

STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide
According to the Stars

To develop message for Wednesday,
read words corresponding to numbers
of your Zodiac birth sign.

APR 21	MAY 21	JUN 21	JUL 21	AUG 21	SEP 21	OCT 21	NOV 21	DEC 21	JAN 21	FEB 21	MAR 21	APR 21
1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26
27	28	29	30	31	32	33	34	35	36	37	38	39
40	41	42	43	44	45	46	47	48	49	50	51	52

Good Adverse Neutral

RADIO PROGRAMS—WEDNESDAY

KVJC 1230 kc	KMED 1440 kc	KWIN 1400 kc
4:00—What's Cooking	NBC News—Car Tunes	Fulton Lewis Jr.
4:15—Traffic Jam	Car Tunes	Hemingway News
4:30—Traffic Jam	Car Tunes	Tele-Test
4:45—Traffic Jam	Car Tunes	Sam Hayes
5:00—Edward P. Morgan	NBC News—Lal News	One for the Road
5:15—Lowell Thomas	Car Tunes	One for the Road
5:30—Sports—Amos—Andy	Weather Car Tunes	One for the Road
5:45—Amos & Andy	Car Tunes	One for the Road
6:00—News—Globe	NBC News—Spts Daily	Meet the Artist
6:15—Tom Harmon	Hi-Fi Corner	News of the World
6:30—Turntable Terrace	News of the World	KWIN Karavan
6:45—Turntable Terrace	One Man's Family	KWIN Karavan—Sports
7:00—Regal Tune Table	NBC News	KWIN Karavan
7:15—Regal Tune Table	People Are Funny	KWIN Karavan
7:30—The World Tonight	Night Line	KWIN Karavan
7:45—World—Seavard	Night Line	KWIN Karavan
8:00—Portland-San Francisco	News—Night Line	Crater Comet Capers
8:15—Portland-San Francisco	Night Line	Crater Comet Capers
8:30—Portland-San Francisco	Night Line	Crater Comet Capers
8:45—Portland-San Francisco	Night Line	Crater Comet Capers
9:00—Portland-San Francisco	Night Line	Crater Comet Capers
9:15—Portland-San Francisco	Night Line	Crater Comet Capers
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10:30—Portland-San Francisco	Night Line	Crater Comet Capers
10:45—Portland-San Francisco	Night Line	Crater Comet Capers
11:00—Sign Off	Sign Off	News—KWIN Karavan

RADIO PROGRAMS—THURSDAY

KVJC 1230 kc	KMED 1440 kc	KWIN 1400 kc
5:45—World News Roundup	Bob Roberts Korral	KWIN's Morning Show
6:00—Yawn Patrol	Bob Roberts Korral	KWIN's Morning Show
6:15—Frank Goss	Bob Roberts Korral	KWIN's Morning Show
6:30—Harry Belafonte	Bob Roberts Korral	KWIN's Morning Show
6:45—Fish & Weather	Rise and Shine	Hemingway News
7:00—Cecil Brown	Weather News	Breakfast Gang
7:15—Tom Harmon	Tom Harmon Sports	Breakfast Gang
7:30—Howard Miller Show	Howard Miller Show	Breakfast Gang
7:45—News-Weather	NBC News—Heal	Cliff Ingle
8:00—Breakfast Club	Heal Swap & Sell	KWIN's Morning Show
8:15—Breakfast Club	Heal Swap & Sell	KWIN's Morning Show
8:30—Breakfast Club	Heal Swap & Sell	KWIN's Morning Show
8:45—Breakfast Club	Heal Swap & Sell	KWIN's Morning Show
9:00—Lost & Found Pets	NBC News—Heal	KWIN's Morning Show
9:15—Coffee Concert	Heal Swap & Sell	KWIN's Morning Show
9:30—Name Your Neighbor	Heal Swap & Sell	KWIN's Morning Show
9:45—Road of Life	Heal Swap & Sell	KWIN's Morning Show
10:00—Music Box	NBC News—Heal	Newspaper of the Air
10:15—Second Hand Burton	NBC News—Heal	Newspaper of the Air
10:30—Strike It Rich	NBC News—Heal	Newspaper of the Air
10:45—Pat Buttram	NBC News—Heal	Newspaper of the Air
11:00—Trading Post	NBC News—Heal	Newspaper of the Air
11:15—Record Rack	NBC News—Heal	Newspaper of the Air
11:30—Houseparty	NBC News—Heal	Newspaper of the Air
11:45—Houseparty	NBC News—Heal	Newspaper of the Air
12:00—Paul Harvey	Paul Harvey	Paul Harvey
12:15—News-Weather-Fishing	Weather, Markets	Bill Lively Show
12:30—Musical Mixmaster	Local News Sports	Boston-New York
12:45—Backstage With	Backstage With	Boston-New York
1:00—Helen Trent	NBC News—WSP	Boston-New York
1:15—Nora Drake	NBC News—WSP	Boston-New York
1:30—Ashton-Weather & You	Westside Party	Boston-New York
1:45—Musical Mixmaster	Westside Party	Boston-New York
2:00—Arthur Godfrey	NBC News—Listen	Boston-New York
2:15—Arthur Godfrey	NBC News—Listen	Boston-New York
2:30—Arthur Godfrey	NBC News—Listen	Boston-New York
2:45—Arthur Godfrey	NBC News—Listen	Boston-New York
3:00—Arthur Godfrey	NBC News—Listen	Boston-New York
3:15—Arthur Godfrey	NBC News—Listen	Boston-New York
3:30—Haven of Rest	NBC News—Listen	Boston-New York
3:45—Haven of Rest	NBC News—Listen	Boston-New York
4:00—What's Cooking	NBC News—Car Tunes	Fulton Lewis Jr.
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11:00—Sign Off	Sign Off	News—KWIN Karavan

