

STAR GAZER

By CLAY R. POLLAN
Your Daily Activity Guide
According to the Stars.

To develop message for Tuesday, read words corresponding to numbers of your Zodiac birth sign.

| | | | | |
|-------|---------|---------------|----------------|----------------|
| ARIES | MAR. 21 | 1 Be | 31 A | 61 Spotlight |
| 4-5 | APR. 20 | 2 Aired | 32 A Great | 62 Greater |
| 6-7 | MAY 21 | 3 Bore | 33 Minded | 63 Minded |
| 8-9 | JUN 22 | 4 You | 34 Something | 64 Evening |
| 10-11 | JUL 23 | 5 You | 35 Aristry | 65 Be |
| 12-13 | AUG 24 | 6 You | 36 Today | 66 Today |
| 14-15 | SEP 25 | 7 You | 37 Accuracy | 67 Offered |
| 16-17 | OCT 26 | 8 To | 38 Promises | 68 Confidence |
| 18-19 | NOV 27 | 9 Aweken | 39 Closely | 69 Closely |
| 20-21 | DEC 28 | 10 Connot | 40 And | 70 Trudden |
| 22-23 | JAN 29 | 11 Deliberate | 41 Propagation | 71 Likely |
| 24-25 | FEB 30 | 12 Don't | 42 Unusual | 72 You |
| 26-27 | MAR 31 | 13 Keep | 43 Obligations | 73 Protect |
| 28-29 | APR 21 | 14 Financial | 44 To | 74 To |
| 30-31 | MAY 21 | 15 Can | 45 Promptness | 75 Achievement |
| 32-33 | JUN 22 | 16 Carefully | 46 Taking | 76 Can |
| 34-35 | JUL 23 | 17 Decisions | 47 May | 77 But |
| 36-37 | AUG 24 | 18 Before | 48 But | 78 Today |
| 38-39 | SEP 25 | 19 Out | 49 That | 79 Not |
| 40-41 | OCT 26 | 20 In | 50 You | 80 Aced |
| 42-43 | NOV 27 | 21 An | 51 You | 81 Firmar |
| 44-45 | DEC 28 | 22 Of | 52 Good | 82 Madlines |
| 46-47 | JAN 29 | 23 Carefully | 53 Something | 83 Patient |
| 48-49 | FEB 30 | 24 Attractive | 54 With | 84 Today |
| 50-51 | MAR 31 | 25 Sarcous | 55 Man | 85 Courage |
| 52-53 | APR 21 | 26 Needs | 56 Today | 86 Full |
| 54-55 | MAY 21 | 27 The | 57 Do | 87 You've |
| 56-57 | JUN 22 | 28 Make | 58 Do | 88 Be |
| 58-59 | JUL 23 | 29 Gain | 59 This | 89 Wanned |
| 60-61 | AUG 24 | 30 Today | 60 Will | 90 Confid |

Good Advanc Neutral

The Medical Roundup

by *Walter Alvarez*

Emeritus Consultant in Medicine,
Mayo Clinic
Emeritus Professor of Medicine,
Mayo Foundation

Eye Exercises as a Substitute for Glasses

Since saying that all ophthalmologists I know hoot at Bates' idea about substituting eye exercises for glasses, I have been scolded by many persons who evidently know nothing of the structure and function of the eyes. If they only knew a little about the subject, they would not speak as they do. To me, Bates' idea is about as logical as claiming that if, for a year, you shake your watch, this will put a new hair-spring in it. All believers in this hocus-pocus should read a book by Philip Polack, "The Truth About Eye Exercises" (Chilton Co., Philadelphia). It was recently commented on favorably in the "Sight-Saving Review" of the National Society for the Prevention of Blindness. It is easy for people to say I know nothing about eyes; but, as I said, to be certain about my statements, I talked to some of the leading eye specialists of the country. One can hardly call them ignorant and bigoted.

According to Pollack, Dr. Bates was just the sort of queer person who would have started an illogical fad. A few years after starting practice, Bates vanished, and was later found by his wife with no recollection of what had happened to him. Two days later, again he disappeared, and this time his wife could never find him. After her death, he turned up in the Middle West.

