

Americans Not Getting As Much Good as Possible From Food Use

Washington — Americans aren't getting as much good as they should out of their abundant food supply.

The ironic fact that the nutritional content of family diets is going slightly downhill at a time when Uncle Sam is struggling with food surpluses has diet experts searching for new ways to sell the A-B-Cs of good eating.

Some leading nutritionists met here at a recent nationwide conference to compare notes on the problem. They were armed with stacks of figures from a new Agriculture Department survey.

The study shows, among other things, that 10 per cent of American family diets are actually "substandard" and many more are well below desired levels in some basic food nutrient counts.

Tough Odds
A new campaign to "sell" nutrition is the dietitian's answer. They concede they're up against such things as long-term eating patterns, stiff competition for the family food dollar, and diet fads and food pills.

Dr. Faith Clark, chief of the food consumption section of the Agriculture Department's Household Economics Research Division, cites figures which show the average American family spent three times more on food in 1955 than in 1948.

Food prices, however, rose only seven per cent during the period to account for only a small part of the increase.

Her figures show that family rations of calcium and ascorbic acid (Vitamin C) actually lost ground. Vitamin A allowances

remained unchanged, and protein and other basic minerals and nutrients showed only slight gains.

Dr. Clark concludes that most of the additional food money was spent on more expensive, not more nutritious, foods.

Below Par
Other figures show that about 29 per cent of the family diets

In the Day's News

By FRANK JENKINS

Let's take a look at these shocking anti-American riots in Formosa. In FORMOSA of all places in the world where such disturbances shouldn't occur. In FORMOSA, where we have saved the Nationalist remnant of the Chinese people from being swallowed up by brutal communism. In Formosa, where we have spent hundreds of millions of dollars, taken from the pockets of our own taxpayers, in an effort to get these refugees from the communist mainland of China back onto their own feet.

What has happened there sheds a lot of light on our problems.

LET'S look first at the Chinese side of the picture.

Suppose foreign troops were quartered here in our own Southern Oregon and Far Northern California—in Klamath Falls, in Medford, in Grants Pass, in Roseburg, in Yreka, in Weed, in Dunsuir, in Lakeview, in Alturas.

Suppose they were better paid than we—and had far, far more money to spend. Suppose they were good-looking and glamorous and that our young women couldn't help looking at them with interested eyes.

Suppose—if you are able to imagine such a thing—that in a choice of dates our girls might often choose one of them in preference to a home town boy.

IF YOU are able to imagine such a situation, I think you will be able to realize that all these ingredients, when stirred together, could create an explosive mixture.

Then—
Suppose one of these foreign soldiers shot and killed a local boy who was alleged to be peeping through one of the foreigner's windows. That he was tried by his own military court—not by a local court—and acquitted.

If you have been able to imagine this much, you should be able to imagine that the acquittal might be the spark that would touch off an explosion.

IF WE are to understand fully what happened in Formosa, we must take an objective look at the shooting of the native Peeping Tom and his subsequent acquittal.

Was it right?
Or was it grievously wrong? Remember this: Among English-speaking peoples, a man's house is his castle. He is entitled to defend it. If an American, or a Canadian, or an Englishman caught a strange man peeping into his bathroom where his wife

are not up to National Research Council goals for calcium; 25 per cent were under the ascorbic acid goal; from 15 to 20 were behind in Vitamin A and about 10 per cent lagging in supplies of protein.

Dr. Clark is quick to point out the figures do not mean the nation is suffering from malnutrition. Far from it. American diets as a whole, she notes have shown "considerable improvement" since the last large-scale diet survey in 1936.

Then, one-third of American diets were classed as "poor." Today, only 10 per cent would fall in that category.

But Dr. Clark said most of the improvement occurred between the mid-thirties and 1948, the early post-war period. There has been little gain since.

Portland Gypsies Reported On Move

Portland — Store dwelling gypsies were reported on the move this week but no one knows for sure where they are going.

