it — or even being willing to try it sincerely.

Tomorrow: Latest developments in the treatment of alcoholism.

Chile May Authorize Copper Output Cut
Santiago, Chile — A high official source said Monday the Chilean government may authorize American copper companies in Chile to cut scheduled 1957 production by 10 per cent in view of the recent drop in world prices.

The decline in the world price of copper has been attributed to surplus stocks of the metal.

The official said the possible cutback in production of American-owned mines in Chile is receiving careful consideration from the government.

The Anaconda Corporation and the Kennecott Copper Corp. have estimated their 1957 Chilean production at 460 metric tons.

DELUXE LUXURY
New York — The 45,000-ton luxury liner Ile de France arrived here Tuesday with some 800 crewmen and three passengers. The passengers, only ones to be booked aboard the ship in its sudden departure from Le Havre where it had been strike-bound, complained of too much service.

Several cases of Asiatic flu, which has stricken thousands in Oriental countries, have been reported along the coastal areas in the United States. However, this would be the first major outbreak of that type of flu in the Midwest.

Officials said only "a small percentage" of the 200 stricken youths, about 30 of them, would remain behind under doctors' care.

The epidemic was described as "very mild" with the duration of illness only about two days.

Flu Epidemic Studied in Iowa

Grinnell, Iowa — Iowa health officials are studying the possibility that Asiatic flu was responsible for an epidemic of influenza that struck 200 youths attending an international religious conference.

The outbreak prompted officials of the state Health Department and of the Westminster Fellowship's national assembly to disband the conference immediately Monday and send some 1,800 teenagers home.

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The epidemic was described as "very mild" with the duration of illness only about two days.

Red China Holding Britain Responsible

Tokyo — Communist China is holding Great Britain responsible for the return of 35 Chinese who took advantage of a mutiny aboard a junk to seek refuge on Formosa, according to Radio Peiping.

The radio said the Peiping regime lodged a "serious protest" with the British Charge D'Affaires in Peiping Monday over the Paktang incident.

The Paktang, a motorized junk, was en route to Red-held Red Chinese described as "ruffians" and forced to sail to Hong June 12 when seized by what the

Albany Timber Carnival Slated To Open Tonight
Albany — The 13th annual Albany Timber Carnival opens tonight with selection of a queen to rule over the three day celebration.

Beginning Wednesday, loggers from the Pacific Northwest, New England and Canada will compete for prizes and world championships in bucking, topping, speed climbing, log rolling, chopping and axe throwing. Finals will be held Thursday.

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Head-on Auto Crash Claims Eight Lives

Rock Springs, Wyo. — Two late model automobiles collided straight-on near here late Monday night killing eight persons, including a newly married couple, in Wyoming's worst high way accident on record.

Two other persons were taken to Sweetwater Memorial hospital in very critical condition.

Five of six soldiers from Fort Lewis, Wash., riding in a convertible, were killed and the other was injured. Killed in the other vehicle were three young residents of Green River, Wyo., including the newlyweds. An other passenger in that car was injured.

The accident occurred about one mile west of Rock Springs on U. S. Highway 30, the major east route through Wyoming. It is a heavily-traveled tourist route at this time of year.

Grange News

Upper Applegate Grange
A patriotic program jointly honoring Flag day, June 14, and Independence day, July 4, was presented by Sister Marguerite Black when Upper Applegate Grange met in regular session in its hall on Friday evening.

Tracing the use of flags in the history of mankind from their earliest appearances as emblems of families, clans, or tribes which were carried into battle at the head of each group of contending warriors, the speaker briefly described the science of heraldry which involved the transferring to fabric of designs emblazoned on shields, pointing out that the names of various parts of the flag, such as the heading, the hoist, and the canton, or field, have all been derived from it. The flag code and various aspects of flag etiquette were also discussed.

The American flag was officially adopted by Congress June 14, 1777, this being the origin of Flag day, the speaker stated. At first it was intended to include not only an additional star but also an extra stripe for each new state. However, this soon proved impractical so it was decided just to add an extra star as each new state was admitted. Beginning with the star in the upper left corner of the flag as now constituted, each of the stars is named for a state in chronological order of its admission, with Oregon having star number 38.

Sister Black concluded her presentation with the reading of a poem, and a vocal solo, accompanied on the piano by Sister Mildred Redhead.