Ciliary Muscle

As Pollack points out, and every doctor knows, accommodation for near vision is accomplished not by the action of those muscles on the outside of the eyes which a person can

exercise; it is accomplished by the ciliary muscle which is inside the eye-ball. When this contracts, the lens bulges in the middle and gets stronger. In all but a few persons, after 45 or so, this muscle loses its ability to contract, and the lens loses some of its ability to bulge. Then the person must get glasses or bifocals for near vision.

But, as some of my correspondents say, they took the exercises and eventually were able to see without glasses. True; this happens, but one does not need exercises to attain it. It happened to my father. Most of these people are near-sighted, and when their so-called far-sightedness of age comes, this balances and cancels out the near-sightedness—for reading.

Some readers tell me of Huxley's book on this subject. I have read it. The only trouble with his argument is that, according to ophthalmologists who know him, in spite of his exercises, the poor fellow can hardly see!

Vote on High Dam To Be Last Chance To Save Hells Site

Salt Lake City — (U.P.) — Sen. Wayne Morse (D-Ore.), said Saturday the forthcoming vote on legislation to authorize a "high" dam at Hells Canyon "probably will be the last chance to save this dam site for full development in the public interest."

Morse said that Hells Canyon is "the symbol of a people's determination to resist underdevelopment for quick profit and the perpetration of monopoly."

"If that symbol is destroyed the forces of profit plunder will know no bounds," he said.

"If Hells Canyon is lost to profit hunger, it will be a blow not only to my region, but every place where the same issue exists."

Speaks at Luncheon

Morse spoke at a luncheon meeting of the Western States Water and Power conference.

He charged that the Eisenhower administration which supports three private dams on the lower Snake river in preference to the high Hells Canyon dam was guilty of "hypocrisy that staggers the imagination" in its power policies.

"This hypocrisy is so crass that many have not been able to believe it," he said. "But the facts are too clear, the evidence too conclusive."

He said the Eisenhower "crusade has been a vast glittering generality distracting the public while their pockets are picked."

Morse said that the Idaho Power company, which was granted licenses to build the three lower Snake dams, had been given a "monopoly" in the Hells Canyon area.

JONES ON STRAUSS

Hollywood — (U.P.) — Madcap musician Spike Jones has a theory about the inspiration for Johann Strauss' "Voices of Spring." "It's obvious," Jones said. "He heard the birds and the bees telling their offspring about people."

Strange As It Seems

by Elsie Hix



SHAKESPEARE ON THE WARPATH!

MEMBERS OF A BAND OF GEMINOLE INDIANS, AFTER ATTACKING A TROUPE OF ACTORS AND KILLING TWO, WERE LATER IDENTIFIED AS THE MURDERERS BECAUSE THEY WERE DRESSED AS HAMLET, OTHELLO AND OTHER SHAKESPEAREAN CHARACTERS.

(Second Seminole War, Florida)

STEVE CANYON

I DIDN'T THINK I WOULD EVER SEE POTEET CANYON SO AWESTRUCK THAT SHE COULDN'T SPEAK!

I'M NOT AWESTRUCK, EDDIE STRAUN! FIRST YOU ASK ME TO KISS YOU—THEN YOU SAY YOU WILL BLACKMAIL MY COUSIN STEVE IF I REFUSE!

DO YOU THINK I'M REPULSIVE?

NOT AT ALL! BE BLACKMAILED INTO DOIN' ANYTHING!

MY FATHER WANTS ME TO BE SUCCESSFUL, AND I AM ALREADY AN EXPERT FORGER! — BUT ONLY WHEN I USE MY SKILL TO GAIN A FORTUNE WILL MY STATUE REALLY BE EVIDENT!

IF YOU ARE THINKING OF TELLING ANYONE ABOUT THIS, I SHALL DENY EVERYTHING—AND WHO WILL TAKE THE WORD OF AN ORPHAN GIRL AGAINST THAT OF THE MAJOR'S SON?