A Gypsy spokesman said at least 10 gypsy families had final order to vacate their empty store homes. The city council has ordered the gypsies to move from the store fronts. City commissioners have condemned such housing as unhygienic.

was taking a bath and shot him as a trespassing intruder it would be very, very unlikely indeed that a jury of his peers would hold him guilty of murder.

PERHAPS the Formosa Chinese are unable to understand all this.

After all, you know, "East is East and West is West, and never the twain shall meet."

Anyway—
The whole tragic and regrettable affair brings home to us the vast and complicated problem of occupation troops on foreign soil in time of peace. This problem is laid squarely on our shoulders by the fact that we have troops on the soil of dozens of countries.

IT IS QUITE a problem. What to do about it?

Frankly, I don't know. But let's all hope FERVENTLY for the coming of the day when our associates and allies in the free world will quit looking to America to defend them from communism, when they will ACCEPT RESPONSIBILITY for the maintenance of their own economies and the defense of their own liberties—when they will cease to look to America for huge handouts in the form of grants in aid and will STAND ON THEIR OWN FEET.

When that time comes, we can (and WILL) withdraw our troops from foreign soil and bring them home—where they ought to be and where we WANT them to be.

Lebanon, Ore. — Joseph A. Fordyce, 46, Lebanon, was killed Monday as the Jeep station wagon he was driving overturned.



SHOOTS MOTHER AND SISTER IN QUARREL—Andrew Casey, 14-year-old high school freshman at Rye, N. Y., shown here (left foreground) in a happier time with his family, shot and killed his mother and sister because of criticism of his school work. His brother Michael, 12 (right), escaped possible harm when his father ordered him from the house as the shots rang out. On the couch are his mother, Dorothy, 48 (left), his sister, Sheila, 19, and his father, Eugene. The father suffered a heart attack after calling police and was hospitalized. Andrew's older brother, Shawn, 19 (rear), was away at college. It was his .22 caliber rifle that Andrew used in the shooting.

School News

HEDRICK NEWS

On Friday, May 24, Hedrick Junior High school held a combination PTA meeting and spring concert and style show.

The art, science, shop and math departments displayed projects in the gymnasium from 7 to 8 p.m.

At 7 the program began. The homemaking classes modeled clothing made during ninth grade homemaking classes under the direction of Mrs. Dorothy Sneed.

The band directed by Ron Bartlett played three numbers and the orchestra directed by John Drysdale played two numbers. Mary Milne played an oboe solo, Robert Heide played a cornet solo and a trombone quartet and student combo also played.

A boys quartet made up of John Frohmyer, Jim Lacy, John Lacy and Paul Moore sang "Round and Round."

The commentators for the style show were Jim Lacy, Darlene Hunt, Margaret Medlin, Mikell Thurston, Karalee Selby and John Lacy. Technicians were Ken Peek, Jim Frake, Gary Milne and Kelly Somers.

The art display was directed by Catherine Fonken, the science display by Gatewood Smith and Monte Kounz, the shop display by Duane Richardson and the math display by Bruce Nelson.

John Lusk played the organ during the open house and the style show. Refreshments were served by the PTA at the conclusion of the program.

One hundred students from Hedrick participated in the

music festival at the Senior High school stadium, Thursday, May 23. The Hedrick chorus sang three numbers and also sang in the combined choral arrangements.

Bellingham Man Sought by Officials

Olympia — Henry W. Wager, assistant attorney general, was designated by Attorney General John J. O'Connell Monday to investigate the disappearance of O. M. Case, Bellingham realtor.

Wager, former Kitsap county prosecutor, began work immediately to locate Case and determine the reason for his disappearance two months ago.

The attorney general's office entered the case at the request of Tom A. Durham, Whatcom county prosecutor, who asked to disassociate his office with it.

Durham is Case's brother-in-law. Case, an unsuccessful candidate for state land commissioner last year, left home after telling his family he would take a position in Olympia.

