

# Help Yourself to Happiness

Readers are invited to present their problems. All queries will receive individual attention and should be accompanied by a stamped, self-addressed envelope, directed to MARY HARRIS SEIFERT, M. A., Department of Education, The AMERICAN INSTITUTE OF FAMILY RELATIONS, 5257 Sunset Boulevard, Los Angeles 27, California.

## How Grown Up Are You?

Modern civilization is responsible for modern man's failure to grow up," says Dr. Henry Harper Hart of Columbia university. "Our behavior in Hollywood movies and on the air, would put our emotional level at early

adolescence. With the greatest facilities for intellectual communication that we have ever had, we croon jingles over knick-knacks or identify ourselves with Mickey Mouse."

Maturity indeed demands a harmonious blend of independence and cooperation, decreasingly possible in our complicated and mechanized civilization. We must think for ourselves but also get along as citizens, assuming responsibilities in our community. A mature individual is able to give up much of the magical expectations of childhood to face reality fully. He is better able to control emotions and at the same time he is freer of guilt, fear, and shame, which paralyzes the average man's initiative.

Our culture, say many thinkers, is over-masculine in its values. Women have to compete femininity is either belittled or ignored. Man in today's civilization are frequently bewildered by and at odds with their instinctual drives; the conflict within themselves results in tension and emotional difficulty. Modern life often stunts emotion growth and prevents genuine maturity.

"The maturity of a person can be best measured by his capacity to love," says Dr. Paul Popenoe, director of the American Institute of Family Relations in Los Angeles. "This shows itself not only in marriage but in the wider sphere of a man's general endeavor. The successful man is the mature man — mature in his inner being. This inner maturity is reflected in his relationships with others, in his profession, and in his marriage."

## Long Bed, Short Tub Set for Prince Phillip

Paris —(U.P.)— Officials preparing for the British royal visit here seem to think Prince Phillip is longer when sleeping than when bathing.

They installed an over-size bed in the Prince's suite in the Elysee Palace, but put in a typical small French tub, only four feet long. The queen's husband is six-feet-two inches tall.

## Love of Pet Dogs Ends 22-Year-Old Marriage

Los Angeles —(U.P.)— The 22-year marriage of wealthy muffler manufacturer Archie Porter, 50, and his wife, Mary, 50, has gone to the dogs.

Mrs. Porter was granted a divorce Wednesday on testimony that her husband preferred his pet dogs to her.



Matador shirts of black cotton broadcloth with frilly front panels of cotton lace tucked into red and white gondola-striped duck sports separates by John Miller of Alper. The tapered "clam digger's" pants have cut-out patch pockets, waist band and cuffs trimmed in black. The full wrapped skirt has a huge apron pocket.

## Midgets Seeking Better Conditions

Reno, Nev. —(U.P.)— The Midgets of America drew up pint-sized resolutions today aimed at making it a better world for little people.

The 27 delegates planned to take up such vital matters as the height of phones in public booths, how to squeeze onto a rush hour bus and the facilities in rest rooms.

Another matter of grave concern was the problem of clothes. Most midgets have to have all their clothes tailored and their shoes hand made. They said "big people" should be aware of their plight.

There are about 160 midgets in the United States. Until now, they have had no organization.

However, they met at the Riverside Hotel Wednesday and decided to form the Midgets of America and to set up permanent headquarters here. The hotel gave them free rooms and meals at half price.

Iowa produces one-sixth of the nation's entire corn crop in an average year.

## Genetics Expert Says X-Ray Use Unsafe

Madison, Wis. —(U.P.)— Prof. James F. Crow, University of Wisconsin genetics department, says there is no such thing as a "safe" amount of radiation.

"Medical and dental x-ray and fluoroscopic examinations are necessary to scientific medicine, but, in my opinion, such things as x-ray shoe-fitting machines are likely to do more harm than good," Crow said.

Most mutations resulting from radiations which reach the reproductive cells and are passed on to succeeding generations do not have conspicuous results, the geneticist said.

"They simply add to our existing health burdens by making persons more prone to disease, or by shortening life, or causing impairment of body functions in many ways."