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Science Shrinks Piles New Way Without Surgery

Finds Healing Substance That Does Both—Relieves Pain—Shrinks Hemorrhoids

New York, N. Y. (Special) — For the first time science has found a new healing substance with the astonishing ability to shrink hemorrhoids and to relieve pain—without surgery. In case after case, while gently relieving pain, actual reduction (shrinkage) took place.

Most amazing of all—results were so thorough that sufferers made astonishing statements like "Piles have ceased to be a problem!"

The secret is a new healing substance (Bio-Dyne)—discovery of a world-famous research institute. This substance is now available in suppository or ointment form under the name Preparation H. At your druggist. Money back guarantee.

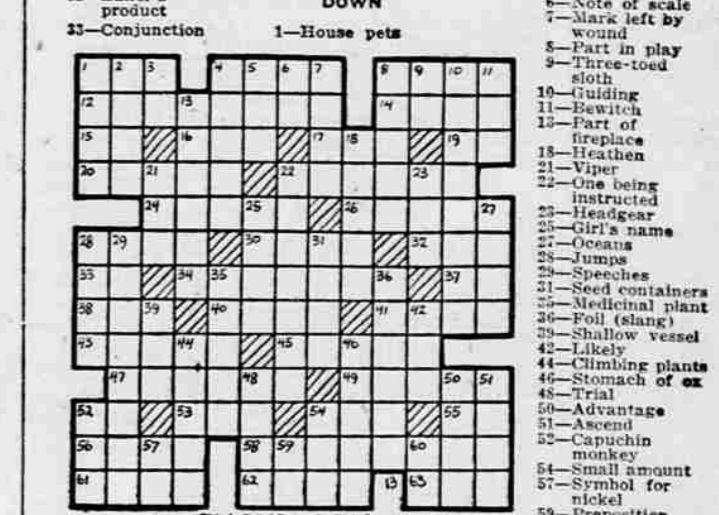
*Reg. U. S. Pat. Off.

CROSSWORD PUZZLE

Answer to Saturday's Puzzle

ACROSS
1-Container
4-Strikes
8-Band worn around waist
12-Having fragrant odor
14-Quote
15-Symbol for tantalum
16-Beast of burden
17-Silurian
18-Prefix: formerly
20-Incline
22-Loss of consciousness
24-Beer animal
25-Shell teeth
26-Fond desire
28-Bark cloth
33-Conjunction

DOWN
1-House pets
2-Sea in Asia
3-Negative
4-Hurry
5-Possessive pronoun
6-Note of scale
7-Mark left by wound
8-Part in play
9-Three-toed sloth
10-Guiding
11-Bewitch
12-Part of fireplace
13-Heather
15-Viper
16-One being restricted
17-Headgear
18-Girl's name
19-ovary
20-Jumps
21-Speeches
22-Need containers
23-Medicinal plant
24-Pool (slang)
25-Shallow vessel
26-Likely
27-Climbing plants
28-Stomach of ox
29-Trial
30-Advantage
31-Ascend
32-Capuchin
33-Small amount
34-Symbol for
35-Preposition
36-Greek letter