Preceding the program, worthy master Menno Bachmann gave his report on the State Grange convention at Bend, which he attended as official delegate from Upper Applegate subordinate Grange. Continuing disappearance of small farms from the American agricultural scene poses a real problem for the Grange organization as a whole, he said, in order to maintain its membership. Oregon State Grange has authorized a special study of the problem with the purpose of devising ways to increase its membership in spite of this trend.

Himself one of the eight members of the State Grange education committee, Bro. r Bachmann described the spirited debates which took place during committee sessions with regard to the school re-organization

bill, passed by the Oregon State Legislature, concerning which, the convention voted to seek a referendum. Humorous highlights pertaining to well-known grange personalities, and incidents occurring during convention sessions enlivened the report.

Two applications for membership were received during the business session and a committee was named, composed of Brothers Omar Guly and George Redhead, and Sister Grace Buck, to interview the candidates and bring a report.

Legislative Chairman Anna Scott was authorized to interview Senator Philip Lowry and Representative Duncan before the next grange meeting and secure their opinions regarding the school re-organization bill.

A resolution empowering the executive committee to sell the site of the old grange hall at McKee bridge was given its second reading and passed with no dissenting votes.

Noel Dunlap was reported ill in Sacred Heart hospital in Medford, where he was being treated for a nerve injury in his leg.

An additional contribution to the chair fund was received, and members were asked to bring old sheets or sheet-blankets to protect chairs and piano from dust during completion of work on the interior of the building.

The display table had as its theme "south of the border," featuring a wide variety of items representing handicrafts of Mexico, Guatemala, Bolivia, and Brazil, which were exhibited by the members.

Sisters Kathleen Scovell and Grace Buck and Brother Hugh Scovell served generous portions of strawberry shortcake with whipped cream and coffee following the meeting.

Attention is called to the fact that since Upper Applegate Grange will hold only one session during the month of July, the next regular meeting will not occur until Friday, July 26.

Don't Say "Hello" Say - - - "FILTER-FLO"

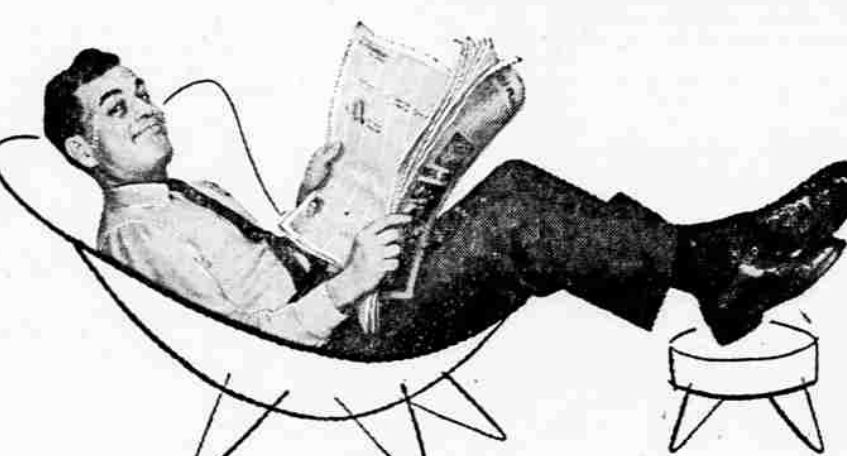
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97th SEMI-ANNUAL FINANCIAL STATEMENT	
June 30, 1957	
ASSETS	
First Mortgage Loans	\$10,395,562.78
Loans on Savings Accounts	117,485.41
Other Loans	19,441.15
Properties Sold on Contract	13,459.66
Real Estate Owned and in Judgment	10,409.90
Investments and Securities	186,700.00
United States Government Bonds	931,521.50
Cash on Hand and in Banks	334,505.00
Office Building and Equipment	59,630.26
Deferred Charges and Other Assets	82,924.24
	\$12,151,639.90
LIABILITIES	
Savings Accounts	\$10,339,234.91
Advances from Federal Home Loan Bank	100,000.00
Loans in Process	306,362.06
Other Liabilities	171,291.01
Specific Reserves	16,291.95
General Reserves	986,349.11
Undivided Profits	232,110.86
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