(All programs at same time daily unless otherwise indicated)
A.M.—3:45 Sign on Music throughout day except for following programs:
10:15—KBOY Concert (Sundays only) First 30 minutes
P.M.—12:15 KBOY News (Sundays only) KBOY News
6:30 Sign off.

TELEVISION PROGRAMS

The following TV broadcast log is printed as a free public service for the Mail Tribune's readers and TV viewers. Schedule change are printed as provided by the TV stations, and the Mail Tribune cannot accept responsibility for errors or omissions.

KBES-TV (Channel 5) KODI-TV (Channel 2)

WEDNESDAY	WEDNESDAY
4:00—Gateway	4:30—This is the Answer
4:30—Uncle Bill's Show	5:00—Bible Puppet
5:00—Religion in the News	5:15—Doug Edwards and News
5:15—Doug Edwards & The News	5:30—Weather and News
5:30—Man to Man	5:45—U. S. Steel Hour
5:45—Your TV Weatherman	6:00—Godfrey and Friends
6:00—U. S. Steel	6:15—Whirlbirds
6:15—Gateway	6:30—The Millionaire
6:30—Life With Elizabeth	6:45—All-Star Theater
6:45—The Millionaire	7:00—American Legend
7:00—I've Got a Secret	7:15—Frontier
7:15—American Legend	7:30—Lawrence Welk
7:30—Gateway	7:45—Weather and Sign Off
7:45—Gateway	
7:50—Readers Digest	
8:00—News	
8:15—Lawrence Welk	
8:30—Sign Off	
THURSDAY	THURSDAY
10:45—Devotions	10:45—Chaplain's Corner
10:55—News	11:00—Matinee Theater
11:00—NBC Matinee	11:00—Brighter Day
11:30—Brighter Day	11:15—Secret Storm
12:15—Secret Storm	12:30—Edge of Night
12:30—Edge of Night	1:00—Truth or Consequences
1:00—Truth or Consequences	1:30—Strike It Rich
1:30—Strike It Rich	2:00—U. S. Steel Hour
1:45—Pennington Fancies	2:30—Life With Elizabeth
2:00—World Passport	2:45—Groucho Marx
2:15—Search for Tomorrow	2:50—Clifford
2:30—Clifford	3:00—Sheriff of Cochise
2:45—Clifford	3:15—Playhouse
3:00—Clifford	3:30—Janet Dean, R.N.
3:15—Clifford	3:45—Confidential File
3:30—Clifford	3:55—This Is Your Life
3:45—Clifford	4:00—Rhythm Busters

Salem — Kenneth J. Smouse, president of the Oregon Wheat Growers League in 1955, has been appointed by Gov. Robert D. Holmes to the Oregon Wheat Commission.