# Society

## Red Cross Tells Recruitment Need

The Spring recruitment program of the American Red Cross is now in progress, Mrs. Helen A. Wilson announced at the last meeting of the Red Cross volunteer services' chairman and co-chairman.

The date for recruitment of volunteers is May 28 in the auditorium of the Jackson county courthouse. Volunteers are needed to assist in the blood program, Junior Red Cross, staff aides, and gray lady service. All persons interested in this type of service are asked to call the Red Cross office for registration.

At the meeting the Bloodmobile visit next Tuesday in Medford was announced with the quota of 290 pints and 350 donors. The need for blood was stressed by the chairman. The Bloodmobile will be in Ashland Wednesday, April 10.

Reports were made on the monthly activities and were given by Mrs. Harry P. Poston, gray lady to the community; Mrs. Grace Fiero, canteen; Mrs. Clarice Spatz, staff aides; Mrs. T. K. Oliver, blood program; Mrs. Martin Luther, recruitment; Mrs. Frances Flinn, hospital service; Mrs. Wilson, Junior Red Cross; Mrs. John S. Day, home service; and Mrs. Robert J. Kenney announced the appointment of Mrs. Raymond Reter as the Red Cross representative to serve on the United Medford Crusade Board.

The meeting, which was also attended by Mrs. Aimee Deuel and Mrs. Roy V. Rickard, was held at the home of Mrs. Spatz, 20 North Groveland. A buffet luncheon was held following the meeting.

## Teacher Retirement Benefit Information

Oregon teachers who have taught in the state more than 10 years prior to July 1, 1946, and have reached their sixtieth birthday since that time, are asked to contact Mrs. Ivah D. Murray for information on retirement benefits. Mrs. Murray, president of Oregon State Retired Teachers association, may be contacted at 1033 West Eleventh street.

Insulating and building materials were first made from sugarcane bagasse in 1920 in Louisiana.

Thursday, April 4, 1957

MEDFORD (OREGON) MAIL TRIBUNE—THREE

## New Back Interest



9332  
14 1/2 - 24 1/2  
by Marian Martin

PRINTED Pattern for Half-Sizers—this lovely dress assures easy, accurate sewing! Smooth front silhouette; new back interest displayed by soft folds from hip to hemline, a graceful bow. Flattering in any way you view it!

Printed Pattern 9332: Half Sizes 14 1/2, 16 1/2, 18 1/2, 20 1/2, 24 1/2. Size 16 1/2 takes 3 1/2 yards 39-inch.

Printed directions on each pattern part. Easier, faster, accurate.

Send Thirty-five cents in coins for this pattern—add 5 cents for each pattern for 1st-class mailing. Send to Marian Martin, care of Medford Mail Tribune, Pattern Dept., 232 West 18th St., New York 11, N.Y. Print plainly NAME, ADDRESS with SIZE and STYLE NUMBER.

Minnesota ranks 11th among the states in land area and is 19th in population, according to the 1950 census.

## Operation 'Spill' May Spread Cancer

Chicago —(U.P.)— Cancer may occur in many patients because deadly cell "crumbs" spill over during an operation and seed the system with lethal cancer colonies.

This is the conclusion of a growing number of scientists, according to the American Cancer society.

The Society's Illinois division reported that scientists at the University of Illinois College of Medicine have begun a program to combat such risks.

A group working with Dr. Warren H. Cole, immediate past president of the American College of Surgeons, has shown experimentally that prophylactics could overtake and destroy cells escaping from a cancer.

The experimenters have adopted surgical technique and drugs designed to protect patients from the lethal spillage of cancer cells during an operation. Measures now considered mandatory in operations for cancer of the breast, colon, rectum and stomach include:

Tying off early all blood vessels serving the operative area and injecting a drug into the abdominal cavity or veins at the end of the operation.

Bathing the area with a solution capable of killing any cancer cells that might have spilled over.

Injecting drugs for three days after surgery into veins to chase down and destroy any cancer cells that might have escaped into the bloodstream.

India is the second largest producer of manganese ore in the world, and the chief export source is said to be the United States of America.



