

MEDFORD MAIL TRIBUNE

United Press—Full Leased Wire

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SECOND SECTION

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'Allergic' Skin Eruptions Said Curable By 'Letting Off Steam'

By DELOS SMITH
United Press Science Editor
New York—Some of the more or less incurable "allergic" skin eruptions can be cured by encouraging the victims to tell off spouses or in-laws "or other sources of oppression," two scientists told the annual meeting of the American Medical Association.

Drs. William B. Guy and Robert J. Shoemaker of the University of Pittsburgh referred to what doctors call "atopic allergic eczema," which has uncountable victims. "In the extreme form, it is as crippling as paralytic poliomyelitis, muscular dystrophy, or rheumatoid arthritis," they said.

They denied that it was allergic at all. The way they figured out this disease which has baffled medical science for generations is that first you must have a skin chemistry which is susceptible to reacting to emotional frustrations, and then the emotional setup which leads to the skin reactions.

Four Levels

They saw four major "levels" in the maturing of human beings, from birth to adulthood. First, is the "organ level" when all responses are in the physical body. Then comes

the "action level," in which the older infant can take action. Third, is the "substitute level" and then he can find ways and means of working off his frustration. Finally is the "mature level."

They suggested that victims of "atopic eczema" have never left the "organ level" no matter how old they are in years. They have a "severely limited repertoire of expressive behavior." The inner defenses of their personalities are "inadequate" and they get into "a state of inhibited feeling and actions and dammed up tensions." Then they have "little

recourse but to find outlet by psychological means"—that is, through disfiguring and crippling eruptions of the skin.

Aggressive Techniques
With the victims whom they have studied and treated, those who showed and maintained improvement were those who "used aggressive techniques to solve their problems," they said. "They have dared to express rebellion against frictional relationships, sever old dependency ties, and move to positions of increased personal freedom."

The victims, they continued, obviously fall short of ideal maturity in their continuing need for control to keep in force a position of secure dependence upon others. The physician treating them should encourage them to move up the "levels" from the "organ" one to higher ones.

These people need backing when they try to contend with sources of oppression, their spouses, one or the other of parents, their in-laws, or other objectionable people about them," the doctors said. "It can be done without getting into the position of inciting them to rebellion in the family circle. They should be assured that strife is perfectly natural in human relations."

Danger of Forest Fires Increases

Local officials for state and national forest lands warned today that fire conditions in southern Oregon are reaching the critical stage in most areas.

Travelers should exercise caution with cigarettes, matches and campfire, they said.

Forest "fuel," or undergrowth, in the lower elevations and on the south slopes are beginning to dry out, according to Jack Wood, supervisor for the Rogue River National forest. Higher slopes are about normal for this time of year, although the repeated hot days are gradually drying out all forest lands.

State protected forest lands are equally critical, with three lightning fires reported May 30. Three small fires from lightning also were extinguished in the Rogue forest.

PONY IS 35

Brookings, S. D.—There's a pony on the F. W. Ponto farm near here that is 35 years old. Three of the Ponto children, now all married, used the Shetland pony to ride to and from school. Ponto considered doing away with the animal several times, but each time the children intervened.

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