The Medical Roundup

by *Walter Alvarez*
Emeritus Consultant in Medicine,
Mayo Clinic
Emeritus Professor of Medicine,
Mayo Foundation

Mental Illness: A Guide For The Family

Authorities tell me that at some time or other during his life one out of every 10 Americans will behave so abnormally that he will need help in a mental hospital. This fact should be remembered by those many persons who tell me they cannot see why, every so often in this column, I talk about insanity. Many say that because their family is so full of persons with mental upsets they do not want to hear another word about it.

It distresses me to make these people unhappy, but since mental aberration is our commonest disease, I feel I want to help all the good people like Mike Gorman, who are now trying to get us better mental hospitals and clinics. It worries me that we physicians know so little about mental disease and care so little to learn about it. Usually, we fail to recognize it in those early stages in which the person keeps talking mainly about pain in his abdomen or feelings of fear or fatigue or tension or anxiety. At first, the family is not likely to realize what is going wrong. They may just keep blaming their relative for being lazy or "ornery" or abusive, stubborn, or occasionally a bit alcoholic.

Book Available

For all the many persons who must face the terribly distressing problem of caring for a mentally disturbed relative, Mrs. Edith Stern has written a splendid book, called, "Mental Illness: A guide for the family" (Harcourt, also distributed by the National Association for Mental Health, (Columbus Circle, New York 19, N. Y.).

As Mrs. Stern says, most laymen and most physicians have the idea that the psychotic person is a disheveled muttering creature who tears his hair, doesn't know where he is, or thinks he is Napoleon. Actually, in many cases, the person who is becoming a bit mad will be more attractive socially than he ever was. He will talk more brightly, and he may start traveling about, spending money freely; he may give big parties for his friends or he may join a church and try to convert people. Later, when he gets depressed, he may just sit and brood on imaginary sins. The man who is getting paranoid may seem all right and may make much money in business. The only thing wrong may be his idea that the man in the next house is persecuting him by beaming radar at him.

Let us say that eventually the family comes to realize that their loved one needs psychiatric care.

Perhaps he has become a nuisance to the neighbors, and it has become obvious, that for a while, he will have to be kept out of harm's way.

Doctors of Little Use

In such a case often we doctors are of little use. We have only a vague idea as to what to do. We do not know anything about mental hospitals, and we do not know what is the state law in regard to commitment. In college we weren't taught much about these things.

As Mrs. Stern says, a man can go into a store and find any number of books on how to run a household, how to train a dog, or how to behave at a dinner party, but until recently there was no book to tell us what the inside of a mental hospital is like, or how to get a disturbed patient into the place without getting into a fight with him, and causing him to distrust us for the rest of his days.

For all persons who are faced with these terrible problems, Mrs. Stern's book can be of tremendous help. It tells how to keep in contact with the loved one, and how to treat him when he comes out.

Mrs. Stern emphasizes what Clifford Beers said years ago in his remarkable book, "The Mind that Found Itself": "The mind never shanghai a patient into a mental hospital, or, in other words, get him locked up by some deceit. Naturally, deceit will anger him; it will turn him against his family, and it may make his mental confusion greater than it was before. One must be even more scrupulously honest with mentally disturbed persons than with normal persons. Normal persons can make allowances for our unwisdom or our good intentions, but the insane persons cannot make any allowances; he cannot understand why his wife or his brother behaved dishonestly with him, and so he puts no more trust in her (or him).

Funeral Services Set For Rep. Chindgren

Molalla, Ore. — Funeral services were to be held at Colton today for State Rep. Herman H. Chindgren, who died Sunday.

His family suggested that contributions in his memory could be made to furnish the fellowship room of the new parish unit of the Lutheran church at Colton.

Secretary of State Mark Hatfield said in Salem the flag on the state house will be flown at half mast Wednesday out of respect for Chindgren, who was the oldest member of the Oregon Legislature in point of service.

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Strange As It Seems

by Elsie Hix

LEPROSY
REGARDED AS HIGHLY CONTAGIOUS, IS SELDOM CONTRACTED BY LEPROSUM WORKERS AND HANDS OF MEN WHOSE PERMISSION TO MAKE A PICTURE BASED ON SNOWFLOWER'S LIFE!

HE WAS NEVER THROWN, BUT WHEN HE TRIED TO PULL A PARTIALLY-SPLIT TREE APART, THE WEDGE SLIPPED AND TRAPPED HIS HAND.
UNABLE TO RELEASE HIMSELF, HE WAS DEVoured BY WOLVES!

THE NOTORIOUS CRIMINAL—JOHN DILLINGER WAS KILLED WHILE LEAVING A THEATER SHOWING "MANHATTAN MADNESS," A GANGSTER PICTURE.