A letter postmarked in Nevada said Case planned to go to Mexico.

Baltimore, Md. — A barefoot bandit invaded Sally Rand's dressing room at a theater here Sunday, held the fan dancer at bay with a fire ax and stole \$114.

Use M-T Classified Ads

Neuberger To Speak At Memorial Rites

Washington — Sen. Richard L. Neuberger has been selected to give the annual memorial address in tribute to Franklin D. Roosevelt at graveside ceremonies in Hyde Park Thursday.

The invitation was extended on behalf of the Roosevelt family, Mrs. Eleanor Roosevelt will preside.

Neuberger recently was appointed by Vice President Richard M. Nixon as one of the Senate members of the Roosevelt Memorial commission.

Neuberger's wife, Maurine, also will participate as will the former secretary of the Air Force, Thomas K. Finletter.

Neuberger's topic will be, "Franklin D. Roosevelt as a conservationist."

Read and Use Classified Ads

NO NEWS CONFERENCE

Washington — The White House announced Monday that President Eisenhower will not hold a news conference this week, largely because of his preoccupation with the visit of West German Chancellor Konrad Adenauer.

Farmers of the U. S. use twice as much petroleum driven power as the total consumed by the total of all the nation's factories and industries.



How police dragnets go into action

You've probably seen police detectives launch many a case on television or in the movies with an All Points Bulletin. But did you realize you were watching your telephone system swing into action at the same time? The Teletype networks that carry police "APBs" are put in and maintained by

telephone people. These nets link hundreds of real-life law enforcement agencies on the Coast. They're used to exchange facts on police cases. News services, air lines, and many others use similar hook-ups. Teletype networks are one of the services we offer as part of our communications job.

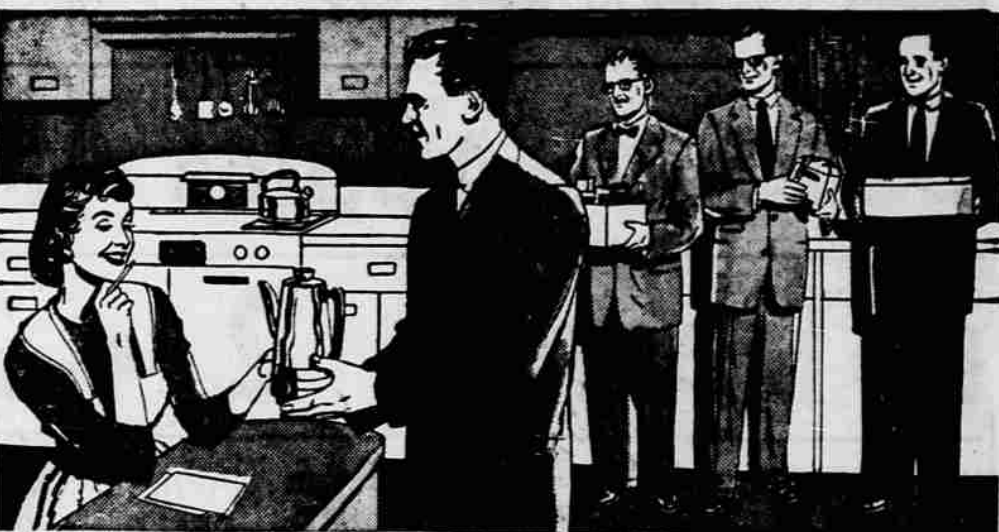


Mobile telephones are another service we offer. They have lots of uses in cars, taxis, trucks. We also supply private-line phone systems, used by many government agencies

and businesses to link offices and plants. Special services like these provide communications of many kinds that are vital to your everyday life.

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to serve you better ...

