



◀ Lollipops help with youngsters, but what of adults? They need shots, too!

parents had intended to have her inoculated, but each time they made plans to see a doctor, she had a cold or found some other excuse.

A Dallas, Tex., woman says: "If I had it all to do over again, I wouldn't hesitate a minute to give my children the Salk vaccine." Age four and six,

both children are partially disabled from the disease now.

The National Foundation for Infantile Paralysis says there are four excuses people most commonly offer for delaying polio shots.

Some say the disease is on the skids, so why worry about it? In reality, the

infection rate in people over 19 has risen at least 25 percent in the past five years. Besides, no matter how many other people take the vaccine, you're not protected until you yourself receive the injections. As Dr. Salk has said: "Your neighbor's vaccination does not protect you."

Some claim they'll wait for a better vaccine. It's true that other vaccines, which can be swallowed, may be developed, but nobody's predicting when, if ever, they'll be ready for public use.

Other people say the vaccine is expensive and hard to get. Most doctors ask no more than \$3 to give the injections; many charge less, and free vaccinations often are available through health departments, medical organizations, and business firms. The National Foundation has earmarked \$10 million to support vaccination programs throughout the country, and information on the injections may be had from any county polio chapter.

Occasionally it's been true that the vaccine was hard to get. In the early days, of course, drug manufacturers were not geared to produce enough even to begin meeting the demand.

More recently, a sudden upsurge of demand, following a period of apathy, again created a shortage. Large batches were put into production, but it takes 120 days to make and test the Salk vaccine before use.

Public enthusiasm seems to dwindle in the Fall and Winter, though these are actually the best seasons for vaccination. Last Winter druggists were left with thousands of doses sitting on their shelves. After six months, the vaccine has to be discarded, so manufacturers naturally cut back their production, ironically creating new shortages just as the Summer demand started to grow again.

The fourth, and final, fallacy is the belief that you've got to schedule your injections so the series will be completed just in time for hot weather. Even one or two shots, taken a month apart any time of the year, give a good degree of protection. And while it's true that polio reaches its peak in August and September, it can be deadly any time of the year.

The best time to strike back is today—or the first day your doctor has vaccine available—before polio strikes you!

So easy! 50% more jelly...and fresher flavor

because you boil only 1 minute with **SURE-JELL** or **CERTO**



Recipe: perfect homemade plum jelly. Crush 5 lbs. ripe tart plums. Simmer 10 min., covered, with 1½ cups water. Squeeze through jelly bag or cheesecloth layers. Mix 5½ cups juice with 1 box Sure-Jell in saucepan. (Or use Certo—recipe on bottle.)



Bring to boil, over high heat, stirring constantly. At once, stir in 7½ cups sugar, bring to boil again. Boil hard 1 min., stirring constantly. This short boiling time gives you fresher flavor! And less juice boils away, so you get up to 50% higher yield!



Remove from heat, skim off foam and pour into glasses. Paraffin at once. Yield: 12 medium glasses, at mere pennies a glass! And you're sure of perfect results with all kinds of fruits—when you use powdered Sure-Jell or liquid Certo!

Your choice!
SURE-JELL
powdered natural fruit pectin
or **CERTO**
liquid natural fruit pectin.



Pectin causes jelling. Amounts of pectin in fruits vary but no guessing with recipes you get with Sure-Jell or Certo.

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