RADIO PROGRAMS - MONDAY

| KVBC | 1230 kc | KMED | 1440 kc | KWIN | 1400 kc |
|-------|------------------------|-------------------------|-----------------------|-------------------|---------|
| 4:00 | The Story Hour | NBC Car Tunes | Fulton Lewis Jr. | Hemingway News* | |
| 4:15 | Bulletins - Mel Allen* | Car Tunes | Telo-Test* | Sam Hayes* | |
| 4:30 | Club 1230 | Man on the Go* | | | |
| 5:00 | Edward P. Morgan* | News of the World* | One For The Road | One For The Road | |
| 5:15 | Lowell Thomas* | Car Tunes | Let's Talk Sports | Let's Talk Sports | |
| 5:30 | Hickman - Andy* | Car Tunes | Let's Talk Sports | Let's Talk Sports | |
| 5:45 | Amos & Andy* | Orval Anderson | | | |
| 6:00 | News - Frank Goss** | NBC News' Spts Daily | KWIN's All Time Hits | | |
| 6:30 | Turntable Terrace | News of the World* | KWIN Karavan-Sports | | |
| 6:45 | Turntable Terrace | One Man's Family* | KWIN Karavan - News* | | |
| 7:00 | News - Music | NBC News' Boston* | KWIN Karavan | | |
| 7:15 | Turntable Terrace | News of the World* | KWIN Karavan | | |
| 7:30 | Voice of Firestone* | Boston Symphony* | Sports - KWIN Karavan | | |
| 7:45 | Voice of Firestone* | Boston Symphony* | KWIN Karavan | | |
| 8:00 | Frost Warning | Frost - Telephone Hr.* | KWIN Karavan | | |
| 8:15 | Turntable Terrace | Classical Music Haters* | KWIN Karavan | | |
| 8:30 | Capitol Cloakroom* | Classical Music Haters* | KWIN Karavan | | |
| 8:45 | Capitol Cloakroom* | Classical Music Haters* | KWIN Karavan | | |
| 9:00 | Turntable Terrace | TBA | KWIN Karavan | | |
| 9:15 | Turntable Terrace | TBA | KWIN Karavan | | |
| 9:30 | Turntable Terrace | TBA | KWIN Karavan | | |
| 10:00 | World News Beat | Richfield Reporter* | True Detective Myst.* | | |
| 10:15 | Turntable Terrace | Frost - Nightwatch | True Detective Myst.* | | |
| 10:30 | Turntable Terrace | Nightwatchman | Lives of Harry Lime* | | |
| 10:45 | Turntable Terrace | Nightwatch & News | Lives of Harry Lime* | | |
| 11:00 | Sign Off | Sign Off | News - KWIN Karavan | | |

