

The Medical Roundup

by *Walter Alvarez*
Emeritus Consultant in Medicine,
Mayo Clinic
Emeritus Professor of Medicine,
Mayo Foundation

A New Type of Mental Hospital.

The other day, in Berkeley, Calif., I went with my good friend, Dr. A. E. Bennett, an able and forward-looking psychiatrist, through a large new wing of the Herrick General Hospital, a wing soon to be opened. In it, Dr. Bennett and his colleagues will take care of many mentally disturbed patients.

As I went through an older wing of the hospital in which Dr. Bennett has been keeping his patients, I found most of them sitting about, resting or reading. Some were playing cards, and some of the more disturbed ones were lying quietly on their beds. As we went about, Dr. Bennett greeted in a friendly way all the patients, and most of them responded with friendliness. Some who didn't were just too shy or too reserved to say much or to look at anyone who was passing by.

As Dr. Bennett has long been pointing out, it will be a great day for psychiatry when all general hospitals will have a department in which they can take patients with mental troubles. They may not be able to take patients who are unmanageable, noisy or dangerous, but they should be taking those many commonly seen types of patient who, for most of the time, are friendly and responsive and sensible. Many of these need hospitalization, largely to keep them from wandering about, or getting into see that in one division of the money their people can scrape together. In the hospital such a man (or woman) may seem normal, but if he goes out, he may get drunk, or he may become confused and frightened. In the hospital, he can be observed and treated every day, and with his doctor near, he may feel safe and protected.

Admission Avoids Stigma. One big reason for admitting slightly confused patients to a general hospital is that this avoids the terrible stigma of having been in a mental hospital. The patient and his relatives do not have to say what part of the hospital he was in. The new plan also gives psychiatrists a place in which they can treat private patients for a reasonable fee.

A month ago, while in Hartford, Conn., visiting with another friend, Dr. Francis Braceland, who also is one of America's great psychiatrists, I was so interested in going through "The Institute of Living," the remark-

able mental hospital over which he presides. There I was pleased to see that in one division of the hospital the doors are not locked, and the patients live much as if they were in a college dormitory. When I was there most of them were busy working in one or another of the several shops. Some had discovered that they possessed a decided artistic talent. Occasionally, a patient goes out to have some fun in a bar, but soon one of the nurses finds him, and talks him into going back to his room.

Impressed by Greetings. As I went about the Institute with Dr. Braceland I was impressed by the friendly way in which he greeted all the patients we met, and interesting to me was the happy way in which they greeted him. If I hadn't known that the place was a mental hospital, I could hardly have figured out what it was—everyone seemed so perfectly normal. This was doubtless because of the happy atmosphere of trust and respect.

Hopeful is the present-day plan being adopted by a number of psychiatrists of letting certain patients go out to work during the day but having them return at night to the hospital. Others stay in the hospital during the day, getting treatment, but go home at night to their family.

Readers may say, "But these people cannot be very insane." True; but here is the important point, as a fine psychiatrist said to me a while ago. "If you expect to cure a mentally disturbed man (or woman) get at the job quickly, before the fellow has had a chance to degenerate and become hopelessly confused or separated from reality. Help him while he will still talk to you sensibly, and while he still can reason logically." Too often today the person who is slightly disturbed is left untreated until he is so upset that he has to be locked up.

Mike Groman is now emphasizing the great need for treating mental troubles when they show up, as they often do, in children. But in many states there is no mental hospital in which a child can be treated. As Groman says, in many a case if a child's sanity could be saved, so that he would not have to be kept in a state institution for the rest of his life enough money would be saved so that a child's psychiatric clinic could be built.

Dr. Alvarez hopes his readers will understand that it would be impossible for him to answer requests for information or to attempt to diagnose by mail. (Released by The Register and Tribune Syndicate, 1957)

District Attorney Asks Dealers of Scrap to Use Care

District Attorney Thomas Reeder has sent letters to 12 Jackson county scrap metal dealers, urging them to use care in purchasing scrap brought to their establishments.