CROSSWORD PUZZLE

ACROSS
1—Young bear
4—Yard
6—Sodium chloride
10—Devoured
13—Europeans
14—Prefix, before
15—Right-hand
17—Vegetable
19—Ventilate
21—Haise
22—Dwarfed
23—Go in
24—Light rain (colloq.)
25—School dances (colloq.)
26—Proceed
27—Suffix: like
28—Cripples
29—In favor of
30—Symbol for tellurium

DOWN
1—Vehicle
2—Southwestern Indian
3—Inasmuch as
4—Amusement
5—Preparation
6—Everyone
7—Condescending look
8—Holds in high regard
9—Quilt
10—Part of circle
11—Confidante
12—Makes into leather
13—Shade
14—Part of flower
15—Strike
16—Doorkeeper at Masole lodge
17—Impel
18—Long-legged bird
19—Crucifix
20—Greek letter
21—Sea soldiers
22—Own
23—Painful
24—Long walk (colloq.)
25—Kind of foot race
26—Command
27—Land measure
28—Everyone's niece
29—Girl's name
30—Organ of hearing
31—River in Wales
32—Muster; as
33—Compass point

STEVE CANYON

ANY CLIENT WISHES NOTHING BUT THE PRINCESS—EXCEPT AN AGREEMENT THAT SHE HAVE OFFICIAL PERMISSION TO MAKE A PICTURE BASED ON SNOWFLOWER'S LIFE!

YOU CAN UNDERSTAND HOW THIS WOULD CONFUSE AND CONFUSE THE PRINCESS... PERHAPS I CAN EXPLAIN IT TO HER—AND GET AN ANSWER FOR YOU.

LESSEE—WHEN WE HEAR FROM TWO MORE PHILANTHROPIST-PATRIOTIC FEMALE STARS WHO WILL MERELY WANT TO FILM THE PRINCESS' LIFE IN RETURN FOR PUBLIC SUPPORT, THEN I'LL CLOSE THE LIST.

AND LET THE GIRLS FIGHT OVER THE PART UNTIL THE MOVIE COL-UMNISTS HAVE TIME TO DRILL THE WORD INTO THEIR MIND!

U' ABNER

SO!—THE WEAPON IS A 1912 JIM-DANDY VACUUM CLEANER!! I'LL STAMP IT TOP SECRET!!

LOOK!!—THE INSIDES OF THE LIZARD ARE STILL QUIVERING!!

DUMP THE MESS INTO THE EAST RIVER!!

—AND TAKE THE EMPTY SKIN TO THE MUSEUM OF NATURAL HISTORY, AND TELL THEM TO STUFF IT!!

REST IN PEACE, TINY, WHEREVER YOU IS—AH DONE AVENGED YOU!!

BUZ SAWYER

THERE I SEE HIM! STRAIGHT AHEAD! HAVE YOUR OAR READY!

NOW! LET 'EM HAVE IT!

SPLASH!

BARNEY GOOGLE AND SNUFFY SMITH

HAVE YE GOT ENNY PILLS FER NIGHTMARES, DOC?

WHAT SORTA NIGHTMARES, SNUFFY?

THAT'S HARD TO SAY, DOC—TH' ONES I HAVE ARE ALL FUZZY AN' OUT OF FOCUS

I GOT JEST TH' REMEDY

WILL THESE PILLS CURE UP MY NIGHTMARES, DOC?

NOPE—BUT THEY'LL SHARP UP TH' PITCHER

BLONDIE

DAGWOOD—YOU DIDN'T KISS ME GOOD BYE!

I'LL MISS MY BUS

COME ON—HURRY AND CATCH UP WITH ME

SMACK

MY GOODNESS, WHAT A WAY HAD TO GO THROUGH TO GET A KISS IN THE MORNING!

MUTT AND JEFF

HOW MUCH TO USE A GOLF CART TO GO AROUND THE COURSE WITH?

THEY'RE FIVE DOLLARS A DAY, SIR!

JEFF LEND ME FIVE BUCKS UNTIL AFTER THE GAME! I'LL MAKE A FEW BETS WITH YOU SO I CAN PAY YOU BACK!

I'M BROKE!

OH WELL—FORE!

REMEMBER—ON THE NEXT HOLE I RIDE FREDDIE!

Classified Ads Are Bargain Priced