RADIO PROGRAMS - TUESDAY

| | | | |
|-------|------------------------|-----------------------|-----------------------|
| 6:00 | World News Roundup* | Bob Roberts Corral | KWIN's Morning Show |
| 6:15 | Yank Patrol | Bob Roberts Corral | KWIN's Morning Show |
| 6:30 | Frank Goss* | Bob Roberts Corral | KWIN's Morning Show |
| 6:45 | Harry Bakelit* | Bob Roberts Corral | KWIN's Morning Show |
| 7:00 | Breakfast Tunes | Rise and Shine | Hemingway News* |
| 7:15 | Cecil Brown* | Weather Report | Breakfast Gang* |
| 7:30 | Tom MacLeod - Sports | Rogue Valley Beeper | KWIN's Morning Show |
| 7:45 | Howard Hanson* | Weather Report | KWIN's Morning Show |
| 8:00 | News - Weather | NBC News' Hear! | Cliff Uncle News* |
| 8:15 | Breakfast Club* | Hear! | Local News-Sports |
| 8:30 | Breakfast Club* | Hear! Swap & Sell | KWIN's Morning Show |
| 8:45 | Breakfast Club* | Hear! | KWIN's Morning Show |
| 9:00 | Lost & Found Pets | NBC News' Hear! | KWIN's Morning Show |
| 9:15 | Coffee Concert | Hear! | Voice of Deliverance |
| 9:30 | Name Your Neighbor | Hear! | Voice of Deliverance |
| 9:45 | Road of Life* | Hear! News | A. A. Allen |
| 10:00 | Music Box | NBC News' Hear! | Newspaper of the Air* |
| 10:15 | Second Mrs. Burton* | Hear! | Telo-Test* |
| 10:30 | Strike It Rich* | NBC Bandstand* | KWIN's Morning Show |
| 10:45 | Pat Buttram* | NBC Bandstand* | KWIN's Morning Show |
| 11:00 | Trading Post | NBC News' Bandstand* | Queen for a Day* |
| 11:15 | Record Rack | NBC Bandstand* | Queen for a Day* |
| 11:30 | Houseparty* | NBC Bandstand* | Queen for a Day* |
| 12:00 | Paul Harvey* | News | Bill Lively Show |
| 12:15 | Top Five News-Weather | Weather Report | Detroit at Boston* |
| 12:30 | Musical Mixmaster | Luncheon News | Detroit at Boston* |
| 12:45 | Backstage Music | His Majesty the Baby | Detroit at Boston* |
| 1:00 | Helen Trent* | NBC News' WSP | Detroit at Boston* |
| 1:15 | Rora Dwyer* | Westside Party | Detroit at Boston* |
| 1:30 | Ashton - Weath & You* | Westside Party | Detroit at Boston* |
| 1:45 | Musical Matinee | Westside Party | Detroit at Boston* |
| 2:00 | Arthur Godfrey** | NBC News' Listen! | Detroit at Boston* |
| 2:15 | Arthur Godfrey** | Listen! | Detroit at Boston* |
| 2:30 | Arthur Godfrey** | Listen! | Detroit at Boston* |
| 2:45 | Arthur Godfrey** | Listen! | Detroit at Boston* |
| 3:00 | Arthur Godfrey** | Listen! | Detroit at Boston* |
| 3:15 | Arthur Godfrey** | Listen! | Detroit at Boston* |
| 3:30 | Haven of Rest | Five Star Matinee** | Bill Lively Show |
| 3:45 | Haven of Rest | Five Star Matinee** | Bill Lively Show |
| 4:00 | The Story Hour | NBC News' Car Tunes | Fulton-Lewis Jr.* |
| 4:15 | Bulletins - Mel Allen* | Car Tunes | Hemingway News* |
| 4:30 | Club 1230 | Man on the Go* | Sam Hayes News* |
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| 6:00 | News - Frank Goss** | NBC News' Spts. Daily | KWIN's All Time Hits |
| 6:15 | Tom Harmon** | Jazz Corner | KWIN Karavan-Sports* |
| 6:30 | Turntable Terrace | News of the World* | KWIN Karavan - News* |
| 6:45 | Turntable Terrace | One Man's Family* | KWIN Karavan - News* |
| 7:00 | CBS News* | NBC News' Gil'sleeve* | KWIN Karavan |
| 7:15 | Turntable Terrace | Gil'sleeve* | KWIN Karavan |
| 7:30 | The World Tonight** | Night Line* | KWIN Karavan - News* |
| 7:45 | World Tonight Seavard* | Night Line* | KWIN Karavan - News* |
| 8:00 | Frost - Baseball | Frost - NBC News* | KWIN Karavan |
| 8:15 | Portland-Sacramento | Night Line* | KWIN Karavan |
| 8:30 | Portland-Sacramento | Night Line* | KWIN Karavan |
| 8:45 | Portland-Sacramento | Night Line* | KWIN Karavan |
| 9:00 | Portland-Sacramento | Jazz Corner | KWIN Karavan |
| 9:15 | Portland-Sacramento | Jazz Corner | KWIN Karavan |
| 9:30 | Portland-Sacramento | Jazz Corner | KWIN Karavan |
| 9:45 | Portland-Sacramento | Jazz Corner | KWIN Karavan |
| 10:00 | Portland-Sacramento | TBA | KWIN Karavan |
| 10:15 | Portland-Sacramento | Richfield Reporter* | News - KWIN Karavan |
| 10:30 | Portland-Sacramento | Frost - Nightwatch | Treasury Agent* |
| 10:45 | World News Beat-Music | Nightwatchman | Scarlet Pimpernel* |
| 10:45 | Turntable Terrace | Nightwatch & News | News - KWIN Karavan |
| 11:00 | Sign Off | Sign Off | News - KWIN Karavan |
| 11:00 | Sign Off | Sign Off | News - KWIN Karavan |

(All programs at same time daily unless otherwise indicated)
A.M. - 5:45 Sign on Music throughout day except for following programs:
10:15 KBOY commercials; 11:12 (Sunday only) First Baptist service
12:15-12:15, KBOY ranch; 12:15-12:30 (Sunday only) KBOY ranch;
6:30 Sign off.