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Pacific Telephone



How to shop like a professional buyer

You make thousands of buying decisions a month just shopping for your family. A professional buyer makes hundreds of thousands. Yet you both follow the same sound rule to avoid buying mistakes:

A good brand
is your best guarantee

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The more good brands you know, the surer you are. Get to know them in this newspaper. They'll help you cut buying mistakes, get more for your money.

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IS YOUR BEST GUARANTEE

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THE AUTO EXPERTS WROTE THIS AD

PLYMOUTH—"Your over-all best buy"—

Car Life Magazine. "After testing all the 1957 cars we choose Plymouth as today's over-all best buy because we feel that it offers more and better transportation value than any other 1957 car regardless of price." (From the June issue of CAR LIFE, the family auto magazine.)

PLYMOUTH—"Style leader of the year"—

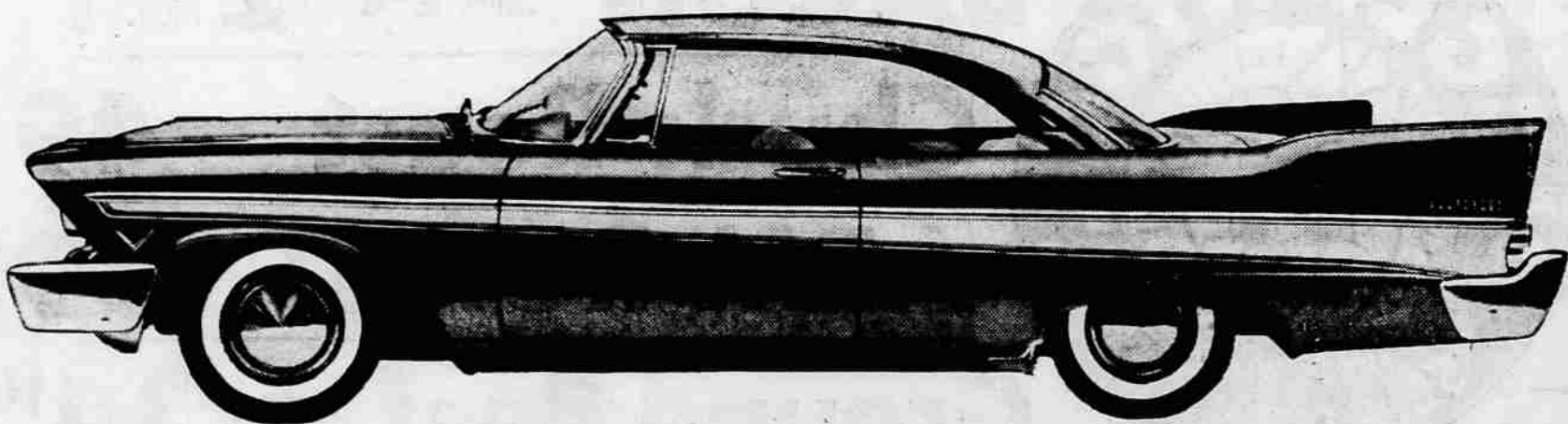
Dell's 1957 Cars Annual. "Style Leader of the Year Award, presented to Plymouth Division of Chrysler Corporation, by the editors of Dell's 1957 Cars Annual who have chosen the 1957 Plymouth as the style leader of the American automotive industry." (Inscription on award.)

PLYMOUTH—"Economy leader of its field"—

1957 Mobilgas Economy Run. "In the 1957 Mobilgas Economy Run Plymouth won first place in Class 'A,' the division that includes all of the well-known low-price cars. The winning Plymouth was powered by a V-8 engine with automatic transmission." (From U. S. Auto Club records.)

PLYMOUTH—"Superior roadability"—

1957 Motor Trend Magazine Award. "Presented to Chrysler Corporation for superior handling and roadability qualities of their family of fine cars." (Citation of 1957 Motor Trend Award, presented to the U. S. manufacturer making most significant engineering advancement.)



P. S. WE HAVE ONLY ONE WORD TO ADD—*Plymouth*