Reeder said in the letter there have been widespread reports of thefts of machinery parts and other similar items in the area. He said current high prices for scrap metal and the high rate of unemployment in Jackson county have tended to "encourage wholesale petty thievery."

The district attorney urged the dealers to know the source of the material they are buying and to be sure of the sellers' integrity. He reminded the dealers that failure to exercise caution in purchasing scrap metal could result in prosecution for buying and possessing stolen property.

Sentenced in Court. Meanwhile, Alfred Hackworth, 21, route 2, box 252-A, Medford, was sentenced to 90 days in the county jail Monday after pleading guilty in district court to a charge of petty larceny.

Hackworth and two teenage Medford boys admitted stealing parts of a pug mill belonging to Lininger's Gravel company, Central Point. They also admitted stealing batteries belonging to Peter R. Bateman, 3088 Table Rock rd., and miscellaneous hub caps. All of the items were sold sheriff's deputies reported.

The two boys who also admitted theft of the pug mill parts were released and cited to appear later before juvenile authorities. Another 16-year-old boy was reportedly involved in the hub cap thefts. Sheriff's deputies are still investigating the recent theft of a mining mill from a mining claim near Glendale. The theft was reported Monday by Russ J. Roster, 1102 West 10th st.

Medford Woman Hurt In Auto Accident

Alta Bernice Bance, 1725 Oregon, ave., Medford, suffered back bruises and a mild concussion Monday when the car she was operating was involved in accident with another car on Third and Fir sts., according to city police.

She was taken to Rogue Valley hospital by Medford Ambulance service. Hospital attendants this morning said her condition was "satisfactory." Operator of the other car, Jack Francis Cody Jr., 23 South Newtown St., Medford, suffered a bruised knee but no treatment was necessary, police said.

The Family Council

Editors note: The Family Council consists of a judge, a psychiatrist, three clergymen, a newspaper editor, a women's editor and two writers. Each article is a summary of an actual report. The Family Council does not give advice; it merely reports on problems that have been dealt with by responsible agencies and counselors.

Gladys T.—I'm in love with two men!
Mrs. M. T.—She should drop Joe for a while.

Gladys T.—I have a problem that is a problem. I'm in love with two men!

Two years ago, when I was 18, I started going out with a wonderful boy. He had his military service ahead of him, so we decided not to make any definite commitments to one another until he got out, but we agreed we loved one another and would marry if we felt the same when he came out of the Navy. We have corresponded regularly.

Several months ago I started going out with another man—and found him just as wonderful, in a different way. The fact is that I fell for him so hard I almost forgot about Joe.

Then Joe came back and within a few weeks, I realized it was just the same as ever between us. I have been dating both Joe and Harold and they both want to marry me. When I am with one of them, I am so perfectly happy I forget about the other.

Mrs. M. T.—My husband and I feel that all this admiration has gone to Gladys' head. We believe she has never loved Joe and never will. He was the first boy to become seriously interested in her and she was carried away by the excitement of it.

Harold is 27, mature and ready to undertake the responsibilities of a family. Joe looks and acts young enough to be his son.

We don't want to force Gladys, but we feel that the excitement of having Joe back and two men

in love with her has gone to her head. She is playing the two of them off against each other and we are afraid that Harold, who is so much more mature and sensible, won't stand for it.

The Council—If Mr. and Mrs. M. T. can get Gladys to do as they ask, without any great resistance on her part, they may have the problem solved. But if she resists, it won't do to force the issue. If they try to force it, the scales may be weighed in favor of Joe.

On the other hand, if Gladys accepts their plan voluntarily, it will indicate that she recognizes the whole situation has "gone to her head" and really wants them to help her out of her dilemma.

It may be hard for Mr. and Mrs. M. T. to sit back and twiddle their thumbs while "Rome" (Harold) burns, but they may have to do just that. Gladys will have to fumble through this giddy period in her own way, even if it means losing a perfectly eligible husband. Her insistence that she is in love with two men may simply mean she is not ready for marriage and wants to play the field for some time to come.

(Copyright 1957, General Features Corp.)

Portland (UPI)—A 61-year-old Portland woman, Zebida T. Zidan, suffered fatal injuries in a two-car collision Monday to become the city's eighth 1957 traffic fatality.