TELEVISION PROGRAMS

The following TV broadcast log is printed as a free public service for the Mail Tribune's readers and TV viewers. Schedule changes are printed as provided by the TV stations, and the Mail Tribune cannot accept responsibility for errors or omissions.

| KBES-TV (Channel 5) | KOTI-TV (Channel 2) |
|---------------------------------|--------------------------------|
| MONDAY | MONDAY |
| 3:30 - Hollywood Album | 4:45 - Transatlantic Telecasts |
| 3:45 - Search for Tomorrow | 5:00 - PTA in Action |
| 4:00 - Gardens, Farm & Home | 5:15 - Doug Edwards and News |
| 4:15 - Garry Moore | 5:30 - Civil Defense |
| 4:30 - Uncle Bill | 5:45 - Tech Talks |
| 5:00 - Industry Parade | 6:15 - Weather and News |
| 5:15 - Edwards & News | 6:30 - Talent Scouts |
| 5:30 - TV Question Box | 7:00 - Love Luck |
| 5:45 - Adventures in Literature | 7:30 - December Bride |
| 6:15 - Your TV Weatherman | 8:00 - Studio One |
| 6:20 - News | 8:30 - Burns and Allen |
| 6:30 - Talent Scouts | 9:30 - Ray Milland |
| 7:00 - I Love Lucy | 10:00 - Bowling |
| 7:30 - December Bride | 10:30 - Bowling (continued) |
| 8:00 - Studio One | 11:00 - Fire Department |
| 9:00 - Burns and Allen | 11:05 - Weather and Sign off |
| 9:30 - Ray Milland Show | 11:25 - Edge of Night |
| 10:00 - Championship Bowling | 10:50 - Chaplain's Corner |
| 10:30 - News | 10:55 - News |
| 10:45 - Sign Off | 11:00 - Matinee Theater |
| TUESDAY | 12:00 - Brighter Day |
| 10:45 - Devotions | 12:00 - Secret Storm |
| 10:55 - News | 12:30 - Edge of Night |
| 11:00 - NBC Matinee | 1:00 - Comedy Time |
| 12:00 - Brighter Day | 1:30 - Truth or Consequences |
| 12:15 - Secret Storm | 2:30 - Kluth and Consequences |
| 12:30 - Edge of Night | 3:00 - Kluth and Consequences |
| 1:00 - Comedy Time | 3:30 - Garry Moore Show |
| 1:30 - Truth or Consequences | 3:45 - Search for Tomorrow |
| 1:45 - Salvation Army | 4:00 - Our Miss Brooks |
| 2:00 - Strike It Rich | 4:15 - Industry Parade |
| 2:30 - Feminine Fancies | 5:15 - Doug Edwards and News |
| 3:00 - Garry Moore | 5:30 - Name That Tune |
| 3:45 - Search for Tomorrow | 6:00 - Phil Silvers |
| 4:00 - Val Rague Show | 6:15 - Weather and News |
| 4:30 - Hollywood Album | 6:30 - TV Question Box |
| 5:00 - Sacred Heart | 6:45 - Bon Bonair Time |
| 5:15 - Edwards & News | 7:00 - Cisco Kid |
| 5:30 - Name That Tune | 7:30 - Red Skelton |
| 6:00 - Dance Time | 8:00 - 600 Question |
| 6:15 - "Your TV Weatherman" | 8:30 - Spike Jones |
| 6:20 - News | 9:00 - Big Picture |
| 6:30 - Whirly Birds | 9:30 - Phil Silvers |
| 7:00 - Cisco Kid | 10:00 - Zane Grey |
| 7:30 - Red Skelton | 10:30 - News |
| 8:00 - \$64,000 Question | 10:35 - Weather and Sign Off |
| 8:30 - Spike Jones | |
| 9:00 - My Little Margie | |
| 9:30 - Phil Silver's Show | |
| 10:00 - Zane Grey Theatre | |
| 10:30 - News | |
| 10:45 - Sign Off | |

Washington — (U.P.) — Senate Democratic Leader Lyndon B. Johnson today has laid out a stepped-up legislative program for action on the Senate floor during May.



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