Rose-printed pique makes a V-backed dance dress with vertical back panel and coquette bow for nighttime gaiety. By Celia Phillips of Frank Starr.

## FROM ERIE

Newport, R. I. —(U.P.)— Rabbi Theodore Lewis, who heads America's oldest synagogue here, is a native of Dublin, Ireland.

## HOUSE CLEANING

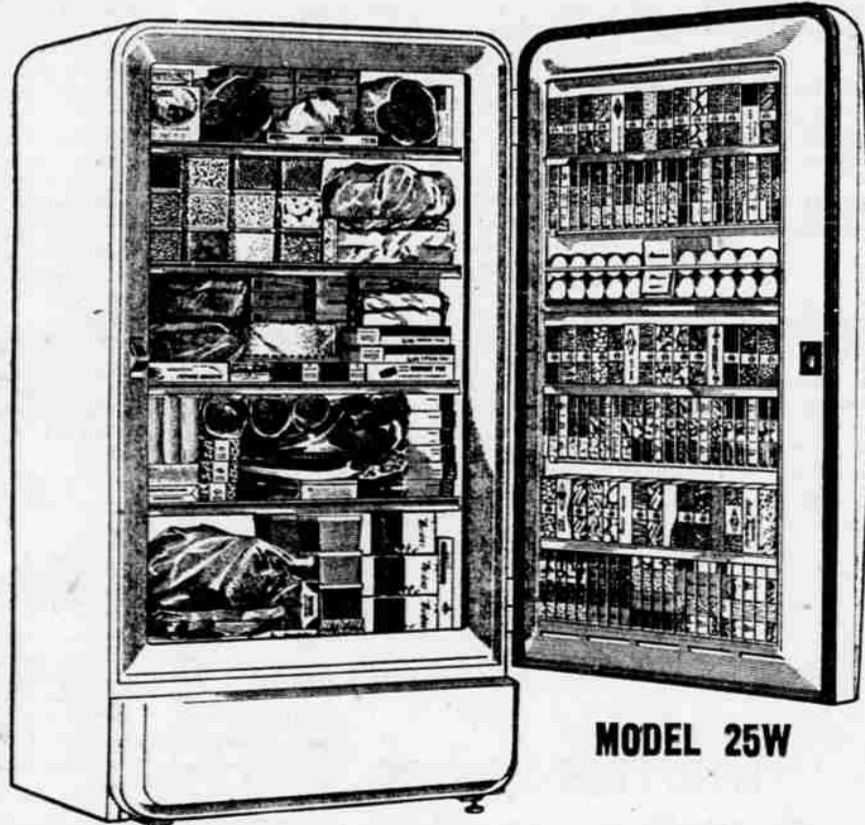
Expert Service  
WALLS — CEILINGS  
WOODWORK — FLOORS  
Phone 2-7580

# Dollar Days

SEE GROCETERIA ADS  
PAGES 6 and 7

SECTION ONE

# Amama



MODEL 25W

- AMANA Freezes Larger Quantities of Food Faster
- AMANA Maintains Even Zero Temperature
- AMANA Operates More Economically

BUY NOW! **\$150<sup>00</sup>**  
SAVE . . . . .

ON AN AMANA FREEZER—MODEL 25W

WAS \$699.95 **Now \$549<sup>95</sup>**  
WHILE STOCK LASTS

**MARINE - MARVAIR**  
220 West Main St. • Phone 2-4922

## Miss Royal Crown

will give you a

# FREE CARTON of RC

to introduce you to  
this lighter, fresher cola!



That's the idea! Miss Royal Crown will give you a carton of RC just to try a carton! And think of all the fun you'll have while you're doing it! No other cola, remember, is made like RC—made to give you lighter, fresher flavor, glass after frosty glass.

Better Taste  
calls for

# RC

Only One FREE Carton  
Per Family



## HERE'S ALL YOU DO:

1. Buy a carton of RC at regular price plus deposit.
2. Enclose 6 RC bottle caps in the special carton envelope which is pre-addressed to: Miss Royal Crown, P. O. Box No. 1, San Francisco, California.
3. Miss Royal Crown will send you by return mail a coupon good for a free carton of RC.