25 Measles Cases Reported Last Week

Twenty-five cases of measles were reported in Medford by the Jackson county health department for the week ending March 1, according to Dr. A. Erin Merkel, public health physician.

Other cases reported were scarlet fever, one, Medford;

chicken pox 11, Medford 10 and Central Point; and strep throats one, Medford.

Save 15% to 20% On Your **AUTO INSURANCE**
See **JIM ZACK** At **CLARK J. WALKER AGENCY**
427 E. Main St. - Ph. 2-6721

FEDERAL HOME LOAN MEMBER SINCE 1914

IT PAYS TO SAVE WHERE SAVING PAYS!

It's easy to start a savings account here. No red tape involved. Come in anytime. You'll receive greater earnings on your savings at our high dividends.

Current Dividend **3½%** Per Annum

Savings invested before March 11 will earn dividends from March 1

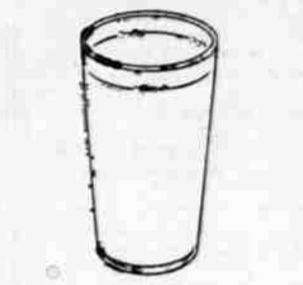
Jackson County Federal SAVINGS & LOAN ASSOCIATION

126 East Main Medford Since 1909 "Where You Are Paid To Save"



Lose weight on a high Protein diet... drink **Milk**

YOU NEVER OUTFLOW YOUR NEED FOR FOODS MADE FROM MILK



Drink 3 glasses of milk every day

SNIDER'S GOLD AWARD WINNING MILK



Use Mail Tribune Want Ads The Low Cost Way To Sell Items You Do Longer Need



ALL THIS... AND **J-2**

Only Olds brings you all three! The sweep, beauty and glamor of Oldsmobile's classic, low-level look... the smartness of Accent Stripe styling... and now the new J-2 Rocket Engine!

With the J-2 Rocket, it's like having two engines in one! J-2 offers all the economy of a single dual-barrel carburetor for your usual driving needs. But when you want to "call out the reserves," they're ready and waiting! J-2 cuts in two additional double-barrel carburetors when you open the throttle three-quarters!

It's America's newest driving experience and we invite you to try it. Come in now... be our guest for a J-2 Rocket Test!

OLDSMOBILE
SEE YOUR AUTHORIZED OLDSMOBILE QUALITY DEALER

COME IN TODAY... SEE THE... FRIGIDAIRE

LINT-AWAY WASHING ACTION

Gets clothes 38% cleaner!
Yes, it's official—proved by one of America's great independent testing laboratories. In competitive tests with 6 other leading automatic washers, using hard-to-clean cotton fabrics, Frigidaire Washing Action got clothes 38% cleaner than the average—cleanest of all, by far!

SAVES more hot water!
Up to 9 gallons per wash load, 1800 gallons per year without re-use of dirty wash water. Saves cold water,

SAVES more detergent!
As much as ¼ cup per wash load; 21 big boxes a year.

SAVES more of everything!
Saves clothes—no rubbing, no thrashing blades or paddles. Washes clothes as much as ¼ faster, so uses less electricity. Spins more water out, so saves on drying time, too.

World's "Savings" Washer!
World's Cleanest Wash!

Model WSA-57

Here's why LINT-AWAY Action, washes cleanest of all!

Lint Chaser Ring Automatically "sweeps" lint, dirt, scum, away from clothes and down the drain.

Water Energizer opens the "pores" of fabrics to flush out deep-down dirt.

SAVE \$30
Was \$249.95 NOW **\$219.95**
As Low As **\$2.52 A Week!**

HURRY! HURRY! HURRY! HURRY! HURRY! HURRY! HURRY! HURRY! HURRY! HURRY!

BUILT and BACKED by General Motors

NO MONEY DOWN On Approved Credit — We Carry Our Own Contracts

Leonard Electric Co.
309 EAST MAIN • Medford's Leading Appliance Dealer for the Past 30 Years • PHONE 2-4427
OPEN WEDNESDAY EVENINGS UNTIL 9 P.M.